



Stockholms
universitet



Karolinska
Institutet

Swedish Panel Study of Living Conditions of the Oldest Old

SWEOLD

CODE BOOK 2014

Contents

General information about tables		viii
<i>The interview</i>		1
UB-number	L1	1
Sample distribution	L2	1
Interviewed in the Level of Living Survey (LNU)	L3 – L7.1	1
Interviewed in SWEOLD	L8 – L11	1
Never been interviewed	L12	1
Weight	L13	2
Date of interview	L14	2
Type of interview	L15	2
Telephone/questionnaire interview	L16	3
Direct/indirect/mixed interview	L17	3
Person interviewed in case of indirect or mixed interview	L18	3
Reason for indirect or mixed interview	L19	4
<i>The respondent</i>		5
Sex	L20	5
Year of birth	L21	5
Age at year of interview	L22	7
Age groups	L23	9
The respondent's normal living situation	L24	9
Institution	L25	9
County	L26	10
Municipality classification	L27	11
<i>Family situation</i>		12
Living alone	L28	12
Living with how many others	L29	12
Living with whom	L30	13
Civil status	L31	13
Widow/widower, Divorced or separated	L32	13
Children	L33	14
Number of children	L34	14
Spending time with children	L35	15
Telephone contact with children	L36	15
Grandchildren	L37	15
Spending time with grandchildren	L38	16
Telephone contact with grandchildren	L39	16
<i>Education and occupation</i>		17
Own education and occupation		17
Years of education	L40	17
Level of education – panel (7 digit)	L41	19
Level of education – full sample (4 digit)	L42	19
NYK Own	L43	20
Own socioeconomic group	L44	20
Own social class	L45	21
Number of employees	L46	21
Size of the farm	L47	22

Spouse's occupation		22
NYK Spouse	L48	22
Spouse socioeconomic group	L49	23
Spouse's social class	L50	24
Spouse's number of employees	L51	24
Size of spouse's farm	L52	25
Family occupation		25
Family occupation	L53	25
Health		26
Self-rated health		26
Self-rated health	L54	26
Mobility		26
Standing	L55	26
Getting up from a chair	L56	26
Balance indoors	L57	27
Help from others indoors	L58	27
Help when going outdoors	L59	27
Assistant devices or aid when going outdoors	L60 – L63	28
Walking 100 m	L64	29
Walking 500 m	L65	29
Running 100 m	L66	30
Walking up and down stairs	L67	30
Falls	L68 – L69	31
Hearing and visual ability		31
Hearing: conversation with several others	L70	31
Reading a newspaper	L71	32
Height and weight		
Height	L72	32
Weight	L73	32
Body Mass Index (BMI)	L74	33
Depression		33
Geriatric Depression Scale (GDS-4)	L75 – L78	33
Diseases and disorders		35
Pain or aches in the chest	L79	35
Heart problems	L80	35
Arrhythmia/irregular heart rhythm	L81	35
High blood pressure	L82	36
Pain or aches in shoulders	L83	36
Pain or aches in the back, hips, sciatica	L84	36
Pain or aches in hands or elbows	L85	37
Pain/ache in legs or knees	L86	37
General fatigue	L87	37
Sleeping problems	L88	38
Nervous problems	L89	38
Depression, deep sadness	L90	38
Mental illness	L91	39

Dizziness	L92	39
Weight loss	L93	39
Diabetes	L94	40
Urinary tract infections	L95	40
Prostate problems	L96	40
Coronary thrombosis/myocardial infarction	L97	41
Cerebral thrombosis/stroke	L98	41
Malignant tumour/cancer	L99	41
Ever had cancer	L100	42
Ever had cerebral thrombosis/stroke	L101	42
Ever had coronary thrombosis/myocardial infarction	L102	42
Continence		43
Continence	L103	43
<i>Health care utilisation</i>		44
Short term care facility	L104	44
Medical attendance	L105	44
District nurse	L106	45
Dental care	L107	45
Refraining from seeking dental care	L108	45
Reason for refraining	L109 – L114	46
Dental health		48
Functional dental health	L115	48
Chewing hard food	L116	48
<i>Health behaviours</i>		49
Smoking	L117	49
Frequency of alcohol usage	L118	49
Amount of alcohol usage	L119	50
<i>Cognitive tests</i>		51
Registration		51
Registration	L120	51
Orientation		51
Weekday	L121	51
Year	L122	52
Month	L123	52
Date	L124	52
Country	L125	53
Delayed recall		53
Key	L126	53
Toothbrush	L127	53
Lamp	L128	54
Attention concentration		54
Number of correct answers	L129	54
First, second, third, fourth and fifths answer	L130 – L134	55
Mini-mental state examinations		55

Mini-mental state examinations I (14)	L135	55
<i>To cope with everyday life</i>		56
IADL – Instrumental Activities of Daily Living		56
Buying food	L136	56
Ability to buy food	L137	56
Preparing food/cooking	L138	57
Ability to prepare food/cook	L139	57
Housecleaning	L140	57
Help to clean (who helps)	L141 – L149	58
Ability to clean	L150	61
Summarised index of IADL	L151	61
ADL – Activities of daily living		62
Eating	L152	62
Toilet visits	L153	62
Bathing or showering	L154	62
Hair/head washing	L155	63
Dressing and undressing	L156	63
Getting up and going to bed	L157	63
Summarised index of ADL (5 tasks)	L158	64
Home-care services		65
Dichotomised home-care services	L159	65
Home-care services (who receive help)	L160 – L162	65
Frequency of visits by home-care services	L163	66
Privately paid help	L164	66
Help and social support from relatives or friends		67
Dichotomised getting help from relatives or friends	L165	67
Frequency of getting help from relatives or friends with household or personal tasks	L166	67
Help from whom	L167 – L172	68
Dichotomised getting help with personal care	L173	70
Frequency of getting help with personal care from relatives or friends	L174	70
Help from whom	L175 – L180	70
Helping spouse with personal care	L181	72
Helping older relative with personal care, household tasks or supervision	L182	72
Help if you are ill	L183	73
Someone to keep you company	L184	73
Someone to talk to	L185	73
Borrow money	L186	74
Help to choose, change or complain about eldercare	L187	74
<i>Economic resources</i>		75
Owner of house/apartment	L188	75
Ability to raise money	L189	75
Ways of raising money	L190	75
Cash margin	L191	76
Financial difficulties	L192	76
Solving financial difficulties	L193 – L198	76
<i>Local community</i>		79

Trust	L199	79
Unsafety	L200	79
Cohesion	L201	80
Vandalism	L202	80
<i>Leisure time activities and political participation</i>		81
Leisure time activities		
Leisure time activities	L203 – L212	81
Exercising, sports and outdoor activities	L213	84
Internet use		
Internet users	L214	85
Internet use for what	L215 – L219	85
Political participation		
Voting	L220	87
Writing a letter of appeal	L221	87
Help with writing a letter of appeal	L222	87
Where to turn to for help	L223	88
<i>Subjective evaluations</i>		
Meaningfulness	L224	89
In control of one's life	L225	89
Loneliness	L226	89
Estimation of conditions	L227	90
Appendix. The questionnaire in Swedish		91

Foreword SWEOLD 2014 codebook

SWEDISH PANEL STUDY OF LIVING CONDITIONS OF THE OLDEST OLD – SWEOLD is a nationally representative survey. The study's aim is to describe and analyze the living conditions of older people in Sweden. The first SWEOLD survey was carried out in 1992, the second in 2002, followed by a telephone interview survey in 2004, and most recently the survey was conducted in 2011. A more thorough description of the data is documented in three earlier codebooks, in English, and on the website www.sweold.se. The aim of this codebook is to document the 2014 data so that it will be as useful as possible for research purposes.

Items in the survey

The SWEOLD surveys cover items of special importance to older adults, e.g., physical and cognitive health, functional ability, care and activities of daily living. SWEOLD also covers family and social relations, financial conditions, political participation, leisure time activities, etc. Various objective tests are also included in earlier SWEOLD surveys, when conducting face-to-face interviews, to measure the physical and cognitive ability of these individuals. For instance, nine simple tests were designed to measure physical functioning, e.g., picking up a pen from the floor, lifting one kilo, reaching toes, reaching opposite earlobes behind the head, and rising from a chair with arms crossed. Lung function is measured with the Peak Expiratory Flow test (PEF). Cognitive functioning is measured with a condensed version of the Mini-Mental State test that can be easily administered in the context of the survey interview. Since 2002 the survey has also included a test of the individual's cognitive ability to manage independent living. This test is based on the concept of everyday competence and includes items related to the use of medicines.

In SWEOLD 2011, we included three new tests – personality, handgrip strength and the collecting of biological samples. To measure personality we used a short form of the Positive and Negative Affect Schedule (PANAS). PANAS is an established psychological measure of trait positive and negative affect. Grip strength was measured by a handheld dynamometer and a biological samples were collected in the form saliva samples – the tests were all administrated by the interviewers.

This survey, SWEOLD 2014, includes new questions in areas like the local community, falls, internet use and also to measure depression, a short version of the established measurement tool Geriatric Depression Scale (GDS).

Sample design

SWEOLD was initially designed using an existing national representative sample of the total adult population in Sweden - the Swedish Level of Living Survey (LNU). The SWEOLD sample consists of individuals who were included in the LNU-sample, but have passed the LNU age ceiling of 75 years, who are still alive and living in Sweden at the time of the SWEOLD survey. The basis for LNU is a random sample of 1/1000 of the Swedish population aged from 15 to 75 years. Since the first survey in 1968 LNU has been conducted in 1974, 1981, 1991, 2000, and most recently in 2010. The LNU is both continued on a panel data basis, but also a random sample of young people and immigrants is continuously added to the original random sample, making the samples representative of the total population between the age of 15 and 75 (in 1991, the lower age limit was raised to 18 years and in 2000 to 19 years). For more information on LNU see www.sofi.su.se. Since each wave of SWEOLD and LNU is nationally representative, the data is ideal for repeated cross-sectional analyses and the results are generalizable to the total population. In addition, combining the surveys gives longitudinal information on individuals’ level of living situation over a 45 year period. The sample design is illustrated in Figure 1.

Figure 1. Sample design

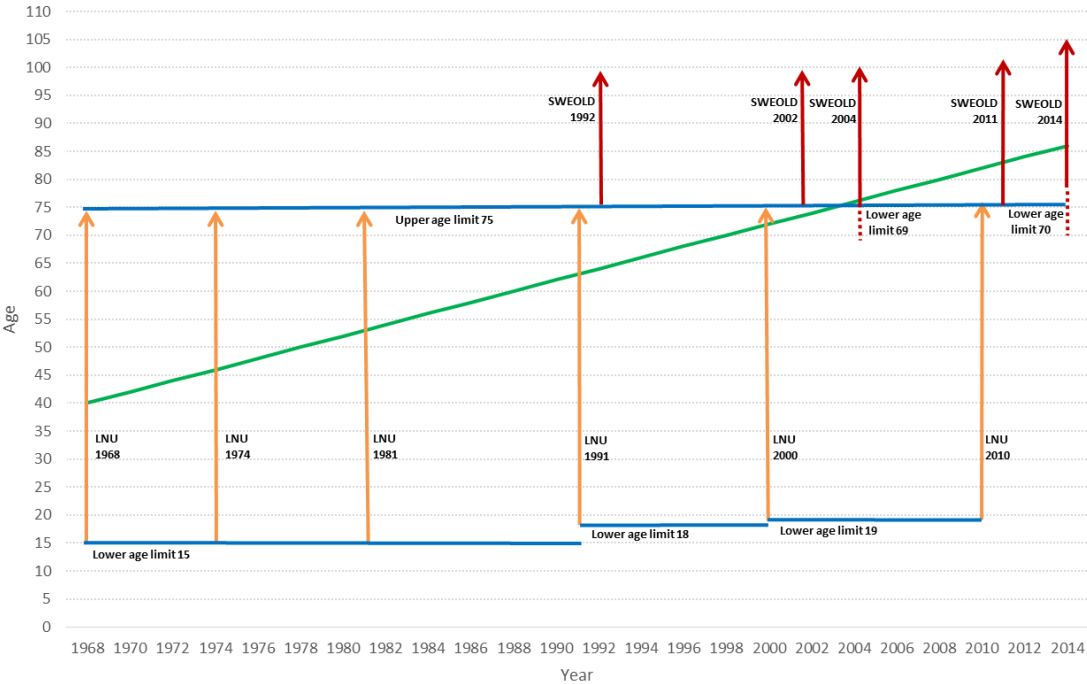


Figure 1 shows how the SWEOLD sample is comprised of those persons previously included in the LNU sample who passed the LNU upper age limit. The black vertical arrows show in which year each LNU survey was conducted and the blue horizontal lines show the age limits in each survey. The red vertical arrows show the years SWEOLD surveys were conducted. As seen by the green line, the youngest person interviewed in the 2011 wave of SWEOLD was 34 in the 1968 wave of LNU. People age 69 and older in 1968 were already in LNU1974 too old to be included in the LNU sample. However, if they were still alive they were included in the SWEOLD sample in 1992.

Also this interview wave the SWEOLD 2014 sample originated from the LNU sample, however, this time the sample included all individuals age 70 and older. The sample design makes the SWEOLD sample small due to mortality. Therefore, SWEOLD 2011 was complemented with an additional representative sample of the Swedish population comprising 335 women and men aged 85-99. The basis for the additional sample is a national representative sample of the Swedish population, born between 1911 and 1925, living in Sweden at the time of the interview. Those in the additional sample from SWEOLD 2011 (129 women and 206 men) that were still alive in year 2014, were also included in the SWEOLD 2014 sample. In 2014, 89 women and men (now age 89-103) was still alive from the additional sample from SWEOLD 2011. 71 (35 women and 54 men) of the 89 were interviewed, 15 refused and 3 died during fieldwork.

SWEOLD 2014 – A chronological account

The SWEOLD 2014 project started in 2013 with the work on the ethical applications for the study. In spring 2014, preparations were taken for the field work, designing the questionnaire for CATI and a postal questionnaire. An introductory letter that was sent to the sample before the professional interviewers contacted them.

The field work started with two days of interviewer training, September 8-9, 2014 at the supplier Ipsos Observer Sweden AB (Ipsos) office in Härnösand. Eight professional interviewers and one team leader from Ipsos participated in special training sessions to introduce them to the questionnaire as well as a background of the study. The interview training was led by the SWEOLD project leadership team.

In August, 2014, with the help of the personal registration numbers, information on the respondents' last known address was obtained from the Person and Address Register, administered by PAR AB. In this way addresses and information on whether the respondents

were alive or not was obtained for all individuals in the sample. The field work was subsequently conducted from September 9, 2014 to February 19, 2015. The SWEOLD project team were involved on a daily basis in the field work to sort out day-to-day problems and/or give respondents or their relatives more information about the study. The interviewers used Computer-assisted telephone interviewing (CATI).

We used mixed interview methods to avoid high non-response, due to poor health or impaired cognition, and to keep SWEOLD nationally representative. When approaching a person included in the sample, the aim was to perform a direct telephone interview with the respondent. If the respondents were unable to participate or refused, the person was offered the possibility of conducting the interview with the support of a close relative (mixed interview) and as final method, by means of a postal questionnaire.

Indirect interviews were carried out if the subject was not able to answer questions by any of the methods described above. The most common reasons for an indirect interview being required were dementia or frailty. Indirect interviews were conducted either with close relatives or health care personnel. Information from indirect interviews is included in this study in order to get a complete picture of the living conditions of the very old. Respondents interviewed directly in person, by telephone or by postal questionnaire are referred to as direct interviews. Most of the indirect interviews were conducted by telephone. The average interview time for the direct interviews was 31 minutes 30 for the indirect interviews, both conducted by telephone.

The response rate is 84.3 percent. The relatively low non-response rate was primarily obtained through intensive fieldwork, including using a mixed interview mode, the use of indirect interviews and following up to locate all respondents. The non-responders are all people who refused to take part. The relatively high response rate was also due to the fact that together with the interviewers the SWEOLD team were very successful in their efforts to encourage a positive attitude towards the study among the respondents.

In late February, 2014, the raw data file was delivered to ARC. The tasks that followed involved cleaning the data, coding occupation and constructing new combined variables and indexes. The final data set is documented in this codebook. Documentation includes not only frequencies, variable names and value labels, but also details on the construction of variables. The variables are numbered from 1 to 227 starting with the letter L. The codebook shows

frequencies and number of valid cases for all included variables and where necessary the minimum value, maximum value, mean and standard deviation. Information about identical or comparable variables from the three previous SWEOLD surveys and five previous LNU surveys are also presented. The letter Q corresponds to SWEOLD 1992; Z to SWEOLD 2002 and S to SWEOLD 2004. The variables in LNU 1968 start with the letter W, LNU 1974 with the letter V, LNU 1981 with the letter U, LNU 1991 with Y, and LNU 2000 with X.

Table 2. The response rates in Swedish Panel Study of Living Conditions of the Oldest Old (SWEOLD) 2014

Age Birth-cohorts	LNU-based sample Age 70-105 (1909-1944)		Additional sample Age 89-103 (1911-1925)		Total Age 70-105 (1909-1944)	
	n	%	n	%	n	%
Direct telephone interviews	920	63.3	34	39.5	954	62.0
Direct interview by mail questionnaire	165	11.4	13	15.1	178	11.6
Mixed direct/indirect telephone interviews	5	0.3	1	1.2	6	0.4
Indirect telephone interviews	99	6.8	17	19.8	116	7.5
Mixed direct/indirect by mail questionnaire	16	1.1	4	4.7	20	1.3
Indirect interview by mail questionnaire	21	1.4	2	2.3	23	1.5
Total response rate	1 226	84.4	71	82.6	1 297	84.3
Non-response rate	227	15.6	15	17.4	242	15.7
Net sample*	1 453	100.0	86	100.0	1 539	100.0

*Net sample exclude deceased persons: 14 responders passed away during the time of the fieldwork (11 of the LNU-based sample and 3 of the additional sample).

We would like to thank the Swedish Research Council (Vetenskapsrådet, KFI/RFI 2009-6183) for financing the SWEOLD 2014 survey. We would also like to thank all our co-workers at Ipsos AB for their dedicated work during the field work and all the participants, and in some cases their careers/relatives, for taking part in the survey. Finally, we would like to give a special thanks to Linda Hols Salén for taking the responsibility for the daily work with the survey.

Stockholm November 2015

Carin Lennartsson

Aging Research Center (ARC)
Karolinska Institutet/Stockholm University

The interview

L1	UB-number		C1, Z1, X1, Y1, U1, V1, W1
	Minimum value, LNU sample	20043	
	Maximum value, LNU sample	76726	
	Minimum value, additional sample	104	
	Maximum value, additional sample	431	

L2	Sample distribution		
	LNU sample	1 226	94.5
	Additional sample	71	5.5
	Sum	1 297	100.0

L3-L7.1	Interviewed in Level of Living Survey (LNU)	C19-C23, S19-S22, S24, Z23-26, Z28, iv68, iv74, iv81
----------------	--	--

	N
1 Interviewed 1968	1 086
2 Interviewed 1974	1 036
3 Interviewed 1981	1 023
4 Interviewed 1991	988
5 Interviewed 2000	938
6 Interviewed 2010	572

L8-L11	Interviewed in SWEOLD	C24-C26, S23, S25, Z27
---------------	------------------------------	---------------------------

	N
1 Interviewed 1992	4
2 Interviewed 2002	83
3 Interviewed 2004	466
4 Interviewed 2011	499

L12	Never been interviewed (first time interviewed)	Cf. C27, cf. S26
------------	--	------------------

	LNU		All		All weighted
	N	%	N	%	%
0 Not interviewed	29	2.4	29	2.2	2.2
1 Interviewed	1 197	97.6	1 268	97.8	97.8
Sum	1 226	100.0	1 297	100.0	100.0

L13 Weight

In SWEOLD 2014 men 85-99 years old and women 90-99 years old were oversampled. Sampling weights have been created by dividing the number of persons in the population with the number of persons in the sample for a combination of sex and the age groups 77-84 (and 100+), 85-89, 90-94, and 95-99 years old. (Ages 100+ are not oversampled and have the same weight as the youngest age group.). For men and women separately these sampling weights have been scaled down by dividing them by the highest weight, resulting in a variable with 1.0 as the maximum value for both men and women. Persons interviewed in 2014 that also were interviewed in 2011 got the same weight as 2011. All new persons got the weight 1.0.

In STATA the weight variable should be included as [pw=weight] when possible and [aw=weight] in other instances.

	LNU		All		All weighted
	N	%	N	%	%
0.04	0	0.0	11	0.8	0.0
0.11	2	0.2	16	1.2	0.1
0.25	6	0.5	28	2.2	0.6
0.52	12	1.0	25	1.9	1.1
0.66	28	2.3	39	3.0	2.1
1.00	1 178	96.1	1 178	90.8	96.1
Sum	1 226	100.0	1 297	100.0	100.0

L14 Date of interviewC4, S3, Z3,
INTDATE

First interview 2014-09-09
Last interview 2015-12-19^a

^a) Last telephone interview: 2015-12-19 and last day of arrival for incoming postal questionnaire: 2015-02-25.

L15 Type of interview

cf. C5, cf. INTTYP

	LNU		All		All weighted
	N	%	N	%	%
1 Direct telephone	920	75.0	954	73.6	75.0
2 Direct questionnaire ^a	165	13.5	178	13.7	13.5
3 Indirect telephone	99	8.1	116	8.9	8.0
4 Indirect questionnaire	21	1.7	23	1.8	1.7
5 Mixed direct/indirect telephone	5	0.4	6	0.5	0.5
6 Mixed direct/indirect questionnaire	16	1.3	20	1.5	1.3
Sum	1 226	100.0	1 297	100.0	100.0

^a) Direct questionnaire means that a paper questionnaire was sent by post to respondents who declined a telephone interview or could not answer the questions by telephone.

L16 Telephone interview or questionnaire

S17

	LNU		All		All weighted
	N	%	N	%	%
1 Telephone (direct, indirect, mixed)	1 024	83.5	1 076	83.0	83.5
2 Questionnaire (direct, indirect, mixed)	202	16.5	221	17.0	16.5
Sum	1 226	100.0	1 297	100.0	100.0

L17 Direct, indirect or mixed interview

C6, cf. S14, Z17,
indint, X11, Y8, U8,
V719

	LNU		All		All weighted
	N	%	N	%	%
1 Direct interview	1 085	88.5	1 132	87.3	88.5
2 Indirect interview	120	9.8	139	10.7	9.7
3 Mixed interview	21	1.7	26	2.0	1.8
Sum	1 226	100.0	1 297	100.0	100.0

L18 Person interviewed in case of indirect or mixed interview

C7, S15, Z18

	LNU		All		All weighted
	N	%	N	%	%
1 Spouse or equivalent	34	24.1	37	22.4	24.2
2 Daughter	43	30.5	51	30.9	30.5
3 Son	24	17.0	30	18.2	17.0
4 Other relative	22	15.6	26	15.8	15.6
5 Staff (home care/institution)	5	3.5	6	3.6	3.9
6 Other ^a	13	9.2	15	9.1	8.7
Sum	141	100.0	165	100.0	100.0
-5 Direct interview	1 085		1 132		
Sum	1 226		1 297		

^{a)} E.g. legal guardian (God man), acquaintances, close friends.

	LNU		All		All weighted
	N	%	N	%	%
1 Cognitive impairment or dementia	38	30.6	45	31.0	31.6
2 Very weak/ill	23	18.5	24	16.6	17.3
3 Stroke or aphasia	14	11.3	15	10.3	11.4
4 Hearing impairment	23	18.5	31	21.4	18.3
5 Other reason ^a	26	21.0	30	20.7	21.3
Total	124	100.0	145	100.0	100.0
-6 No answer	17		20		
-5 Direct interview	1 085		1 132		
Sum	1 226		1 297		

^{a)} Most common reason in this category is that IP does not speak Swedish.

The respondent

L20 **Sex** C11, S9, Z9, sex, X8, Y10, U10, V718, W2

	LNU		All		All weighted
	N	%	N	%	%
1 Men	533	43.5	577	45.5	43.4
2 Woman	693	56.5	720	55.5	56.6
Sum	1 226	100.0	1 297	100.0	100.0

L21 **Year of birth** C12, S10, Z10, birthy, X9, Y11, U11, V815, W533

	LNU	All	All weighted
Minimum value	1909	1909	1909
Maximum value	1944	1944	1944
Mean	1936	1935	1936
Std. Deviation	6.6	7.6	6.6
Valid	1 226	1 297	1 226

	LNU		All		All weighted
	N	%	N	%	%
1909	1	0.1	1	0.1	0.1
1910	1	0.1	1	0.1	0.1
1911	0	0.0	1	0.1	0.0
1912	0	0.0	2	0.2	0.0
1913	0	0.0	3	0.2	0.0
1914	2	0.2	10	0.8	0.1
1915	0	0.0	11	0.8	0.1
1916	1	0.1	1	0.1	0.0
1917	0	0.0	6	0.5	0.1
1918	2	0.2	5	0.4	0.2
1919	6	0.5	15	1.2	0.5
1920	13	1.1	30	2.3	1.1
1921	10	0.8	11	0.8	0.8
1922	14	1.1	16	1.2	1.1
1923	14	1.1	15	1.2	1.2
1924	18	1.5	20	1.5	1.3
1925	24	2.0	29	2.2	2.0
1926	20	1.6	20	1.5	1.6
1927	32	2.6	32	2.5	2.6
1928	36	2.9	36	2.8	2.9
1929	39	3.2	39	3.0	3.2
1930	38	3.1	38	2.9	3.1
1931	48	3.9	48	3.7	3.9
1932	47	3.8	47	3.6	3.8
1933	46	3.8	46	3.5	3.8
1934	58	4.7	58	4.5	4.7
1935	56	4.6	56	4.3	4.6
1936	50	4.1	50	3.9	4.1
1937	73	6.0	73	5.6	6.0
1938	78	6.4	78	6.0	6.4
1939	67	5.5	67	5.2	5.5
1940	67	5.5	67	5.2	5.5
1941	68	5.5	68	5.2	5.5
1942	101	8.2	101	7.8	8.2
1943	91	7.4	91	7.0	7.4
1944	105	8.6	105	8.1	8.6
Sum	1 226	100.0	1 297	100.0	100.0

L22**Age at year of interview**C13, S11, Z12, age

	LNU	All	All weighted
Minimum value	70	70	70
Maximum value	105	105	105
Mean	78	79	78
Std. Deviation	6.6	7.6	6.6
Valid	1 226	1 297	1 226

	LNU		All		All weighted
	N	%	N	%	%
70	105	8.6	105	8.1	8.6
71	91	7.4	91	7.0	7.4
72	101	8.2	101	7.8	8.2
73	68	5.5	68	5.2	5.5
74	67	5.5	67	5.2	5.5
75	67	5.5	67	5.2	5.5
76	78	6.4	78	6.0	6.4
77	73	6.0	73	5.6	6.0
78	50	4.1	50	3.9	4.1
79	56	4.6	56	4.3	4.6
80	58	4.7	58	4.5	4.7
81	46	3.8	46	3.5	3.8
82	47	3.8	47	3.6	3.8
83	48	3.9	48	3.7	3.9
84	38	3.1	38	2.9	3.1
85	39	3.2	39	3.0	3.2
86	36	2.9	36	2.8	2.9
87	32	2.6	32	2.5	2.6
88	20	1.6	20	1.5	1.6
89	24	2.0	29	2.2	2.0
90	18	1.5	20	1.5	1.3
91	14	1.1	15	1.2	1.2
92	14	1.1	16	1.2	1.1
93	10	0.8	11	0.8	0.8
94	13	1.1	30	2.3	1.1
95	6	0.5	15	1.2	0.5
96	2	0.2	5	0.4	0.2
97	0	0.0	6	0.5	0.1
98	1	0.1	1	0.1	0.0
99	0	0.0	11	0.8	0.1
100	2	0.2	10	0.8	0.1
101	0	0.0	3	0.2	0.0
102	0	0.0	2	0.2	0.0
103	0	0.0	1	0.1	0.0
104	1	0.1	1	0.1	0.1
105	1	0.1	1	0.1	0.1
Sum	1226	100.0	1297	100.0	100.0

L23**Age groups**

C14, Z14, ageg

	LNU		All		All weighted
	N	%	N	%	%
1 70-75	499	40.7	499	38.5	40.7
2 76-79	257	21.0	257	19.8	21.0
3 80-84	237	19.3	237	18.3	19.3
4 85+	233	19.0	304	23.4	19.0
Sum	1 226	100.0	1 297	100.0	100.0

L24**The respondent's normal living situation**C15, S18, cf. Z21,
cf. reside

	LNU		All		All weighted
	N	%	N	%	%
1 IP lives in an ordinary house (villa, semi-detached or row- house, flat)	1 103	90.0	1 140	89.9	89.9
2 IP lives in a block of service flats (incl. service flat in a house where the majority of the residents are 55+)	33	2.7	35	2.7	2.7
3 Institution (group living/ retirement home)	90	7.3	122	9.4	7.5
Sum	1 226	100.0	1 297	100.0	100.0

L25**Institution**

C16

Living in an institution is only an option for people who have been assessed by a municipal assessor and who fulfil the criteria described in the social services act.

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	1 136	92.7	1 175	90.6	92.5
1 Mentioned	90	7.3	122	9.4	7.5
Sum	1 226	100.0	1 297	100.0	100.0

	LNU		All		All weighted
	N	%	N	%	%
Blekinge	28	2.3	29	2.2	2.3
Dalarna	25	2.0	26	2.0	2.1
Gotland	7	0.6	7	0.5	0.6
Gävleborg	60	4.9	61	4.7	4.8
Halland	45	3.7	47	3.6	3.6
Jämtland	15	1.2	17	1.3	1.2
Jönköping	59	4.8	62	4.8	4.9
Kalmar	34	2.8	37	2.9	2.7
Kronoberg	31	2.5	32	2.5	2.5
Norrbottn	27	2.2	27	2.1	2.2
Skåne	160	13.1	167	12.9	13.0
Stockholm	220	17.9	238	18.4	18.1
Södermanland	49	4.0	52	4.0	4.0
Uppsala	35	2.9	39	3.0	2.9
Värmland	37	3.0	41	3.2	3.0
Västerbotten	44	3.6	45	3.5	3.5
Västernorrland	33	2.7	36	2.8	2.7
Västmanland	26	2.1	26	2.0	2.1
Västra Götaland	190	15.5	205	15.8	15.7
Örebro	36	2.9	38	2.9	2.9
Östergötland	65	5.3	65	5.0	5.1
Sum	1 226	100.0	1297	100.0	100.0

The following classification of Swedish municipalities is made by the Swedish Association of Local Authorities and Regions (SKL).

For a full description, see SKLs homepage:

http://www.skl.se/kommuner_och_landsting/om_kommuner/kommungruppsindelning

	LNU		All		All weighted
	N	%	N	%	%
1 Metropolitan municipalities (Stockholm/Göteborg/Malmö)	165	13.5	176	13.6	13.4
2 Suburban municipalities	173	14.1	183	14.1	14.2
3 Large cities	372	30.3	396	30.5	30.3
4 Suburban municipalities to large cities	45	3.7	46	3.5	3.6
5 Commuter municipalities	98	8.0	103	7.9	7.8
6 Tourism and travel industry municipalities	35	2.9	38	2.9	3.0
7 Manufacturing municipalities	138	11.3	145	11.2	11.3
8 Sparsely populated municipalities	22	1.8	22	1.7	1.7
9 Municipalities in densely populated regions	131	10.7	140	10.8	10.9
10 Municipalities in sparsely populated regions	47	3.8	48	3.7	3.8
Sum	1 226	100.0	1297	100.0	100.0

Family situation

L28 Living alone

C28, S32, Z35, Q4

Do you live alone?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	458	40.4	485	41.3	40.3
2 No	676	59.6	688	58.7	59.7
Total	1 134	100.0	1 173	100.0	100.0
-6 No answer	2		2		
-4 Living in an institution with a partner	5		8		
-3 Living in an institution	85		114		
Sum	1 226		1 297		

L29 Living with how many others

C29, S33, Z36, Q5,
cf. X151, cf. Y58, cf. U91,
cf. V57, cf. W90

How many people do you live with?

	LNU		All		All weighted
	N	%	N	%	%
1 One person	643	95.1	653	94.9	95.1
2 Two persons	29	4.3	30	4.4	4.3
3 Three persons	2	0.3	2	0.3	0.2
4 Four persons	1	0.1	2	0.3	0.2
5 Five persons	1	0.1	1	0.1	0.1
Total	676	100.0	688	100.0	100.0
-6 No answer	2		2		
-5 Living alone	458		485		
-4 Living in an institution with a partner	5		8		
-3 Living in an institution	85		114		
Sum	1 226		1 297		

L30 Living with whomC30, S34-38, Z37-40,
Q6 (a-d)

Who do you live with? (several answers possible)

	LNU		All		All weighted
	N	%	N	%	%
1 Husband/wife/cohabitant	648	95.9	659	95.9	96.0
2 Children/daughter-in-law/son-in-law	20	3.0	20	2.9	2.8
3 Sisters/brothers/grandchildren	0	0.0	0	0.0	0.0
4 Other persons	8	1.2	8	1.2	1.2
5 Living with spouse and children	0	0.0	0	0.0	0.0
Total	676	100.0	687	100.0	100.0
-6 No answer	2		3		
-5 Living alone	458		485		
-4 Living in an institution with a partner	5		8		
-3 Living in institution	85		114		
Sum	1 226		1 297		

L31 Civil statusC31, S39, Z41, Q7, cf. X149,
cf. Y57, cf. U90, cf. V68,
cf. W36 or cf. X842, cf. Y661,
cf. U715, cf. V814, cf. W704

What is your present civil status?

	LNU		All		All weighted
	N	%	N	%	%
1 Not married	80	6.6	87	6.7	6.7
2 Married/cohabiting	706	57.8	722	55.9	57.8
3 Divorced/separated	102	8.4	102	7.9	8.3
4 Widow/widower	333	27.2	381	29.5	27.2
Total	1 221	100.0	1 292	100.0	100.0
-6 No answer	5		5		
Sum	1 226		1 297		

L32 Widow/widower, divorced or separated

C32

In which year did you become a widow/widower, divorced or separated?

	LNU	All	All weighted
Minimum value	1949	1949	1949
Maximum value	2014	2014	2014
Mean	1996	1996	1996
Std. Deviation	14.3	14.3	14.3
Valid	409	455	409
-6 No answer	32	34	31
-5 Not widowed or divorced/separated	785	808	786
Sum	1 226	1 297	1 226

L33 Children

C33, cf. S40, Z49, cf. Q14

Do you have or have you had any children?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	1 083	88.6	1 142	88.3	88.4
2 No	140	11.4	152	11.7	11.6
Total	1 223	100.0	1 294	100.0	100.0
-6 No answer	3		3		
Sum	1 226		1 297		

L34 Number of children

C34, Z50, Q15

How many children *now living* do you have?

	LNU	All	All weighted
Minimum value	0	0	0
Maximum value	10	10	10
Mean	2.3	2.3	2.3
Std. Deviation	1.1	1.1	1.1
Valid	1 081	1 139	1 079
-6 No answer	5	6	5
-5 No children	140	152	142
Sum	1 226	1 297	1 226

	LNU		All		All weighted
	N	%	N	%	%
0 No living children	9	0.8	9	0.8	0.8
1 One child	193	17.9	207	18.2	17.9
2	497	46.0	519	45.6	46.0
3	258	23.9	272	23.9	23.9
4	91	8.4	94	8.3	8.3
5	24	2.2	28	2.5	2.2
6	4	0.4	5	0.4	0.4
7	2	0.2	2	0.2	0.2
8	8	0.2	2	0.2	0.2
9	0	0.0	0	0.0	0.0
10 10 children	1	0.1	1	0.1	0.1
Total	1 081	100.0	1 139	100.0	100.0
-6 No answer	5		6		
-5 No children	140		152		
Sum	1 226		1 297		

L35 Spending time with childrenC36, S41,
cf. Z75-Z82,
cf. Q18

How often do you meet and spend time with any of your children?

	LNU		All		All weighted
	N	%	N	%	%
1 Daily	92	8.6	99	8.8	8.6
2 Several times a week	189	17.7	204	18.2	17.6
3 A few times a week	367	34.4	388	34.6	34.5
4 A few times a month	260	24.4	267	23.8	24.4
5 A few times a quarter	98	9.2	101	9.0	9.2
6 Seldom or never	60	5.6	64	5.7	5.7
Total	1 066	100.0	1 123	100.0	100.0
-6 No answer	11		13		
-5 No children or no living children	149		161		
Sum	1 226		1 297		

L36 Telephone contact with childrenC37, cf. S42,
cf. Z83-Z90,
cf. Q19How often do you have telephone contact, have contact via SMS
or email, chat online, or have other similar forms of
communication, with any of your children?

	LNU		All		All weighted
	N	%	N	%	%
1 Daily	206	19.4	223	19.9	19.4
2 Several times a week	381	35.8	392	35.0	35.7
3 A few times a week	314	29.5	328	29.3	29.7
4 A few times a month	81	7.6	82	7.3	7.4
5 A few times a quarter	13	1.2	16	1.4	1.2
6 Seldom or never	68	6.4	80	7.1	6.5
Total	1 063	100.0	1 121	100.0	100.0
-6 No answer	14		15		
-5 No children or no living children	149		161		
Sum	1 226		1 297		

L37 GrandchildrenC38, S43, Z147,
Q20

Do you have grandchildren or great grandchildren?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	1 006	93.2	1 064	93.5	93.2
2 No	73	6.8	74	6.5	6.8
Total	1 079	100.0	1 138	100.0	100.0
-6 No answer	7		7		
-5 Never had children	140		152		
Sum	1 226		1 297		

L38**Spending time with grandchildren**C39, S44, Z148,
Q21How often do you meet and spend time with your grandchildren
and great grandchildren?

	LNU		All		All weighted
	N	%	N	%	%
1 Daily	26	2.6	26	2.5	2.6
2 Several times a week	114	11.4	115	10.9	11.3
3 A few times a week	209	21.0	217	20.6	21.1
4 A few times a month	357	35.8	372	35.3	35.8
5 A few times a quarter	171	17.2	191	18.1	17.3
6 Very seldom or never	120	12.0	132	12.5	11.9
Total	997	100.0	1 053	100.0	100.0
-6 No answer	16		18		
-5 IP has no grandchildren	73		74		
-4 Never had children	140		152		
Sum	1 226		1 297		

L39**Telephone contact with grandchildren**C40, cf. S45,
cf. Z149, cf. Q22How often do you have telephone contact, have contact via SMS
or email, chat online, or have other similar forms of
communication, with your grandchildren or great grandchildren?

	LNU		All		All weighted
	N	%	N	%	%
1 Daily	28	2.8	28	2.7	2.8
2 Several times a week	87	8.8	90	8.6	8.8
3 A few times a week	248	25.0	254	24.3	25.2
4 A few times a month	322	32.5	337	32.2	32.4
5 A few times a quarter	97	9.8	107	10.2	9.8
6 Very seldom or never	209	21.1	231	22.1	21.0
Total	991	100.0	1 047	100.0	100.0
-6 No answer	22		24		
-5 IP has no grandchildren	73		74		
-4 Never had children	140		152		
Sum	1 226		1 297		

Education and occupation

Own education and occupation

L40

Years of education

The classifications concern length of time spent in education. The information is primarily based on data from national registries gathered for the 1968 level of living survey. For those participants who did not participate in the 1968 survey the information is based on self-reports given during their first interview.

C41, S31, Z548 ,
EDUYRS, X260,
Y131, U137, V229,
W538

	LNU	All	All weighted
Minimum value	2	2	2
Maximum value	27	27	27
Mean	9.5	9.5	9.5
Median	8.0	8.0	8.0
Std. Deviation	3.3	3.3	3.3
Valid	1 226	1 267	1 198

	LNU		All		All weighted
	N	%	N	%	%
2 Two years of education	3	0.3	3	0.2	0.3
3	1	0.1	1	0.1	0.1
4	3	0.3	3	0.2	0.3
5	1	0.1	2	0.2	0.1
6	118	9.8	145	11.4	9.8
7	316	26.3	334	26.4	26.4
8	169	14.1	173	13.7	14.0
9	108	9.0	111	8.8	9.0
10	112	9.3	115	9.1	9.3
11	80	6.7	83	6.6	6.6
12	72	6.0	73	5.8	6.0
13	51	4.3	51	4.0	4.2
14	52	4.3	53	4.2	4.4
15	40	3.3	41	3.2	3.3
16	26	2.2	26	2.1	2.1
17	21	1.8	23	1.8	1.8
18	10	0.8	11	0.9	0.9
19	3	0.3	3	0.2	0.3
20	9	0.8	10	0.8	0.8
21	1	0.1	1	0.1	0.1
22	0	0.0	1	0.1	0.1
24	1	0.1	1	0.1	0.1
25	1	0.1	1	0.1	0.1
27 27 years of education	2	0.2	2	0.2	0.1
Total	1 200	100.0	1 267	100.0	100.0
-6 No answer	26		30		
Sum	1 226		1 297		

L41 Level of education – panel (7 digit)C42, S30, Z550,
EDULEVEL, cf. X305,
cf. Y164, cf. U138,
cf. V230, cf. W537

This variable is only available for those who have been interviewed in at least one of the previous surveys. For a variable encompassing the full sample, see L42.

The classifications are based on the highest level of education achieved. The information is primarily based on data from national registries gathered for the 1968 level of living survey. For those participants who did not participate in the 1968 survey the information is based on self-reports given during their first interview.

	LNU	
	N	%
1 Grade school (6-8 years)	537	45.5
2 Grade school + vocational training \geq 1 year (7-11 years)	191	16.2
3 Extended grade school (8-11 years)	133	11.3
4 Extended grade school + vocational training \geq 1 year (10-14 years)	171	14.5
5 High school or equivalent (11-14 years)	31	2.6
6 High school + vocational training \geq 1 year (12-16 years)	64	5.4
7 University degree (14-20 years)	53	4.5
Total	1 180	100.0
-6 No answer	46	
Sum	1 226	

L42 Level of education – full sample (4 digit)

C43

The classifications are primarily based on the data from variable L41. However, as the question on educational level was posed somewhat differently to the extended sample of the 2011 survey, the classifications have been harmonized in order to facilitate comparability throughout the full sample.

	LNU		All		All weighted
	N	%	N	%	%
1 Compulsory education ^a	537	45.4	582	46.6	45.4
2 Lower secondary education and/or vocational education ^b	496	42.0	510	40.8	41.9
3 Upper secondary education ^c	95	8.0	97	7.8	8.1
4 University degree ^d	54	4.6	60	4.8	4.6
Total	1 182	100.0	1 249	100.0	100.0
-6 No answer	44		48		
Sum	1 226		1 297		

^{a)} Based on L41, variable value 1

^{b)} Based on L41, variable value 2, 3 and 4

^{c)} Based on L41, variable value 5 and 6

^{d)} Based on L41, variable value 7

L43**NYK Own**

C44

Here a five-digit classification of occupation according to the Nordic standard occupational classification in the Population and Housing Census 1985 has been derived from the question: What has been your main profession or occupation during your working years/what position did you have?

L44**Own socioeconomic group**

Own main profession/occupation according to socio-economic grouping (SEI).

C45, Z30, esei,
cf. X15, cf. Y13,
cf. U13, cf. V716,
cf. V714 cf. W997

	LNU		All		All weighted
	N	%	N	%	%
11 Unskilled worker, goods producing	80	6.7	92	7.3	6.9
12 Unskilled worker, service producing	204	17.0	215	17.0	17.0
21 Skilled worker, goods producing	115	9.6	121	9.5	9.6
22 Skilled worker, service producing	66	5.5	67	5.3	5.5
33 Lower white collar I	92	7.7	97	7.6	7.6
36 Lower white collar II	127	10.6	133	10.5	10.6
46 Middle white collar	221	18.5	228	18.0	18.4
56 Upper white collar	89	7.4	92	7.3	7.5
57 Leading positions	35	2.9	37	2.9	2.8
60 Professional	39	3.3	41	3.2	3.3
79 Self-employed ^a	89	7.4	98	7.7	7.4
89 Farmer with unspecified acreage ^a	27	2.3	32	2.5	2.3
92 Housewife	13	1.1	15	1.2	1.1
Total	1 197	100.0	1 268	100.0	100.0
-6 No answer	29		29		
Sum	1 226		1 297		

^{a)} With or without employees and regardless of the number of employees. The number of employees is presented in L46.

L45 Own social classC46, cf. S28, Z29, eclass,
cf. X15, cf. Y13, cf. U13,
cf. V716, cf. V714, cf.
W997

	LNU		All		All weighted
	N	%	N	%	%
1 Unskilled worker	284	23.7	307	24.2	24.0
2 Skilled worker	181	15.1	188	14.8	15.1
3 Lower white collar	219	18.3	230	18.1	18.2
4 Middle white collar	221	18.5	228	18.0	18.4
5 Upper white collar (and professionals)	163	13.6	170	13.4	13.6
6 Self-employed ^a	89	7.4	98	7.7	7.4
7 Farmer ^a	27	2.3	32	2.5	2.3
8 Housewife	13	1.1	15	1.2	1.1
Total	1 197	100.0	1 268	100.0	100.0
-6 No answer	29		29		
Sum	1 226		1 297		

^{a)} With or without employees and regardless of the number of employees. The number of employees is presented in L46.

L46 Number of employeesC47, Z33, enremp, cf. X684
cf. Y537, cf. U499,
cf. V538, cf. W315To self-employed persons or farmers: How many
employees did you have?

	LNU		All		All weighted
	N	%	N	%	%
1 No employees	60	53.6	65	52.0	53.7
2 1-9 employees	34	30.4	42	33.6	30.4
3 10-19 employees	7	6.3	7	5.6	6.3
4 20 or more employees	11	9.8	11	8.8	9.6
Total	112	100.0	125	100.0	100.0
-6 No answer	9		10		
-5 Not self-employed or farmer	1 105		1 062		
Sum	1 226		1 297		

L47**Size of the farm**C48, Z34, efarmsiz,
cf. X672, cf. X673To farmers: How large was your farm?

	LNU		All		All weighted
	N	%	N	%	%
1 Small farm = less than 10 hectares (25 acres) arable land and no more than 100 hectares (250 acres) of forest	4	16.0	7	23.3	16.6
2 Average farm = at least 10 hectares (25 acres) arable land or more than 100 hectares (250 acres) of forest	20	80.0	22	73.3	79.5
3 Large farm = at least 100 hectares (250 acres) arable land or more than 400 hectares (1000 acres) of forest	1	4.0	1	3.3	3.9
Total	25	100.0	30	100.0	100.0
-6 No answer	2		2		
-5 Not a farmer	1 140		1 265		
Sum	1 226		1 297		

Spouse's occupation

L48**NYK Spouse**

C49

Here a five-digit classification of occupation according to the Nordic standard occupational classification in the Population and Housing Census 1985 has been derived from the question: What has been your main profession or occupation during your working years/what position did you have?

Both living and deceased spouses.

L49**Spouse's socioeconomic group**C50, Z43, msei, X182,
cf. Y72, cf. U117,
cf. V711Spouse main profession/occupation according to socio-
economic grouping (SEI).

Both living and deceased spouses.

	LNU		All		All weighted
	N	%	N	%	%
11 Unskilled worker, goods producing	70	6.4	76	6.6	6.5
12 Unskilled worker, service producing	162	14.8	176	15.3	14.9
21 Skilled worker, goods producing	112	10.3	123	10.7	10.3
22 Skilled worker, service producing	28	2.6	30	2.6	2.5
33 Lower white collar I	73	6.7	76	6.6	6.5
36 Lower white collar II	108	9.9	113	9.8	9.7
46 Middle white collar	209	19.2	218	18.9	19.3
56 Upper white collar	68	6.2	70	6.1	6.2
57 Leading position	28	2.6	28	2.4	2.6
60 Professional	48	4.4	48	4.2	4.4
79 Self-employed ^a	127	11.6	132	11.4	11.9
89 Farmer ^a	39	3.6	42	3.6	3.5
92 Housewife	18	1.6	21	1.8	1.5
94 Unclassified	1	0.1	1	0.1	0.1
Total	1 091	100.0	1 154	100.0	100.0
-6 No answer	55		56		
-5 Never been married	80		87		
Sum	1 226		1 297		

^{a)} With or without employees and regardless of the number of employees. The number of employees is presented in L51.

L50**Spouse's social class**

C51, cf. S29, Z42, mclass

What has been the main profession or occupation of your spouse during his/her working years? (What position did your spouse have?)

Both living and deceased spouses.

	LNU		All		All weighted
	N	%	N	%	%
1 Unskilled worker	232	21.3	252	21.9	21.4
2 Skilled worker	140	12.8	153	13.3	12.9
3 Lower white collar	181	16.6	189	16.4	16.3
4 Middle white collar	209	19.2	218	18.9	19.3
5 Upper white collar (and professionals)	144	13.2	146	12.7	13.2
6 Self-employed ^a	127	11.7	132	11.4	11.9
7 Farmer ^a	39	3.6	42	3.6	3.5
8 Housewife	18	1.7	21	1.8	1.5
Total	1 090	100.0	1 153	100.0	100.0
-6 No answer	56		57		
-5 Never been married	80		87		
Sum	1 226		1 297		

^a) With or without employees and regardless of the number of employees. The number of employees is presented in L51.

L51**Spouse's number of employees**C52, Z46, mnremp, X187,
cf. Y75, cf. U120

If spouse was self-employed or a farmer: How many employees did he/she have?

Both living and deceased spouses.

	LNU		All		All weighted
	N	%	N	%	%
1 No employees	72	46.2	76	46.3	45.9
2 1-9 employees	67	42.9	71	43.3	43.3
3 10-19 employees	9	5.8	9	5.5	5.7
4 20 or more employees	8	5.1	8	4.9	5.1
Total	156	100.0	164	100.0	100.0
-6 No answer	10		10		
-5 Not self-employed or a farmer	980		1 036		
-4 Never been married	80		87		
Sum	1 226		1 297		

L52**Size of spouse's farm**C53, Z47, mfarmsiz,
X188, cf. Y76, cf. U21

If spouse was a farmer: How large was the farm?

Both living and deceased spouses.

	LNU		All		All weighted
	N	%	N	%	%
1 Small farm = less than 10 hectares (25 acres) arable land and no more than 100 hectares (250 acres) of forest	7	23.3	9	27.3	21.5
2 Average farm = at least 10 hectares (25 acres) arable land or more than 100 hectares (250 acres) of forest	22	73.3	23	69.7	75.1
3 Large farm = at least 100 hectares (250 acres) arable land or more than 400 hectares (1000 acres) of forest	1	3.3	1	3.0	3.3
Total	30	100.0	33	100.0	100.0
-6 No answer	9		9		
-5 Not a farmer	1 107		1 168		
-4 Never been married	80		87		
Sum	1 226		1 297		

Family occupation**L53****Family occupation**

C54, Z48, domi

Classification of IP's or spouse's occupation into a single class position for the whole household, based on the dominant (highest) social class (for a detailed description see Erikson, 1981).

Both living and deceased spouses. Derived from questions L45 and L50.

	LNU		All		All weighted
	N	%	N	%	%
1 Unskilled worker	110	9.2	118	9.3	9.3
2 Skilled worker	154	12.9	169	13.3	13.0
3 Lower white collar	195	16.3	205	16.2	16.1
4 Middle white collar	259	21.7	272	21.5	21.7
5 Upper white collar and professionals	238	19.9	246	19.4	19.9
6 Entrepreneur	191	16.0	203	16.0	16.0
7 Farmer	49	4.1	54	4.3	4.0
Total	1 196	100.0	1 267	100.0	100.0
-6 No answer	30		30		
Sum	1 226		1 297		

Health

Self-rated health

L54

Self-rated health

C69, S54, cf. Z157,
Q33, X435, Y257

How would you assess your own general state of health?

	LNU		All		All weighted
	N	%	N	%	%
1 Good	621	51.0	649	50.4	51.0
2 Bad	140	11.5	152	11.8	11.5
3 Neither good nor bad	456	37.5	486	37.8	37.5
Total	1 217	100.0	1 287	100.0	100.0
-6 No answer	9		10		
Sum	1 226		1 297		

Mobility

L55

Standing

C94, S58, Z196,
Q46

Can you stand without support? (regardless of whether IP can walk without support)

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	1 126	92.0	1 174	90.7	91.9
2 No, but can sit	90	7.4	112	8.6	7.5
3 No, bedridden or equivalent	8	0.7	9	0.7	0.7
Total	1 224	100.0	1 295	100.0	100.0
-6 No answer	2		2		
Sum	1 226		1 297		

L56

Getting up from a chair

cf. Z180,
cf. S64,
cf. Q42b

Can you get up from a (kitchen) chair without using the support from your arms?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	951	78.6	976	76.4	78.5
2 No	259	21.4	302	23.6	21.5
Total	1 210	100.0	1 278	100.0	100.0
-6 No answer	8		10		
-5 Bedridden or equivalent	8		9		
Sum	1 226		1 297		

L57**Balance indoors**

C79

Do you have problems with your balance indoors?

	LNU		All		All weighted
	N	%	N	%	%
1 No	829	68.3	847	66.2	68.2
2 Slight problems	278	22.9	305	23.8	22.9
3 Severe problems	106	8.7	128	10.0	8.9
Total	1 213	100.0	1 280	100.0	100.0
-6 No answer	5		8		
-5 Bedridden or equivalent	8		9		
Sum	1 226		1 297		

L58**Help from others indoors**C78, Z178,
Q41Do you usually get help from another person when you get around
indoors? Supervision also counts as help.

	LNU		All		All weighted
	N	%	N	%	%
1 Yes, always	71	5.8	82	6.4	5.8
2 Yes, sometimes	43	3.5	51	4.0	3.6
3 No, manage myself	1 101	90.6	1 152	89.6	90.9
Total	1 215	100.0	1 285	100.0	100.0
-6 No answer	3		3		
-5 Bedridden or equivalent	8		9		
Sum	1 226		1 297		

L59**Help when going outdoors**cf. C76, cf. Z176,
cf. Q39

Can you move about /get around outdoors?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes, manage by myself	864	71.2	878	68.4	70.8
2 Yes, manage with assistant device or with aid from another person	300	24.7	343	26.7	25.0
3 No	50	4.1	63	4.9	4.1
Total	1 214	100.0	1 284	100.0	100.0
-6 No answer	4		4		
-5 Bedridden or equivalent	8		9		
Sum	1 226		1 297		

Assistant devices or aid when going outdoors

If answering yes, manage with assistant device or with aid from another person in question L159. What kind of assistant device or aid do you use/need?
Several answers possible.

L60 **Cane/quadruped/crutch** cf. C75, cf. Z175,
Do you use a cane, quadruped or crutch when go outdoors? cf. Q38, cf. C76,
cf. Z176, cf. Q39

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	205	68.3	241	70.5	68.7
1 Mentioned	95	31.7	101	29.5	31.3
Total	300	100.0	342	100.0	100.0
-6 No answer	4		4		
-5 Bedridden or equivalent	8		9		
-4 Cannot go outside	50		63		
-3 Managed without aid	865		879		
Sum	1 226		1 297		

L61 **Walker** cf. C75, cf. Z175,
Do you use a walker when going outdoors? cf. Q38, cf. C76,
cf. Z176, cf. Q39

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	116	38.7	128	37.3	38.4
1 Mentioned	184	61.3	215	62.7	61.6
Total	300	100.0	343	100.0	100.0
-6 No answer	4		4		
-5 Bedridden or equivalent	8		9		
-4 Cannot go outside	50		63		
-3 Managed without aid	865		879		
Sum	1 226		1 297		

L62**Wheelchair**

Do you use a wheelchair when going outdoors?

cf. C75, cf. Z175,
cf. Q38, cf. C76,
cf. Z176, cf. Q39

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	247	82.3	277	80.8	82.0
1 Mentioned	53	17.7	66	19.2	18.0
Total	300	100.0	343	100.0	100.0
-6 No answer	4		4		
-5 Bedridden or equivalent	8		9		
-4 Cannot go outside	50		63		
-3 Managed without aid	865		879		
Sum	1 226		1 297		

L63**Walking aid from another person**

Do you get/need aid from another person when going outdoors?

cf. C75, cf. Z175,
cf. Q38, cf. C76,
cf. Z176, cf. Q39

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	259	86.3	295	86.0	85.8
1 Mentioned	41	13.7	48	14.0	14.2
Total	300	100.0	343	100.0	100.0
-6 No answer	4		4		
-5 Bedridden or equivalent	8		9		
-4 Cannot go outside	50		63		
-3 Managed without aid	865		879		
Sum	1 226		1 297		

L64**Walking 100 m**

Can you walk 100 meters fairly briskly without difficulty?

C71, S59, Z171,
Q37a, X436,
Y258, U160,
V235, W101

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	904	75.2	930	73.2	75.0
2 No	298	24.8	341	26.8	25.0
Total	1 202	100.0	1 271	100.0	100.0
-6 No answer	16		17		
-5 Bedridden or equivalent	8		9		
Sum	1 226		1 297		

L65**Walking 500 m**

C72, S60

Can you walk 500 meters fairly briskly without difficulty?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	756	84.2	771	83.6	84.3
2 No	142	15.8	151	16.4	15.7
Total	898	100.0	922	100.0	100.0
-6 No answer	22		25		
-5 Bedridden or equivalent	8		9		
-4 Cannot walk 100 m	298		341		
Sum	1 226		1 297		

L66**Running 100 m**C73, S61, Z172,
Q37b, X437,
Y259, U161,
V236, W102

Can you run 100 meters without difficulty?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	345	47.2	348	46.6	47.0
2 No	386	52.8	398	53.4	53.0
Total	731	100.0	746	100.0	100.0
-6 No answer	47		50		
-5 Bedridden or equivalent	8		9		
-4 Cannot walk 100 m or 500 m	440		492		
Sum	1 226		1 297		

L67**Walking up and down stairs**C74, S62, Z173,
Q37c, X438,
Y260, U162,
V237, W103

Can you walk up and down stairs without difficulty?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	893	74.5	919	72.6	74.5
2 No	306	25.5	347	27.4	25.5
Total	1 199	100.0	1 266	100.0	100.0
-6 No answer	19		22		
-5 Bedridden or equivalent	8		9		
Sum	1 226		1 297		

L68 Falls

Have you at any time during the last 12 months fallen over?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes, once	233	19.1	246	19.1	18.9
2 Yes, more than once	177	14.5	205	15.9	15.0
3 No	807	66.3	836	65.0	66.2
Total	1 217	100.0	1 287	100.0	100.0
-6 No answer	9		10		
Sum	1 226		1 297		

L69 Hospitalised due to falling over

Were you hospitalised due to any of the falls?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes, once	64	15.7	72	16.0	15.5
2 Yes, more than once	21	5.1	23	5.1	5.2
3 No	323	79.2	354	78.8	79.3
Total	408	100.0	449	100.0	100.0
-6 No answer	11		12		
-5 Has not fallen	807		836		
Sum	1 226		1 297		

Hearing and visual ability

L70 Hearing: conversation with several otherscf. C168, cf. 122,
cf. Z330, cf. Q66

Can you, with or without a hearing aid, hear what is said in a conversation between several persons without difficulty?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes, without hearing aid	767	63.1	789	61.3	63.2
2 Yes, with hearing aid	129	10.6	138	10.7	10.3
3 No	320	26.3	360	28.0	26.5
Total	1 216	100.0	1 287	100.0	100.0
-6 No answer	10		10		
Sum	1 226		1 297		

L71 **Reading a newspaper**

S125, Z333

Can you read a newspaper without difficulties?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes, without glasses	133	10.9	141	10.7	11.0
2 Yes, with glasses	944	77.4	974	75.5	77.2
3 No, have certain difficulties	74	6.1	87	6.7	6.0
4 No, not at all	69	5.7	88	6.8	5.8
Total	1 220	100.0	1 290	100.0	100.0
-6 No answer	6		7		
Sum	1 226		1 297		

Height and weight

L72 **Height**C86, S78, Z191,
Q44, X440, Y262How tall are you? (cm)

	LNU	All	All weighted
Minimum value	145	145	145
Maximum value	198	198	198
Mean	169	169	169
Std. Deviation	9.2	9.2	9.2
Valid	1 194	1 260	
-6 No answer	32	37	
Sum	1 226	1 297	

L73 **Weight**C87, S80, Z193,
Q45, X441, Y263How much do you weigh? (kg)

	LNU	All	All weighted
Minimum value	40	40	40
Maximum value	166	166	166
Mean	73	73	73
Std. Deviation	14.2	14.2	14.2
Valid	1 168	1 228	
-6 No answer	58	69	
Sum	1 226	1 297	

L74**Body Mass Index (BMI), kg/m²**C88, S82, Z195,
bmiCalculated from L72 and L73

	LNU	All	All weighted
Minimum value	14.5	14.5	14.5
Maximum value	61.7	61.7	61.7
Mean	25.4	25.4	25.4
Std. Deviation	4.1	4.1	4.1
Valid	1 155	1 213	
-6 No answer	71	84	
Sum	1 226	1 297	

Depression

Geriatric Depression Scale – GDS-4The following questions concern how you felt during the previous week.

L75**Life satisfaction**Are you basically satisfied with your life?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	1 032	86.7	1 084	86.2	86.6
2 No	158	13.3	174	13.8	13.4
Total	1 190	100.0	1 258	100.0	100.0
-6 No answer	36		39		
Sum	1 226		1 297		

L76**Emptiness**Do you feel that your life is empty?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	265	22.8	295	24.0	22.8
2 No	896	77.2	934	76.0	77.2
Total	1 161	100.0	1 229	100.0	100.0
-6 No answer	65		68		
Sum	1 226		1 297		

L77 **Fear of things happening**Are you afraid that something is going to happen to you?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	279	23.9	301	24.5	24.0
2 No	886	76.1	929	75.5	76.0
Total	1 165	100.0	1 230	100.0	100.0
-6 No answer	61		67		
Sum	1 226		1 297		

L78 **Happy and content**Do you feel happy and content most of the time?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	1 030	87.5	1 083	87.1	87.6
2 No	147	12.5	160	12.9	12.4
Total	1 177	100.0	1 243	100.0	100.0
-6 No answer	49		54		
Sum	1 226		1 297		

Diseases and disorders

Have you had any of the following diseases or disorders during the last 12 months?

L79 **Pain or aches in the chest** C120, S83, Z297, Q64a, X456, Y281, U194, V261, W124

	LNU		All		All weighted
	N	%	N	%	%
1 No	1 018	85.0	1 075	84.9	85.1
2 Yes, slight	130	10.9	138	10.9	10.8
3 Yes, severe	50	4.2	53	4.2	4.1
Total	1 198	100.0	1 266	100.0	100.0
-6 No answer	28		31		
Sum	1 226		1 297		

L80 **Heart problems** C122, S86, Z300, Q64d, X463, Y287, U200, V267, W130

	LNU		All		All weighted
	N	%	N	%	%
1 No	1 038	87.2	1 091	86.7	87.1
2 Yes, slight	98	8.2	109	8.7	8.3
3 Yes, severe	55	4.6	58	4.6	4.6
Total	1 191	100.0	1 258	100.0	100.0
-6 No answer	35		39		
Sum	1 226		1 297		

L81 **Arrhythmia/irregular heart rhythm** C123

	LNU		All		All weighted
	N	%	N	%	%
1 No	991	83.2	1 042	83.0	83.1
2 Yes, slight	159	13.4	170	13.5	13.4
3 Yes, severe	41	3.4	44	3.5	3.4
Total	1 191	100.0	1 256	100.0	100.0
-6 No answer	35		41		
Sum	1 226		1 297		

L82 High blood pressureC124, S87, Z301, Q64e,
X464, Y288, U201, V268,
W131

	LNU		All		All weighted
	N	%	N	%	%
1 No	684	57.2	729	57.9	57.3
2 Yes, slight	412	34.5	427	33.9	34.3
3 Yes, severe	99	8.3	103	8.2	8.3
Total	1 195	100.0	1 259	100.0	100.0
-6 No answer	31		38		
Sum	1 226		1 297		

L83 Pain or aches in shouldersC121, S84, Z298, Q64b,
X460, Y285, U198, V265,
W128

	LNU		All		All weighted
	N	%	N	%	%
1 No	734	61.1	775	61.2	61.0
2 Yes, slight	330	27.5	347	27.4	27.5
3 Yes, severe	137	11.4	145	11.4	11.5
Total	1 201	100.0	1 267	100.0	100.0
-6 No answer	25		30		
Sum	1 226		1 297		

**L84 Pain or aches in the back, hips,
sciatica**C125, S88, Z302,
Q64f, X467, Y291,
U204, V271, W134

	LNU		All		All weighted
	N	%	N	%	%
1 No	622	51.8	655	51.6	51.5
2 Yes, slight	343	28.6	365	28.8	28.8
3 Yes, severe	236	19.7	249	19.6	19.7
Total	1 201	100.0	1 269	100.0	100.0
-6 No answer	25		28		
Sum	1 226		1 297		

L85 Pain or aches in hands or elbowscf. S89, cf. Z303, cf.
Q64C126, g, cf. X478, cf.
Y302, cf. U215, cf. V282,
cf. W145

	LNU		All		All weighted
	N	%	N	%	%
1 No	849	70.7	890	70.2	70.5
2 Yes, slight	240	20.0	260	20.5	20.1
3 Yes, severe	112	9.3	118	9.3	9.4
Total	1 201	100.0	1 268	100.0	100.0
-6 No answer	25		29		
Sum	1 226		1 297		

L86 Pain or aches in legs or kneesC127, cf. S89, cf. Z303,
cf. Q64g, cf. X478, cf.
Y302, cf. U215, cf. V282,
cf. W145

	LNU		All		All weighted
	N	%	N	%	%
1 No	636	53.1	667	52.8	53.2
2 Yes, slight	341	28.5	365	28.9	28.3
3 Yes, severe	220	18.4	232	18.4	18.5
Total	1 197	100.0	1 264	100.0	100.0
-6 No answer	29		33		
Sum	1 226		1 297		

L87 General fatigueC128, S90, Z304, Q64h,
X479, Y303, U216, V283,
W146

	LNU		All		All weighted
	N	%	N	%	%
1 No	690	57.3	722	56.8	57.4
2 Yes, slight	374	31.1	396	31.2	31.1
3 Yes, severe	140	11.6	153	12.0	11.5
Total	1 204	100.0	1 271	100.0	100.0
-6 No answer	22		26		
Sum	1 226		1 297		

L88 **Sleeping problems**C129, S91, Z305, Q64i,
X480, Y304, U217, V284,
W147

	LNU		All		All weighted
	N	%	N	%	%
1 No	791	65.6	841	65.9	65.7
2 Yes, slight	287	23.8	302	23.7	23.8
3 Yes, severe	128	10.6	133	10.4	10.5
Total	1 206	100.0	1 276	100.0	100.0
-6 No answer	20		21		
Sum	1 226		1 297		

L89 **Nervous problems**

(anxiety, nervousness, anguish)

C130, S92, Z306, Q64j,
X481, Y305, U218, V285,
W148

	LNU		All		All weighted
	N	%	N	%	%
1 No	964	80.1	1 005	79.1	80.0
2 Yes, slight	179	14.9	199	15.7	15.0
3 Yes, severe	61	5.1	67	5.3	5.1
Total	1 204	100.0	1 271	100.0	100.0
-6 No answer	22		26		
Sum	1 226		1 297		

L90 **Depression, deep sadness**C131, S93, Z307, Q64k,
X482, Y306, U219, V286,
W149

	LNU		All		All weighted
	N	%	N	%	%
1 No	1 051	87.9	1 100	87.1	87.9
2 Yes, slight	100	8.4	116	9.2	8.5
3 Yes, severe	44	3.7	47	3.7	3.7
Total	1 195	100.0	1 263	100.0	100.0
-6 No answer	31		34		
Sum	1 226		1 297		

L91 Mental illnessC132, S94, Z308, Q64I,
X483, Y307, U220, V287,
W150

	LNU		All		All weighted
	N	%	N	%	%
1 No	1 175	97.7	1 237	97.5	97.6
2 Yes, slight	15	1.2	19	1.5	1.3
3 Yes, severe	13	1.1	13	1.0	1.1
Total	1 203	100.0	1 269	100.0	100.0
-6 No answer	23		28		
Sum	1 226		1 297		

L92 DizzinessC133, S95, Z309, Q64m,
X487, Y311, U224, V291,
W154

	LNU		All		All weighted
	N	%	N	%	%
1 No	849	70.5	887	69.8	70.5
2 Yes, slight	292	24.3	315	24.8	24.2
3 Yes, severe	63	5.2	69	5.4	5.3
Total	1 204	100.0	1 271	100.0	100.0
-6 No answer	22		26		
Sum	1 226		1 297		

L93 Weight lossC135, S97, Z311, X489,
Y313, U226, V293, W156

	LNU		All		All weighted
	N	%	N	%	%
1 No	1 060	88.0	1 108	87.2	87.9
2 Yes, slight	108	9.0	120	9.4	9.0
3 Yes, severe	36	3.0	43	3.4	3.0
Total	1 204	100.0	1 271	100.0	100.0
-6 No answer	22		26		
Sum	1 226		1 297		

L94 DiabetesC136, S98, Z312, Q64o,
X497, Y321, U234, V301,
W164

	LNU		All		All weighted
	N	%	N	%	%
1 No	1 020	84.7	1 081	85.0	84.8
2 Yes, slight	129	10.7	136	10.7	10.7
3 Yes, severe	55	4.6	55	4.3	4.5
Total	1 204	100.0	1 272	100.0	100.0
-6 No answer	22		25		
Sum	1 226		1 297		

L95 Urinary tract infectionsC140, S111,
X502, Y326

	LNU		All		All weighted
	N	%	N	%	%
1 No	1 048	87.5	1 098	86.8	87.9
2 Yes, slight	80	6.7	93	7.4	9.0
3 Yes, severe	70	5.8	74	5.8	3.0
Total	1 198	100.0	1 265	100.0	100.0
-6 No answer	28		32		
Sum	1 226		1 297		

L96 Prostate problemscf. C141, cf. S103,
cf. Z317, cf. Q64t,
cf. X471, cf. Y295,
cf. U208, cf. V275, cf.
W138

	LNU		All		All weighted
	N	%	N	%	%
1 No	370	71.0	391	69.6	70.9
2 Yes, slight	108	20.7	124	22.1	20.9
3 Yes, severe	43	8.3	47	8.4	8.3
Total	521	100.0	562	100.0	100.0
-6 No answer	24		27		
-5 IP is a women	681		708		
Sum	1 226		1 297		

L97 Coronary thrombosis/myocardial infarction

C144, S85, Z299,
Q64c, X461, Y286,
U199, V266, W129

	LNU		All		All weighted
	N	%	N	%	%
1 No	1 182	97.9	1 246	97.8	97.9
2 Yes, slight	14	1.2	16	1.3	1.1
3 Yes, severe	11	0.9	12	0.9	0.9
Total	1 207	100.0	1 274	100.0	100.0
-6 No answer	19		23		
Sum	1 226		1 297		

L98 Cerebral thrombosis/stroke

C145, S99, Z313,
Q64p, X462

	LNU		All		All weighted
	N	%	N	%	%
1 No	1 158	96.3	1 219	95.9	96.1
2 Yes, slight	33	2.7	39	3.1	2.9
3 Yes, severe	12	1.0	13	1.0	1.0
Total	1 203	100.0	1 271	100.0	100.0
-6 No answer	23		26		
Sum	1 226		1 297		

L99 Malignant tumour/cancer

C146, S106, Z320, cf.
Q64x, X495, Y319,
U232, V299, W162

	LNU		All		All weighted
	N	%	N	%	%
1 No	1 147	95.1	1 210	95.0	95.1
2 Yes, slight	28	2.3	29	2.3	2.3
3 Yes, severe	31	2.6	35	2.7	2.6
Total	1 206	100.0	1 274	100.0	100.0
-6 No answer	20		23		
Sum	1 226		1 297		

L100 **Ever had cancer?**C154

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	245	20.3	259	20.3	20.3
2 No	963	79.7	1 016	79.7	79.7
Total	1 208	100.0	1 275	100.0	100.0
-6 No answer	18		22		
Sum	1 226		1 297		

L101 **Ever had cerebral thrombosis, stroke?**C155

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	151	12.6	163	12.9	12.7
2 No	1 050	87.4	1 105	87.1	87.3
Total	1 201	100.0	1 268	100.0	100.0
-6 No answer	25		29		
Sum	1 226		1 297		

L102 **Ever had coronary thrombosis,
myocardial infarction?**C156

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	124	10.3	131	10.3	10.2
2 No	1 080	89.7	1 140	89.7	89.8
Total	1 204	100.0	1 271	100.0	100.0
-6 No answer	22		26		
Sum	1 226		1 297		

Continence

L103

Continence

Many elderly persons have problems controlling their urine. Have you had any such problems?

Cf. C157, cf. S114-119,
cf. Z328, cf. Q56

	LNU		All		All weighted
	N	%	N	%	%
1 Yes, often/always	153	12.7	178	14.0	12.7
2 Yes, sometimes	244	20.3	256	20.1	20.1
3 No, never	807	67.0	837	65.9	67.1
Total	1 204	100.0	1 271	100.0	100.0
-6 No answer	22		26		
Sum	1 226		1 297		

Health care utilisation

L104 Short term care facility

C171

Have you been admitted to any short term form of care facility, for example respite care, convalescence or rehabilitation, during the last 12 months?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes, once	20	1.8	21	1.8	1.8
2 Yes, 2-3 times	3	0.3	4	0.3	0.2
3 Yes, 4 times or more	5	0.4	5	0.4	0.4
4 No	1 095	97.5	1 130	97.4	97.5
Total	1 123	100.0	1 160	100.0	100.0
-6 No answer	13		15		
-5 Living in an institution	90		122		
Sum	1 226		1 297		

L105 Medical attendance

C172, cf. Z337, cf. Z238,
cf. Q69, cf. X511, cf. Y331,
cf. U255, cf. V321,
cf. W176

Have you at any time during the last 12 months consulted a doctor about your own diseases or disorders?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes, once	357	29.6	371	29.2	29.4
2 Yes, 2-3 times	287	23.8	301	23.7	23.9
3 Yes, 4 times or more	176	14.6	183	14.4	14.5
4 No	385	32.0	414	32.6	32.2
Total	1 205	100.0	1 269	100.0	100.0
-6 No answer	21		28		
Sum	1 226		1 297		

L106 District nurseC181, cf. Z343, cf. Q71,
cf. X515, cf. Y333, cf. U257,
cf. V323, cf. W177Have you spoken to, visited or been visited by a
district nurse or similar professional over the last 12
months?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes, once	181	15.1	189	15.0	15.0
2 Yes, 2-3 times	163	13.6	168	13.3	13.5
3 Yes, 4 times or more	210	17.5	235	18.6	17.8
4 No	643	53.7	671	53.1	53.8
Total	1 197	100.0	1 263	100.0	100.0
-6 No answer	29		34		
Sum	1 226		1 297		

L107 Dental careC182, S130, Z344, Q75,
cf. Q76, X516, Y334, U261,
cf. V328, W182

Have you visited a dentist during the last 12 months?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	868	72.1	900	70.9	72.1
2 No	336	27.9	370	29.1	27.9
Total	1 204	100.0	1 270	100.0	100.0
-6 No answer	22		27		
Sum	1 226		1 297		

L108 Refraining from seeking dental careC183, Z346, X517,
cf. X518Have you at any time during the last 12 months
refrained from visiting a dentist even though you needed
to?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	63	5.2	73	5.8	5.4
2 No	1 140	94.8	1 195	94.2	94.6
Total	1 203	100.0	1 268	100.0	100.0
-6 No answer	23		29		
Sum	1 226		1 297		

Reason for refring seeking dental care

I answering yes in question L108, in what way? Several answers possible.

L109 Difficulties paying the patient's fee Cf. 184, cf. Z347, Z348, cf. X518

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	40	64.5	50	69.4	65.8
1 Mentioned	22	35.5	22	30.6	34.2
Total	62	100.0	72	100.0	100.0
-6 No answer	24		30		
-5 Did not refrain seeking dental care	1 140		1 195		
Sum	1 226		1 297		

L110 Difficulties getting to the dentist's surgery Cf. 184, cf. Z347, Z348, cf. X518

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	51	82.3	58	80.6	81.6
1 Mentioned	11	17.7	14	19.4	18.4
Total	62	100.0	72	100.0	100.0
-6 No answer	24		30		
-5 Did not refrain seeking dental care	1 140		1 195		
Sum	1 226		1 297		

L111 Not being able to sit in the dentist's chair Cf. 184, cf. Z347, Z348, cf. X518

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	55	88.7	65	90.3	89.1
1 Mentioned	7	11.3	7	9.7	10.9
Total	62	100.0	72	100.0	100.0
-6 No answer	24		30		
-5 Did not refrain seeking dental care	1 140		1 195		
Sum	1 226		1 297		

L112 Being scared of the dentist/lacking trust for dentists

Cf. 184, cf. Z347, Z348, cf. X518

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	55	88.7	64	88.9	89.0
1 Mentioned	7	11.3	8	11.1	11.0
Total	62	100.0	72	100.0	100.0
-6 No answer	24		30		
-5 Did not refrain seeking dental care	1 140		1 195		
Sum	1 226		1 297		

L113 Being too tired for dentist visit, not able to manage

Cf. 184, cf. Z347, Z348, cf. X518

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	52	83.9	59	81.9	83.8
1 Mentioned	10	16.1	13	18	16.2
Total	62	100.0	72	100.0	100.0
-6 No answer	24		30		
-5 Did not refrain seeking dental care	1 140		1 195		
Sum	1 226		1 297		

L114 Other reason not visiting a dentist

Cf. 184, cf. Z347, Z348, cf. X518

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	41	66.1	48	66.7	66.4
1 Mentioned	21	33.9	24	33.3	33.6
Total	62	100.0	72	100.0	100.0
-6 No answer	24		30		
-5 Did not refrain seeking dental care	1 140		1 195		
Sum	1 226		1 297		

Dental health

L115 Functional dental health

C185, S126, Z350, Q77,
X519, Y336, cf. U269,
cf. V336, cf. W185

Which of the following statements best describes the condition of your teeth?

	LNU		All		All weighted
	N	%	N	%	%
1 No teeth or only a few	12	1.0	14	1.1	1.0
2 Complete or partial dentures	186	15.4	210	16.5	15.5
3 Own teeth, but in poor shape, many missing etc.	58	4.8	66	5.2	4.7
4 Own teeth, many fillings, bridges or implants	687	57.0	706	55.5	57.1
5 Own teeth in good shape, few or no fillings	262	21.7	275	21.6	21.7
Total	1 205	100.0	1 271	100.0	100.0
-6 No answer	21		26		
Sum	1 226		1 297		

L116 Chewing hard food

C187, S131, Z352, Q79

Can you chew hard food such as hard bread or apples?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes, without difficulty	967	79.7	1 004	78.2	79.7
2 Yes, but must be careful	194	16.0	214	16.7	16.1
3 No, not at all	53	4.4	66	5.1	4.2
Total	1 214	100.0	1 284	100.0	100.0
-6 No answer	12		13		
Sum	1 226		1 297		

Health behaviours

L117 Smoking

Do you smoke or have you previously smoked?

C189, Z358, Q83, X522, Y340,
cf. U278, cf. V340, cf. W202, cf.
W203

	LNU		All		All weighted
	N	%	N	%	%
1 Yes, but less than 10 cigarettes or equivalent a day	58	4.8	58	4.5	4.7
2 Yes, 10 or more cigarettes or equivalent a day	40	3.3	40	3.1	3.3
3 Have quit smoking	499	40.9	523	40.5	40.8
4 No, have never smoked	622	51.0	669	51.9	51.3
Total	1 219	100.0	1 290	100.0	100.0
-6 No answer	7		7		
Sum	1 226		1 297		

L118 Frequency of alcohol usage

How often do you drink wine, strong beer or spirits?

C191, Z362, Q86, cf. X526,
cf. Z361, cf. Q85, cf. X525,
cf. Y343, cf. U280, cf. V341,
cf. W204

	LNU		All		All weighted
	N	%	N	%	%
1 Almost every day (at least 5 days a week)	65	5.3	69	5.4	5.3
2 Several times a week (3-4 times a week)	87	7.2	89	6.9	7.1
3 A few times a week (1-2 times a week)	291	24.0	295	22.9	23.9
4 2-3 times a month	110	9.1	113	8.8	9.1
5 Once a month	98	8.1	103	8.8	7.9
6 1-6 times a year	236	19.4	258	20.1	19.6
7 Never	328	27.0	359	27.9	27.1
Total	1 215	100.0	1 286	100.0	100.0
-6 No answer	11		11		
Sum	1 226		1 297		

L119**Amount of alcohol usage**

C192, cf. X527

On a typical day when you drink alcohol, how many glasses of alcohol do you drink?

A glass is equivalent to one strong beer, a glass of wine, 4 cl of spirits or the equivalent.

		LNU		All		All weighted
		N	%	N	%	%
1	1 glass	508	58.0	542	59.3	58.1
2		297	33.9	301	32.9	33.8
3		51	5.8	51	5.6	5.8
4		11	1.3	11	1.2	1.3
5		5	0.6	5	0.5	0.6
6		2	0.2	2	0.2	0.2
7	7 glasses	2	0.2	2	0.2	0.2
Total		876	100.0	914	100.0	100.0
-6	No answer	22		24		
-5	IP does not drink alcohol	328		359		
Sum		1 226		383		

Cognitive tests

L120 Registration

C194, S243,
Z523, Q135

Direct interviews only.

Now I would like to do some memory tests. I will start by naming three objects that I would like you to remember: key, toothbrush, lamp. Can you please repeat the objects?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes, IP repeated the words	896	97.3	926	96.9	97.2
2 No, IP did not repeat the words	25	2.7	30	3.1	2.8
Total	921	100.0	956	100.0	100.0
-2 Indirect interview	103		120		
-1 Questionnaire	202		221		
Sum	1 226		1 297		

Orientation

cf. Q136

Direct interviews only.

L121 Weekday

C195, S246,
Z524

Which day of the week is it today?

	LNU		All		All weighted
	N	%	N	%	%
1 Correct answer	884	96.5	913	96.1	96.4
2 Incorrect answer	32	3.5	37	3.9	3.6
Total	916	100.0	950	100.0	100.0
-6 No answer	5		6		
-2 Indirect interview	103		120		
-1 Questionnaire	202		221		
Sum	1 226		1 297		

L122**Year**C196, S247,
Z525, Q136a

What year is it now?

	LNU		All		All weighted
	N	%	N	%	%
1 Correct answer	873	95.4	902	95.1	95.4
2 Incorrect answer	42	4.6	46	4.9	4.6
Total	915	100.0	948	100.0	100.0
-6 No answer	6		8		
-2 Indirect interview	103		120		
-1 Questionnaire	202		221		
Sum	1 226		1 297		

L123**Month**C197, S248,
Z526, Q136b

Which month is it now?

	LNU		All		All weighted
	N	%	N	%	%
1 Correct answer	884	96.3	914	96.1	96.2
2 Incorrect answer	34	3.7	37	3.9	3.8
Total	918	100.0	951	100.0	100.0
-6 No answer	3		5		
-2 Indirect interview	103		120		
-1 Questionnaire	202		221		
Sum	1226		1 297		

L124**Date**C198, S249,
Z527, cf. Q136c

What is today's date? (If IP answers with yesterday's date or tomorrow's, the interviewer should make a note of this)

	LNU		All		All weighted
	N	%	N	%	%
1 Correct answer	720	80.1	740	79.7	80.2
2 Incorrect answer	80	8.9	86	9.3	8.9
3 IP answered yesterday's or tomorrow's date	99	11.0	102	11.0	10.9
Total	899	100.0	928	100.0	100.0
-6 No answer	22		28		
-2 Indirect interview	103		120		
-1 Questionnaire	202		221		
Sum	1 226		1 297		

L125**Country**C199, S250, Z528,
Q136dWhat country are we in?

	LNU		All		All weighted
	N	%	N	%	%
1 Correct answer	915	99.8	950	99.8	99.8
2 Incorrect answer	2	0.2	2	0.2	0.2
Total	917	100.0	952	100.0	100.0
-6 No answer	4		4		
-2 Indirect interview	103		120		
-1 Questionnaire	202		221		
Sum	1 226		1 297		

Delayed recall

Q137

Direct interviews only.

Could you please repeat the three items I mentioned before?

The order does not matter.

L126**Key**C200, S251, Z529,
Q137a

	LNU		All		All weighted
	N	%	N	%	%
1 IP can repeat the item	719	79.3	737	78.6	79.2
2 IP cannot repeat the item	188	20.7	201	21.4	20.8
Total	907	100.0	938	100.0	100.0
-6 No answer	14		18		
-2 Indirect interview	103		120		
-1 Questionnaire	202		221		
Sum	1 226		1 297		

L127**Toothbrush**C201, S252, Z530,
Q137b

	LNU		All		All weighted
	N	%	N	%	%
1 IP can repeat the item	688	75.7	708	75.3	75.8
2 IP cannot repeat the item	221	24.3	232	24.7	24.2
Total	909	100.0	940	100.0	100.0
-6 No answer	12		16		
-2 Indirect interview	103		120		
-1 Questionnaire	202		221		
Sum	1 226		1 297		

L128 LampC202, S253, Z531,
Q137c

	LNU		All		All weighted
	N	%	N	%	%
1 IP can repeat the item	647	71.0	668	70.8	71.0
2 IP cannot repeat the item	264	29.0	275	29.2	29.0
Total	911	100.0	943	100.0	100.0
-6 No answer	10		13		
-2 Indirect interview	103		120		
-1 Questionnaire	202		221		
Sum	1 226		1 297		

Attention/concentration

cf. Q138

Direct interviews only.

Subtract seven (7) from 100. Then keep subtracting seven (7) from what is left.

A correct answer is only depending on the last answer; the answer is correct as long as it is the last number stated minus seven even if the last answer was incorrect.

L129 Number of correct answersC203, cf. S260,
cf. Z537Summarised index of L130-L134.

	LNU		All		All weighted
	N	%	N	%	%
0 No correct answers	43	4.6	49	5.1	4.8
1 1 correct answer	224	24.2	237	24.7	24.3
2 2 correct answers	60	6.5	63	6.6	6.5
3 3 correct answers	45	4.9	48	5.0	4.9
4 4 correct answers	33	3.6	33	3.4	3.5
5 5 correct answers	520	56.2	530	55.2	56.0
Total	925	100.0	960	100.0	100.0
-2 Indirect interview	99		116		
-1 Questionnaire	202		221		
Sum	1 226		1 297		

L130	First answer	C204, S255, Z532
L131	Second answer	C205, S256, Z533
L132	Third answer	C206, S257, Z534
L133	Fourth answer	C207, S258, Z535
L134	Fifth answer	C208, S259, Z536
L135	Mini-mental state examination (14)	cf. C216, S261, cf. Z546

Cognitive performance is based on items from the Mini Mental State Examination (Folstein et al., 1975). The short form consists of four items:

1. Registration: Registering and repeating three objects (one point if all three registered after one trail).
2. Orientation: Which year/month/date is it now? What country are we in? (one point each).
3. Delayed recall: Repeat the three objects from the first task (one point each).
4. Attention/concentration: Subtract 7 from 100, repeat five times (one points each).

Thus, the scoring range is between 0 and 14, with values rounded to the closest integer. All missing values were treated as incorrect answers. Similar versions of the test have been described in detail by Parker, Gatz and Thorslund (Parker et al., 1996).

	LNU	All	All weighted
Minimum value	1	1	1
Maximum value	14	14	14
Mean	12.1	12.1	12.1
Std. Deviation	2.2	2.2	2.2
Valid	785	808	
-6 No answer	140	152	
-2 Indirect interview	99	116	
-1 Questionnaire	202	221	
Sum	1 226	1 297	

To cope with everyday life

IADL – Instrumental Activities of Daily Living

The questions L136 – L150 are not answered by those currently living in institutional care.

L136 Buying food C218, S132, Z364, Q88

Do you usually buy food yourself?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes, completely by myself	719	63.5	731	62.4	63.5
2 Yes, with help	277	24.5	284	24.3	24.5
3 No, not at all	136	12.0	156	13.3	12.1
Total	1 132	100.0	1 171	100.0	100.0
-6 No answer	4		4		
-3 Living in an institution	90		122		
Sum	1 226		1 297		

L137 Ability to buy food C228, S143, Z375, Q90

Would you be able to buy food if you had to?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	281	68.4	289	66.0	68.2
2 No	130	31.6	149	34.0	31.8
Total	411	100.0	438	100.0	100.0
-6 No answer	6		6		
-5 No help needed	719		731		
-3 Living in an institution	90		122		
Sum	1 226		1 297		

L138 **Preparing food/cooking**

C229, S145, Z377, cf. Q91

Do you usually prepare food yourself?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes, completely by myself	760	67.3	775	66.3	67.3
2 Yes, with help	178	15.8	185	15.8	15.7
3 No, not at all	192	17.0	209	17.9	17.0
Total	1 130	100.0	1 169	100.0	100.0
-6 No answer	6		6		
-3 Living in an institution	90		122		
Sum	1 226		1 297		

L139 **Ability to prepare food/cook**

C239, S156, Z388, Q93

Would you be able to prepare food if you had to?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	272	74.1	281	71.9	74.2
2 No	95	25.9	110	28.1	25.8
Total	367	100.0	391	100.0	100.0
-6 No answer	9		9		
-5 No help needed	760		775		
-3 Living in an institution	90		122		
Sum	1 226		1 297		

L140 **Housecleaning**

C240, S158, Z390, Q94

Do you usually clean the house by yourself?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes, completely by myself	612	54.2	618	52.9	54.2
2 Yes, with help	326	28.8	336	28.8	28.8
3 No, not at all	192	17.0	214	18.3	17.0
Total	1 130	100.0	1 168	100.0	100.0
-6 No answer	6		7		
-3 Living in an institution	90		122		
Sum	1 226		1 297		

Help to clean

If answering no or help needed, who usually helps you with the cleaning?

Several answers possible.

L141 Husband/wife/cohabitant

C241, S159, Z391, Q95a

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	209	40.3	235	42.7	40.4
1 Mentioned	309	59.7	315	57.3	59.6
Total	518	100.0	550	100.0	100.0
-6 No answer	6		7		
-5 No help needed	612		618		
-3 Living in an institution	90		122		
Sum	1 226		1 297		

L142 Daughter

C242, S160, Z392

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	489	94.4	515	93.6	94.1
1 Mentioned	29	5.6	35	6.4	5.9
Total	518	100.0	550	100.0	100.0
-6 No answer	6		7		
-5 No help needed	612		618		
-3 Living in an institution	90		122		
Sum	1 226		1 297		

L143 Son

C243, S161, Z393

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	503	97.1	532	96.7	97.1
1 Mentioned	15	2.9	18	3.3	2.9
Total	518	100.0	550	100.0	100.0
-6 No answer	6		7		
-5 No help needed	612		618		
-3 Living in an institution	90		122		
Sum	1 226		1 297		

L144 Other female relativeC244, S162, Z394

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	507	97.9	538	97.8	97.8
1 Mentioned	11	2.1	12	2.2	2.2
Total	518	100.0	550	100.0	100.0
-6 No answer	6		7		
-5 No help needed	612		618		
-3 Living in an institution	90		122		
Sum	1 226		1 297		

L145 Other male relativeC245, S163, Z395

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	516	99.6	548	99.6	99.6
1 Mentioned	2	0.4	2	0.4	0.4
Total	518	100.0	550	100.0	100.0
-6 No answer	6		7		
-5 No help needed	612		618		
-3 Living in an institution	90		122		
Sum	1 226		1 297		

L146 Other personC246, S164, Z396

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	506	97.7	537	97.6	97.7
1 Mentioned	12	2.3	13	2.4	2.3
Total	518	100.0	550	100.0	100.0
-6 No answer	6		7		
-5 No help needed	612		618		
-3 Living in an institution	90		122		
Sum	1 226		1 297		

L147 The home-care servicesC247, S165, Z397, cf. Q95f

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	420	81.1	436	79.3	81.5
1 Mentioned	98	18.9	114	20.7	18.5
Total	518	100.0	550	100.0	100.0
-6 No answer	6		7		
-5 No help needed	612		618		
-3 Living in an institution	90		122		
Sum	1 226		1 297		

L148 Privately paid helpC248, S166, Z398

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	445	85.9	470	85.5	85.5
1 Mentioned	73	14.1	80	14.5	14.5
Total	518	100.0	550	100.0	100.0
-6 No answer	6		7		
-5 No help needed	612		618		
-3 Living in an institution	90		122		
Sum	1 226		1 297		

L149 Volunteer organisation

C249, S167, Z399

(Red Cross, the church etc.)

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	517	99.8	549	99.8	99.8
1 Mentioned	1	0.2	1	0.2	0.2
Total	518	100.0	550	100.0	100.0
-6 No answer	6		7		
-5 No help needed	612		618		
-3 Living in an institution	90		122		
Sum	1 226		1 297		

L150**Ability to clean**C250, S169, Z401, cf. Q96,
cf. CLEANWould you be able to do the cleaning yourself
if you had to?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	317	61.2	325	59.1	61.1
2 No	201	38.8	225	40.9	38.9
Total	518	100.0	550	100.0	100.0
-6 No answer	6		7		
-5 No help needed	612		618		
-3 Living in an institution	90		122		
Sum	1 226		1 297		

L151**Summarised index of IADL**

C251, S190, Z422, cf. IADL

Number of IADL tasks buying food (L136),
preparing food/cooking (L138) and cleaning the
house (L140) that the IP could manage
completely by him/herself.

	LNU		All		All weighted
	N	%	N	%	%
0 Not able to perform any of the tasks	58	5.1	69	5.9	5.1
1 Able to perform one of the tasks	69	6.1	79	6.8	6.2
2 Able to perform two of the tasks	117	10.4	122	10.5	10.4
3 Able to perform all three tasks	884	78.4	896	76.8	78.3
Total	1 128	100.0	1 166	100.0	100.0
-6 No answer	8		9		
-3 Living in an institution	90		122		
Sum	1 226		1 297		

ADL – Activities of Daily Living

L152 Eating

C263, S184, Z416, Q97

Can you eat by yourself?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes, manage completely by myself	1 092	90.0	1 148	89.6	89.8
2 Yes, with help	17	1.4	20	1.6	1.5
3 No, not at all	105	8.6	113	8.8	8.6
Total	1 214	100.0	1 281	100.0	100.0
-6 No answer	12		16		
Sum	1 226		1 297		

L153 Toilet visits

C264, S185, Z417, Q98

Can you go to the toilet by yourself?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes, manage completely by myself	1 065	87.7	1 116	87.1	87.7
2 Yes, with help	40	3.3	47	3.7	3.3
3 No, not at all	110	9.1	119	9.3	9.0
Total	1 215	100.0	1 282	100.0	100.0
-6 No answer	11		15		
Sum	1 226		1 297		

L154 Bathing or showering

C252, S171, cf. Z403, Q102

Can you bathe/shower by yourself?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes, manage completely by myself	986	81.2	1 019	79.5	81.4
2 Yes, with help	97	8.0	128	10.0	8.1
3 No, not at all	131	10.8	134	10.5	10.5
Total	1 214	100.0	1 281	100.0	100.0
-6 No answer	12		16		
Sum	1 226		1 297		

L155 Hair/head washing

C268, S189, Z421, Q104

Can you wash your hair/head by yourself?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes, manage completely by myself	998	82.2	1 032	80.6	82.2
2 Yes, with help	83	6.8	110	8.6	7.0
3 No, not at all	133	11.0	139	10.9	10.8
Total	1 214	100.0	1 281	100.0	100.0
-6 No answer	12		16		
Sum	1 226		1 297		

L156 Dressing and undressing

C265, S186, Z418, Q100

Can you dress and undress yourself?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes, manage completely by myself	1 035	85.3	1 081	84.4	85.3
2 Yes, with help	66	5.4	78	6.1	5.4
3 No, not at all	113	9.3	122	9.5	9.3
Total	1 214	100.0	1 281	100.0	100.0
-6 No answer	12		16		
Sum	1 226		1 297		

L157 Getting up and going to bed

C266, S187, Z419, Q101

Can you get in and out of bed by yourself?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes, manage completely by myself	1 060	87.4	1 110	86.7	87.4
2 Yes, with help	40	3.3	49	3.8	3.3
3 No, not at all	113	9.3	121	9.5	9.3
Total	1 213	100.0	1 280	100.0	100.0
-6 No answer	13		17		
Sum	1 226		1 297		

L158 Summarised index of ADL (5 tasks)C270, cf. Z424,
cf. ADL2

Number of tasks IP could manage without help.
Summarised index based on tasks in L152 (eating), L153 (toilet visits), L155 (hair/head washing), L156 (dressing and undressing) and L157 (getting up and going to bed).

	LNU		All		All weighted
	N	%	N	%	%
0 Not able to perform any of the tasks	94	7.8	101	7.9	7.9
1 One of the tasks	43	3.6	51	4.0	3.5
2 Two of the tasks	17	1.4	20	1.6	1.4
3 Three of the tasks	23	1.9	29	2.3	2.0
4 Four of the tasks	64	5.3	74	5.8	5.1
5 Managed all five tasks	967	80.0	1 000	78.4	80.1
Total	1 208	100.0	1 275	100.0	100.0
-6 One or several answers missing	18		22		
Sum	1 226		1 297		

Home-care service

L159 Dichotomised home-care service

C271, S194, Z427,
Q72

Over the last 12 months have you or anyone else in your household received help with practical or personal tasks from the home-care services?

The questions L160-L are not answered by those currently living in institutional care.

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	142	12.5	156	13.3	12.2
2 No	993	87.5	1 017	86.7	87.8
Total	1 135	100.0	1 173	100.0	100.0
-6 No answer	1		2		
-3 Living in an institution	90		122		
Sum	1 226		1 297		

If yes, who in the household received help?

Several answers possible.

L160 Yes, I have myself

C272, S194, Z427, Q72

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	25	17.6	25	16.0	17.4
1 Mentioned	117	82.4	131	84.0	82.6
Total	1 42	100.0	156	100.0	100.0
-6 No answer	1		2		
-5 Receive no home-care services	993		1 017		
-3 Living in an institution	90		122		
Sum	1 226		1 297		

L161 Yes, my husband/wife/cohabitant

C273

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	115	81.0	128	82.1	81.0
1 Mentioned	27	19.0	28	17.9	19.0
Total	1 42	100.0	156	100.0	100.0
-6 No answer	1		2		
-5 Receive no home-care services	993		1 017		
-3 Living in an institution	90		122		
Sum	1 226		1 297		

L162 Yes, someone else in the family

C274

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	137	96.5	151	96.8	96.4
1 Mentioned	5	3.5	5	3.2	3.6
Total	142	100.0	156	100.0	100.0
-6 No answer	1		2		
-5 Receive no home-care services	993		1 017		
-3 Living in an institution	90		122		
Sum	1 226		1 297		

L163 Frequency of visits by home-care servicesC275, cf. S195,
cf. Z428, cf. Q73

How often does someone in your household get help from the home-care services?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes, daily	86	64.7	94	63.1	64.1
2 Yes, several times a week	11	8.3	14	9.4	9.3
3 Yes, once a week	10	7.5	11	7.4	7.3
4 Yes, a few or several times a month	16	12.0	18	12.8	11.6
5 Less often	10	7.5	10	7.4	7.8
Total	133	100.0	147	100.0	100.0
-6 No answer	10		11		
-5 Receive no home-care services	993		1 017		
-3 Living in an institution	90		122		
Sum	1 226		1 297		

L164 Privately paid help

C276, Z431

Have you paid for help with housework, such as cleaning, during the last 12 months?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes, daily or several times a week	5	0.4	5	0.4	0.4
2 Yes, once a week	12	1.1	14	1.2	1.1
3 Yes, a few or several times a month	71	6.3	77	6.6	6.3
4 Yes, less often	109	9.7	110	9.5	9.5
5 No, never	928	82.5	957	82.3	82.7
Total	1 125	100.0	1 163	100.0	100.0
-6 No answer	11		12		
-3 Living in an institution	90		122		
Sum	1 226		1 297		

Help and social support from relatives and friends

L165 Dichotomy - Getting help with household tasks from relatives or friends

cf. C277

Do you normally get help with household tasks from relatives or friends?

The questions L165 – L172 are not answered by those currently living in institutional care.

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	282	23.0	301	25.9	25.0
2 No	842	68.7	860	74.1	75.0
Total	1 124	100.0	1 161	100.0	100.0
-6 No answer	12		14		
-3 Living in an institution	90		122		
Sum	1 226		1 297		

L166 Frequency of getting help with household tasks from relatives or friends

cf. C277

Do you normally get help with household tasks from relatives or friends?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes, daily or several times a week	95	8.5	100	8.6	8.4
2 Yes, once a week	47	4.2	54	4.7	4.4
3 Yes, a few or several times a month	56	5.0	61	5.3	4.8
4 Yes, less often	84	7.5	86	7.4	7.4
5 No, never	842	74.9	860	74.1	75.0
Total	1 124	100.0	1 161	100.0	100.0
-6 No answer	12		14		
-3 Living in an institution	90		122		
Sum	1 226		1 297		

If yes, who is it that normally helps you?

Several answers possible.

L167 Husband/wife/cohabitant

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	190	67.1	207	68.5	66.9
1 Mentioned	93	32.9	95	31.5	33.1
Total	283	100.0	302	100.0	100.0
-6 No answer	11		13		
-5 No help received	842		860		
-3 Living in an institution	90		122		
Sum	1 226		1 297		

L168 Daughter

cf. C278

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	172	60.8	181	59.9	60.8
1 Mentioned	111	39.2	121	40.1	39.2
Total	283	100.0	302	100.0	100.0
-6 No answer	11		13		
-5 No help received	842		860		
-3 Living in an institution	90		122		
Sum	1 226		1 297		

L169 Son

cf. C279

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	204	72.1	215	71.2	72.7
1 Mentioned	79	27.9	87	28.8	27.3
Total	283	100.0	302	100.0	100.0
-6 No answer	11		13		
-5 No help received	842		860		
-3 Living in an institution	90		122		
Sum	1 226		1 297		

L170 Other female relative

cf. C280

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	251	88.7	267	88.4	88.6
1 Mentioned	32	11.3	35	11.6	11.4
Total	283	100.0	302	100.0	100.0
-6 No answer	11		13		
-5 No help received	842		860		
-3 Living in an institution	90		122		
Sum	1 226		1 297		

L171 Other male relative

cf. C281

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	271	95.8	290	96.0	95.7
1 Mentioned	12	4.2	12	4.0	4.3
Total	283	100.0	302	100.0	100.0
-6 No answer	11		13		
-5 No help received	842		860		
-3 Living in an institution	90		122		
Sum	1 226		1 297		

L172 Other person

cf. C282

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	255	90.1	274	90.7	90.0
1 Mentioned	28	9.9	28	9.3	10.0
Total	283	100.0	302	100.0	100.0
-6 No answer	11		13		
-5 No help received	842		860		
-3 Living in an institution	90		122		
Sum	1 226		1 297		

L173 Dichotomy – Getting help with personal care from relatives or friends

cf. C277

Do you normally get help with personal care from relatives or friends?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	90	7.5	109	8.6	7.5
2 No	1 109	92.5	1 154	91.4	92.5
Total	1 199	100.0	1 263	100.0	100.0
-6 No answer	27		34		
Sum	1 226		1 297		

L174 Frequency of getting help with personal care from relatives or friends

cf. C277

Do you normally get help with personal care from relatives or friends?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes, daily or several times a week	31	2.6	32	2.5	2.3
2 Yes, once a week	12	1.0	16	1.3	1.1
3 Yes, a few or several times a month	18	1.5	22	1.7	1.6
4 Yes, less often	29	2.4	39	3.1	2.5
5 No, never	1 109	92.5	1 154	91.4	92.5
Total	1 199	100.0	1 263	100.0	100.0
-6 No answer	27		34		
Sum	1 226		1 297		

If yes, who is it that normally helps you?

Several answers possible.

L175 Husband/wife/cohabitant

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	61	67.8	80	73.4	69.7
1 Mentioned	29	32.2	29	26.6	30.3
Total	90	100.0	109	100.0	100.0
-6 No answer	27		34		
-5 No help received	1 109		1 154		
Sum	1 226		1 297		

L176 Daughter

cf. C278

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	52	57.8	63	57.8	58.0
1 Mentioned	38	42.2	46	42.2	42.0
Total	90	100.0	109	100.0	100.0
-6 No answer	27		34		
-5 No help received	1 109		1 154		
Sum	1 226		1 297		

L177 Son

cf. C279

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	73	81.1	86	78.9	80.8
1 Mentioned	17	18.9	23	21.1	19.2
Total	90	100.0	109	100.0	100.0
-6 No answer	27		34		
-5 No help received	1 109		1 154		
Sum	1 226		1 297		

L178 Other female relative

cf. C280

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	83	92.2	99	90.8	91.2
1 Mentioned	7	7.8	10	9.2	8.8
Total	90	100.0	109	100.0	100.0
-6 No answer	27		34		
-5 No help received	1 109		1 154		
Sum	1 226		1 297		

L179 Other male relative

cf. C281

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	88	97.8	105	96.3	97.7
1 Mentioned	2	2.2	4	3.7	2.3
Total	90	100.0	109	100.0	100.0
-6 No answer	27		34		
-5 No help received	1 109		1 154		
Sum	1 226		1 297		

L180 Other person

cf. C282

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	77	85.6	95	87.2	86.0
1 Mentioned	13	14.4	14	12.8	14.0
Total	90	100.0	109	100.0	100.0
-6 No answer	27		34		
-5 No help received	1 109		1 154		
Sum	1 226		1 297		

L181 Helping spouse with personal careC295, S196,
Z447

To those cohabiting in ordinary housing or service flat: Do you help your wife/husband/cohabitant with personal care such as bathing/showering, dressing, getting into/out of bed and/or supervision?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	61	9.0	61	8.9	8.8
2 No	616	91.0	628	91.1	91.2
Total	677	100.0	689	100.0	100.0
-6 No answer	1		1		
-5 Live alone	458		485		
-3 Living in an institution	90		122		
Sum	1 226		1 297		

L182 Helping older relative with personal care, household tasks or supervision

To those cohabiting in ordinary housing or service flat: Do you help an older relative (not living with you) with personal care, household tasks or supervision, on a regular basis?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes, daily or several times a week	16	1.4	16	1.4	1.4
2 Yes, once a week	14	1.2	15	1.3	1.2
3 Yes, a few or several times a month	25	2.2	26	2.2	2.2
4 Yes, less often	21	1.9	21	1.8	1.9
5 No, never	1 051	93.3	1 087	93.3	93.2
Total	1 127	100.0	1 165	100.0	100.0
-6 No answer	9		10		
-3 Living in an institution	90		122		
Sum	1 226		1 297		

L183**Help if you are ill**

C324, X775, Y614, U699

Sometimes you need help and support from someone.
Do you have a relative or close friend who is willing to help if you are ill?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	1 158	96.4	1 216	96.1	96.3
2 No	43	3.6	49	3.9	3.7
Total	1 201	100.0	1 265	100.0	100.0
-6 No answer	25		32		
Sum	1 226		1 297		

L184**Someone to keep you company**

C325, X776, Y615, U700

Sometimes you need help and support from someone.
Do you have a relative or close friend who is willing to help if you want company?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	1 127	94.8	1 182	94.3	94.7
2 No	62	5.2	71	5.7	5.3
Total	1 189	100.0	1 253	100.0	100.0
-6 No answer	37		44		
Sum	1 226		1 297		

L185**Someone to talk to**C326, S46, Z150, Q26dic,
X777, Y616, U701

Sometimes you need help and support from someone.
Do you have a relative or close friend who can help you if you need someone to talk to about your personal problems?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	1 118	94.0	1 178	94.1	94.1
2 No	71	6.0	74	5.9	5.9
Total	1 189	100.0	1 252	100.0	100.0
-6 No answer	37		45		
Sum	1 226		1 297		

L186**Borrow money**

C327, X778

Sometimes you need help and support from someone.
Do you have a relative or close friend who is willing to
help if you need to borrow 14 000 SEK?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	982	87.9	1 036	88.0	87.8
2 No	135	12.1	141	12.0	12.2
Total	1 117	100.0	1 177	100.0	100.0
-6 No answer	109		120		
Sum	1 226		1 297		

L187**Help to choose, change or complain about
eldercare**

C328

Sometimes you need help and support from someone. Do you
have a relative or close friend who can help you if you need to
choose, change or complain about eldercare?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	850	85.1	904	85.2	84.8
2 No	149	14.9	157	14.8	15.2
Total	999	100.0	1 061	100.0	100.0
-6 No answer	227		236		
Sum	1 226		1 297		

Economic resources

L188	Owner of house/apartment	C296, Z448, Q113, X47, Y123, cf. U73, cf. V62, cf. W95
	Do you own the house/apartment or are you renting?	

	LNU		All		All weighted
	N	%	N	%	%
1 Owns the house	535	47.9	542	46.9	47.7
2 Owns the apartment or equivalent	260	23.3	272	23.5	23.3
3 Rents housing	322	28.8	342	29.6	29.1
Total	1 117	100.0	1 156	100.0	100.0
-6 No answer	19		19		
-3 Living in an institution	90		122		
Sum	1 226		1 297		

L189	Ability to raise money	C297, S198, Z449, Q116, X748, Y574, U576, cf. V602, cf. W375
	If a situation suddenly arose where you had to raise 15.000 SEK in a week, would you be able to manage it?	

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	1 096	92.0	1 153	92.1	92.1
2 No	95	8.0	99	7.9	7.9
Total	1 191	100.0	1 252	100.0	100.0
-6 No answer	35		45		
Sum	1 226		1 297		

L190	Ways of raising money	C298, S199-S203, Z450-Z454, cf. Q117a-e, X749, Y575, U577, cf. V602, cf. W375
	If answering yes on ability to raise money: In what way?	

	LNU		All		All weighted
	N	%	N	%	%
1 Withdrawal from own bank account or similar	1 027	94.7	1 082	94.8	94.7
2 Loan from a family member	21	1.9	22	1.9	2.0
3 Loan from other relatives or friends	9	0.8	9	0.8	0.8
4 Bank loan or equivalent	15	1.4	16	1.4	1.4
5 Other way	12	1.1	12	1.1	1.1
Total	1 084	100.0	1 141	100.0	100.0
-6 No answer	47		57		
-5 Not able to raise money	95		99		
Sum	1 226		1 297		

L191 Cash margin

C305

Based on answering yes on questions L190 and answering "Withdrawal from own bank account or similar" on question L191.

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	1 027	87.1	1 082	87.3	87.2
2 No	1 164	12.9	158	12.7	12.8
Total	1 202	100.0	1 240	100.0	100.0
-6 No answer	24		57		
Sum	1 226		1 297		

L192 Financial difficultiesC299, Z456, Q118,
X754, Y584

Have you at any time over the last 12 months had difficulties managing your current expenses for food, rent, bills, etc.?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	38	3.2	39	3.1	3.2
2 No	1 164	96.8	1 230	96.9	96.8
Total	1 202	100.0	1 269	100.0	100.0
-6 No answer	24		28		
Sum	1 226		1 297		

If answering yes on financial difficulties.

How did you manage these difficulties? By...
Several answers possible

L193 Borrowing money from relatives or friendsC300, Z457,
Q119a

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	16	43.2	16	42.1	43.0
2 No	21	56.8	22	57.9	57.0
Total	37	100.0	38	100.0	100.0
-6 No answer	25		29		
-5 No financial difficulty	1 164		1 230		
Sum	1 226		1 297		

L194 Requesting social allowance, public assistance

Z458, Q119b

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	2	5.4	2	5.3	5.4
2 No	35	94.6	36	94.7	94.6
Total	37	100.0	38	100.0	100.0
-6 No answer	25		29		
-5 No financial difficulty	1 164		1 230		
Sum	1 226		1 297		

L195 Cutting down on food

C301, Z459, Q119c

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	8	21.6	8	21.1	21.5
2 No	29	78.4	30	78.9	78.5
Total	37	100.0	38	100.0	100.0
-6 No answer	25		29		
-5 No financial difficulty	1 164		1 230		
Sum	1 226		1 297		

L196 Not paying the rent on time

C302, Z460, Q119d

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	2	5.4	2	5.3	3.2
2 No	35	94.6	36	94.7	96.8
Total	37	100.0	38	100.0	100.0
-6 No answer	25		29		
-5 No financial difficulty	1 164		1 230		
Sum	1 226		1 297		

L197 Not paying other bills on time

C303, Z461, Q119e

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	5	13.5	5	13.2	13.4
2 No	32	86.5	36	86.8	86.6
Total	37	100.0	38	100.0	100.0
-6 No answer	25		29		
-5 No financial difficulty	1 164		1 230		
Sum	1 226		1 29		

L198 Other way

C304, Z462

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	14	38.9	15	40.5	39.3
2 No	22	61.1	22	59.5	60.7
Total	36	100.0	37	100.0	100.0
-6 No answer	26		30		
-5 No financial difficulty	1 164		1 230		
Sum	1 226		1 297		

Local community

The following questions concern your local community, that is, an area within a 20-minutes walking distance from your home. You may answer that you strongly agree, agree, disagree or strongly disagree.

L199 Trust

Most people in this area can be trusted

	LNU		All		All weighted
	N	%	N	%	%
1 Strongly agree	668	59.6	694	59.2	59.2
2 Agree	380	33.9	403	34.4	34.3
3 Disagree	42	3.7	44	3.8	3.6
4 Strongly disagree	31	2.8	32	2.7	2.8
Total	1 121	100.0	1 173	100.0	100.0
-6 No answer	105		124		
Sum	1 226		1 297		

L200 Unsafety

People would be afraid to walk alone in this area after dark.

	LNU		All		All weighted
	N	%	N	%	%
1 Strongly agree	112	10.6	118	10.6	10.6
2 Agree	380	20.7	230	20.8	20.8
3 Disagree	42	16.2	183	16.5	16.0
4 Strongly disagree	31	52.5	577	52.1	52.5
Total	1 121	100.0	1 108	100.0	100.0
-6 No answer	105		189		
Sum	1 226		1 297		

L201 Cohesion

I feel really part of this area

	LNU		All		All weighted
	N	%	N	%	%
1 Strongly agree	974	84.3	1 010	83.5	84.1
2 Agree	155	13.4	170	14.0	13.6
3 Disagree	10	0.9	11	0.9	0.9
4 Strongly disagree	16	1.4	19	1.6	1.5
Total	1 155	100.0	1 210	100.0	100.0
-6 No answer	71		87		
Sum	1 226		1 297		

L202 Vandalism

Vandalism and graffiti is a big problem in this area.

	LNU		All		All weighted
	N	%	N	%	%
1 Strongly agree	34	3.0	35	2.9	2.9
2 Agree	70	6.1	73	6.1	6.2
3 Disagree	147	12.9	151	12.7	12.6
4 Strongly disagree	888	78.0	930	78.2	78.3
Total	1 139	100.0	1 189	100.0	100.0
-6 No answer	87		108		
Sum	1 226		1 297		

Activities, leisure time and political participation

Activities

Which of the following leisure time activities do you usually do?

L203	Cultural activities (going to the movies, theatre, concerts, museums, exhibitions)	C331, S215, Z478, Q120c, cf. X788-X789, cf. Y599-Y600, cf. U624-U625, cf. V649-V650, cf. W475-W476
-------------	--	--

	LNU		All		All weighted
	N	%	N	%	%
1 No	501	41.2	559	43.4	41.0
2 Yes, sometimes	520	42.8	532	41.0	43.1
3 Yes, often	195	16.0	196	15.2	16.0
Total	1 216	100.0	1 287	100.0	100.0
-6 No answer	10		10		
Sum	1 226		1 297		

L204	Eating out at restaurants	C332, S216, Z479, Q120d, X790, Y601, U626, V651, W477
-------------	----------------------------------	---

	LNU		All		All weighted
	N	%	N	%	%
1 No	386	31.7	441	34.3	32.0
2 Yes, sometimes	681	56.0	695	54.0	55.8
3 Yes, often	149	12.3	151	11.7	12.2
Total	1 216	100.0	1 287	100.0	100.0
-6 No answer	10		10		
Sum	1 226		1 297		

L205	Helping family members (with babysitting or other small favours)	C338, Z484, Q120i
-------------	--	-------------------

	LNU		All		All weighted
	N	%	N	%	%
1 No	657	54.3	720	56.3	54.3
2 Yes, sometimes	365	30.2	370	29.0	30.1
3 Yes, often	187	15.5	188	14.7	15.5
Total	1 209	100.0	1 287	100.0	100.0
-6 No answer	17		19		
Sum	1 226		1 297		

L206 Travelling/Go on tripscf. Z494, cf. S229,
cf.X784-X785, cf.
Y590-Y594, cf. U611-
U618, cf. V636-V643,
cf. W463-W469

	LNU		All		All weighted
	N	%	N	%	%
1 No	536	44.3	596	46.5	44.3
2 Yes, sometimes	548	45.3	558	43.5	45.3
3 Yes, often	127	10.5	128	10.0	10.5
Total	1 211	100.0	1 282	100.0	100.0
-6 No answer	15		15		
Sum	1 226		1 297		

L207 Visiting relativesC339, S211, Z485,
X792, Y604, U632,
V657, W483

	LNU		All		All weighted
	N	%	N	%	%
1 No	258	21.3	297	23.1	21.4
2 Yes, sometimes	722	59.5	751	58.5	59.3
3 Yes, often	234	19.3	236	18.4	19.3
Total	1 214	100.0	1 284	100.0	100.0
-6 No answer	12		13		
Sum	1 226		1 297		

L208 Having relatives over to visitC340, S222, Z486,
X793, Y605, U633,
V658, W485

	LNU		All		All weighted
	N	%	N	%	%
1 No	169	13.9	184	14.3	14.1
2 Yes, sometimes	774	63.5	804	62.4	63.3
3 Yes, often	276	22.6	301	23.4	22.6
Total	1 219	100.0	1 289	100.0	100.0
-6 No answer	7		8		
Sum	1 226		1 297		

L208 Socialising with relatives outside the home

	LNU		All		All weighted
	N	%	N	%	%
1 No	406	33.6	455	35.6	33.8
2 Yes, sometimes	665	55.0	682	53.4	54.9
3 Yes, often	138	11.4	141	11.0	11.3
Total	1 209	100.0	1 278	100.0	100.0
-6 No answer	17		19		
Sum	1 226		1 297		

L210 Visiting friends

C341, S223, Z487,
Q120j, X794, Y606,
U634, V659, W484

	LNU		All		All weighted
	N	%	N	%	%
1 No	238	19.6	281	21.9	19.8
2 Yes, sometimes	636	52.4	657	51.2	52.2
3 Yes, often	340	28.0	344	26.8	28.0
Total	1 214	100.0	1 282	100.0	100.0
-6 No answer	12		15		
Sum	1 226		1 297		

L211 Having friends over to visit

C342, S224, Z488,
Q120k, X795, Y607,
U635, V660, W486

	LNU		All		All weighted
	N	%	N	%	%
1 No	155	12.8	179	14.0	13.0
2 Yes, sometimes	742	61.3	783	61.1	61.1
3 Yes, often	314	25.9	319	24.9	25.9
Total	1 211	100.0	1 281	100.0	100.0
-6 No answer	15		16		
Sum	1 226		1 297		

L212 Socialising with friend outside the home

	LNU		All		All weighted
	N	%	N	%	%
1 No	281	23.2	334	26.1	23.6
2 Yes, sometimes	638	52.7	650	50.8	52.3
3 Yes, often	292	24.1	296	23.1	24.0
Total	1 211	100.0	1 280	100.0	100.0
-6 No answer	15		17		
Sum	1 226		1 297		

L213 Exercising, sports or outdoor activities

Do you do any exercising, outdoor activities, or sports, such as going for long walks? If yes, how often?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes, several times/week	609	50.1	618	48.1	50.0
2 Yes, approx. 1 time/week	129	10.6	132	10.3	10.6
3 Yes, 1-3 times/week	33	2.7	33	2.6	2.6
4 Yes, but less often	34	2.8	34	2.6	2.7
5 No	411	33.8	469	36.5	34.1
Total	1 216	100.0	1 286	100.0	100.0
-6 No answer	10		11		
Sum	1 226		1 297		

Internet use

L214 Internet users

Do you use the internet?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	564	46.3	565	43.8	46.1
2 No	654	53.7	724	56.2	53.9
Total	1 218	100.0	1 289	100.0	100.0
-6 No answer	8		8		
Sum	1 226		1 297		

L215 Seek information

	LNU		All		All weighted
	N	%	N	%	%
0 Mentioned	65	11.5	66	11.7	11.4
1 Not mentioned	499	88.5	499	88.3	88.6
Total	564	100.0	565	100.0	100.0
-6 No answer	8		8		
-5 Does not use internet	654		724		
Sum	1 226		1 297		

L216 Order goods or services

	LNU		All		All weighted
	N	%	N	%	%
0 Mentioned	356	63.1	357	63.2	63.0
1 Not mentioned	208	36.9	208	36.8	37.0
Total	564	100.0	565	100.0	100.0
-6 No answer	8		8		
-5 Does not use internet	654		724		
Sum	1 226		1 297		

L217 Banking services

	LNU		All		All weighted
	N	%	N	%	%
0 Mentioned	179	31.7	180	31.9	31.8
1 Not mentioned	385	68.3	385	68.1	68.2
Total	564	100.0	565	100.0	100.0
-6 No answer	8		8		
-5 Does not use internet	654		724		
Sum	1 226		1 297		

L218 Keep in touch

(Keep in touch with relatives and friends, e.g. through e-mail, Skype, Facebook)

	LNU		All		All weighted
	N	%	N	%	%
0 Mentioned	165	29.3	166	29.4	29.1
1 Not mentioned	399	70.7	399	70.6	70.9
Total	564	100.0	565	100.0	100.0
-6 No answer	8		8		
-5 Does not use internet	654		724		
Sum	1 226		1 297		

L219 Entertainment

(Amusements such as games or watching movies)

	LNU		All		All weighted
	N	%	N	%	%
0 Mentioned	386	68.4	387	68.5	68.3
1 Not mentioned	178	31.6	178	31.5	31.7
Total	564	100.0	565	100.0	100.0
-6 No answer	8		8		
-5 Does not use internet	654		724		
Sum	1 226		1 297		

Political participation

L220 Voting

Did you (or will you) vote in the 2014 elections?

C356, Z503, Q125, cf. X809,
cf. Y627, cf. U659, cf. V673,
cf. W523

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	1 074	87.9	1 120	86.7	87.7
2 No	141	11.5	164	12.7	11.7
3 Do not know	7	0.6	8	0.6	0.6
Total	1 222	100.0	1 292	100.0	100.0
-6 No answer	4		5		
Sum	1 226		1 297		

L221 Writing a letter of appeal

Would you be able to write a letter yourself to appeal a decision made by a public authority?

C357, Z504, cf. Polind,
cf. X819, cf. Y638, cf. U678,
cf. V689, cf. W506

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	685	56.3	699	54.4	56.0
2 No	495	40.7	550	42.8	41.0
3 Do not know	36	3.0	37	2.9	3.0
Total	1 216	100.0	1 286	100.0	100.0
-6 No answer	10		11		
Sum	1 226		1 297		

L222 Help with writing a letter of appeal

Do you know anyone who could help you write such a letter?

C358, Z505, cf. Polind,
cf. X819, cf. Y638, cf. U678,
cf. V689, cf. W506

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	455	87.0	503	86.7	86.9
2 No	56	10.7	64	11.0	10.9
3 Do not know	12	2.3	13	2.2	2.3
Total	523	100.0	580	100.0	100.0
-6 No answer	18		18		
-5 Do not need help with writing a letter	685		699		
Sum	1 226		1 297		

L223**Where to turn for help**C359, Z506, cf. Polind,
cf. X820, cf. Y639Do you know where to turn to get help with writing
a letter of appeal?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	284	56.3	313	55.8	56.4
2 No	220	43.7	248	44.2	43.6
Total	504	100.0	561	100.0	100.0
-6 No answer	37		37		
-5 Do not need help or know someone who could help	685		699		
Sum	1 226		1 297		

Subjective evaluations

L224 Meaningfulness

C364, S239, Z519, X829,
Y650

Do you usually feel that your daily life is a source of personal satisfaction?

	LNU		All		All weighted
	N	%	N	%	%
1 No	96	8.2	109	8.8	8.3
2 Yes, sometimes	248	21.3	266	21.6	21.3
3 Yes, often	821	70.5	858	69.6	70.4
Total	1 165	100.0	1 233	100.0	100.0
-6 No answer	61		64		
Sum	1 226		1 297		

L225 In control of one's life

C367, S421, Z521, X831,
Y652

Do you usually feel that you are in control of your own life?

	LNU		All		All weighted
	N	%	N	%	%
1 No	104	8.8	122	9.7	8.9
2 Yes, sometimes	135	11.4	153	12.2	11.6
3 Yes, often	948	79.9	979	78.1	79.5
Total	1 187	100.0	1 254	100.0	100.0
-6 No answer	39		43		
Sum	1 226		1 297		

L226 Loneliness

C362, S237, Z514, cf. Q131

Are you ever bothered by feelings of loneliness?

	LNU		All		All weighted
	N	%	N	%	%
1 Nearly always	19	1.6	29	2.3	1.8
2 Often	101	8.5	113	8.9	8.4
3 Seldom	282	23.6	301	23.8	23.6
4 Almost never	793	66.4	823	65.0	66.2
Total	1 195	100.0	1 266	100.0	100.0
-6 No answer	31		31		
Sum	1 226		1 297		

L227**Estimation of conditions**C360, cf. S235, cf. Z512,
cf. Q129, cf. X832, cf. Y647,
cf. U702

I have asked you a number of questions about your living conditions. Now I would like to ask you a few questions regarding how you see life and yourself as a person.

I want to ask you how satisfied you are on a scale from zero to ten. Zero means that you feel completely dissatisfied. Ten means that you feel completely satisfied. Five is in the middle of the scale and means that you are neither satisfied nor dissatisfied.

So, I would like to ask you: Thinking about your own life and personal circumstances, how satisfied are you with your life as a whole (today)?

	LNU		All		All weighted
	N	%	N	%	%
0 Completely dissatisfied	2	0.2	4	0.3	0.2
1	7	0.6	8	0.6	0.6
2	8	0.7	8	0.6	0.7
3	7	0.6	11	0.9	0.7
4	14	1.2	17	1.4	1.2
5 Neither satisfied nor dissatisfied	152	12.8	168	13.4	13.
6	50	4.2	53	4.2	4.2
7	151	12.7	161	12.9	12.8
8	320	27.0	329	26.3	27.1
9	152	12.8	157	12.6	12.5
10 Completely satisfied	322	27.2	334	26.7	27.1
Total	1 185	100.0	1 250	100.0	100.0
-6 No answer	41		47		
Sum	1 226		1 297		

Appendix. The questionnaire in Swedish.

The following appendix presents the questions that have been used as the basis for variables in the SWEOLD 2014 database as well as the code book.

The design of the code book largely follows the design used in the original questionnaire.

In the SWEOLD 2014 field work the interviews were carried out by telephone call to the participant's home or the institutions where they live and were based on a structured questionnaire. The interviewers used telephone-assisted personal interviewing (CATI). Thus, no paper questionnaires were used by the interviewer.

UNDERSÖKNINGEN OM ÄLDRES
LEVNADSVILLKOR 2014

SWEOLD

INNEHÅLL	Sida
BAKGRUNDSFRÅGOR	3
SYSSELSÄTTNING	3
FAMILJ	4
BARN	6
HÄLSA	8
SJUKDOMAR OCH BESVÄR	11
VÅRDUTNYTTJANDE	12
HÄLSOBETEENDEN	14
ATT KLARA SIN VARDAG	15
EKONOMISKA RESURSER	20
LOKALSAMHÄLLET OCH SOCIALT STÖD	21
AKTIVITETER, FRITID OCH POLITISKT DELTAGANDE	22
BEDÖMNINGAR	24
AVSLUTANDE FRÅGOR	25

BAKGRUNDSFRÅGOR

- 1 Man
- 2 Kvinna

Födelseår 19xx

SYSSELSÄTTNING

1. Vad har Du haft för huvudsakligt yrke eller sysselsättning under Din yrkesverksamma tid? Vad var det för befattning?

.....

1.1 Var Du egen företagare eller jordbrukare?

- 1 Egen företagare
- 2 Jordbrukare
- 3 Ingen av dessa → gå till fråga 2

Om egen företagare eller jordbrukare.

1.1.1 Hur många anställda hade Du?

- 1 Utan anställda
- 2 1-9 anställda
- 3 10-19 anställda
- 4 20 eller fler anställda

Om jordbrukare.

1.1.2 Hur stort jordbruk?

- 1 Småbruk = Mindre än 10 ha åker och inte mer än 100 ha skog
- 2 Vanligt jordbruk = Minst 10 ha åker eller mer än 100 ha skog
- 3 Storjordbruk = Minst 100 ha åker eller mer än 400 ha skog

FAMILJ

2. Anteckna hur Du normalt bor

- 1 bor i vanligt hus (villa, rad- eller kedjehus, lägenhet)
 - 2 bor i seniorboende, 55+, trygghetsboende etc. (ej biståndsbeslut)
 - 3 bor i servicehus/särskilt boende (med biståndsbeslut, t ex: servicelägenhet, ålderdomshem, sjukhem, gruppboende, vård- och omsorgsboende)
-

3. Bor Du ensam?

- 1 Ja → gå till fråga 4
- 2 Nej

Om nej.

3.1 Hur många andra personer bor Du med?

Samtliga personer som faktiskt bor i bostaden skall tas med. Du ska inte räkna med Dig själv.

Antal personer

3.1.1 Vem eller vilka andra personer bor Du tillsammans med?

Flera svar kan anges.

- 1 Maka/make/sammanboende
 - 2 Barn/svärdotter/svärson
 - 3 Syskon
 - 4 Annan
-

4. Vilket är Ditt nuvarande civilstånd? Är Du...

- 1 Ogift → gå till fråga 7
- 2 Gift/sammanboende → gå till fråga 6
- 3 Frånskild/tidigare sammanboende
- 4 Änka/änkling

5. Vilket år blev Du änka/änkling/frånskild?

Om änka/änkling/frånskild flera gånger, ange för det senaste datumet.

--	--

Årtal

6. Vad har/hade Din make/maka/sammanboende för huvudsakligt yrke eller sysselsättning under sin yrkesverksamma tid? Vad var det för befattning?

6.1 Var han/hon egen företagare eller jordbrukare.

- 1 Egen företagare
- 2 Jordbrukare
- 3 Ingen av dessa → gå till fråga 7

Om egen företagare eller jordbrukare.

6.1.1 Hur många anställda hade han/hon?

- 1 Utan anställda
- 2 1-9 anställda
- 3 10-19 anställda
- 4 20 eller fler anställda

Om jordbrukare.

6.1.2 Hur stort jordbruk?

- 1 Småbruk = Mindre än 10 ha åker och inte mer än 100 ha skog
- 2 Vanligt jordbruk = Minst 10 ha åker eller mer än 100 ha skog
- 3 Storjordbruk = Minst 100 ha åker eller mer än 400 ha skog

BARN

7. Har Du eller har Du haft några barn?

Här ska Du även räkna med adoptiv- och styvbarn samt avlidna barn.

Även fosterbarn tas med om Du jämför dem med egna barn.

- 1 Ja
- 2 Nej → gå till fråga 8

Om ja.

7.1 Hur många barn som lever nu är det sammanlagt?

Antal barn

7.2 Hur ofta brukar Du träffa och vara tillsammans med detta eller dessa barn? Är det...

- 1 Dagligen
- 2 Flera gånger i veckan
- 3 Någon gång i veckan
- 4 Någon gång i månaden
- 5 Någon gång i kvartalet
- 6 Mer sällan eller aldrig

7.3 Hur ofta brukar Du ha kontakt per telefon, e-post, SMS, chatta eller annan liknande kontakt med detta/dessa barn?

- 1 Dagligen
- 2 Flera gånger i veckan
- 3 Någon gång i veckan
- 4 Någon gång i månaden
- 5 Någon gång i kvartalet
- 6 Mer sällan eller aldrig

8. Har Du barnbarn och/eller barnbarns barn?

- 1 Ja
- 2 Nej → gå till fråga 9

8.1 Hur ofta brukar Du träffa och vara tillsammans med detta eller dessa barnbarn? Är det...

- 1 Dagligen
- 2 Flera gånger i veckan
- 3 Någon gång i veckan
- 4 Någon gång i månaden
- 5 Någon gång i kvartalet
- 6 Mer sällan eller aldrig

8.2 Hur ofta brukar Du ha kontakt per telefon, e-post, SMS, chatta eller annan liknande kontakt med detta/dessa barnbarn?

- 1 Dagligen
- 2 Flera gånger i veckan
- 3 Någon gång i veckan
- 4 Någon gång i månaden
- 5 Någon gång i kvartalet
- 6 Mer sällan eller aldrig

HÄLSA

9. Hur bedömer Du Ditt allmänna hälsotillstånd? Är det gott, dåligt eller något däremellan?

Frågan avser att ge ett sammanfattande mått på hur Du bedömer Ditt hälsotillstånd. Det är en övergripande bedömning, inga detaljer.

- 1 Gott
 - 2 Dåligt
 - 3 Något däremellan
-

10. Kan Du stå utan stöd?

- 1 Ja
 - 2 Nej, men kan sitta
 - 3 Nej, är sängbunden eller motsvarande → gå till fråga 19
-

11. Kan Du resa Dig från en (köks)stol utan att använda armarna till hjälp?

- 1 Ja
 - 2 Nej
-

12. Har Du problem med balansen inomhus?

- 1 Nej
 - 2 Ja, lätta besvär
 - 3 Ja, svåra besvär
-

13. Behöver Du hjälp av någon annan person när Du tar Dig fram inomhus?

Oavsett om Du använder Dig av hjälpmedel eller inte.

- 1 Ja, alltid
- 2 Ja, ibland
- 3 Nej, klarar mig själv

14. Kan Du ta Dig fram utomhus?

- 1 Ja, helt själv
- 2 Ja, med hjälpmedel eller annan person
- 3 Nej

Om ja, med hjälpmedel eller annan person.

14.1 Vilken typ av hjälpmedel?

Flera svar kan anges.

- 1 Käpp(ar), bock(ar), krycka/kryckor
 - 2 Rollator
 - 3 Rullstol
 - 4 Annan person
-

Nedan följer några frågor om Din rörlighet. Frågorna avser mer stadigvarande förhållanden och inte tillfälliga besvär.

- | | Ja | Nej |
|---|----------------------------|--|
| 15. Kan Du promenera 100 meter någorlunda raskt utan besvär? | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> → om nej gå till fråga 18 |
| 16. Kan Du promenera 500 meter någorlunda raskt utan besvär? | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> |
| 17. Kan Du springa 100 meter utan större besvär? | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> |
| 18. Kan Du gå uppför och nedför trappor utan besvär? | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> |
-

19. Har Du ramlat någon gång under de senaste 12 månaderna?

- 1 Ja, en gång
- 2 Ja, mer än en gång
- 3 Nej

Om ja.

19.1 Blev Du inlagd på sjukhus till följd av något av fallen?

- 1 Ja, en gång
- 2 Ja, mer än en gång
- 3 Nej

20. Kan Du utan svårighet höra vad som sägs i ett samtal mellan flera personer med eller utan hörapparat?

- 1 Ja, utan hörapparat
 - 2 Ja, med hörapparat
 - 3 Nej
-

21. Kan Du utan svårigheter läsa en dagstidning?

- 1 Ja, utan glasögon
 - 2 Ja, med glasögon
 - 3 Nej, har vissa svårigheter
 - 4 Nej, inte alls
-

22. Hur lång är Du? (cm)

23. Hur mycket väger Du? (kg)

Nedan följer några frågor hur Du har känt dig under den senaste veckan.

- | | Ja | Nej |
|--|----------------------------|----------------------------|
| 24. Är Du i grund och botten nöjd med Ditt liv? | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> |
| 25. Tycker Du att Ditt liv känns tomt? | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> |
| 26. Är Du rädd att något skall hända Dig? | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> |
| 27. Känner Du Dig oftast glad och nöjd? | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> |

SJUKDOMAR OCH BESVÄR

28. Har Du under de senaste 12 månaderna haft någon av följande sjukdomar eller besvär? Om ja, anteckna om besvären var är lätta eller svåra.

	Nej	Ja, lätta	Ja, svåra
a) Smärtor eller värk i bröstet	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
b) Hjärtsvaghet	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
c) Arytmi/hjärtrytmrubbningar	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
d) Högt blodtryck	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
e) Värk/smärta i skuldror eller axlar	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
f) Ryggsmärta, ryggvärk, höftsmärtor, ischias	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
g) Värk/smärta i händer eller armbågar	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
h) Värk/smärta i ben eller knän	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
i) Allmän trötthet	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
j) Sömnbesvär	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
k) Nervösa besvär (ängslan, oro, ångest)	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
l) Depression, djup nedstämdhet	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
m) Psykisk sjukdom	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
n) Yrsel	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
o) Avmagring	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
p) Sockersjuka, diabetes	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
q) Urinvägsinfektion	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
r) Prostatabesvär	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
s) Propp i hjärtat, hjärtinfarkt	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
t) Hjärnblödning, stroke	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
u) Elakartad tumör, cancer, kräfta	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>

- | | Ja | Nej |
|--|----------------------------|----------------------------|
| 29. Har Du någonsin haft cancer? | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> |
| 30. Har Du någonsin haft hjärnblödning, stroke? | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> |
| 31. Har Du någonsin haft propp i hjärtat, hjärtinfarkt? | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> |
-

32. Många äldre har problem med att kontrollera urinen. Har Du besvär med urinläckage?

- 1 Ja, oftast/alltid
 - 2 Ja, ibland
 - 3 Nej, aldrig
-

VÅRDUTNYTTJANDE

Till alla som bor i vanligt hus (villa, rad- eller kedjehus, lägenhet) eller i seniorboende, 55+, trygghetsboende etc. (ej biståndsbeslut)

33. Har Du någon gång under de senaste 12 månaderna varit tillfälligt inlagd vid någon form av korttidsboende, till exempel växelvård, rehabilitering eller avlösning?

- 1 Ja, en gång
- 2 Ja, 2-3 gånger
- 3 Ja, 4 eller fler gånger
- 4 Nej

34. Har Du någon gång under de senaste 12 månaderna sökt läkare för egna sjukdomar eller besvär? Exempelvis vårdcentral, (när)akuten.

- 1 Ja, en gång
- 2 Ja, 2-3 gånger
- 3 Ja, 4 eller fler gånger
- 4 Nej

35. Har Du någon gång under de senaste 12 månaderna talat med, besökt eller besökts av sjuksköterska, distriktssköterka, eller dylikt?

Besöket ska ha avsett egna besvär.

- 1 Ja, en gång
 - 2 Ja, 2-3 gånger
 - 3 Ja, 4 eller fler gånger
 - 4 Nej
-

36. Har Du besökt tandläkare under de senaste 12 månaderna?

Besöket ska ha avsett egna besvär.

- 1 Ja
 - 2 Nej
-

37. Har Du under de senaste 12 månaderna avstått från att besöka tandläkare trots att Du haft behov av detta?

- 1 Ja
- 2 Nej → gå till fråga 38

Om ja.

37.1 Varför avstod Du från att söka tandläkare?

- 1 Svårigheter att betala patientavgiften
- 2 Svårigheter att ta sig till tandläkaren
- 3 Kan inte sitta/sätta sig i behandlingsstolen
- 4 Tandläkarskräck/brist på förtroende för tandläkare
- 5 För trött, orkar inte
- 6 Annan orsak, nämligen

38. Vilken av följande beskrivningar stämmer bäst på Dina tänder?

- 1 Inga tänder eller bara tandrester
- 2 Helprotes (lösgom) eller delprotes
- 3 Egna tänder i dåligt skick: många saknas etc.
- 4 Egna tänder: många lagningar eller fasta bryggor eller implantat
- 5 Egna tänder i gott skick: inga eller få lagningar

39. Kan Du tugga hårda saker som hårt bröd eller äpplen?

- 1 Ja, utan svårighet
 - 2 Ja, men måste vara försiktig
 - 3 Nej, inte alls
-

HÄLSOBETEENDEN

40. Röker Du?

- 1 Ja, men mindre än 10 cigaretter per dag
 - 2 Ja, 10 cigaretter eller fler per dag
 - 3 Har slutat
 - 4 Nej, har aldrig rökt
-

41. Hur ofta brukar Du dricka vin, starköl eller sprit?

- 1 Nästan varje dag (minst 5 dagar/vecka)
- 2 Några gånger per vecka (3-4 gånger/vecka)
- 3 Någon gång per vecka (1-2 gånger/vecka)
- 4 2-3 gånger per månad
- 5 En gång per månad
- 6 Mer sällan än en gång per månad
- 7 Aldrig → gå till fråga 43

41.1 Hur många glas dricker Du en typisk dag då Du dricker alkohol?

Med ett glas menas en starköl, ett glas vin, 4 cl sprit eller motsvarande.

..... Antal glas

42. Hur ofta dricker Du 5 glas eller fler vid samma tillfälle?

- 1 Nästan varje dag (minst 5 dagar/vecka)
 - 2 Några gånger per vecka (3-4 gånger/vecka)
 - 3 Någon gång per vecka (1-2 gånger/vecka)
 - 4 2-3 gånger per månad
 - 5 En gång per månad
 - 6 Mer sällan än en gång per månad
 - 7 Aldrig
-

ATT KLARA SIN VARDAG

Nedan följer ett antal frågor om vardagliga hushållssysslor och personlig omvårdnad.

Till alla som bor i vanligt hus (villa, rad- eller kedjehus, lägenhet) eller i seniorboende, 55+, trygghetsboende etc. (ej biståndsbeslut)

43. Brukar Du köpa mat själv?

- 1 Ja, helt själv → gå till fråga 44
- 2 Ja, med hjälp
- 3 Nej, inte alls

43.1 Skulle Du kunna klara matinköp själv?

- 1 Ja
- 2 Nej

Till alla som bor i vanligt hus (villa, rad- eller kedjehus, lägenhet) eller i seniorboende, 55+, trygghetsboende etc. (ej biståndsbeslut)

44. Brukar Du laga mat själv?

- 1 Ja, helt själv → gå till fråga 45
- 2 Ja, med hjälp
- 3 Nej, inte alls

44.1 Skulle Du kunna klara av matlagningen själv?

- 1 Ja
- 2 Nej

Till alla som bor i vanligt hus (villa, rad- eller kedjehus, lägenhet) eller i seniorboende, 55+, trygghetsboende etc. (ej biståndsbeslut)

45. Brukar Du sköta städningen själv?

- 1 Ja, helt själv → gå till fråga 46
- 2 Ja, med hjälp
- 3 Nej, inte alls

Om nej eller svar ja, med hjälp.

45.1 Vem brukar hjälpa Dig med städningen?

Flera svar kan anges.

- 1 Maka/make/sammanboende
- 2 Dotter
- 3 Son
- 4 Annan kvinnlig släkting
- 5 Annan manlig släkting
- 6 Annan person
- 7 Hemtjänsten
- 8 Privat köpt hjälp (Även "plustjänster" från hemtjänst)
- 9 Frivillig organisation (Röda korset, Kyrkan etc.)

45.2 Skulle Du kunna sköta städningen själv?

- 1 Ja
- 2 Nej

”Helt själv” i följande frågor innebär att Du kan utföra nedanstående utan hjälp och tillsyn av annan person. Hjälpmedel får användas.

	Ja, helt själv	Ja, med hjälp	Nej
46. Kan Du äta själv?	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
47. Kan Du gå på toaletten själv?	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
48. Kan du bada/duscha själv?	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
49. Kan Du tvätta håret/huvudet själv?	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
50. Kan Du klä av och på Dig själv?	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
51. Kan Du stiga upp och lägga Dig själv?	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>

Till alla som bor i vanligt hus (villa, rad- eller kedjehus, lägenhet) eller i seniorboende, 55+, trygghetsboende etc. (ej biståndsbeslut)

52. Har Du eller någon annan i Ditt hushåll under de senaste 12 månaderna fått någon hjälp med hushållssysslor eller personlig omvårdnad från hemtjänsten?

Färdtjänst eller larm ska inte räknas in. Flera svar kan anges.

- 1 Ja, jag själv
- 2 Ja, maka/make/sammanboende
- 3 Ja, någon annan i hushållet
- 4 Nej → gå till fråga 54

Till alla som bor i vanligt hus (villa, rad- eller kedjehus, lägenhet) eller i seniorboende, 55+, trygghetsboende etc. (ej biståndsbeslut)

53. Hur ofta får Du/Ni hjälp från hemtjänsten?

- 1 Dagligen
- 2 Flera gånger i veckan
- 3 En gång i veckan
- 4 Någon eller några gånger i månaden
- 5 Mer sällan

Till alla som bor i vanligt hus (villa, rad- eller kedjehus, lägenhet) eller i seniorboende, 55+, trygghetsboende etc. (ej biståndsbeslut)

54. Har Du under de senaste 12 månaderna köpt någon hjälp med hushållssysslor, såsom städning, tvätt och/eller hemkörning av varor?

Med köpt hjälp avses hjälp som man betalar för ur egen ficka och som inte avser t.ex. hemtjänstinsatser som administreras genom kommunen.

- 1 Ja, dagligen eller flera gånger i veckan
 - 2 Ja, en gång i veckan
 - 3 Ja, någon eller några gånger i månaden
 - 4 Ja, mer sällan
 - 5 Nej, aldrig
-

Till alla som bor i vanligt hus (villa, rad- eller kedjehus, lägenhet) eller i seniorboende, 55+, trygghetsboende etc. (ej biståndsbeslut)

55. Brukar Du få hjälp med hushållssysslor från anhöriga eller vänner?

- 1 Ja, dagligen eller flera gånger i veckan
- 2 Ja, en gång i veckan
- 3 Ja, någon eller några gånger i månaden
- 4 Ja, mer sällan
- 5 Nej, aldrig → gå till fråga 56

Om ja.

55.1 Vem eller vilka är det som brukar hjälpa Dig?

Flera svar kan anges

- 1 Maka/make/samboende
- 2 Dotter
- 3 Son
- 4 Annan kvinnlig släkting
- 5 Annan manlig släkting
- 6 Annan person

56. Brukar Du få hjälp med personlig omvårdnad från anhöriga eller vänner?

- 1 Ja, dagligen eller flera gånger i veckan
- 2 Ja, en gång i veckan
- 3 Ja, någon eller några gånger i månaden
- 4 Ja, mer sällan
- 5 Nej, aldrig → gå till fråga 57

Om ja.

56.1 Vem eller vilka är det som brukar hjälpa Dig?

Flera svar kan anges

- 1 Maka/make/samboende
 - 2 Dotter
 - 3 Son
 - 4 Annan kvinnlig släkting
 - 5 Annan manlig släkting
 - 6 Annan person
-

57. Hjälper Du regelbundet Din maka/make/sammanboende med personlig omvårdnad såsom bad, påklädning, sänggående eller tillsyn?

- 1 Ja
 - 2 Nej
 - 3 Ej gift/sammanboende
-

58. Hjälper Du regelbundet någon äldre anhörig (som inte bor med Dig) med personlig omvårdnad, hushållssysslor eller tillsyn?

- 1 Ja, dagligen eller flera gånger i veckan
- 2 Ja, en gång i veckan
- 3 Ja, någon eller några gånger i månaden
- 4 Ja, mer sällan
- 5 Nej, aldrig

EKONOMISKA RESURSER

Till alla som bor i vanligt hus (villa, rad- eller kedjehus, lägenhet) eller i seniorboende, 55+, trygghetsboende etc. (ej biståndsbeslut)

59. Äger Du huset, eller innehar Du lägenheten med bostadsrätt eller hyr Du bostaden?

- 1 Äger huset (en- eller tvåfamiljshus)
 - 2 Bostadsrätt, andelslägenhet eller dylikt
 - 3 Hyr bostaden
-

60. Om Du plötsligt hamnade i en situation där Du på en vecka måste skaffa fram 15 000 kr, skulle Du kunna klara det?

- 1 Ja
- 2 Nej → gå till fråga 61

Om ja.

60.1 På vilket sätt?

Med ”Uttag från eget bankkonto eller liknande” menas även t.ex. försäljning av aktier, fondandelar eller motsvarande.

- 1 Uttag från eget bankkonto eller liknande
 - 2 Lån från annan familjemedlem
 - 3 Lån från andra släktingar eller vänner
 - 4 Lån i bank eller liknande
 - 5 Annat sätt
-

61. Har det under de senaste 12 månaderna hänt att Du haft svårigheter att klara de löpande utgifterna för mat, hyra, räkningar m.m.?

- 1 Ja
- 2 Nej → gå till fråga 62

Om ja.

61.1 Hur har Du klarat dessa svårigheter? Genom att...

Ja	Nej	
1 <input type="checkbox"/>	2 <input type="checkbox"/>	Låna från släkt eller vänner
1 <input type="checkbox"/>	2 <input type="checkbox"/>	Begära socialhjälp/socialbidrag
1 <input type="checkbox"/>	2 <input type="checkbox"/>	Dra in på maten
1 <input type="checkbox"/>	2 <input type="checkbox"/>	Låta bli att betala hyran i tid
1 <input type="checkbox"/>	2 <input type="checkbox"/>	Låta bli att betala andra räkningar i tid
1 <input type="checkbox"/>	2 <input type="checkbox"/>	Något annat sätt?

LOKALSAMHÄLLET OCH SOCIALT STÖD

62. Nedan följer några påståenden som rör Ditt närområde, det vill säga inom 20 minuters gångavstånd från din bostad. Svartalternativen är att det stämmer helt, ganska bra, ganska dåligt eller inte alls.

	Stämmer helt	Stämmer ganska bra	Stämmer ganska dåligt	Stämmer inte alls
a) De flesta personer i området går att lita på	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>
b) Många personer i området känner sig rädda för att gå ut på kvällen	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>
c) Jag känner mig hemma i detta område	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>
d) Vandalism och klotter är ett stort problem i området	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>

63. Ibland behöver man hjälp och stöd av någon. Har Du någon anhörig eller nära vän som ställer upp.....

Med anhörig menas också den närmaste familjen som exempelvis maka/make.

	Ja	Nej
a) om Du blir sjuk?	1 <input type="checkbox"/>	2 <input type="checkbox"/>
b) om Du vill ha sällskap?	1 <input type="checkbox"/>	2 <input type="checkbox"/>
c) om Du behöver prata med någon om personliga bekymmer?	1 <input type="checkbox"/>	2 <input type="checkbox"/>
d) om Du behöver ett lån på 15 000 kr?	1 <input type="checkbox"/>	2 <input type="checkbox"/>
e) om Du behöver välja, byta eller framföra klagomål på äldreomsorgen?	1 <input type="checkbox"/>	2 <input type="checkbox"/>

AKTIVITETER, FRITID OCH POLITISKT DELTAGANDE

64. Brukar Du göra något av följande? Om ja, ange någon gång eller ofta.

	Nej	Ja, någon gång	Ja, ofta
a) Gå på bio, teater, konserter, museer, utställningar	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
b) Gå på restaurang	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
c) Åka på resor	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
d) Hjälpa andra familjemedlemmar med att passa barn eller andra småtjänster	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
e) Besöka släktingar	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
f) Ha släktingar på besök	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
g) Umgås med släktingar utanför hemmet	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
h) Besöka vänner och bekanta	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
i) Ha vänner och bekanta på besök	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
j) Umgås med vänner och bekanta utanför hemmet	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>

65. Utövar Du någon motions-, friluftsför- eller idrottsaktivitet, t ex långpromenader? Om ja, hur ofta?

- 1 Ja, flera gånger/vecka
 - 2 Ja, ca en gång/vecka
 - 3 Ja, 1-3 gånger/månad
 - 4 Ja, men mer sällan
 - 5 Nej
-

66. Använder Du internet?

- 1 Ja
- 2 Nej → gå till fråga 67

Om ja.

66.1 Till vad?

Flera svar kan anges

- 1 Söka information
 - 2 Beställa varor eller tjänster
 - 3 Banktjänster eller dylikt
 - 4 Hålla kontakt med anhöriga och vänner via t ex mejl, skype, facebook
 - 5 Nöjen som t ex spel, se på film
-

67. Röstade Du i valet 2014?

Gäller riksdags-, landsting- och/eller kommunalvalen i Sverige hösten 2014.

- 1 Ja
 - 2 Nej
-

68. Skulle Du kunna åta Dig att själv författa en skrivelse och överklaga ett beslut av en myndighet? Här gäller det om Du på egen hand skulle kunna författa en skrivelse och lämna in till en myndighet.

- 1 Ja → gå till fråga 71
- 2 Nej

69. Känner Du någon person som Du vet att Du skulle kunna få hjälp av i ett sådant fall?

- 1 Ja
2 Nej
-

70. Vet Du vart man kan vända sig för att få hjälp i sådana situationer?

- 1 Ja
2 Nej
-

BEDÖMNINGAR

Nedan följer några frågor som handlar om hur Du ser på Dig själv och Ditt liv.

- | | Nej | Ja,
ibland | Ja,
oftast |
|--|----------------------------|----------------------------|----------------------------|
| 71. Brukar Du känna att Ditt dagliga liv är en källa till personlig tillfredsställelse? | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |
| 72. Brukar Du känna att Du själv kan styra Ditt liv? | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |
-

73. Händer det att Du besväras av ensamhet?

- 1 Nästan alltid
2 Ofta
3 Sällan
4 Nästan aldrig

74. På det hela taget, hur nöjd är Du med Ditt liv (idag) på en skala från noll till tio?

Noll betyder att Du känner Dig mycket missnöjd. Tio betyder att Du känner Dig mycket nöjd. Fem är i mitten av skalan och betyder att Du varken känner Dig nöjd eller missnöjd.

- 0 0 Mycket missnöjd
 - 1 1
 - 2 2
 - 3 3
 - 4 4
 - 5 5 Varken nöjd eller missnöjd
 - 6 6
 - 7 7
 - 8 8
 - 9 9
 - 10 10 Mycket nöjd
-

AVSLUTANDE FRÅGOR

Vem har besvarat frågorna i enkäten?

- 1 Jag själv → Tack för Din medverkan
- 2 Maka/make/sammanboende
- 3 Dotter
- 3 Son
- 4 Annan person, relation?

Om annan person har hjälpt till att svara på frågeformuläret

I vilken omfattning hjälpte Du till med att besvara frågorna?

- 1 Svarade helt på egen hand
- 2 Vid flertalet frågor
- 3 Vid några frågor
- 4 Som stöd i form av uppläsning, förtydligande av frågorna, höll i pennan

Har Du något ytterligare som Du vill framföra eller fråga om, är Du välkommen att skriva det här. Du kan också kontakta oss per telefon, brev eller e-post. Samtliga kontaktuppgifter hittar Du i det bifogade brevet.

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

TACK FÖR DIN MEDVERKAN!

