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Swedish Panel Study of Living Conditions of the Oldest Old

SWEOLD

CODE BOOK 2021

Foreword to the SWEOLD 2021 Codebook

THE SWEDISH PANEL STUDY OF LIVING CONDITIONS OF THE OLDEST OLD – SWEOLD - is a longitudinal survey based on the Swedish Level of Living Survey (LNU). The objective of SWEOLD is to continuously collect relevant, high-quality, and up-to-date data about older adults' living conditions and health. Additionally, by following up on individuals previously included in LNU, we aim to create a longitudinal dataset including the oldest old people in the population.

The first SWEOLD survey was conducted in 1992, followed by six subsequent waves (in 2002, 2004, 2011, 2014, and 2021/2022). This codebook describes the most recent data collection. More thorough descriptions of earlier survey waves are documented in three previous codebooks, available in English on the website www.sweold.se.

Sample Design

The SWEOLD sample was initially designed based on a pre-existing nationally representative sample of the adult population in Sweden—the Swedish Level of Living Survey (LNU). LNU is one of the longest-running longitudinal multidimensional surveys in the world. SWEOLD comprises all individuals who were previously part of the LNU sample but have surpassed LNU's upper age limit of 75 years and are still living in Sweden at the time of the SWEOLD survey. However, in the 2004 and 2014 surveys, the lower age limit was reduced to 70.

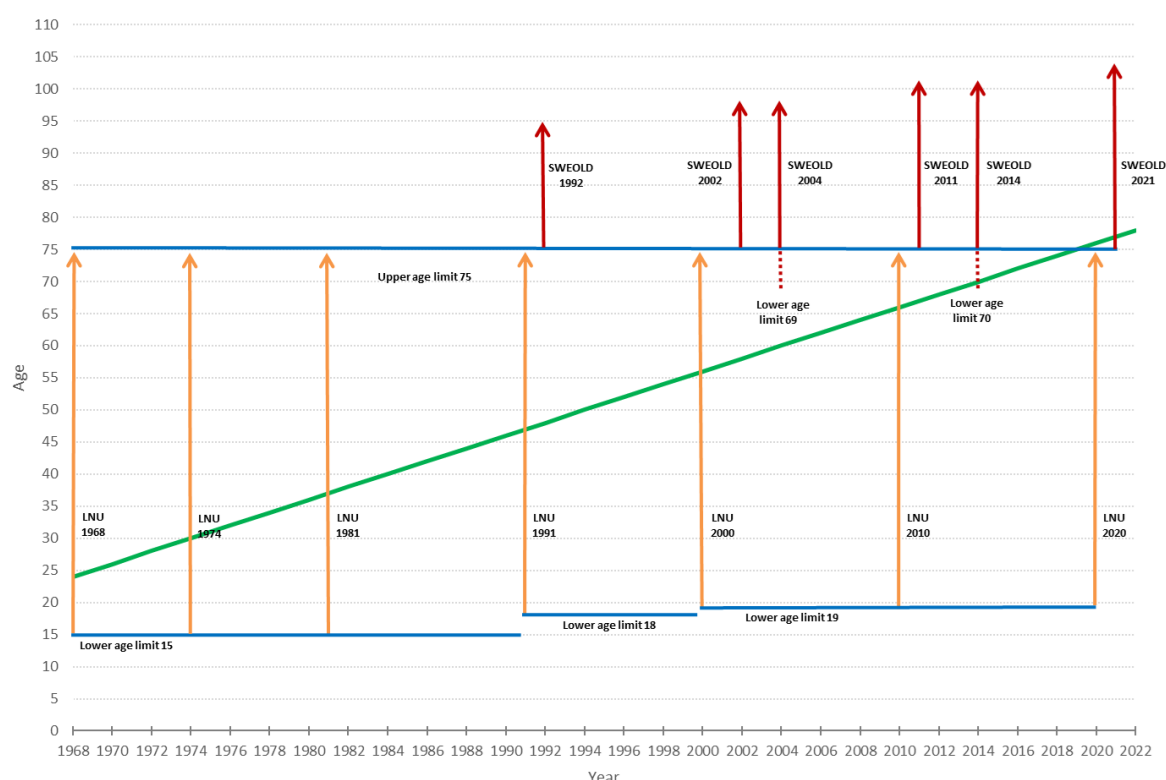
The first LNU survey was conducted in 1968. Together with the subsequent survey waves (1974, 1981, 1991, 2000, 2010, and 2020), LNU provides multidimensional, longitudinal data spanning over five decades. By combining the LNU and SWEOLD surveys, researchers have the opportunity to study living conditions over the life course, up until late life.

At every LNU survey wave, a random sample of young people and immigrants has been added to the original random sample. This was done to maintain representative samples of the Swedish population aged between 19 and 75, making the data suitable for cross-sectional analyses and generalisable to the total population. For more information on LNU, see www.sofi.su.se. The relationship between LNU and SWEOLD is illustrated in Figure 1.

Figure 1 (page iii) shows how the SWEOLD sample comprises individuals previously included in the LNU sample who have surpassed the LNU upper age limit. The orange vertical arrows indicate the year of each LNU survey, while the blue horizontal lines show the age limits in each LNU survey. The red vertical arrows represent the years of SWEOLD surveys. The green line illustrates the longitudinal design, showing that the youngest person interviewed in the 2021 wave of SWEOLD was 24 in the 1968 wave of LNU. Individuals aged 69 and older in 1968 were already too old to be included in the LNU sample in 1974. However, if they were still alive, they were included in the SWEOLD sample in 1992.

The sample design tends to make the SWEOLD samples small due to mortality. Therefore, in 2021 (and in 2011), the LNU-based sample was complemented by additional random samples of the Swedish population aged 85 and over (in 2011 aged 85–99), obtained through the Swedish identification number. These additional samples allow for more detailed analyses of smaller subgroups for those over 85 years of age. Since the probability of inclusion in the additional sample varied across sex and age-groups, SWEOLD includes weights to adjust for the differences in inclusion probabilities.

Figure 1. Sample design



As the additional samples were drawn separately by sex and age group, the weights were created by dividing the number of persons in the population by the number of persons in the sample for a combination of sex and age groups (77-84, 85-89, 90-94, and 95+). For women and men separately, the sampling weights were scaled down by dividing them by the highest weight, resulting in a variable with 1.0 as the maximum value for both women and men.

In 2021, two additional regional samples were added to the SWEOLD sample: a random sample of older people aged 85 and older living in Stockholm County and a random sample of people aged 77 years and older living in Dalarna County. These initiatives were developed in cooperation between researchers, regional policymakers, and local authorities. The two samples followed the same questionnaire as SWEOLD but also included a few additional questions specific to each county. The two samples can be used separately or together with the original sample if the regional sample weight variable is used. Frequency tables for the regional samples are shown in separate codebooks (more information at www.sweold.se).

Non-response

Today, most surveys (both cross-sectional and longitudinal) face declining response rates. If non-responders deviate from respondents, the survey's generalisability and representativeness are compromised. Therefore, the exit or non-participation behaviours of individuals in surveys can lead to bias in the data if they are non-random in relation to the characteristics of interest. For instance, if people with good health were more likely than non-healthy people to participate in the survey, the cross-sectional results would likely be biased. Similarly, if they remained in the survey between waves to a greater extent, longitudinal results based on the data may be biased to the extent that they no longer provide an accurate depiction of reality.

The impact of attrition and non-response bias between SWEOLD 2014 and 2021 surveys has been analysed in relation to several health-related indicators (for a more thorough description, see Ramos Serrano et al., 2023). The analyses showed indications of selective attrition between these waves; however, the effect seems to be limited. In particular, people with worse self-rated health, more depressive symptoms (GDS-4), and lower education were slightly more likely to drop out between the two waves.

Topics and Questions

The SWEOLD surveys cover items of special importance to older adults, including diseases and disorders, physical and cognitive health, functional ability (measured by subjective questions and objective tests), healthcare utilisation and social care, activities of daily living, health behaviours, family and social relations, financial conditions, political participation, leisure time activities, etc. New items in SWEOLD 2021 include a screening test for health literacy, questions on mobility patterns, and the UCL loneliness scale.

SWEOLD 2021 – A Chronological Account

The SWEOLD 2021 project began in 2019 with the preparation of ethical applications for the study. In the fall of 2019, preparations were started for the fieldwork, including designing the questionnaire for CAPI (Computer-assisted personal interviewing) and a postal questionnaire, as well as designing and printing an introduction letter and a brochure describing the SWEOLD study. In late 2019, the sample was drawn by Statistics Sweden. Interview training took place in March 2020 for the interviewers hired to conduct the interviews. However, the work with the survey was halted due to the COVID-19 pandemic outbreak. After realising that the pandemic would likely be long-lived, we changed the interview mode from in-person visit interviews to telephone interviews. The questionnaire was modified, shortened, and redesigned for CATI (Computer-assisted telephone interviewing).

The fieldwork resumed in June 2021, accompanied by an additional four-hour training course for the interviewers. These interviewers were employed by Ipsos Observer Sweden AB (Ipsos). Approximately ten professional interviewers and one team leader from Ipsos participated in special training sessions to acquaint them with the questionnaire and the study's background. The training was led by the SWEOLD project leadership team. At the beginning of 2021, information on the respondents' last known addresses was obtained from the Swedish Tax Authority using personal registration numbers. This allowed us to find addresses and information on the respondents' vital status for all individuals in the sample.

The fieldwork was subsequently conducted from June 2021 to May 2022. The SWEOLD project team was actively involved in sorting out day-to-day problems during the fieldwork and providing respondents or their relatives with more information about the study. The average interview length ranged between 58-68 minutes.

To mitigate the risk of non-response due to poor health or impaired cognition, we employed mixed interview methods. The primary mode of interview was direct telephone interviews with the respondents. Respondents who were unable or refused to participate were offered the option to have a close relative support them in the interview (mixed interview). Alternatively, they could choose to respond to a postal questionnaire. Indirect interviews were conducted if the participant was unable to answer questions through the methods described above. These indirect interviews were conducted with either close relatives or healthcare personnel. Dementia or frailty were among the most common reasons for indirect interviews.

Information from indirect interviews is included in this study to provide a comprehensive understanding of the living conditions of the oldest old adults in the population. Respondents interviewed directly in person, by telephone, or by postal questionnaire are referred to as direct interviews.

The response rate for the SWEOLD 2021 wave was 64%, which was lower than in previous interview waves. One common challenge encountered by the interview team during the latest wave was the difficulty in reaching participants by phone. To address this, we introduced the number from which the interviewer would call in the reminder letter. Ipsos also dedicated significant effort to finding the correct contact information for all people in the sample. In May 2022, the raw data file was delivered to the Institute for Social Research at Stockholm University and transferred to ARC. Subsequent tasks involved data cleaning, coding, and constructing new variables and indexes.

The resulting dataset is documented in this codebook, which includes frequencies, variable names, and value labels, along with details on variable construction. All variable names start with the letter P and are numbered from 1 to 380. The codebook provides frequencies and the number of valid cases for all included variables, and in some cases, it includes the minimum value, maximum value, mean, and standard deviation. Information about identically or comparably construed variables from the five previous SWEOLD surveys and six previous LNU surveys is also presented.

In each survey year, the variable names start with a unique letter. Variable names starting with the letter Q correspond to SWEOLD 1992; Z to SWEOLD 2002, S to SWEOLD 2004, C to SWEOLD 2011, and L to SWEOLD 2014. The variable names for LNU 1968 start with the letter W, LNU 1974 with V, LNU 1981 with U, LNU 1991 with Y, LNU 2000 with X, LNU 2010 with Z, and LNU 2020 with C.

The execution and maintenance of the SWEOLD study 2021 are financed by the National E-infrastructure on Aging Research NEAR with support from the Swedish Research Council (Vetenskapsrådet).

We would like to thank all our colleagues at Ipsos AB for their dedicated effort during the fieldwork, as well as to all the participants and their caregivers/relatives for their participation in the survey. We also extend our thanks to all our colleagues in the SWEOLD project group at ARC for their valuable inputs on the questionnaire.

Finally, we would like to give special thanks to Erika Augustsson, Naima Kayser Leeoza, Robin Ramos Serrano, Simon Helperin, Caroline Westerlund, and Xinru Liang for their contributions to organising the data, performing necessary corrections, coding social class, and making decisions about codes for different types of non-response. They have also devoted considerable effort to transforming the data into legible tables and working on the layout of the dataset and codebook.

Stockholm, March 2024

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General information about tables

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The variable number	Name of variable and a brief description of the variable	References to corresponding variables in earlier SWEOLD and LNU code books
P47	Spending time with (great) grandchildren How often do you meet and spend time with your grandchildren or great grandchildren?	L38, C39, S44, Z148, Q21

	LNU		All		All weighted
	N	%	N	%	%
1 Daily	10	2.1	13	1.8	1.9
2 Several times a week	27	5.6	33	4.7	5.5
3 A few times a week	78	16.2	102	14.4	16.4
4 A few times a month	172	35.7	235	33.2	35.8
5 A few times a quarter	103	21.4	156	22.1	20.9
6 Very seldom or never	92	19.1	168	23.8	19.5
Total	482	100.0	707	100.0	100.0
-6 No answer	4		6		
-5 Never had children	62		84		
-4 IP has no grandchildren	31		51		
Sum	579		848		

Example of system missing codes	One or several answers missing	Not applicable	Not applicable
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The variable values	The variable value labels	LNU (panel sample): Includes only the part of the sample that is comparable to earlier SWEOLD sample. The first column shows the frequencies, the second shows the valid percentages.	All (full sample): The columns are arranged in the same way as the preceding, but includes all.	All weighted: Valid percentages on the full weighted sample.
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The interview

P1	SWEID				L1		
	Minimum value, LNU sample	100012					
	Maximum value, LNU sample	112071					
	Minimum value, additional sample	2001					
	Maximum value, additional sample	2669					
P2	Sample Origin				L2, C2		
		N	%				
	Extra	269	31.7				
	Panel	579	68.3				
	Sum	848	100.0				
P3-P8	Interviewed in Level of Living Survey (LNU)				L3-L7.1, C19-C23, S19-S22, S24, Z23-26, Z28, iv68, iv74, iv81		
		N					
1	Interviewed 1968	523					
2	Interviewed 1974	515					
3	Interviewed 1981	524					
4	Interviewed 1991	501					
5	Interviewed 2000	495					
6	Interviewed 2010	382					
P9-P13	Interviewed in SWEOLD				L8-L11, C24-C26, S23, S25, Z27		
		N					
1	Interviewed 1992	0					
2	Interviewed 2002	7					
3	Interviewed 2004	126					
4	Interviewed 2011	111					
5	Interviewed 2014	552					
P14	Never been interviewed previously				L12, cf. C27, cf. S26		
		LNU		All		All weighted	
		N	%	N	%	%	
0	Never previously interviewed	2	0.3	271	32	7.7	
1	Interviewed at least once	577	99.7	577	68	92.3	
	Sum	579	100.0	848	100.0	100.0	

P15	Date when interview started	cf. L14, cf. C4, cf. S3, cf. Z3, cf. INTDATE																																																																			
	First interview	2021-06-24																																																																			
	Last interview	2022-09-20																																																																			
P16	Date when interview ended	cf. L14, cf. C4, cf. S3, cf. Z3, cf. INTDATE																																																																			
	First interview	2021-06-24																																																																			
	Last interview	2022-09-20																																																																			
P17	Telephone interview or questionnaire	L16, S17																																																																			
		<table> <tr> <th colspan="2">LNU</th><th colspan="2">All</th><th>All weighted</th></tr> <tr> <th>N</th><th>%</th><th>N</th><th>%</th><th>%</th></tr> <tr> <td>1 Questionnaire</td><td>19 3.3</td><td>40 4.7</td><td></td><td>3.3</td></tr> <tr> <td>2 Both questionnaire and telephone</td><td>12 2.1</td><td>23 2.7</td><td></td><td>2.4</td></tr> <tr> <td>3 Telephone</td><td>548 94.6</td><td>785 92.6</td><td></td><td>94.3</td></tr> <tr> <td>Sum</td><td>579 100.0</td><td>848 100.0</td><td></td><td>100.0</td></tr> </table>			LNU		All		All weighted	N	%	N	%	%	1 Questionnaire	19 3.3	40 4.7		3.3	2 Both questionnaire and telephone	12 2.1	23 2.7		2.4	3 Telephone	548 94.6	785 92.6		94.3	Sum	579 100.0	848 100.0		100.0																																			
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Sum	579 100.0	848 100.0		100.0																																																																	
P18	Direct, indirect or mixed interview	L17, C6, S14, Z17, indint, X11, Y8, U8, V719																																																																			
		<table> <tr> <th colspan="2">LNU</th><th colspan="2">All</th><th>All weighted</th></tr> <tr> <th>N</th><th>%</th><th>N</th><th>%</th><th>%</th></tr> <tr> <td>1 Direct interview</td><td>506 87.4</td><td>631 74.4</td><td></td><td>86.6</td></tr> <tr> <td>2 Indirect interview</td><td>67 11.6</td><td>203 23.9</td><td></td><td>12.2</td></tr> <tr> <td>3 Mixed interview</td><td>6 1.0</td><td>14 1.7</td><td></td><td>1.2</td></tr> <tr> <td>Sum</td><td>579 100.0</td><td>848 100.0</td><td></td><td>100.0</td></tr> </table>			LNU		All		All weighted	N	%	N	%	%	1 Direct interview	506 87.4	631 74.4		86.6	2 Indirect interview	67 11.6	203 23.9		12.2	3 Mixed interview	6 1.0	14 1.7		1.2	Sum	579 100.0	848 100.0		100.0																																			
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Sum	579 100.0	848 100.0		100.0																																																																	
P19	Person interviewed in case of indirect or mixed interview	L18, C7, S15, Z18																																																																			
		<table> <tr> <th colspan="2">LNU</th><th colspan="2">All</th><th>All weighted</th></tr> <tr> <th>N</th><th>%</th><th>N</th><th>%</th><th>%</th></tr> <tr> <td>1 Spouse or equivalent</td><td>31 42.5</td><td>46 21.2</td><td></td><td>39.5</td></tr> <tr> <td>2 Daughter</td><td>20 27.4</td><td>84 38.7</td><td></td><td>30.4</td></tr> <tr> <td>3 Son</td><td>10 13.7</td><td>52 24.0</td><td></td><td>13.6</td></tr> <tr> <td>4 Other relative</td><td>4 5.5</td><td>18 8.3</td><td></td><td>6.0</td></tr> <tr> <td>5 Neighbour/Good friend</td><td>2 2.7</td><td>4 1.8</td><td></td><td>1.3</td></tr> <tr> <td>6 Cohabiting partners</td><td>0 0.0</td><td>0 0.0</td><td></td><td>0.0</td></tr> <tr> <td>7 Staff (home care/institution)</td><td>0 0.0</td><td>4 1.8</td><td></td><td>1.0</td></tr> <tr> <td>8 Other^a</td><td>6 8.2</td><td>9 4.1</td><td></td><td>8.2</td></tr> <tr> <td>Total</td><td>73 100.0</td><td>217 100.0</td><td></td><td>100.0</td></tr> <tr> <td>-5 Direct interview</td><td>506</td><td>631</td><td></td><td></td></tr> <tr> <td>Sum</td><td>579</td><td>848</td><td></td><td></td></tr> </table>			LNU		All		All weighted	N	%	N	%	%	1 Spouse or equivalent	31 42.5	46 21.2		39.5	2 Daughter	20 27.4	84 38.7		30.4	3 Son	10 13.7	52 24.0		13.6	4 Other relative	4 5.5	18 8.3		6.0	5 Neighbour/Good friend	2 2.7	4 1.8		1.3	6 Cohabiting partners	0 0.0	0 0.0		0.0	7 Staff (home care/institution)	0 0.0	4 1.8		1.0	8 Other ^a	6 8.2	9 4.1		8.2	Total	73 100.0	217 100.0		100.0	-5 Direct interview	506	631			Sum	579	848		
LNU		All		All weighted																																																																	
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-5 Direct interview	506	631																																																																			
Sum	579	848																																																																			

^{a)} E.g. legal guardian (God man), acquaintances.

Reason for indirect or mixed interview

P20 Dementia cf. L19, cf. C8,
cf. S16, cf. Z19

	LNU		All		All weighted
	N	%	N	%	%
0 No	46	63.0	141	65.0	63.0
1 Yes	27	37.0	76	35.0	37.0
Total	73	100.0	217	100.0	100.0
-5 Direct interview	506		631		

P21 Confused of forgetful (no dementia) cf. L19, cf. C8,
cf. S16, cf. Z19

	LNU		All		All weighted
	N	%	N	%	%
0 No	56	76.7	161	74.2	78.5
1 Yes	17	23.3	56	25.8	21.5
Total	73	100.0	217	100.0	100.0
-5 Direct interview	506		631		

P22 Very weak/anxious/worried cf. L19, cf. C8,
cf. S16, cf. Z19

	LNU		All		All weighted
	N	%	N	%	%
0 No	53	72.6	164	75.6	74.9
1 Yes	20	27.4	53	24.4	25.1
Total	73	100.0	217	100.0	100.0
-5 Direct interview	506		631		

P23 Needs Support cf. L19, cf. C8,
cf. S16, cf. Z19

	LNU		All		All weighted
	N	%	N	%	%
0 No	66	90.4	203	93.5	90.1
1 Yes	7	9.6	14	6.5	9.9
Total	73	100.0	217	100.0	100.0
-5 Direct interview	506		631		

P24 Hearing impairment cf. L19, cf. C8,
cf. S16, cf. Z19

	LNU		All		All weighted
	N	%	N	%	%
0 No	50	68.5	120	55.3	66.8
1 Yes	23	31.5	97	44.7	33.2
Total	73	100.0	217	100.0	100.0
-5 Direct interview	506		631		

P25	Needs interpreter	cf. L19, cf. C8, cf. S16, cf. Z19
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	LNU		All		All weighted
	N	%	N	%	%
0 No	70	95.9	212	97.7	96.1
1 Yes	3	4.1	5	2.3	3.9
Total	73	100.0	217	100.0	100.0
-5 Direct interview	506		631		

P26	Other reason	cf. L19, cf. C8, cf. S16, cf. Z19
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	LNU		All		All weighted
	N	%	N	%	%
0 No	67	91.8	195	89.9	90.5
1 Yes	6	8.2	22	10.1	9.5
Total	73	100.0	217	100.0	100.0
-5 Direct interview	506		631		

The respondent

P27

Sex

L20, C11, S9, Z9, sex, X8, Y10, U10, V718, W2

		LNU		All		All weighted	
		N	%	N	%		
1	Man	249	43.0	403	47.5	43.4	
2	Woman	330	57.0	445	52.5	56.6	
	Sum	579	100.0	848	100.0	100.0	

P28

Year of birth

L21, C12, S10, Z10, birthy, X9, Y11, U11, V815, W533

		LNU		All		All weighted	
	Minimum value	1921		1913		1913	
	Maximum value	1944		1944		1944	
	Mean	1938		1934		1938	
	Std. Deviation	4.8		8.1		4.7	
	Valid	579		848		848	

	LNU		All		All weighted
	N	%	N	%	%
1913	0	0.0	1	0.1	0.0
1914	0	0.0	3	0.4	0.0
1915	0	0.0	2	0.2	0.0
1916	0	0.0	5	0.6	0.0
1917	0	0.0	6	0.7	0.0
1918	0	0.0	16	1.9	0.0
1919	0	0.0	15	1.8	0.0
1920	0	0.0	35	4.1	0.1
1921	1	0.2	4	0.5	0.0
1922	0	0.0	8	0.9	0.1
1923	2	0.3	19	2.2	0.3
1924	2	0.3	26	3.1	0.4
1925	4	0.7	49	5.8	0.6
1926	2	0.3	7	0.8	0.4
1927	7	1.2	14	1.7	0.8
1928	6	1.0	18	2.1	1.0
1929	13	2.2	29	3.4	1.7
1930	13	2.2	35	4.1	2.1
1931	13	2.2	17	2.0	2.1
1932	22	3.8	24	2.8	3.1
1933	17	2.9	22	2.6	2.7
1934	18	3.1	28	3.3	3.3
1935	18	3.1	24	2.8	2.8
1936	32	5.5	32	3.8	5.7
1937	42	7.3	42	5.0	7.5
1938	48	8.3	48	5.7	8.5
1939	48	8.3	48	5.7	8.5
1940	41	7.1	41	4.8	7.3
1941	46	7.9	46	5.4	8.2
1942	66	11.4	66	7.8	11.8
1943	56	9.7	56	6.6	10.0
1944	62	10.7	62	7.3	11.0
Sum	579	100.0	848	100.0	100.0

P29	Age at year of interview	L22, C13, S11, Z12, age		
	LNU	All	All weighted	
Minimum value	100	109	109	
Maximum value	77	77	77	
Mean	83	88	83	
Std. Deviation	4.8	8.1	4.7	
Valid	579	848	848	

	LNU		All		All weighted
	N	%	N	%	%
77	35	6.0	35	4.1	6.2
78	63	10.9	63	7.4	11.2
79	53	9.2	53	6.2	9.4
80	60	10.4	60	7.1	10.7
81	45	7.8	45	5.3	8.0
82	46	7.9	46	5.4	8.2
83	46	7.9	46	5.4	8.2
84	43	7.4	43	5.1	7.7
85	39	6.7	39	4.6	6.9
86	25	4.3	30	3.5	4.1
87	19	3.3	27	3.2	3.2
88	13	2.2	18	2.1	2.1
89	18	3.1	22	2.6	2.7
90	21	3.6	25	2.9	3.2
91	11	1.9	21	2.5	1.5
92	13	2.2	37	4.4	2.3
93	8	1.4	21	2.5	1.2
94	6	1.0	15	1.8	0.8
95	4	0.7	10	1.2	0.6
96	6	1.0	31	3.7	0.5
97	1	0.2	34	4.0	0.4
98	2	0.3	23	2.7	0.3
99	1	0.2	13	1.5	0.1
100	1	0.2	7	0.8	0.1
101	0	0.0	13	1.5	0.0
102	0	0.0	29	3.4	0.1
103	0	0.0	15	1.8	0.0
104	0	0.0	14	1.7	0.0
105	0	0.0	3	0.4	0.0
106	0	0.0	6	0.7	0.0
107	0	0.0	1	0.1	0.0
108	0	0.0	2	0.2	0.0
109	0	0.0	1	0.1	0.0
Sum	579	100.0	848	100.0	100.0

P30	Age groups	cf. L23, C14, cf. S12, Z14, ageg
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	LNU		All		All weighted
	N	%	N	%	%
1 77-79	151	26.1	151	17.8	26.9
2 80-84	240	41.5	240	28.3	42.7
3 85+	188	32.5	457	53.9	30.4
Sum	579	100.0	848	100.0	100.0

P31	The respondent's normal living situation	L24, C15, S18, cf. Z21, cf. reside
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	LNU		All		All weighted
	N	%	N	%	%
1 IP lives in an ordinary house	520	89.8	667	78.7	90.4
2 IP lives in a block of service flats	22	3.8	38	4.5	3.3
3 Institution (group living/ retirement home)	37	6.4	143	16.9	6.3
Sum	579	100.0	848	100.0	100.0

P32	Institution	L25, C16
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Living in an institution is only an option for people who have been assessed by a municipal assessor and who fulfil the criteria described in the social services act.

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	542	93.6	705	83.1	93.7
1 Mentioned	37	6.4	143	16.9	6.3
Sum	579	100.0	848	100.0	100.0

P33

County

cf. L26, cf. C17,
cf. S13, cf. Z15,
county

	LNU		All		All weighted
	N	%	N	%	%
1 Stockholm	102	17.6	166	19.6	18.4
3 Uppsala	17	2.9	26	3.1	2.6
4 Södermanlands	29	5.0	38	4.5	4.5
5 Östergötlands	29	5.0	34	4.0	5.0
6 Jönköpings	32	5.5	45	5.3	5.4
7 Kronobergs	16	2.8	20	2.4	2.5
8 Kalmar	13	2.2	25	2.9	2.6
9 Gotlands	2	0.3	2	0.2	0.4
10 Blekinge	16	2.8	18	2.1	2.8
12 Skåne	71	12.3	104	12.3	12.8
13 Hallands	19	3.3	26	3.1	2.9
14 Västra Götalands	94	16.2	139	16.4	15.9
17 Värmlands	20	3.5	24	2.8	3.4
18 Örebro	17	2.9	23	2.7	2.9
19 Västmanlands	14	2.4	28	3.3	2.6
20 Dalarnas	11	1.9	17	2.0	1.6
21 Gävleborgs	36	6.2	46	5.4	5.8
22 Västernorrlands	11	1.9	16	1.9	2.0
23 Jämtlands	5	0.9	10	1.2	1.0
24 Västerbottens	19	3.3	29	3.4	3.5
25 Norrbottens	6	1.0	12	1.4	1.3
Sum	579	100.0	848	100.0	100.0

P34**Municipality classification**

cf. L27, cf. C18

The following classification of Swedish municipalities is made by the Swedish Association of Local Authorities and Regions (SKR). We used the 2023 classification which is based on data from 2019-2020. For a full description, please visit:

<https://skr.se/skr/tjanster/rapporterochskrifter/publikationer/kommungruppsindelning2023.67834.html>

	LNU		All		All weighted
	N	%	N	%	%
1 A1. Large cities ^a	78	13.5	116	13.7	14.0
2 A2. Commuting municipality near large city ^b	100	17.3	153	18.0	17.3
3 B3. City ^c	135	23.3	198	23.3	23.1
4 B4. Commuting municipality near city ^d	63	10.9	88	10.4	10.9
5 B5. Lower commuting municipality near city ^e	31	5.4	45	5.3	5.7
6 C6. Smaller city/town ^f	78	13.5	111	13.1	13.2
7 C7. Commuting municipality near smaller city/town ^g	42	7.3	63	7.4	7.7
8 C8. Rural municipality ^h	37	6.4	46	5.4	5.7
9 C9. Rural municipality with tourism industry ⁱ	15	2.6	28	3.3	2.5
Sum	579	100.0	848	100.0	

^{a)} At least 200,000 inhabitants in the municipality's largest urban area

^{b)} At least 40% commuters to large city or municipality near a large city

^{c)} Between 40,000 and 200,000 inhabitants in the municipality's largest urban area

^{d)} At least 40% commuters to city

^{e)} Between 25-39% commuters to city

^{f)} At least 15,000 and fewer than 40,000 inhabitants in the municipality's largest urban area

^{g)} At least 30% commuting to or from smaller city/town

^{h)} Less than 15,000 inhabitants in the municipality's largest town, low frequency of commuting

ⁱ⁾ Fulfilling at least two criteria for tourism industry (e.g. number of hotels guests etc. in relation to number of inhabitants)

Family situation

P35 Living alone

Do you live alone?

L28, C28, S32,
Z35, Q4

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	242	44.7	351	49.9	43.4
2 No	299	55.3	353	50.1	56.6
Total	541	100.0	704	100.0	100.0
-6 No answer	1		1		
-3 Living in an institution	37		143		
Sum	579		848		

P36 Living with how many others

How many people do you live with?

L29, C29, S33, Z36, Q5,
cf. X151, cf. Y58, cf. U91,
cf. V57, cf. W90

	LNU		All		All weighted
	N	%	N	%	%
1 One person	284	95.0	327	92.9	94.6
2 Two persons	13	4.3	21	6.0	4.7
3 Three persons	1	0.3	3	0.9	0.3
4 Four persons	1	0.3	1	0.3	0.3
5 Five persons	0	0.0	0	0.0	0.0
Total	299	100.0	352	100.0	100.0
-6 No answer	1		2		
-5 Living alone	242		351		
-3 Living in an institution	37		143		
Sum	579		848		

P37**Living with whom**L30, C30, S34-38, Z37-Z40,
Q6 (a-d)

Who do you live with? (several answers possible)

	LNU		All		All weighted
	N	%	N	%	%
1 Spouse/cohabitant	287	96.0	326	92.6	95.8
2 Children/daughter-in-law/son-in-law	6	2.0	15	4.3	2.3
3 Sisters/brothers/grandchildren	0	0.0	1	0.3	0.0
4 Other persons	1	0.3	2	0.6	0.4
5 Spouse and children	3	1.0	6	1.7	0.8
6 Spouse and other person	1	0.3	1	0.3	0.3
7 Spouse and children and other person(s)	1	0.3	1	0.3	0.3
Total	299	100.0	352	100.0	100.0
-6 No answer	1		2		
-5 Living alone	242		351		
-3 Living in institution	37		143		
Sum	579		848		

P38**Civil status**L31, C31, S39, Z41, Q7,
cf. X149, cf. Y57, cf. U90,
cf. V68, cf. W36 or cf. X842,
cf. Y661, cf. U715, cf. V814,
cf. W704

What is your present civil status?

	LNU		All		All weighted
	N	%	N	%	%
1 Not married	35	6.0	47	5.5	5.9
2 Married/cohabiting	299	51.6	355	41.9	52.5
3 Divorced/separated	49	8.5	64	7.6	9.1
4 Widow/widower	196	33.9	381	45.0	32.6
Total	579	100.0	847	100.0	100.0
-6 No answer	0		1		
Sum	579		848		

P39**Widowed, divorced or separated - year**

L32, C32

In which year did you become a widow/widower, divorced or separated?

	LNU	All	All weighted
Minimum value	1958	1958	1958
Maximum value	2022	2022	2022
Mean	2005	2004	2004
Std. Deviation	14.9	14.3	15.3
Valid	241	436	436
-6 No answer	4	10	
-5 Not widowed or divorced/separated	334	402	
Sum	579	848	

P40 Non-cohabiting partner

Do you have a non-cohabiting partner?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	22	8.1	30	6.2	8.1
2 No	251	91.9	451	93.8	91.9
Total	273	100.0	481	100.0	100.0
-6 No answer	7		12		
-5 Married/cohabiting	299		355		
Sum	579		848		

P41 ChildrenL33, C33, cf. S40, Z49,
cf. Q14

Do you have or have you had any children?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	517	89.3	763	90.1	89.3
2 No	62	10.7	84	9.9	10.7
Total	579	100.0	847	100.0	100.0
-6 No answer	0		1		
Sum	579		848		

P42 Number of children

L34, C34, Z50, Q15

How many children *now living* do you have?

	LNU	All	All weighted
Minimum value	0	0	0
Maximum value	7	8	8
Mean	2	2	2
Std. Deviation	0.9	1.0	0.9
Valid	517	763	763
-6 No answer	0	1	
-5 No children	62	84	
Sum	579	848	

	LNU		All		All weighted
	N	%	N	%	%
0 No living children	7	1.4	9	1.2	1.1
1 One child	85	16.4	155	20.3	17.3
2	250	48.4	335	43.9	48.5
3	133	25.7	197	25.8	25.0
4	33	6.4	47	6.2	6.4
5	6	1.2	13	1.7	1.3
6	1	0.2	4	0.5	0.3
7	2	0.4	2	0.3	0.1
8 8 children	0	0.0	1	0.1	0.0
Total	517	100.0	763	100.0	100.0
-6 No answer	0		1		
-5 No children	62		84		
Sum	579		848		

P43 Distance to “closest” child

C35, cf. Z67-Z74,
cf. Q17(a-j)

Distance to the child that lives geographically closest to where the respondent lives.

A detailed description on distance to each child is presented in the chapter “Children – background, financial transfers and help”.

	LNU		All		All weighted
	N	%	N	%	%
1 Less than 2 km	147	29.0	227	30.3	29.2
2 Between 3 – 20 km	204	40.2	299	40.0	40.0
3 Between 30 – 100 km	88	17.4	121	16.2	17.0
4 Between 110 - 300 km	44	8.7	60	8.0	8.7
5 Further away than 300 km	24	4.7	39	5.2	5.1
6 Living in the same household	0	0.0	2	0.3	0.0
Total	507	100.0	748	100.0	100.0
-6 No answer	3		9		
-5 No children or deceased children	69		91		
Sum	579		848		

P44**Spending time with children**

L35, C36, S41,
cf. Z75-Z82,
cf. Q18

How often do you meet and spend time with any of your children?

	LNU		All		All weighted
	N	%	N	%	%
1 Daily	38	7.5	66	8.8	7.6
2 Several times a week	89	17.6	147	19.7	18.2
3 A few times a week	162	32.1	248	33.2	30.8
4 A few times a month	137	27.1	179	24.0	27.3
5 A few times a quarter	51	10.1	63	8.4	10.0
6 Seldom or never	28	5.5	43	5.8	6.0
Total	505	100.0	746	100.0	100.0
-6 No answer	5		11		
-5 No children or no living children	69		91		
Sum	579		848		

P45**Telephone contact with children**

L36, C37,
cf. S42,
cf. Z83-Z90,
cf. Q19

How often do you have telephone contact, have contact via SMS
or email, chat online, or have other similar forms of
communication, with any of your children?

	LNU		All		All weighted
	N	%	N	%	%
1 Daily	141	28.0	230	30.8	27.9
2 Several times a week	177	35.1	237	31.8	35.0
3 A few times a week	131	26.0	163	21.8	26.0
4 A few times a month	34	6.7	49	6.6	7.0
5 A few times a quarter	3	0.6	7	0.9	0.5
6 Seldom or never	18	3.6	60	8.0	3.6
Total	504	100.0	746	100.0	100.0
-6 No answer	6		11		
-5 No children or no living children	69		91		
Sum	579		848		

P46**Grandchildren/Great grandchildren**

L37, C38, S43,
Z147, Q20

Do you have grandchildren or great grandchildren?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	484	94.0	711	93.3	93.9
2 No	31	6.0	51	6.7	6.1
Total	515	100.0	762	100.0	100.0
-6 No answer	2		2		
-5 Never had children	62		84		
Sum	579		848		

P47**Spending time with (great) grandchildren**L38, C39, S44,
Z148, Q21How often do you meet and spend time with your grandchildren
and great grandchildren?

	LNU		All		All weighted
	N	%	N	%	%
1 Daily	10	2.1	13	1.8	1.9
2 Several times a week	27	5.6	33	4.7	5.5
3 A few times a week	78	16.2	102	14.4	16.4
4 A few times a month	172	35.7	235	33.2	35.8
5 A few times a quarter	103	21.4	156	22.1	20.9
6 Very seldom or never	92	19.1	168	23.8	19.5
Total	482	100.0	707	100.0	100.0
-6 No answer	4		6		
-5 Never had children	62		84		
-4 IP has no grandchildren	31		51		
Sum	579		848		

P48**Change in time spent with (great)
grandchildren**Since the start of the COVID-19 pandemic, has there been any
change in how often do you meet and spend time with your
grandchildren and great grandchildren?

	LNU		All		All weighted
	N	%	N	%	%
1 No change	222	46.1	358	50.9	46.6
2 Meet more	7	1.5	9	1.3	1.5
3 Meet less	253	52.5	337	47.9	51.9
Total	482	100.0	704	100.0	100.0
-6 No answer	4		9		
-5 Never had children	62		84		
-4 IP has no grandchildren	31		51		
Sum	579		848		

P49**Telephone contact with (great) grandchildren**L39, C40,
cf. S45, cf. Z149,
cf. Q22

How often do you have telephone contact, contact via SMS or email, chat online, or have other similar forms of communication, with your grandchildren or great grandchildren?

	LNU		All		All weighted
	N	%	N	%	%
1 Daily	11	2.3	14	2.0	1.7
2 Several times a week	55	11.5	67	9.5	11.4
3 A few times a week	105	21.9	131	18.6	22.2
4 A few times a month	153	31.9	221	31.4	32.1
5 A few times a quarter	49	10.2	74	10.5	10.5
6 Very seldom or never	107	22.3	197	28.0	22.2
Total	480	100.0	704	100.0	100.0
-6 No answer	6		9		
-5 Never had children	62		84		
-4 IP has no grandchildren	31		51		
Sum	579		848		

P50**Change in telephone contact with (great) grandchildren**

Since the start of the COVID-19 pandemic, has there been any change in how often you have telephone contact, contact via SMS or email, chat online, or have other similar forms of communication, with your grandchildren or great grandchildren?

	LNU		All		All weighted
	N	%	N	%	%
1 No change	401	83.5	600	85.1	83.4
2 Meet more	31	6.5	40	5.7	6.6
3 Meet less	48	10.0	65	9.2	10.1
Total	480	100.0	705	100.0	100.0
-6 No answer	6		8		
-5 Never had children	62		84		
-4 IP has no grandchildren	31		51		
Sum	579		848		

Education and occupation

Own education and occupation

P51

Years of education

The classifications concern length of time spent in education. The information is primarily based on data from national registries gathered for the 1968 level of living survey. For those participants who did not participate in the 1968 survey the information is based on self-reports given during their first interview.

L40, C41, S31, Z548, EDUYRS, X260, Y131, U137, V229, W538

	LNU	All	All weighted
Minimum value	2	0	0
Maximum value	20	20	20
Mean	10.2	9.9	10.2
Median	9	9	9
Std. Deviation	3.3	3.4	3.3
Valid	568	802	802

		LNU		All		All weighted
		N	%	N	%	%
0	Zero years of education	0	0.0	1	0.1	0.0
2		1	0.2	1	0.1	0.1
3		0	0.0	1	0.1	0.0
4		1	0.2	3	0.4	0.2
6		15	2.6	78	9.7	2.8
7		141	24.8	189	23.6	24.6
8		77	13.6	95	11.8	13.3
9		54	9.5	71	8.9	9.8
10		57	10.0	80	10.0	10.2
11		46	8.1	55	6.9	7.7
12		42	7.4	55	6.9	7.6
13		30	5.3	35	4.4	5.4
14		35	6.2	44	5.5	6.3
15		22	3.9	31	3.9	3.8
16		17	3.0	20	2.5	3.2
17		13	2.3	17	2.1	2.5
18		7	1.2	11	1.4	1.3
19		1	0.2	1	0.1	0.2
20+	Twenty or more years of education	9	1.6	14	1.7	1.1
Total		568	100.0	802	100.0	100.0
-6	No answer	11		46		
Sum		579		848		

P52**Level of education – panel (7 digit)**

L41, C42, cf. S30,
Z550, EDULEVEL,
cf. X305, cf. Y164,
cf. U138, cf. V230,
cf. W537

This variable is only available for those who have been interviewed in at least one of the previous surveys. For a variable encompassing the full sample, see P53.

The classifications are based on the highest level of education achieved. The information is primarily based on data from national registries gathered for the 1968 level of living survey. For those participants who did not participate in the 1968 survey the information is based on self-reports given during their first interview.

	LNU	
	N	%
1 Grade school (6-8 years)	195	35.8
2 Grade school + vocational training ≥ 1 year (7-11 years)	91	16.7
3 Extended grade school (8-11 years)	72	13.2
4 Extended grade school + vocational training ≥ 1 year (10-14 years)	95	17.5
5 High school or equivalent (11-14 years)	22	4.0
6 High school + vocational training ≥ 1 year (12-16 years)	35	6.4
7 University degree (14-20 years)	34	6.3
Total	544	100.0
-6 No answer	35	
Sum	579	

P53**Level of education – full sample (4 digit)**

L42, C43

The classifications are primarily based on the data from variable P52. However, as the question on educational level was posed somewhat differently to the extended sample of the 2021 survey, the classifications have been harmonized in order to facilitate comparability throughout the full sample.

	LNU		All		All weighted
	N	%	N	%	%
1 Compulsory education ^a	195	35.8	302	38.6	35.7
2 Lower secondary education and/or vocational education ^b	258	47.4	309	39.5	45.9
3 Upper secondary education ^c	57	10.5	101	12.9	11.8
4 University degree ^d	34	6.3	70	9.0	6.6
Total	544	100.0	782	100.0	100.0
-6 No answer	35		66		
Sum	579		848		

^{a)} Based on P52, variable value 1

^{b)} Based on P52, variable value 2, 3 and 4

^{c)} Based on P52, variable value 5 and 6

^{d)} Based on P52, variable value 7

P54**Level of education – Dichotomous**

Z551, EDUBASIC

Based on P53.

	LNU		All		All weighted
	N	%	N	%	%
0 Grade school (or equivalent)	195	35.8	302	38.6	35.7
1 Beyond grade school	349	64.2	480	61.4	64.3
Total	544	100.0	782	100.0	100.0
-6 No answer	35		66		
Sum	579		848		

P55**NYK Own**

L43, C44

A five-digit classification of occupation according to the Nordic standard occupational classification in the Population and Housing Census 1985 has been applied to the responses to the question: What has been your main profession or occupation during your working years/what position did you have?

P56**Own socioeconomic group**

L44, C45, Z30, esei,
cf. X15, cf. Y13,
cf. U13, cf. V716,
cf. V714 cf. W997

Own main profession/occupation according to socio-economic grouping (SEI).

	LNU		All		All weighted
	N	%	N	%	%
11 Unskilled worker, goods producing	29	5.2	52	6.5	5.5
12 Unskilled worker, service producing	81	14.4	110	13.7	14.5
21 Skilled worker, goods producing	44	7.8	64	8.0	8.0
22 Skilled worker, service producing	28	5.0	33	4.1	4.8
33 Lower white collar I	35	6.2	51	6.3	6.5
36 Lower white collar II	62	11.1	90	11.2	11.6
46 Middle white collar	129	23.0	171	21.2	22.8
56 Upper white collar	52	9.3	62	7.7	8.5
57 Leading positions	23	4.1	32	4.0	3.9
60 Free traders with academic occupations	26	4.6	35	4.3	4.5
71 Self-employed entrepreneurs	21	3.7	31	3.9	4.0
72 Entrepreneurs with 1-9 employees	7	1.2	24	3.0	1.4
73 Entrepreneurs with 10-19 employees	3	0.5	6	0.7	0.7
74 Entrepreneurs with 20+ employees	5	0.9	8	1.0	0.9
79 Entrepreneurs with unspecified number of employees	1	0.2	2	0.2	0.2
89 Farmers with unspecified acreage	11	2.0	24	3.0	1.8
92 Exclusively housewives	4	0.7	10	1.2	0.4
99 Unclassifiable	0	0.0	0	0.0	0.0
Total	561	100.0	805	100.0	100.0
-6 No answer	18		43		
Sum	579		848		

P57 Own social class

L45, C46, cf. S28, Z29,
eclass, cf. X15, cf. Y13,
cf. U13, cf. V716, cf. V714,
cf. W997

	LNU		All		All weighted
	N	%	N	%	%
1 Unskilled worker	110	19.6	162	20.1	20.0
2 Skilled worker	72	12.8	97	12.0	12.8
3 Lower white collar	97	17.3	141	17.5	18.1
4 Middle white collar	129	23.0	171	21.2	22.8
5 Upper white collar (and professionals)	101	18.0	129	16.0	16.9
6 Self-employed ^a	37	6.6	71	8.8	7.2
7 Farmer ^a	11	2.0	24	3.0	1.8
8 Housewife	4	0.7	10	1.2	0.4
Total	561	100.0	805	100.0	100.0
-6 No answer	18		43		
Sum	579		848		

^{a)} With or without employees and regardless of the number of employees. The number of employees is presented in L46.

Spouse's occupation

P58 NYK Spouse

L48, C49

A five-digit classification of occupation according to the Nordic standard occupational classification in the Population and Housing Census 1985 has been applied to the responses to the question: What has been your spouse's/partner's main profession or occupation during his/her working years/what position did (s)he have?

Both living and deceased spouses.

P59**Spouse's socioeconomic group**

Spouse main profession/occupation according to socioeconomic grouping (SEI).

Both living and deceased spouses.

L49, C50, Z43, msei,
X182,
cf. Y72, cf. U117,
cf. V711

	LNU		All		All weighted
	N	%	N	%	%
11 Unskilled worker, goods producing	30	5.6	45	5.9	6.0
12 Unskilled worker, service producing	72	13.6	108	14.2	14.2
21 Skilled worker, goods producing	48	9.0	63	8.3	9.1
22 Skilled worker, service producing	13	2.4	26	3.4	2.8
33 Lower white collar I	33	6.2	52	6.8	6.1
35 Lower white collar II with subordinates	2	0.4	2	0.3	0.4
36 Lower white collar II	51	9.6	71	9.3	9.2
46 Middle white collar	112	21.1	154	20.2	20.7
56 Upper white collar	30	5.6	44	5.8	5.3
57 Leading position	20	3.8	24	3.1	3.6
60 Free traders with academic occupations	34	6.4	38	5.0	6.0
71 Self-employed entrepreneurs	23	4.3	28	3.7	4.3
72 Entrepreneurs with 1-9 employees	23	4.3	38	5.0	4.8
73 Entrepreneurs with 10-19 employees	4	0.8	6	0.8	0.8
74 Entrepreneurs with 20+ employees	4	0.8	5	0.7	0.7
79 Entrepreneurs with unspecified number of employees	2	0.4	2	0.3	0.4
89 Farmers with unspecified acreage	15	2.8	28	3.7	2.7
92 Exclusively housewives	7	1.3	20	2.6	1.3
99 Unclassifiable	8	1.5	8	1.0	1.6
Total	531	100.0	762	100.0	100.0
-6 No answer	13		39		
-5 Never been married	35		47		
Sum	579		848		

P60 Spouse's social class L50, C51, cf. S29, Z42, mclass

What has been the main profession or occupation of your spouse/partner during his/her working years?
(What position did your spouse/partner have?)

Both living and deceased spouses.

	LNU		All		All weighted
	N	%	N	%	%
1 Unskilled worker	102	19.5	153	20.3	20.4
2 Skilled worker	61	11.7	89	11.8	12.1
3 Lower white collar	86	16.4	125	16.6	16.0
4 Middle white collar	112	21.4	154	20.4	21.1
5 Upper white collar (and professionals)	84	16.1	106	14.1	15.2
6 Self-employed ^a	56	10.7	79	10.5	11.2
7 Farmer ^a	15	2.9	28	3.7	2.7
8 Housewife	7	1.3	20	2.7	1.3
Total	523	100.0	754	100.0	100.0
-6 Not classifiable/No answer	56		94		
Sum	579		848		

Family occupation

P61 Family occupation L53, C54, Z48, domi

Classification of IP's or spouse's occupation into a single class position for the whole household, based on the dominant (highest) social class (for a detailed description see Erikson, 1984¹).

Both living and deceased spouses. Derived from questions P57 and P60.

	LNU		All		All weighted
	N	%	N	%	%
1 Unskilled worker	43	7.6	65	8.0	7.9
2 Skilled worker	70	12.3	101	12.5	12.8
3 Lower white collar	130	22.9	192	23.7	22.9
4 Middle white collar	143	25.2	191	23.6	24.6
5 Upper white collar and professionals	84	14.8	106	13.1	14.1
6 Self-employed	80	14.1	124	15.3	14.9
7 Farmer	17	3.0	32	3.9	2.8
Total	567	100.0	811	100.0	100.0
-6 No answer	12		37		
Sum	579		848		

¹ Erikson, R. (1984). Social Class of Men, Women and Families. *Sociology*, 18(49): 500-514.

Movement patterns and Neighbourhood

P62 Frequency of leaving home to go outside

	LNU		All		All weighted
	N	%	N	%	%
1 Daily	421	73.2	500	59.5	73.6
2 Several times a week	74	12.9	108	12.8	12.5
3 A few times a week	40	7.0	98	11.7	7.0
4 A few times a month	21	3.7	44	5.2	3.2
5 A few times a quarter	3	0.5	20	2.4	0.7
6 Very seldom or never	16	2.8	71	8.4	3.0
Total	575	100.0	841	100.0	100.0
-6 No answer	4		7		
Sum	579		848		

P63 Frequency of leaving local area

	LNU		All		All weighted
	N	%	N	%	%
1 Daily	145	25.2	150	17.8	25.0
2 Several times a week	158	27.5	172	20.5	27.6
3 A few times a week	141	24.5	187	22.2	24.4
4 A few times a month	51	8.9	92	10.9	8.7
5 A few times a quarter	12	2.1	54	6.4	2.3
6 Very seldom or never	68	11.8	186	22.1	11.9
Total	575	100.0	841	100.0	100.0
-6 No answer	4		7		
Sum	579		848		

Effects of the pandemic

P64 Change in going out or travelling

Since the start of the COVID-19 pandemic, has there been any change in your movement patterns?

	LNU		All		All weighted
	N	%	N	%	%
1 No change	325	56.4	497	59.0	56.3
2 Go out/travel less	233	40.5	325	38.6	40.4
3 Go out/ travel more	18	3.1	21	2.5	3.3
Total	576	100.0	843	100.0	100.0
-6 No answer	3		5		
Sum	579		848		

P65 **Going out less: Anxious of catching the virus**

If answering 'Go out/travel less' to P64: Why do you go out/travel less now?

	LNU		All		All weighted
	N	%	N	%	%
0 No	91	39.1	148	45.5	37.9
1 Yes	142	60.9	177	54.5	62.1
Total	233	100.0	325	100.0	100.0
-6 No answer	3		5		
-5 No change or IP goes out more	343		518		
Sum	579		848		

P66 **Going out less: To comply with the restrictions**

If answering 'Go out/travel less' to P64: Why do you go out/travel less now?

	LNU		All		All weighted
	N	%	N	%	%
0 No	94	40.3	144	44.3	40.8
1 Yes	139	59.7	181	55.7	59.2
Total	233	100.0	325	100.0	100.0
-6 No answer	3		5		
-5 No change or IP goes out more	343		518		
Sum	579		848		

P67 **Going out less: Impaired functional ability**

If answering 'Go out/travel less' to P64: Why do you go out/travel less now?

	LNU		All		All weighted
	N	%	N	%	%
0 No	165	70.8	205	63.1	71.5
1 Yes	68	29.2	120	36.9	28.5
Total	233	100.0	325	100.0	100.0
-6 No answer	3		5		
-5 No change or IP goes out more	343		518		
Sum	579		848		

P68 **Going out less: Difficulties getting travel service**

If answering 'Go out/travel less' to P64: Why do you go out/travel less now?

	LNU		All		All weighted
	N	%	N	%	%
0 No	232	99.6	324	99.7	99.6
1 Yes	1	0.4	1	0.3	0.4
Total	233	100.0	325	100.0	100.0
-6 No answer	3		5		
-5 No change or IP goes out more	343		518		
Sum	579		848		

P69 **Going out less: Usual activities got cancelled**

If answering 'Go out/travel less' to P64: Why do you go out/travel less now?

	LNU		All		All weighted
	N	%	N	%	%
0 No	166	71.2	238	73.2	70.5
1 Yes	67	28.8	87	26.8	29.5
Total	233	100.0	325	100.0	100.0
-6 No answer	3		5		
-5 No change or IP goes out more	343		518		
Sum	579		848		

P70 **Going out less: Fewer public transport tours**

If answering 'Go out/travel less' to P64: Why do you go out/travel less now?

	LNU		All		All weighted
	N	%	N	%	%
0 No	225	96.6	316	97.2	96.4
1 Yes	8	3.4	9	2.8	3.6
Total	233	100.0	325	100.0	100.0
-6 No answer	3		5		
-5 No change or IP goes out more	343		518		
Sum	579		848		

P71 **Going out less: Other reason**

If answering 'Go out/travel less' to P64: Why do you go out/travel less now?

	LNU		All		All weighted
	N	%	N	%	%
0 No	213	91.4	301	92.6	92.3
1 Yes	20	8.6	24	7.4	7.7
Total	233	100.0	325	100.0	100.0
-6 No answer	3		5		
-5 No change or IP goes out more	343		518		
Sum	579		848		

Assistive devices or aids

P72

Assistive devices while going outdoors

Do you use any assistive devices when moving about outdoors?

cf. L60-L62,
C75, cf. Z175,
cf. Q38

	LNU		All		All weighted
	N	%	N	%	%
1 No, manage without aids	329	56.9	360	42.6	57.9
2 Yes, cane(s), quadruped(s), crutche(s)	42	7.3	57	6.7	6.9
3 Yes, walker	133	23.0	259	30.6	21.5
4 Yes, wheelchair	26	4.5	93	11.0	4.7
5 Yes, trekking poles	35	6.1	43	5.1	6.4
6 Yes, electric wheelchair, scooter	2	0.3	5	0.6	0.4
7 Yes, other	5	0.9	8	0.9	1.0
8 No, never go out	6	1.0	21	2.5	1.2
Total	578	100.0	846	100.0	100.0
-6 No answer	1		2		
Sum	579		848		

P73

Help from others outdoors

Do you get/need aid from another person when going outdoors?

cf. L63, C76,
Z176, Q39

	LNU		All		All weighted
	N	%	N	%	%
1 Yes, always	67	11.8	201	24.5	12.7
2 Yes, sometimes	23	4.0	41	5.0	3.8
3 No, manage myself	480	84.2	577	70.5	83.5
Total	570	100.0	819	100.0	100.0
-6 No answer	3		8		
-5 No, never go out	6		21		
Sum	579		848		

P74**Assistive device used indoors**cf. C77, cf. Z177,
cf. Q40

Do you use an assistive device when moving about indoors?

	LNU		All		All weighted
	N	%	N	%	%
1 No, manage without aids	449	77.5	525	62.0	78.4
2 Yes, cane(s), quadruped(s), crutche(s)	21	3.6	39	4.6	3.9
3 Yes, walker	87	15.0	205	24.2	13.8
4 Yes, wheelchair	21	3.6	72	8.5	3.7
5 Yes, other	0	0.0	2	0.2	0.0
6 No, bedridden	1	0.2	4	0.5	0.2
Total	579	100.0	847	100.0	100.0
-6 No answer	0		1		
Sum	579		848		

P75**Help from others indoors**L58, C78, Z178,
Q41

Do you get/need aid from another person when moving about indoors?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes, always	19	3.3	74	8.8	3.9
2 Yes, sometimes	19	3.3	38	4.5	3.2
3 No, manage myself	539	93.4	733	86.7	92.9
Total	577	100.0	845	100.0	100.0
-6 No answer	2		3		
Sum	579		848		

Accessibility**P76****Nearest bank or ATM**

How easy is it for you to get to the nearest bank or ATM?

	LNU		All		All weighted
	N	%	N	%	%
1 Very easy	271	50.4	309	44.3	50.8
2 Quite easy	166	30.9	197	28.3	30.4
3 Quite Hard	54	10.0	85	12.2	9.9
4 Very hard	47	8.7	106	15.2	8.8
Total	538	100.0	697	100.0	100.0
-6 No answer	4		8		
-3 Living in an institution	37		143		
Sum	579		848		

P77 **Nearest grocery store**

How easy is it for you to get to the nearest grocery store?

	LNU		All		All weighted
	N	%	N	%	%
1 Very easy	321	59.2	370	52.9	60.1
2 Quite easy	150	27.7	183	26.1	27.3
3 Quite Hard	35	6.5	61	8.7	6.1
4 Very hard	36	6.6	86	12.3	6.5
Total	542	100.0	700	100.0	100.0
-6 No answer	0		5		
-3 Living in an institution	37		143		
Sum	579		848		

P78 **Primary care/General Practitioner (GP)**

How easy is it for you to get to the nearest primary care center or general practitioner?

	LNU		All		All weighted
	N	%	N	%	%
1 Very easy	287	53.0	328	46.7	53.6
2 Quite easy	180	33.2	223	31.8	32.9
3 Quite Hard	44	8.1	67	9.5	7.4
4 Very hard	31	5.7	84	12.0	6.1
Total	542	100.0	702	100.0	100.0
-6 No answer	0		3		
-3 Living in an institution	37		143		
Sum	579		848		

P79 **Nearest pharmacy**

How easy is it for you to get to the nearest pharmacy?

	LNU		All		All weighted
	N	%	N	%	%
1 Very easy	299	55.3	341	48.9	56.2
2 Quite easy	162	29.9	196	28.1	29.5
3 Quite Hard	47	8.7	75	10.7	7.8
4 Very hard	33	6.1	86	12.3	6.5
Total	541	100.0	698	100.0	100.0
-6 No answer	1		7		
-3 Living in an institution	37		143		
Sum	579		848		

Local community

The following questions concern your local community, that is, an area within a 20-minutes walking distance from your home. You may answer that you strongly agree, agree, disagree or strongly disagree.

P80 Trust L199

Most people in this area can be trusted.

	LNU		All		All weighted
	N	%	N	%	%
1 Strongly agree	296	60.9	371	61.8	62.4
2 Agree	175	36.0	209	34.8	34.4
3 Disagree	11	2.3	13	2.2	2.2
4 Strongly disagree	4	0.8	7	1.2	1.0
Total	486	100.0	600	100.0	100.0
-6 No answer	26		45		
-2 Indirect review	67		203		
Sum	579		848		

P81 Unsafety L200

People would be afraid to walk alone in this area after dark.

	LNU		All		All weighted
	N	%	N	%	%
1 Strongly agree	48	11.0	62	11.8	10.9
2 Agree	112	25.7	136	25.9	25.0
3 Disagree	91	20.9	105	20.0	20.7
4 Strongly disagree	184	42.3	223	42.4	43.3
Total	435	100.0	526	100.0	100.0
-6 No answer	77		119		
-2 Indirect review	67		203		
Sum	579		848		

P82 Cohesion L201

I feel really part of this area.

	LNU		All		All weighted
	N	%	N	%	%
1 Strongly agree	440	86.6	541	85.6	86.9
2 Agree	57	11.2	73	11.6	10.8
3 Disagree	7	1.4	10	1.6	1.4
4 Strongly disagree	4	0.8	8	1.3	0.8
Total	508	100.0	632	100.0	100.0
-6 No answer	4		13		
-2 Indirect review	67		203		
Sum	579		848		

Health

Self-rated health

P83

Self-rated health

L54, C69, S54, cf. Z157,
cf. Q33, X435, Y257

How would you assess your own general state of health?

	LNU		All		All weighted
	N	%	N	%	%
1 Good	290	50.4	404	48.1	51.5
2 Bad	46	8.0	72	8.6	7.8
3 Neither good nor bad	239	41.6	364	43.3	40.7
Total	575	100.0	840	100.0	100.0
-6 No answer	4		8		
Sum	579		848		

COVID-19

Variables P84-P87 are derived from the question ‘Have you, or anyone you know, been infected with COVID-19?’

P84

Had COVID-19: Yes, myself

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	544	94.0	780	92.0	94.3
1 Mentioned	35	6.0	68	8.0	5.7
Sum	579		848		

P85

Had COVID-19: Yes, relative/close friend

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	336	58.0	507	59.8	57.3
1 Mentioned	243	42.0	341	40.2	42.7
Sum	579		848		

P86

Neither me nor my relative/friend had COVID-19

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	264	45.6	383	45.2	45.9
1 Mentioned	315	54.4	465	54.8	54.1
Sum	579		848		

P87 Had COVID-19: No answer

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	574	99.1	840	99.1	99.2
1 Mentioned	5	0.9	8	0.9	0.8
Sum	579		848		

P88 COVID-19: Severity of IP's symptoms

If IP had COVID-19:

How light or severe symptoms did you have from COVID-19?

	LNU		All		All weighted
	N	%	N	%	%
1 Light discomfort	29	82.9	53	77.9	78.6
2 High discomfort	6	17.1	15	22.1	21.4
Total	35	100.0	68	100.0	100.0
-6 No answer	0		0		
-5 IP has not had COVID-19	544		780		
Sum	579		848		

P89 COVID-19: Severity of relative's symptoms

If relative/close friend had COVID-19:

How light or severe symptoms did your relative/close friend have from COVID-19?

	LNU		All		All weighted
	N	%	N	%	%
1 Light discomfort	183	75.3	267	78.3	75.3
2 High discomfort	55	22.6	68	19.9	22.9
3 Do not know	5	2.1	6	1.8	1.8
Total	243	100.0	341	100.0	100.0
-6 No answer	0		0		
-5 Relative has not had COVID-19	336		507		
Sum	579		848		

Mobility

P90	Walking 100 m	L64, C71, S59, Z171, Q37a, X436, Y258, U160, V235, W101
	Can you walk 100 meters fairly briskly without difficulty?	

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	405	70.4	505	59.9	70.8
2 No	170	29.6	338	40.1	29.2
Total	575	100.0	843	100.0	100.0
-6 No answer	4		5		
Sum	579		848		

P91	Running 100 m	L66, C73, S61, Z172, Q37b, X437, Y259, U161, V236, W102
	Can you run 100 meters without difficulty?	

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	146	37.6	153	31.5	38.7
2 No	242	62.4	333	68.5	61.3
Total	388	100.0	486	100.0	100.0
-6 No answer	21		24		
-5 Cannot walk 100 m	170		338		
Sum	579		848		

P92	Walking up/down stairs	L67, C74, S62, Z173, Q37c, X438, Y260, U162, V237, W103
	Can you walk up and down stairs without difficulty?	

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	379	65.9	471	56.3	66.6
2 No	196	34.1	366	43.7	33.4
Total	575	100.0	837	100.0	100.0
-6 No answer	4		11		
Sum	579		848		

P93	Getting up from a chair	L56, S64, Z180, Q42b
	Can you get up from a (kitchen) chair without using the support from your arms?	cf. C95, cf. Z208, cf. Q55

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	424	74.0	522	62.5	74.6
2 No	149	26.0	313	37.5	25.4
Total	573	100.0	835	100.0	100.0
-6 No answer	6		13		
Sum	579		848		

P94	Lifting and carrying a 5kg shopping bag	C85, S70
	Can you lift and carry a 5 kilo shopping bag?	

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	452	79.9	552	67.3	79.8
2 No	114	20.1	268	32.7	20.2
Total	566	100.0	820	100.0	100.0
-6 No answer	13		28		
Sum	579		848		

P95	Stand without support/aid	L55, C94, S58, Z196, Q46
	Can you stand without support? (regardless of whether IP can walk without support)?	

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	525	90.8	697	82.3	91.2
2 No, but can sit	51	8.8	141	16.6	8.4
3 No, bedridden or equivalent	2	0.3	9	1.1	0.3
Total	578	100.0	847	100.0	100.0
-6 No answer	1		1		
Sum	579		848		

P96
Falls
L68

Have you at any time during the last 12 months fallen over?

		LNU		All		All weighted
		N	%	N	%	%
1	Yes, once	135	23.5	187	22.3	22.7
2	Yes, more than once	98	17.1	191	22.8	17.1
3	No	341	59.4	461	54.9	60.1
Total		574	100.0	839	100.0	100.0
-6	No answer	5		9		
Sum		579		848		

P97
Hospitalised due to fall
L69

Were you hospitalised due to any of the falls?

		LNU		All		All weighted
		N	%	N	%	%
1	Yes, once	37	15.9	72	19.1	16.5
2	Yes, more than once	9	3.9	20	5.3	3.1
3	No	186	80.2	284	75.5	80.5
Total		232	100.0	376	100.0	100.0
-6	No answer	6		11		
-5	Has not fallen	341		461		
Sum		579		848		

Height and weight

P98
Height
L72, C86, S78,
Z191, Q44, X440,
Y262

How tall are you? (cm)

		LNU	All	All weighted
Minimum value		145	136	136
Maximum value		198	198	198
Mean		168.8	168.4	168.8
Std. Deviation		9.1	9.4	9.1
Valid		564	809	809
-6	No answer	15	39	
Sum		579	848	

P99	Weight	L73, C87, S80, Z193, Q45, X441, Y263
	How much do you weigh? (kg)	

	LNU	All	All weighted
Minimum value	43	40	40
Maximum value	125	125	125
Mean	72.4	70.8	72.5
Std. Deviation	14.3	14.1	14.2
Valid	566	811	811
-6 No answer	13	37	
Sum	579	848	

P100	Body Mass Index (BMI), kg/m²	L74, C88, S82, Z195, bmi
	Calculated from P98 and P99	

	LNU	All	All weighted
Minimum value	16.2	16.0	16.0
Maximum value	43.3	43.3	43.3
Mean	25.4	24.9	25.4
Std. Deviation	4.1	4.0	4.1
Valid	564	809	809
-6 No answer	15	39	
Sum	579	848	

Hearing and visual ability

P101	Hearing: conversation with several others	L70, cf. C168, cf. S122, cf. Z330, cf. Q66
	Can you, with or without a hearing aid, hear what is said in a conversation between several persons without difficulty?	

	LNU		All		All weighted
	N	%	N	%	%
1 Yes, without hearing aid	299	52.5	367	44.0	53.3
2 Yes, with hearing aid	98	17.2	135	16.2	16.2
3 No	173	30.4	332	39.8	30.5
Total	570	100.0	834	100.0	100.0
-6 No answer	9		14		
Sum	579		848		

P102**Hearing: conversation with one person**cf. C169,
cf. S123, cf. Z331Can you, with or without a hearing aid, hear what is said in a
conversation with one person without difficulty?

		LNU		All		All weighted
		N	%	N	%	%
1	Yes, without hearing aid	425	74.0	543	64.5	74.5
2	Yes, with hearing aid	111	19.3	202	24.0	19.1
3	No	38	6.6	97	11.5	6.4
Total		574	100.0	842	100.0	100.0
-6	No answer	5		6		
Sum		579		848		

P103**Reading a newspaper**

L71, S125, Z333

Can you read a newspaper without difficulties?

		LNU		All		All weighted
		N	%	N	%	%
1	Yes, without glasses	494	85.6	637	75.5	86.7
2	Yes, with glasses	31	5.4	63	7.5	5.2
3	No, have certain difficulties	21	3.6	49	5.8	3.8
4	No, not at all	31	5.4	95	11.3	4.4
Total		577	100.0	844	100.0	100.0
-6	No answer	2		4		
Sum		579		848		

Medicine

Medicine intake and handling

Including both prescribed and prescription free medicines

P104

Taken medicines during the past 14 days

C117, Z280,
drugsdic

Including both prescribed and prescription free medicines

		LNU		All		All weighted
		N	%	N	%	%
1	Yes	531	91.7	783	92.3	91.3
2	No	48	8.3	65	7.7	8.7
Total		579	100.0	848	100.0	100.0
-6	No answer	0		0		
Sum		579		848		

P105

Handling medicine

C118, Z281, Q58

Can you handle your medicine yourself ?

		LNU		All		All weighted
		N	%	N	%	%
1	Yes, completely by myself (without or with dosage box)	433	81.5	516	66.2	81.0
2	Yes, if someone loads the dosage box for me	24	4.5	47	6.0	4.8
3	Yes, with ApoDos	28	5.3	60	7.7	5.0
4	No	46	8.7	157	20.1	9.1
Total		531	100.0	780	100.0	100.0
-6	No answer	2		4		
-5	Have not taken any medicine	48		65		
Sum		579		848		

Diseases and disorders

Have you had any of the following diseases or disorders during the last 12 months?

P106 Pain or aches in the chest

L79, C120, S83, Z297,
Q64a, X456, Y281, U194,
V261, W124

		LNU		All		All weighted
		N	%	N	%	%
1	No	488	85.0	711	84.7	85.9
2	Yes, slight	68	11.8	100	11.9	11.1
3	Yes, severe	18	3.1	28	3.3	3.0
Total		574	100.0	839	100.0	100.0
-6	No answer	5		9		
Sum		579		848		

P107 Pain or aches in shoulders

L83, C121, S84, Z298,
Q64b, X460, Y285, U198,
V265, W128

		LNU		All		All weighted
		N	%	N	%	%
1	No	351	61.1	521	62.0	62.0
2	Yes, slight	172	30.0	241	28.7	29.4
3	Yes, severe	51	8.9	79	9.4	8.6
Total		574	100.0	841	100.0	100.0
-6	No answer	5		7		
Sum		579		848		

P108 Heart problems

L80, C122, S86, Z300,
Q64d, X463, Y287, U200,
V267, W130

		LNU		All		All weighted
		N	%	N	%	%
1	No	452	79.9	654	78.7	80.5
2	Yes, slight	93	16.4	142	17.1	16.1
3	Yes, severe	21	3.7	35	4.2	3.4
Total		566	100.0	831	100.0	100.0
-6	No answer	13		17		
Sum		579		848		

P109 **Arrhythmia/irregular heart rhythm**L81, C123

		LNU		All		All weighted
		N	%	N	%	%
1	No	446	79.1	652	79.7	78.8
2	Yes, slight	104	18.4	145	17.7	18.8
3	Yes, severe	14	2.5	21	2.6	2.4
Total		564	100.0	818	100.0	100.0
-6	No answer	15		30		
Sum		579		848		

P110 **High blood pressure**L82, C124, S87, Z301,
Q64e, X464, Y288, U201,
V268, W131

		LNU		All		All weighted
		N	%	N	%	%
1	No	281	49.2	424	51.3	48.9
2	Yes, slight	267	46.8	375	45.3	47.1
3	Yes, severe	23	4.0	28	3.4	4.0
Total		571	100.0	827	100.0	100.0
-6	No answer	8		21		
Sum		579		848		

P111 **Pain or aches in the back, hips,
sciatica**L84, C125, S88, Z302,
Q64f, X467, Y291,
U204, V271, W134

		LNU		All		All weighted
		N	%	N	%	%
1	No	257	44.7	404	48.2	45.8
2	Yes, slight	200	34.8	268	32.0	34.2
3	Yes, severe	118	20.5	166	19.8	20.1
Total		575	100.0	838	100.0	100.0
-6	No answer	4		10		
Sum		579		848		

P112	Pain or aches in hands or elbows	L85, C126, cf. S89, cf. Z303, cf. Q64g, cf. X478, cf. Y302, cf. U215, cf. V282, cf. W145
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	LNU		All		All weighted
	N	%	N	%	%
1 No	401	69.9	575	68.5	69.6
2 Yes, slight	137	23.9	197	23.5	23.7
3 Yes, severe	36	6.3	67	8.0	6.7
Total	574	100.0	839	100.0	100.0
-6 No answer	5		9		
Sum	579		848		

P113	Pain or aches in legs or knees	L86, C127, cf. S89, cf. Z303, cf. Q64g, cf. X478, cf. Y302, cf. U215, cf. V282, cf. W145
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	LNU		All		All weighted
	N	%	N	%	%
1 No	291	50.7	412	49.1	50.4
2 Yes, slight	184	32.1	271	32.3	32.3
3 Yes, severe	99	17.2	156	18.6	17.3
Total	574	100.0	839	100.0	100.0
-6 No answer	5		9		
Sum	579		848		

P114	General fatigue	L87, C128, S90, Z304, Q64h, X479, Y303, U216, V283, W146
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	LNU		All		All weighted
	N	%	N	%	%
1 No	288	50.1	377	44.8	50.7
2 Yes, slight	216	37.6	324	38.5	36.8
3 Yes, severe	71	12.3	140	16.6	12.5
Total	575	100.0	841	100.0	100.0
-6 No answer	4		7		
Sum	579		848		

P115 Sleeping problems

L88, C129, S91, Z305,
Q64i, X480, Y304, U217,
V284, W147

		LNU		All		All weighted
		N	%	N	%	%
1	No	364	63.4	530	63.3	63.6
2	Yes, slight	157	27.4	228	27.2	27.1
3	Yes, severe	53	9.2	79	9.4	9.2
Total		574	100.0	837	100.0	100.0
-6	No answer	5		11		
Sum		579		848		

P116 Nervous problems
(anxiety, nervousness, anguish)

L89, C130, S92, Z306,
Q64j, X481, Y305, U218,
V285, W148

		LNU		All		All weighted
		N	%	N	%	%
1	No	447	77.7	628	74.7	77.8
2	Yes, slight	112	19.5	172	20.5	19.5
3	Yes, severe	16	2.8	41	4.9	2.7
Total		575	100.0	841	100.0	100.0
-6	No answer	4		7		
Sum		579		848		

P117 Depression, deep sadness

L90, C131, S93, Z307,
Q64k, X482, Y306, U219,
V286, W149

		LNU		All		All weighted
		N	%	N	%	%
1	No	498	86.9	710	84.4	87.4
2	Yes, slight	62	10.8	108	12.8	10.7
3	Yes, severe	13	2.3	23	2.7	1.9
Total		573	100.0	841	100.0	100.0
-6	No answer	6		7		
Sum		579		848		

P118 Mental illnessL91, C132, S94, Z308, Q64l, X483,
Y307, U220, V287, W150

		LNU		All		All weighted
		N	%	N	%	%
1	No	562	97.6	826	98.0	97.7
2	Yes, slight	11	1.9	13	1.5	2.0
3	Yes, severe	3	0.5	4	0.5	0.4
Total		576	100.0	843	100.0	100.0
-6	No answer	3		5		
Sum		579		848		

P119 DizzinessL92, C133, S95, Z309, Q64m,
X487, Y311, U224, V291, W154

		LNU		All		All weighted
		N	%	N	%	%
1	No	368	64.3	506	60.8	64.6
2	Yes, slight	176	30.8	280	33.7	31.0
3	Yes, severe	28	4.9	46	5.5	4.4
Total		572	100.0	832	100.0	100.0
-6	No answer	7		16		
Sum		579		848		

P120 Shortness of breathC134, S96, Z310, Q64n, X486,
Y310, U223, V290, W153

		LNU		All		All weighted
		N	%	N	%	%
1	No	399	69.4	574	68.3	70.0
2	Yes, slight	142	24.7	219	26.1	24.5
3	Yes, severe	34	5.9	47	5.6	5.6
Total		575	100.0	840	100.0	100.0
-6	No answer	4		8		
Sum		579		848		

P121	Weight loss	L93, C135, S97, Z311, X489, Y313, U226, V293, W156
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	LNU		All		All weighted
	N	%	N	%	%
1 No	494	85.6	698	82.5	86.6
2 Yes, slight	67	11.6	112	13.2	10.8
3 Yes, severe	16	2.8	36	4.3	2.6
Total	577	100.0	846	100.0	100.0
-6 No answer	2		2		
Sum	579		848		

P122	Diabetes	L94, C136, S98, Z312, Q64o, X497, Y321, U234, V301, W164
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	LNU		All		All weighted
	N	%	N	%	%
1 No	495	85.9	733	86.7	85.6
2 Yes, slight	67	11.6	91	10.8	12.1
3 Yes, severe	14	2.4	21	2.5	2.4
Total	576	100.0	845	100.0	100.0
-6 No answer	3		3		
Sum	579		848		

P123	Urinary incontinence	cf. L103, cf. C157, cf. S114-S119, cf. Z328, cf. Q56
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	LNU		All		All weighted
	N	%	N	%	%
1 No	402	69.8	509	60.7	68.6
2 Yes, slight	131	22.7	216	25.8	23.3
3 Yes, severe	43	7.5	113	13.5	8.1
Total	576	100.0	838	100.0	100.0
-6 No answer	3		10		
Sum	579		848		

P124	Urinary tract infections	L95, C140, cf. S111, X502, Y326
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	LNU		All		All weighted
	N	%	N	%	%
1 No	499	87.2	703	84.2	86.5
2 Yes, slight	50	8.7	92	11.0	9.3
3 Yes, severe	23	4.0	40	4.8	4.2
Total	572	100.0	835	100.0	100.0
-6 No answer	7		13		
Sum	579		848		

P125	Disorders of the reproductive organs	C141, S103, Q64t
	(Women: pain, prolapse, itching etc.) (Men: prostate problems etc.)	Women: X474, Y298, U211, V277, W140 Men: cf. X471, cf. Y295, cf. U208, cf. V275, cf. W138

	LNU		All		All weighted
	N	%	N	%	%
1 No	458	79.7	637	76.4	78.9
2 Yes, slight	97	16.9	150	18.0	17.3
3 Yes, severe	20	3.5	47	5.6	3.8
Total	575	100.0	834	100.0	100.0
-6 No answer	4		14		
Sum	579		848		

P126	Poor vision/eye disease	C139, S102, Z316, Q64s, X454, Y279, U192, V259, W122
	(not substantially improved with glasses)	

	LNU		All		All weighted
	N	%	N	%	%
1 No	418	72.7	550	65.2	73.5
2 Yes, slight	99	17.2	153	18.1	16.6
3 Yes, severe	58	10.1	140	16.6	9.9
Total	575	100.0	843	100.0	100.0
-6 No answer	4		5		
Sum	579		848		

P127	Hearing impairment	C143, S105, Z319, Q64w, X455, Y280, U193, V260, W123
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	LNU		All		All weighted
	N	%	N	%	%
1 No	418	72.7	550	65.2	73.5
2 Yes, slight	99	17.2	153	18.1	16.6
3 Yes, severe	58	10.1	140	16.6	9.9
Total	575	100.0	843	100.0	100.0
-6 No answer	4		5		
Sum	579		848		

P128	Coronary thrombosis/myocardial infarction	L97, C144, S85, Z299, Q64c, X461, Y286, U199, V266, W129
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		LNU		All		All weighted
		N	%	N	%	%
1	No	560	97.2	817	96.8	97.1
2	Yes, slight	8	1.4	16	1.9	1.6
3	Yes, severe	8	1.4	11	1.3	1.3
Total		576	100.0	844	100.0	100.0
-6	No answer	3		4		
Sum		579		848		

P129	Cerebral thrombosis/stroke	L98, C145, S99, Z313, Q64p, X462
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		LNU		All		All weighted
		N	%	N	%	%
1	No	553	96.0	806	95.8	96.2
2	Yes, slight	13	2.3	23	2.7	2.2
3	Yes, severe	10	1.7	12	1.4	1.5
Total		576	100.0	841	100.0	100.0
-6	No answer	3		7		
Sum		579		848		

P130	Malignant tumour/cancer	L99, C146, S106, Z320, Q64x, X495, Y319, U232, V299, W162
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		LNU		All		All weighted
		N	%	N	%	%
1	No	545	95.1	789	93.7	94.7
2	Yes, slight	18	3.1	36	4.3	3.4
3	Yes, severe	10	1.7	17	2.0	2.0
Total		573	100.0	842	100.0	100.0
-6	No answer	6		6		
Sum		579		848		

P131 DementiaC149, cf. Z323, cf.
Q64a2

		LNU		All		All weighted
		N	%	N	%	%
1	No	528	92.5	725	86.5	92.0
2	Yes, slight	24	4.2	63	7.5	4.6
3	Yes, severe	19	3.3	50	6.0	3.4
Total		571	100.0	838	100.0	100.0
-6	No answer	8		10		
Sum		579		848		

P132 Other diseases or disordersC147, S109,
cf. Q64b2, cf.
Q64c2Have you had any other disease or disorder during the last 12
months, that was not mentioned on the list?

		LNU		All		All weighted
		N	%	N	%	%
1	Yes	162	28.1	228	27.0	27.8
2	No	415	71.9	618	73.0	72.2
Total		577	100.0	846	100.0	100.0
-6	No answer	2		2		
Sum		579		848		

P133 Other diseases 1One other disease/disorder mentioned that could not be categorised
in accordance with P137-P142

		LNU		All		All weighted
		N	%	N	%	%
0	Not mentioned	505	87.2	747	88.1	87.4
1	Yes, slight	25	4.3	38	4.5	4.4
2	Yes, severe	45	7.8	58	6.8	7.6
3	Yes, severity not specified	4	0.7	5	0.6	0.6
Sum		579	100.0	848	100.0	100.0

P134 Other diseases 2

Second other disease/disorder mentioned that could not be categorised in accordance with P137-P142

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	557	96.2	818	96.5	96.2
1 Yes, slight	8	1.4	11	1.3	1.4
2 Yes, severe	12	2.1	15	1.8	2.0
3 Yes, severity not specified	2	0.3	4	0.5	0.4
Sum	579	100.0	848	100.0	100.0

P135 Other diseases 3

Third other disease/disorder mentioned that could not be categorised in accordance with P137-P142

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	575	99.3	843	99.4	99.2
1 Yes, slight	1	0.2	2	0.2	0.3
2 Yes, severe	3	0.5	3	0.4	0.5
3 Yes, severity not specified	0	0	0	0	0
Sum	579	100.0	848	100.0	100.0

P136 Other diseases 4

Fourth other disease/disorder mentioned that could not be categorised in accordance with P137-P142

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	577	99.3	846	99.8	99.7
1 Yes, slight	0	0	0	0	0
2 Yes, severe	2	0.3	2	0.2	0.3
3 Yes, severity not specified	0	0	0	0	0
Sum	579	100.0	848	100.0	100.0

P137 Other disease: Cardiovascular diseases

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	565	97.6	830	97.9	97.7
1 Yes, slight	8	1.4	9	1.1	1.2
2 Yes, severe	6	1.0	8	0.9	1.0
3 Yes, severity not specified	0	0	1	0.1	0.0
Sum	579	100.0	848	100.0	100.0

P138 Other disease: Respiratory tract problems

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	559	96.5	818	96.5	96.3
1 Yes, slight	10	1.7	10	1.2	1.6
2 Yes, severe	10	1.7	19	2.2	2.0
3 Yes, severity not specified	0	0	1	0.1	0.1
Sum	579	100.0	848	100.0	100.0

P139 Other disease: Gastrointestinal problems

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	565	97.6	826	97.4	97.6
1 Yes, slight	5	0.9	6	0.7	0.8
2 Yes, severe	8	1.4	15	1.8	1.5
3 Yes, severity not specified	1	0.2	1	0.1	0.1
Sum	579	100.0	848	100.0	100.0

P140 Other disease: Rheumatic diseases/arthritis

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	568	98.1	834	98.3	98.0
1 Yes, slight	4	0.7	6	0.7	0.8
2 Yes, severe	7	1.2	8	0.9	1.2
3 Yes, severity not specified	0	0	0	0	0
Sum	579	100.0	848	100.0	100.0

P141 Other disease: Fractures

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	571	98.6	837	98.7	98.7
1 Yes, slight	4	0.7	4	0.5	0.7
2 Yes, severe	3	0.5	6	0.7	0.5
3 Yes, severity not specified	1	0.2	1	0.1	0.2
Sum	579	100.0	848	100.0	100.0

P142 Other disease: Infections

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	566	97.8	832	98.1	97.9
1 Yes, slight	8	1.4	8	0.9	1.3
2 Yes, severe	5	0.9	8	0.9	0.8
3 Yes, severity not specified	0	0	0	0	0
Sum	579	100.0	848	100.0	100

Depression

Geriatric Depression Scale – GDS-4

The following questions concern how you felt during the previous week.

P143 Life satisfaction

L75

Are you basically satisfied with your life?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	472	93.7	591	93.5	94.0
2 No	32	6.3	41	6.5	6.0
Total	504	100.0	632	100.0	100.0
-6 No answer	8		13		
-2 Indirect interview	67		203		
Sum	579		848		

P144 Emptiness

L76

Do you feel that your life is empty?

		LNU		All		All weighted
		N	%	N	%	%
1	Yes	103	20.4	143	22.6	19.4
2	No	402	79.6	489	77.4	80.6
Total		505	100.0	632	100.0	100.0
-6	No answer	7		13		
-2	Indirect interview	67		203		
Sum		579		848		

P145 Fear of things happening

L77

Are you afraid that something is going to happen to you?

		LNU		All		All weighted
		N	%	N	%	%
1	Yes	103	20.5	125	19.8	20.2
2	No	400	79.5	506	80.2	79.8
Total		503	100.0	631	100.0	100.0
-6	No answer	9		14		
-2	Indirect interview	67		203		
Sum		579		848		

P146 Happy and content

L78

Do you feel happy and content most of the time?

		LNU		All		All weighted
		N	%	N	%	%
1	Yes	458	90.9	569	90.5	91.5
2	No	46	9.1	60	9.5	8.5
Total		504	100.0	629	100.0	100.0
-6	No answer	8		16		
-2	Indirect interview	67		203		
Sum		549		848		

Health literacy and healthcare utilisation

Health literacy

The following statements concern your ability to, if you need to, find and use information about health and diseases. You may answer that you strongly disagree, disagree, neither agree nor disagree, agree, or strongly agree.

P147 Retrieve information from various sources

I can retrieve information from several resources like internet, newspapers, friends and family, etc.

		LNU		All		All weighted
		N	%	N	%	%
1	Strongly disagree	13	2.6	28	4.5	2.5
2	Disagree	17	3.4	30	4.8	3.4
3	Neither agree nor disagree	69	13.7	109	17.3	13.4
4	Agree	187	37.0	226	35.9	36.0
5	Strongly agree	219	43.4	236	37.5	44.6
Total		505	100.0	629	100.0	100.0
-6	No answer	7		16		
-2	Indirect interview	67		203		
Sum		579		848		

P148 Choose exact information needed from various sources

I can choose the exact information that I need from several resources like internet, newspapers, friends and family, etc.

		LNU		All		All weighted
		N	%	N	%	%
1	Strongly disagree	23	4.6	47	7.6	4.8
2	Disagree	24	4.8	44	7.1	4.8
3	Neither agree nor disagree	81	16.3	107	17.2	15.9
4	Agree	172	34.5	208	33.5	33.9
5	Strongly agree	198	39.8	215	34.6	40.6
Total		498	100.0	621	100.0	100.0
-6	No answer	14		24		
-2	Indirect interview	67		203		
Sum		579		848		

P149 Understand and share information with others

I can understand the information and share it with others.

	LNU		All		All weighted
	N	%	N	%	%
1 Strongly disagree	13	2.6	26	4.2	2.6
2 Disagree	18	3.6	26	4.2	3.0
3 Neither agree nor disagree	79	15.7	114	18.2	16.3
4 Agree	206	41.0	248	39.6	39.9
5 Strongly agree	187	37.2	212	33.9	38.3
Total	503	100.0	626	100.0	100.0
-6 No answer	9		19		
-2 Indirect interview	67		203		
Sum	579		848		

P150 Ability to assess the credibility of the information

I can assess the credibility of the information.

	LNU		All		All weighted
	N	%	N	%	%
1 Strongly disagree	20	4.0	37	6.0	3.7
2 Disagree	19	3.8	25	4.1	3.6
3 Neither agree nor disagree	113	22.9	147	24.0	23.7
4 Agree	203	41.1	253	41.3	40.8
5 Strongly agree	139	28.1	151	24.6	28.1
Total	494	100.0	613	100.0	100.0
-6 No answer	18		32		
-2 Indirect interview	67		203		
Sum	579		848		

P151 Use information for health planning

I can, with the help of the information, plan and determine what I need to do to improve my health.

	LNU		All		All weighted
	N	%	N	%	%
1 Strongly disagree	17	3.4	30	4.9	3.4
2 Disagree	18	3.7	25	4.1	2.9
3 Neither agree nor disagree	73	14.8	106	17.3	14.7
4 Agree	214	43.4	260	42.3	43.4
5 Strongly agree	171	34.7	193	31.4	35.5
Total	493	100.0	614	100.0	100.0
-6 No answer	19		31		
-2 Indirect interview	67		203		
Sum	579		848		

Healthcare utilisation

Have you at any time during the last 12 months consulted a doctor about your own diseases or disorders?

P152 Medical attendance: Visit GP at healthcare center cf. L105, cf. C172, cf. Z337, cf. Q69, cf. X511, cf. Y331, cf. U255, cf. V321, cf. W176
Yes, I visited a doctor at the healthcare center

		LNU		All		All weighted
		N	%	N	%	%
0	Not mentioned	195	33.7	349	41.2	34.2
1	Mentioned	384	66.3	499	58.8	65.8
Total		579	100.0	848	100.0	100.0

P153 Medical attendance: Home visit from the GP cf. L105, cf. C172, cf. Z337, cf. Q69, cf. X511, cf. Y331, cf. U255, cf. V321, cf. W176
Yes, a home visit by a doctor from the healthcare center

		LNU		All		All weighted
		N	%	N	%	%
0	Not mentioned	542	93.6	745	87.9	93.4
1	Mentioned	37	6.4	103	12.1	6.6
Total		579	100.0	848	100.0	100.0

P154 Medical attendance: Online doctor cf. L105, cf. C172, cf. Z337, cf. Q69, cf. X511, cf. Y331, cf. U255, cf. V321, cf. W176
Yes, via internet (e.g. KRY, doktor.se, mindoktor.se)

		LNU		All		All weighted
		N	%	N	%	%
0	Not mentioned	576	99.5	845	99.6	99.5
1	Mentioned	3	0.5	3	0.4	0.5
Total		579	100.0	848	100.0	100.0

P155 Medical attendance: Specialist or hospital care cf. L105, cf. C172, cf. Z337, cf. Q69, cf. X511, cf. Y331, cf. U255, cf. V321, cf. W176
Yes, other type of doctor (specialist or emergency)

		LNU		All		All weighted
		N	%	N	%	%
0	Not mentioned	359	62.0	542	63.9	61.4
1	Mentioned	220	38.0	306	36.1	38.6
Total		579	100.0	848	100.0	100.0

P156	Medical attendance: No	cf. L105, cf. C172, cf. Z337, cf. Q69, cf. X511, cf. Y331, cf. U255, cf. V321, cf. W176
	I have not during the last 12 months consulted a doctor about my own diseases or disorders	

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	450	77.7	642	75.7	77.3
1 Mentioned	129	22.3	206	24.3	22.7
Total	579	100.0	848	100.0	100.0

P157	Medical attendance: No answer	cf. L105, cf. C172, cf. Z337, cf. Q69, cf. X511, cf. Y331, cf. U255, cf. V321, cf. W176
	Have you at any time during the last 12 months consulted a doctor about your own diseases or disorders? No answer	

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	575	99.3	841	99.2	99.4
1 Mentioned	4	0.7	7	0.8	0.6
Total	579	100.0	848	100.0	100.0

P158	District nurse	cf. L106, cf. C181, Z343, Q71, X515, Y333, U257, V323, W177
	Have you spoken to, visited or been visited by a district nurse or similar professional over the last 12 months?	

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	260	45.3	456	54.3	44.8
2 No	314	54.7	384	45.7	55.2
Total	574	100.0	840	100.0	100.0
-6 No answer	5		8		
Sum	579		848		

P159	Refrained from seeking medical care	L108, C183, Z339, X513
	Have you at anytime during last 12 months refrained from visiting a doctor even though you needed to?	

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	71	12.4	96	11.6	12.4
2 No	501	87.6	735	88.4	87.6
Total	572	100.0	831	100.0	100.0
-6 No answer	7		17		
Sum	579		848		

Reason for refraining from seeking medical care

If answering yes to question P159: In what way? Several answers possible.

P160

Financial reason for refraining

C174, Z340,
cf. X514,

Difficulties paying the patent's fee as reason for refraining from seeking medical care

		LNU		All		All weighted
		N	%	N	%	%
0	Not mentioned	70	98.6	95	99.0	98.6
1	Mentioned	1	1.4	1	1.0	1.4
	Total	71	100.0	96	100.0	100.0
-6	No answer	7		17		
-5	Did not refrain seeking medical care	501		735		
	Sum	579		848		

P161

Difficulties getting an appointment with doctor

C175, cf. Z341

Difficulties getting an appointment with a doctor as reason for refraining from seeking medical care

		LNU		All		All weighted
		N	%	N	%	%
0	Not mentioned	59	83.1	78	81.3	81.5
1	Mentioned	12	16.9	18	18.8	18.5
	Total	71	100.0	96	100.0	100.0
-6	No answer	7		17		
-5	Did not refrain seeking medical care	501		735		
	Sum	579		848		

P162

Difficulties getting to the doctor

C176, cf. Z341

Difficulties getting to the healthcare center/GP as reason for refraining from seeking medical care

		LNU		All		All weighted
		N	%	N	%	%
0	Not mentioned	65	91.5	85	88.5	90.2
1	Mentioned	6	8.5	11	11.5	9.8
	Total	71	100.0	96	100.0	100.0
-6	No answer	7		17		
-5	Did not refrain seeking medical care	501		735		
	Sum	579		848		

P163 **Waited out problem as reason for refraining**

C177, cf. Z341

IP refrained from seeking medical care and instead waited out or took care of the problems him/herself.

		LNU		All		All weighted
		N	%	N	%	%
0	Not mentioned	56	78.9	75	78.1	81.6
1	Mentioned	15	21.1	21	21.9	18.4
	Total	71	100.0	96	100.0	100.0
-6	No answer	7		17		
-5	Did not refrain seeking medical care	501		735		
	Sum	579		848		

P164 **Lack of confidence as reason for refraining**

C178

Lack of confidence in doctors as reason for refraining medical care

		LNU		All		All weighted
		N	%	N	%	%
0	Not mentioned	64	90.1	86	89.6	90.2
1	Mentioned	7	9.9	10	10.4	9.8
	Total	71	100.0	96	100.0	100.0
-6	No answer	7		17		
-5	Did not refrain seeking medical care	501		735		
	Sum	579		848		

P165 **Fear of COVID-19 as reason for refraining**

Fear of getting infected with COVID-19 as reason for refraining medical care

		LNU		All		All weighted
		N	%	N	%	%
0	Not mentioned	52	73.2	73	76.0	72.7
1	Mentioned	19	26.8	23	24.0	27.3
	Total	71	100.0	96	100.0	100.0
-6	No answer	7		17		
-5	Did not refrain seeking medical care	501		735		
	Sum	579		848		

P166 Burdening healthcare as reason for refraining

Did not want to burden the healthcare system during the pandemic as reason for refraining medical care

		LNU		All		All weighted
		N	%	N	%	%
0	Not mentioned	52	73.2	74	77.1	73.3
1	Mentioned	19	26.8	22	22.9	26.7
Total		71	100.0	96	100.0	100.0
-6	No answer	7		17		
-5	Did not refrain seeking medical care	501		735		
Sum		579		848		

P167 Other reasons for refraining medical care

C179, cf. Z341

		LNU		All		All weighted
		N	%	N	%	%
0	Not mentioned	52	73.2	74	77.1	73.3
1	Mentioned	19	26.8	22	22.9	26.7
Total		71	100.0	96	100.0	100.0
-6	No answer	7		17		
-5	Did not refrain seeking medical care	501		735		
Sum		579		848		

P168 No reason for refraining medical care mentioned

C180, Z342

		LNU		All		All weighted
		N	%	N	%	%
0	No	68	95.8	92	95.8	95.9
1	Yes	3	4.2	4	4.2	4.1
Total		71	100.0	96	100.0	100.0
-6	No answer	7		17		
-5	Did not refrain seeking medical care	501		735		
Sum		579		848		

P169	Dental care: Visit	L107, C182, S130, Z344, Q75, X516, Y334, U261, cf. V328, W182
	Have you visited a dentist during the last 12 months?	

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	391	68.4	538	64.4	68.4
2 No	181	31.6	297	35.6	31.6
Total	572	100.0	835	100.0	100.0
-6 No answer	7		13		
Sum	579		848		

P170	Refraining from seeking dental care	L108, C183, Z346, X517
	Have you at any time during the last 12 months refrained from visiting a dentist even though you needed to?	

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	68	11.9	98	11.8	12.5
2 No	504	88.1	732	88.2	87.5
Total	572	100.0	830	100.0	100.0
-6 No answer	23		29		
Sum	1 226		1 297		

Reason for refraining from seeking dental care

If answering yes to question P170: In what way? Several answers possible.

P171	Financial reason	L109, cf. C184, Z347, cf. X518
	Difficulties paying the patent's fee as reason for refraining from seeking dental care	

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	61	89.7	88	89.8	89.6
1 Mentioned	7	10.3	10	10.2	10.4
Total	68	100.0	98	100.0	100.0
-6 No answer	7		18		
-5 Did not refrain seeking dental care	504		732		
Sum	579		848		

P172 Difficulties getting to the dentist's surgery

L110, cf. C184, cf. Z348

		LNU		All		All weighted
		N	%	N	%	%
0	Not mentioned	61	89.7	86	87.8	90.8
1	Mentioned	7	10.3	12	12.2	9.2
Total		68	100.0	98	100.0	100.0
-6	No answer	7		18		
-5	Did not refrain seeking dental care	504		732		
Sum		579		848		

P173 Not able to sit in the dentist's chair

L111, cf. C184, cf. Z348

		LNU		All		All weighted
		N	%	N	%	%
0	Not mentioned	66	97.1	94	95.9	96.2
1	Mentioned	2	2.9	4	4.1	3.8
Total		68	100.0	98	100.0	100.0
-6	No answer	7		18		
-5	Did not refrain seeking dental care	504		732		
Sum		579		848		

P174 Scared/lacking trust for dentist

L112, cf. C184, cf. Z348

		LNU		All		All weighted
		N	%	N	%	%
0	Not mentioned	63	92.6	90	91.8	92.1
1	Mentioned	5	7.4	8	8.2	7.9
Total		68	100.0	98	100.0	100.0
-6	No answer	7		18		
-5	Did not refrain seeking dental care	504		732		
Sum		579		848		

P175 Too tired to manage visiting dentist

L113, cf. C184, cf. Z348

		LNU		All		All weighted
		N	%	N	%	%
0	Not mentioned	64	94.1	87	88.8	92.5
1	Mentioned	4	5.9	11	11.2	7.5
Total		68	100.0	98	100.0	100.0
-6	No answer	7		18		
-5	Did not refrain seeking dental care	504		732		
Sum		579		848		

P176 Fear of COVID-19 as reason for refraining dental care

Fear of getting infected with COVID-19 as reason for refraining dental care

		LNU		All		All weighted
		N	%	N	%	%
0	Not mentioned	26	38.2	47	48.0	40.3
1	Mentioned	42	61.8	51	52.0	59.7
	Total	68	100.0	98	100.0	100.0
-6	No answer	7		18		
-5	Did not refrain seeking dental care	504		732		
	Sum	579		848		

P177 Other reason for refraining dental care

L114, cf. C184,
cf. Z348

		LNU		All		All weighted
		N	%	N	%	%
0	Not mentioned	57	83.8	80	81.6	84.6
1	Mentioned	11	16.2	18	18.4	15.4
	Total	68	100.0	98	100.0	100.0
-6	No answer	7		18		
-5	Did not refrain seeking dental care	504		732		
	Sum	579		848		

P178 No reason for refraining dental care mentioned

Z349

		LNU		All		All weighted
		N	%	N	%	%
0	No	67	98.5	96	98.0	97.8
1	Yes	1	1.5	2	2.0	2.2
	Total	68	100.0	98	100.0	100.0
-6	No answer	7		18		
-5	Did not refrain seeking dental care	504		732		
	Sum	579		848		

Dental health

P179	Functional dental health	L115, C185, S126, Z350, Q77, X519, Y336, cf. U269, cf. V336, cf. W185
	Which of the following statements best describes the condition of your teeth?	

	LNU		All		All weighted
	N	%	N	%	%
1 No teeth or only a few	2	0.3	9	1.1	0.5
2 Complete or partial dentures	64	11.1	144	17.1	12.0
3 Own teeth, but in poor shape, many missing etc.	37	6.4	72	8.6	6.8
4 Own teeth, many fillings, bridges or implants	343	59.8	448	53.3	59.1
5 Own teeth in good shape, few or no fillings	128	22.3	168	20.0	21.7
Total	574	100.0	841	100.0	100.0
-6 No answer	5		7		
Sum	579		848		

P180	Problems with dentures	C186, S127, Z351, Q78, X520, Y337, U270, V337, W186
	Do your dentures work well or do you have trouble with them?	

	LNU		All		All weighted
	N	%	N	%	%
1 Work well	48	76.2	108	77.1	77.6
2 Have trouble with them	15	23.8	32	22.9	22.4
Total	63	100.0	140	100.0	100.0
-6 No answer	6		11		
-5 Do not have dentures	510		697		
Sum	579		848		

Health behaviours

P181 Smoking

Do you smoke or have you previously smoked?

L117, C189, Z358, Q83, X522,
Y340, cf. U278, cf. V340,
cf. W202, cf. W203

	LNU		All		All weighted
	N	%	N	%	%
1 Yes, but less than 10 cigarettes or equivalent a day	14	2.4	17	2.0	2.4
2 Yes, 10 or more cigarettes or equivalent a day	9	1.6	9	1.1	1.6
3 Have quit smoking	227	39.3	318	37.7	40.4
4 No, have never smoked	327	56.7	499	59.2	55.6
Total	577	100.0	843	100.0	100.0
-6 No answer	2		5		
Sum	579		848		

P182 How many years have you smoked in total?

C190, Z360, Q84, X523, Y341,
U279

	LNU		All		All weighted
	N	%	N	%	%
1 Have smoked 1 year in total	4	1.6	4	1.2	1.7
2	6	2.5	7	2.1	2.1
3	5	2.1	7	2.1	1.9
4	3	1.2	3	0.9	1.2
5	8	3.3	8	2.4	3.1
6	2	0.8	4	1.2	0.8
7	1	0.4	1	0.3	0.4
8	3	1.2	3	0.9	1.2
9	1	0.4	1	0.3	0.4
10	24	9.9	35	10.5	9.1
12	5	2.1	7	2.1	2.3
13	1	0.4	2	0.6	0.5
14	1	0.4	2	0.6	0.4
15	16	6.6	22	6.6	6.9
16	1	0.4	1	0.3	0.4
17	3	1.2	4	1.2	1.1
18	0	0	1	0.3	0.2
19	2	0.8	2	0.6	0.8
20	33	13.6	46	13.9	13.2
22	0	0	1	0.3	0.2
23	3	1.2	3	0.9	1.2
25	13	5.3	25	7.5	5.7
26	0	0	1	0.3	0.0
28	2	0.8	3	0.9	0.9
30	19	7.8	33	9.9	9.1
35	12	4.9	17	5.1	4.7
36	1	0.4	1	0.3	0.4
38	1	0.4	1	0.3	0.4

40		25	10.3	27	8.1	9.7
43		1	0.4	1	0.3	0.4
45		9	3.7	10	3.0	3.8
50		17	7.0	20	6.0	7.0
51		1	0.4	1	0.3	0.4
55		2	0.8	2	0.6	0.8
58		0	0	1	0.3	0.1
60		10	4.1	13	3.9	4.2
63		1	0.4	1	0.3	0.2
65		4	1.6	4	1.2	1.7
67		1	0.4	1	0.3	0.4
68		0	0	1	0.3	0.0
70		2	0.8	4	1.2	0.6
75	Have smoked 75 years in total	0	0	1	0.3	0.1
	Total	243	100.0	332	100.0	100.0
-6	No answer	9		17		
-5	Have never smoked	327		499		
	Sum	579		848		

P183

Frequency of alcohol usage

How often do you drink wine, strong beer or spirits?

L118, C191, Z362, Q86,
cf. Z361, cf. Q85, cf. X526,
cf. X525, cf. Y343, cf. U280,
cf. V341, cf. W204

		LNU		All		All weighted
		N	%	N	%	%
1	Almost every day (at least 5 days a week)	24	4.2	35	4.1	4.4
2	Several times a week (3-4 times a week)	52	9.0	65	7.7	9.4
3	A few times a week (1-2 times a week)	121	20.9	150	17.7	21.0
4	2-3 times a month	53	9.2	61	7.2	9.1
5	Once a month	64	11.1	82	9.7	10.5
6	1-6 times a year	100	17.3	145	17.1	17.4
7	Never	164	28.4	308	36.4	28.1
	Total	578	100.0	846	100.0	100.0
-6	No answer	1		2		
	Sum	579		848		

P184 Amount of alcohol usageL119, C192,
cf. X527

On a typical day when you drink alcohol, how many glasses of alcohol do you drink?

A glass is equivalent to one strong beer, a glass of wine, 4 cl of spirits or the equivalent.

	LNU		All		All weighted
	N	%	N	%	%
0 Half a glass	8	2.0	17	3.2	1.9
1 1 glass	229	55.9	319	60.0	55.9
2 2 glasses	139	33.9	159	29.9	33.5
3 3 glasses	27	6.6	30	5.6	7.0
4 4 glasses	4	1.0	4	0.8	1.0
5 5 glasses	2	0.5	2	0.4	0.5
9 9 glasses	1	0.2	1	0.2	0.3
Total	410	100.0	532	100.0	100.0
-6 No answer	5		8		
-5 IP does not drink	164		308		
Sum	579		848		

P185 Frequency of binge drinking

C193

How often do you drink 5 or more glasses on the same occasion?

	LNU		All		All weighted
	N	%	N	%	%
1 At least 5 times a week	0	0	0	0	0
2 3-4 times a week	0	0	0	0	0
3 1-2 times a week	3	0.7	3	0.6	0.7
4 1-2 times a month	7	1.7	8	1.5	1.8
5 Once a month	13	3.1	13	2.4	3.0
6 1-6 time a year	35	8.5	36	6.7	8.1
7 Never	356	86.0	478	88.8	86.4
Total	414	100.0	538	100.0	100.0
-6 No answer	1		2		
-5 IP does not drink	164		308		
Sum	579		848		

P186**Fresh vegetables**Z357, Q82, X521,
Y339, cf. U276,
cf. W198

How often do you include fresh vegetables in your meals?

	LNU		All		All weighted
	N	%	N	%	%
1 Every meal	84	14.5	122	14.4	14.4
2 At least one meal a day	259	44.7	366	43.2	45.0
3 Almost everyday	131	22.6	178	21.0	22.3
4 Sometime every week	78	13.5	112	13.2	13.4
5 Almost never	19	3.3	52	6.1	3.7
6 Never	8	1.4	18	2.1	1.1
Total	579	100.0	848	100.0	100.0
-6 No answer	0		0		
Sum	579		848		

P187**Eating cooked food**

cf. Q80, cf. Q81

How often do you eat cooked meals?

	LNU		All		All weighted
	N	%	N	%	%
1 At least once a day	541	93.8	789	93.4	93.5
2 4-6 days a week	21	3.6	33	3.9	4.1
3 1-3 days a week	13	2.3	16	1.9	2.0
4 Sometime every month	2	0.3	4	0.5	0.3
5 Almost never	0	0.0	3	0.4	0.0
Total	577	100.0	845	100.0	100.0
-6 No answer	2		3		
Sum	579		848		

P188**Change in eating cooked food**Since the start of the COVID-19 pandemic, has there been any
change in how often you eat cooked food?

	LNU		All		All weighted
	N	%	N	%	%
1 No change	558	97.0	816	97.0	97.1
2 More often	5	0.9	10	1.2	0.9
3 Less often	12	2.1	15	1.8	2.0
Total	575	100.0	841	100.0	100.0
-6 No answer	4		7		
Sum	579		848		

Cognitive tests

MMSE – Mini-mental state examination

Registration

Direct interviews only.

P189

MMSE: Registration

L120, C194,
S243, Z523,
Q135

Direct interviews only.

Now I would like to do some memory tests. I will start by naming three objects that I would like you to remember: key, toothbrush, lamp. Can you please repeat the objects?

		LNU		All		All weighted
		N	%	N	%	%
1	Yes, IP repeated the words	473	97.5	575	96.5	97.9
2	No, IP did not repeat the words	12	2.5	21	3.5	2.1
Total		485	100.0	596	100.0	100.0
-6	No answer	14		26		
-2	Indirect interview	67		203		
-1	Questionnaire	13		23		
Sum		579		848		

Orientation

cf. Q136

Direct interviews only.

P190

MMSE: Orientation_Weekday

L121, C195,
S246, Z524

Which day of the week is it today?

		LNU		All		All weighted
		N	%	N	%	%
1	Correct answer	475	98.1	581	97.6	98.4
2	Incorrect answer	9	1.9	14	2.4	1.6
Total		484	100.0	595	100.0	100.0
-6	No answer	15		27		
-2	Indirect interview	67		203		
-1	Questionnaire	13		23		
Sum		579		848		

P191	MMSE: Orientation_Year	L122, C196, S247, Z525, Q136a
	What year is it now?	

	LNU		All		All weighted
	N	%	N	%	%
1 Correct answer	462	96.5	557	95.1	96.2
2 Incorrect answer	17	3.5	29	4.9	3.8
Total	479	100.0	586	100.0	100.0
-6 No answer	20		36		
-2 Indirect interview	67		203		
-1 Questionnaire	13		23		
Sum	579		848		

P192	MMSE: Orientation_Month	L123, C197, S248, Z526, Q136b
	Which month is it now?	

	LNU		All		All weighted
	N	%	N	%	%
1 Correct answer	472	97.3	579	97.0	97.3
2 Incorrect answer	13	2.7	18	3.0	2.7
Total	485	100.0	597	100.0	100.0
-6 No answer	14		25		
-2 Indirect interview	67		203		
-1 Questionnaire	13		23		
Sum	579		848		

P193	MMSE: Orientation_Date	L124, C198, S249, Z527, cf. Q136c
	What is today's date? (If IP answers with yesterday's date or tomorrow's, the interviewer should make a note of this)	

	LNU		All		All weighted
	N	%	N	%	%
1 Correct answer	394	83.5	483	83.9	84.0
2 Incorrect answer	26	5.5	36	6.3	5.3
3 IP answered yesterday's or tomorrow's date	52	11.0	57	9.9	10.7
Total	472	100.0	576	100.0	100.0
-6 No answer	27		46		
-2 Indirect interview	67		203		
-1 Questionnaire	13		23		
Sum	579		848		

P194	MMSE: Orientation_Country	L125, C199, S250, Z528, Q136d
What country are we in?		

	LNU		All		All weighted
	N	%	N	%	%
1 Correct answer	485	100.0	594	99.7	99.9
2 Incorrect answer	0	0.0	2	0.3	0.1
Total	485	100.0	596	100.0	100.0
-6 No answer	14		26		
-2 Indirect interview	67		203		
-1 Questionnaire	13		23		
Sum	579		848		

Delayed recall

Q137

Direct interviews only.

Could you please repeat the three items I mentioned before?
The order does not matter.

P195	MMSE: Delayed recall_Key	L126, C200, S251, Z529, Q137a
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	LNU		All		All weighted
	N	%	N	%	%
1 Yes, IP successfully repeat the object	428	90.3	503	86.3	90.0
2 No, IP did not repeat the object	46	9.7	80	13.7	10.0
Total	474	100.0	583	100.0	100.0
-6 No answer	25		39		
-2 Indirect interview	67		203		
-1 Questionnaire	13		23		
Sum	579		848		

P196	MMSE: Delayed recall_Toothbrush	L127, C201, S252, Z530, Q137b
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	LNU		All		All weighted
	N	%	N	%	%
1 Yes, IP successfully repeat the object	408	87.2	481	83.8	87.1
2 No, IP did not repeat the object	60	12.8	93	16.2	12.9
Total	468	100.0	574	100.0	100.0
-6 No answer	31		48		
-2 Indirect interview	67		203		
-1 Questionnaire	13		23		
Sum	579		848		

P197 MMSE: Delayed recall_LampL128, C202, S253,
Z531, Q137c

	LNU		All		All weighted
	N	%	N	%	%
1 Yes, IP successfully repeat the object	372	79.3	441	76.7	79.0
2 No, IP did not repeat the object	97	20.7	134	23.3	21.0
Total	469	100.0	575	100.0	100.0
-6 No answer	30		47		
-2 Indirect interview	67		203		
-1 Questionnaire	13		23		
Sum	579		848		

Attention/concentration

cf. Q138

Direct interviews only.

Subtract seven (7) from 100. Then keep subtracting seven (7) from what is left.

A correct answer is only depending on the last answer; the answer is correct as long as it is the last number stated minus seven even if the last answer was incorrect.

P198 MMSE: Serial sevens_First answerL130, C204, S255,
Z532

	LNU		All		All weighted
	N	%	N	%	%
1 Correct answer	463	97.1	564	96.1	96.9
2 Incorrect answers	14	2.9	23	3.9	3.1
Total	477	100.0	587	100.0	100.0
-6 No answer	22		35		
-2 Indirect interview	67		203		
-1 Questionnaire	13		23		
Sum	579		848		

P199 MMSE: Serial sevens_Second answerL131, C205, S256,
Z533

	LNU		All		All weighted
	N	%	N	%	%
1 Correct answer	373	81.3	446	78.7	81.7
2 Incorrect answers	86	18.7	121	21.3	18.3
Total	459	100.0	567	100.0	100.0
-6 No answer	40		55		
-2 Indirect interview	67		203		
-1 Questionnaire	13		23		
Sum	579		848		

P200**MMSE: Serial sevens_Third answer**L132, C206, S257,
Z534

	LNU		All		All weighted
	N	%	N	%	%
1 Correct answer	402	88.5	484	86.3	88.9
2 Incorrect answers	52	11.5	77	13.7	11.1
Total	454	100.0	561	100.0	100.0
-6 No answer	45		61		
-2 Indirect interview	67		203		
-1 Questionnaire	13		23		
Sum	579		848		

P201**MMSE: Serial sevens_Fourth answer**L133, C207, S258,
Z535

	LNU		All		All weighted
	N	%	N	%	%
1 Correct answer	411	90.7	495	88.9	90.9
2 Incorrect answers	42	9.3	62	11.1	9.1
Total	453	100.0	557	100.0	100.0
-6 No answer	46		65		
-2 Indirect interview	67		203		
-1 Questionnaire	13		23		
Sum	579		848		

P202**MMSE: Serial sevens_Fifth answer**L134, C208, S259,
Z536

	LNU		All		All weighted
	N	%	N	%	%
1 Correct answer	399	89.1	480	87.6	89.8
2 Incorrect answers	49	10.9	68	12.4	10.2
Total	448	100.0	548	100.0	100.0
-6 No answer	51		74		
-2 Indirect interview	67		203		
-1 Questionnaire	13		23		
Sum	579		848		

P203 MMSE: Serial sevens_Number of correct answers

L129, C203,
cf. S260, cf. Z537

Summarised index of P198-P202.

		LNU		All		All weighted
		N	%	N	%	%
0	No correct answers	5	1.0	11	1.9	1.1
1	1 correct answer	24	5.0	32	5.5	4.9
2	2 correct answers	10	2.1	17	2.9	2.4
3	3 correct answers	50	10.5	63	10.7	9.8
4	4 correct answers	86	18.0	106	18.1	17.2
5	5 correct answers	302	63.3	358	61.0	64.5
Total		477	100.0	587	100.0	100.0
-6	No answer	22		35		
-2	Indirect interview	67		203		
-1	Questionnaire	13		23		
Sum		579		848		

P204 MMSE: Serial sevens_comparable to 1992

Q138a

Summarised index of P198-P202, where the number of correct answers are calculated to be comparable to how the question was asked in 1992.

		LNU		All		All weighted
		N	%	N	%	%
0	No correct answers	8	1.7	15	2.6	1.8
1	1 correct answer	96	20.1	126	21.5	19.5
2	2 correct answers	29	6.1	38	6.5	5.8
3	3 correct answers	22	4.6	27	4.6	4.5
4	4 correct answers	20	4.2	23	3.9	3.8
5	5 correct answers	302	63.3	358	61.0	64.5
Total		477	100.0	587	100.0	100.0
-6	No answer	22		35		
-2	Indirect interview	67		203		
-1	Questionnaire	13		23		
Sum		579		848		

P205 Mini-mental state examination (MMSE SF-C)

Cognitive performance is based on items from the Mini Mental State Examination (Folstein et al., 1975)². The short form consists of four domains:

1. Registration: Registering and repeating three objects (one point if all three registered in one trial).
2. Orientation: Which weekday/year/month/date is it now? What country are we in? (one point for each correct answer).
3. Delayed recall: Repeat the three objects from the first task (one point for each correct answer).
4. Attention/concentration: Subtract 7 from 100, repeat five times (0.4 points for each correct answer).

Thus, the scoring range is between 0 and 11, with values rounded to the closest integer. The test has been described in detail by Ericsson et al. (2016)³.

	LNU	All	All weighted
Minimum value	0	0	0
Maximum value	11	11	11
Mean	9.8	9.5	9.8
Std. Deviation	1.6	1.9	1.6
Valid	488	606	
-6 No answer	11	16	
-2 Indirect interview	67	203	
-1 Questionnaire	13	23	
Sum	579	848	

P206 Dichotomised MMSE SF-C

	LNU		All		All weighted
	N	%	N	%	%
0 Did not manage test	41	8.4	75	12.4	8.5
1 Managed test	447	91.6	531	87.6	91.5
Total	488	100.0	606	100.0	100.0
-6 No answer	11		16		
-2 Indirect interview	67		203		
-1 Questionnaire	13		23		
Sum	579		848		

² Folstein, M.F., Folstein, S.E., & McHugh, P.R. (1975). Mini mental state: a practical method for grading the cognitive state of patients for the clinician. *Journal of Psychiatric Research*, 12:189–198.

³ Ericsson, M. C., Gatz, M., Kåreholt, I., Parker, M. G., & Fors, S. (2017). Validation of abridged mini-mental state examination scales using population-based data from Sweden and USA. *European Journal of Ageing*, 14, 199–205.

To cope with everyday life

IADL – Instrumental Activities of Daily Living

The questions P207-P230 are not answered by those currently living in institutional care.

P207 Buying food

L136, C218, S132, Z364, Q88

Do you usually buy food yourself?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes, completely by myself	324	59.9	360	51.1	60.2
2 Yes, with help	100	18.5	125	17.8	18.1
3 No, not at all	90	16.6	185	26.3	17.0
4 No, due to the pandemic	27	5.0	34	4.8	4.7
Total	541	100.0	704	100.0	100.0
-6 No answer	1		1		
-3 Living in an institution	37		143		
Sum	579		848		

Help to buy food

Q89

If answering no or help needed: Who usually helps you with the food shopping?

P208 Help to buy food: Husband/wife/cohabitant

C219, S132, Z364, Q89a

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	97	44.7	199	57.8	42.1
1 Mentioned	120	55.3	145	42.2	57.9
Total	217	100.0	344	100.0	100.0
-6 No answer	1		1		
-5 No help needed	324		360		
-3 Living in an institution	37		143		
Sum	579		848		

P209 Help to buy food: Daughter

C220, S134, Z366

		LNU		All		All weighted
		N	%	N	%	%
0	Not mentioned	191	88.0	297	86.3	89.3
1	Mentioned	26	12.0	47	13.7	10.7
Total		217	100.0	344	100.0	100.0
-6	No answer	1		1		
-5	No help needed	324		360		
-3	Living in an institution	37		143		
Sum		579		848		

P210 Help to buy food: Son

C221, S135, Z367

		LNU		All		All weighted
		N	%	N	%	%
0	Not mentioned	199	91.7	312	90.7	91.4
1	Mentioned	18	8.3	32	9.3	8.6
Total		217	100.0	344	100.0	100.0
-6	No answer	1		1		
-5	No help needed	324		360		
-3	Living in an institution	37		143		
Sum		579		848		

P211 Help to buy food: Other female relative

C222, S136, Z368

		LNU		All		All weighted
		N	%	N	%	%
0	Not mentioned	203	93.5	307	89.2	93.5
1	Mentioned	14	6.5	37	10.8	6.5
Total		217	100.0	344	100.0	100.0
-6	No answer	1		1		
-5	No help needed	324		360		
-3	Living in an institution	37		143		
Sum		579		848		

P212 Help to buy food: Other male relative

C223, S137, Z369

		LNU		All		All weighted
		N	%	N	%	%
0	Not mentioned	212	97.7	321	93.3	97.0
1	Mentioned	5	2.3	23	6.7	3.0
Total		217	100.0	344	100.0	100.0
-6	No answer	1		1		
-5	No help needed	324		360		
-3	Living in an institution	37		143		
Sum		579		848		

P213 Help to buy food: Other person

C224, S138, Z370

		LNU		All		All weighted
		N	%	N	%	%
0	Not mentioned	201	92.6	321	93.3	93.9
1	Mentioned	16	7.4	23	6.7	6.1
Total		217	100.0	344	100.0	100.0
-6	No answer	1		1		
-5	No help needed	324		360		
-3	Living in an institution	37		143		
Sum		579		848		

P214 Help to buy food: The home-care services

C225, S139, Z371, Q89f

		LNU		All		All weighted
		N	%	N	%	%
0	Not mentioned	195	89.9	292	84.9	91.0
1	Mentioned	22	10.1	52	15.1	9.0
Total		217	100.0	344	100.0	100.0
-6	No answer	1		1		
-5	No help needed	324		360		
-3	Living in an institution	37		143		
Sum		579		848		

P215 Help to buy food: Privately paid help

C226, S140, Z372

		LNU		All		All weighted
		N	%	N	%	%
0	Not mentioned	197	90.8	315	91.6	90.8
1	Mentioned	20	9.2	29	8.4	9.2
Total		217	100.0	344	100.0	100.0
-6	No answer	1		1		
-5	No help needed	324		360		
-3	Living in an institution	37		143		
Sum		579		848		

P216 Help to buy food: Not specified

Z374

No source of help mentioned

		LNU		All		All weighted
		N	%	N	%	%
0	Not mentioned	0	0	343	99.7	100.0
1	Mentioned	217	100.0	1	0.3	0.0
Total		217	100.0	344	100.0	100.0
-6	No answer	1		1		
-5	No help needed	324		360		
-3	Living in an institution	37		143		
Sum		579		848		

P217 Ability to buy food

L137, C228, S143, Z375, Q90

Would you be able to buy food if you had to?

		LNU		All		All weighted
		N	%	N	%	%
1	Yes	138	65.1	173	51.2	64.9
2	No	74	34.9	165	48.8	35.1
Total		212	100.0	338	100.0	100.0
-6	No answer	6		7		
-5	No help needed	324		360		
-3	Living in an institution	37		143		
Sum		579		848		

P218**Preparing food/cooking**L138, C229, S145, Z377, cf.
Q91

Do you usually prepare food yourself?

		LNU		All		All weighted
		N	%	N	%	%
1	Yes, completely by myself	370	68.5	443	63.0	67.9
2	Yes, with help	59	10.9	77	11.0	11.7
3	No, not at all	111	20.6	183	26.0	20.4
Total		540	100.0	703	100.0	100.0
-6	No answer	2		2		
-3	Living in an institution	37		143		
Sum		579		848		

P219**Ability to prepare food/cook**L139, C239, S156, Z388,
Q93

Would you be able to prepare food if you had to?

		LNU		All		All weighted
		N	%	N	%	%
1	Yes	110	66.3	134	52.8	65.5
2	No	56	33.7	120	47.2	34.5
Total		166	100.0	254	100.0	100.0
-6	No answer	6		8		
-5	No help needed	370		443		
-3	Living in an institution	37		143		
Sum		579		848		

P220**Housecleaning**L140, C240, S158, Z390,
Q94

Do you usually clean the house by yourself?

		LNU		All		All weighted
		N	%	N	%	%
1	Yes, completely by myself	271	50.0	304	43.1	51.1
2	Yes, with help	149	27.5	180	25.5	27.7
3	No, not at all	122	22.5	221	31.3	21.2
Total		542	100.0	705	100.0	100.0
-6	No answer	0		0		
-3	Living in an institution	37		143		
Sum		579		848		

Help to clean

Q95

If answering no or help needed: Who usually helps you with the cleaning?

Several answers possible.

P221

Help to clean: Husband/wife/cohabitant

L141, C241, S159, Z391, Q95a

		LNU		All		All weighted
		N	%	N	%	%
0	Not mentioned	124	45.8	231	57.6	43.0
1	Mentioned	147	54.2	170	42.4	57.0
Total		271	100.0	401	100.0	100.0
-6	No answer	0		0		
-5	No help needed	271		304		
-3	Living in an institution	37		143		
Sum		579		848		

P222

Help to clean: Daughter

L142, C242, S160, Z392

		LNU		All		All weighted
		N	%	N	%	%
0	Not mentioned	260	95.9	380	94.8	96.2
1	Mentioned	11	4.1	21	5.2	3.8
Total		271	100.0	401	100.0	100.0
-6	No answer	0		0		
-5	No help needed	271		304		
-3	Living in an institution	37		143		
Sum		579		848		

P223

Help to clean: Son

L143, C243, S161, Z393

		LNU		All		All weighted
		N	%	N	%	%
0	Not mentioned	268	98.9	391	97.5	98.6
1	Mentioned	3	1.1	10	2.5	1.4
Total		271	100.0	401	100.0	100.0
-6	No answer	0		0		
-5	No help needed	271		304		
-3	Living in an institution	37		143		
Sum		579		848		

P224 Help to clean: Other female relative

L144, C244, S162, Z394

		LNU		All		All weighted
		N	%	N	%	%
0	Not mentioned	266	98.2	381	95.0	97.3
1	Mentioned	5	1.8	20	5.0	2.7
Total		271	100.0	401	100.0	100.0
-6	No answer	0		0		
-5	No help needed	271		304		
-3	Living in an institution	37		143		
Sum		579		848		

P225 Help to clean: Other male relative

L145, C245, S163, Z395

		LNU		All		All weighted
		N	%	N	%	%
0	Not mentioned	269	99.3	397	99.0	99.4
1	Mentioned	2	0.7	4	1.0	0.6
Total		271	100.0	401	100.0	100.0
-6	No answer	0		0		
-5	No help needed	271		304		
-3	Living in an institution	37		143		
Sum		579		848		

P226 Help to clean: Other person

L146, C246, S164, Z396

		LNU		All		All weighted
		N	%	N	%	%
0	Not mentioned	264	97.4	391	97.5	97.9
1	Mentioned	7	2.6	10	2.5	2.1
Total		271	100.0	401	100.0	100.0
-6	No answer	0		0		
-5	No help needed	271		304		
-3	Living in an institution	37		143		
Sum		579		848		

P227	Help to clean: The home-care services	L147, C247, S165, Z397, cf. Q95f
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		LNU		All		All weighted
		N	%	N	%	%
0	Not mentioned	226	83.4	309	77.1	86.2
1	Mentioned	45	16.6	92	22.9	13.8
Total		271	100.0	401	100.0	100.0
-6	No answer	0		0		
-5	No help needed	271		304		
-3	Living in an institution	37		143		
Sum		579		848		

P228	Help to clean: Privately paid help	L148, 248, S166, Z398
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		LNU		All		All weighted
		N	%	N	%	%
0	Not mentioned	209	77.1	304	75.8	77.0
1	Mentioned	62	22.9	97	24.2	23.0
Total		271	100.0	401	100.0	100.0
-6	No answer	0		0		
-5	No help needed	271		304		
-3	Living in an institution	37		143		
Sum		579		848		

P229	Help to clean: Not specified	Z400
No source of help mentioned		

		LNU		All		All weighted
		N	%	N	%	%
0	Not mentioned	269	99.3	398	99.3	99.2
1	Mentioned	2	0.7	3	0.7	0.8
Total		271	100.0	401	100.0	100.0
-6	No answer	0		0		
-5	No help needed	271		304		
-3	Living in an institution	37		143		
Sum		579		848		

P230 Ability to cleanL150, C250, S169, Z401, cf. Q96,
cf. CLEANWould you be able to do the cleaning yourself
if you had to?

		LNU		All		All weighted
		N	%	N	%	%
1	Yes	149	55.6	178	44.9	56.6
2	No	119	44.4	218	55.1	43.4
Total		268	100.0	396	100.0	100.0
-6	No answer	3		5		
-5	No help needed	271		304		
-3	Living in an institution	37		143		
Sum		579		848		

P231 Summarised index of IADL

L151, C251, S190, Z422, cf. IADL

Number of IADL tasks buying food (P207),
preparing food/cooking (P218) and cleaning the
house (P220) that the IP could manage
completely by him/herself.

		LNU		All		All weighted
		N	%	N	%	%
0	Not able to perform any of the tasks	115	21.3	197	28.0	21.9
1	Able to perform one of the tasks	98	18.1	136	19.3	17.2
2	Able to perform two of the tasks	115	21.3	140	19.9	20.5
3	Able to perform all three tasks	212	39.3	230	32.7	40.4
Total		540	100.0	703	100.0	100.0
-6	No answer	2		2		
-3	Living in an institution	37		143		
Sum		579		848		

ADL – Activities of Daily Living

P232 Bathing or showering

L154, C252, S171, cf. Z403, Q102

Can you bathe/shower by yourself?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes, manage completely by myself	496	85.7	610	72.1	86.3
2 Yes, with help	54	9.3	132	15.6	8.7
3 No, not at all	29	5.0	104	12.3	5.1
Total	579	100.0	846	100.0	100.0
-6 No answer	0		2		
Sum	579		848		

P233 Hair/head washing

L155, C268, S189, Z421, Q104

Can you wash your hair/head by yourself?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes, manage completely by myself	512	88.4	635	75.0	88.5
2 Yes, with help	38	6.6	108	12.8	6.4
3 No, not at all	29	5.0	104	12.3	5.0
Total	579	100.0	847	100.0	100.0
-6 No answer	0		1		
Sum	579		848		

P234 Eating

L152, C263, S184, Z416, Q97

Can you eat by yourself?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes, manage completely by myself	564	97.4	798	94.1	97.3
2 Yes, with help	12	2.1	39	4.6	2.1
3 No, not at all	3	0.5	11	1.3	0.6
Total	579	100.0	848	100.0	100.0
-6 No answer	0		0		
Sum	579		848		

P235**Toilet visits**

L153, C264, S185, Z417, Q98

Can you go to the toilet by yourself?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes, manage completely by myself	545	94.1	735	86.8	93.9
2 Yes, with help	17	2.9	55	6.5	3.0
3 No, not at all	17	2.9	57	6.7	3.1
Total	579	100.0	847	100.0	100.0
-6 No answer	0		1		
Sum	579		848		

P236**Dressing and undressing**

L156, C265, S186, Z418, Q100

Can you dress and undress yourself?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes, manage completely by myself	529	91.4	683	80.5	91.2
2 Yes, with help	33	5.7	109	12.9	5.9
3 No, not at all	17	2.9	56	6.6	3.0
Total	579	100.0	848	100.0	100.0
-6 No answer	0		0		
Sum	579		848		

P237**Getting up and going to bed**

L157, C266, S187, Z419, Q101

Can you get in and out of bed by yourself?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes, manage completely by myself	547	94.5	737	87.0	94.4
2 Yes, with help	19	3.3	65	7.7	3.2
3 No, not at all	13	2.2	45	5.3	2.4
Total	579	100.0	847	100.0	100.0
-6 No answer	0		1		
Sum	579		848		

P238**Cutting toenails**

C267, S188, Z420, Q103

Can you cut your toenails by yourself?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes, manage completely by myself	386	66.7	437	51.5	68.1
2 Yes, with help	38	6.6	67	7.9	6.5
3 No, not at all	155	26.8	344	40.6	25.4
Total	579	100.0	848	100.0	100.0
-6 No answer	0		0		
Sum	579		848		

P239**Summarised index of ADL I**C269, cf. S191*,
cf. Z423*,
cf. ADL1*

Summarised index based on tasks in P233 (hair/head washing), P234 (eating), P235 (toilet visits), P236 (dressing and undressing) and P237 (getting up and going to bed).

0=did not manage task
1=managed task with help
2=managed task

* In SWEOLD 1992, 2002 and 2004, the task bathing/showering was included in the ADL I index. However, this question was not asked to respondents living in an institution. In SWEOLD 2011 and 2021, the question about bathing/showering was replaced with the question about hair washing, which has, in all surveys, been asked to all respondents.

	LNU		All		All weighted
	N	%	N	%	%
0 Not able to perform any of the tasks	3	0.5	9	1.1	0.5
1 One of the tasks	5	0.9	14	1.7	0.8
2	2	0.3	9	1.1	0.3
3	3	0.5	10	1.2	0.7
4	1	0.2	11	1.3	0.2
5	8	1.4	25	3.0	1.5
6	8	1.4	36	4.3	1.3
7	9	1.6	29	3.4	1.7
8	15	2.6	39	4.6	2.7
9	30	5.2	57	6.7	4.7
10 Managed all five tasks	495	85.5	606	71.7	85.6
Total	579	100.0	845	100.0	100.0
-6 One or several answers missing	0		3		
Sum	579		848		

P240**Summarised index of ADL II**

L158, C270,
cf. S192*,
cf. Z424*,
cf. ADL2*

Number of tasks IP could manage without help. Summarised index based on tasks in P234 (eating), P235 (toilet visits), P233 (hair/head washing), P236(dressing and undressing) and P237 (getting up and going to bed).

* In SWEOLD 1992, 2002 and 2004, the task bathing/showering was included in the ADL I index. However, this question was not asked to respondents living in an institution. In SWEOLD 2011, 2014 and 2021, the question about bathing/showering was replaced with the question about hair washing, which has, in all surveys, been asked to all respondents.

	LNU		All		All weighted
	N	%	N	%	%
0 Not able to perform any of the tasks	12	2.1	35	4.1	2.1
1 One of the tasks	12	2.1	54	6.4	2.2
2 Two of the tasks	11	1.9	34	4.0	1.9
3 Three of the tasks	8	1.4	35	4.1	1.8
4 Four of the tasks	41	7.1	81	9.6	6.5
5 Managed all five tasks	495	85.5	606	71.7	85.6
Total	579	100.0	845	100.0	100.0
-6 One or several answers missing	0		3		
Sum	579		848		

Help with ADL

If answering no or help needed to any of the questions P232-P238: Who usually helps you with the activities of daily living?

Several answers possible.

P241**Help with ADL:
Husband/wife/cohabitant**

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	177	84.3	386	89.6	83.2
1 Mentioned	33	15.7	45	10.4	16.8
Total	210	100.0	431	100.0	100.0
-6 No answer	0		0		
-5 No help needed	369		417		
Sum	579		848		

P242 Help with ADL: Daughter

cf.C278

		LNU		All		All weighted
		N	%	N	%	%
0	Not mentioned	201	95.7	414	96.1	95.8
1	Mentioned	9	4.3	17	3.9	4.2
Total		210	100.0	431	100.0	100.0
-6	No answer	0		0		
-5	No help needed	369		417		
Sum		579		848		

P243 Help with ADL: Son

cf.C279

		LNU		All		All weighted
		N	%	N	%	%
0	Not mentioned	208	99.0	429	99.5	99.1
1	Mentioned	2	1.0	2	0.5	0.9
Total		210	100.0	431	100.0	100.0
-6	No answer	0		0		
-5	No help needed	369		417		
Sum		579		848		

P244 Help with ADL: Other female relative

cf.C280

		LNU		All		All weighted
		N	%	N	%	%
0	Not mentioned	203	96.7	407	94.4	96.6
1	Mentioned	7	3.3	24	5.6	3.4
Total		210	100.0	431	100.0	100.0
-6	No answer	0		0		
-5	No help needed	369		417		
Sum		579		848		

P245 Help with ADL: Other male relative

cf.C281

		LNU		All		All weighted
		N	%	N	%	%
0	Not mentioned	208	99.0	424	98.4	99.5
1	Mentioned	2	1.0	7	1.6	0.5
Total		210	100.0	431	100.0	100.0
-6	No answer	0		0		
-5	No help needed	369		417		
Sum		579		848		

P246 Help with ADL: Other person

cf.C282

		LNU		All		All weighted
		N	%	N	%	%
0	Not mentioned	202	96.2	420	97.4	96.8
1	Mentioned	8	3.8	11	2.6	3.2
Total		210	100.0	431	100.0	100.0
-6	No answer	0		0		
-5	No help needed	369		417		
Sum		579		848		

P247 Help with ADL: Care staff

cf. L160, cf.C272, cf. S194,
cf. Z427, cf. Q72

		LNU		All		All weighted
		N	%	N	%	%
0	Not mentioned	173	82.4	295	68.4	81.1
1	Mentioned	37	17.6	136	31.6	18.9
Total		210	100.0	431	100.0	100.0
-6	No answer	0		0		
-5	No help needed	369		417		
Sum		579		848		

P248 Help with ADL: Privately paid help

		LNU		All		All weighted
		N	%	N	%	%
0	Not mentioned	85	40.5	197	45.7	40.3
1	Mentioned	125	59.5	234	54.3	59.7
Total		210	100.0	431	100.0	100.0
-6	No answer	0		0		
-5	No help needed	369		417		
Sum		579		848		

P249 Help with ADL: Primary care

		LNU		All		All weighted
		N	%	N	%	%
0	Not mentioned	207	98.6	421	97.7	98.4
1	Mentioned	3	1.4	10	2.3	1.6
Total		210	100.0	431	100.0	100.0
-6	No answer	0		0		
-5	No help needed	369		417		
Sum		579		848		

P250 Help with ADL: Not specifiedcf. C283

		LNU		All		All weighted
		N	%	N	%	%
0	Not mentioned	202	96.2	422	97.9	97.2
1	Mentioned	8	3.8	9	2.1	2.8
Total		210	100.0	431	100.0	100.0
-6	No answer	0		0		
-5	No help needed	369		417		
Sum		579		848		

P251 Frequency of getting help with ADLcf. C277

How often do you get help with the activities of daily living?

		LNU		All		All weighted
		N	%	N	%	%
1	Yes, daily	52	25.6	173	40.8	29.4
2	Yes, several times a week	17	8.4	25	5.9	6.4
3	Yes, once a week	18	8.9	37	8.7	8.6
4	Yes, a few or several times a month	44	21.7	78	18.4	18.9
5	Less often	72	35.5	111	26.2	36.6
Total		203	100.0	424	100.0	100.0
-6	No answer	7		7		
-5	No help needed	369		417		
Sum		579		848		

Home-care services

Over the last 12 months, have you or anyone else in your household received help with practical or personal tasks from the home-care services?

Questions P252-P271 are not answered by those currently living in institutional care.

If yes, who in the household received help?

Several answers possible.

P252 Home-care services: myself L160, C272, S194, Z427, Q72

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	16	21.1	19	13.0	20.6
1 Mentioned	60	78.9	127	87.0	79.4
Total	76	100.0	146	100.0	100.0
-6 No answer	6		6		
-5 Receive no home-care services	460		553		
-3 Living in an institution	37		143		
Sum	579		848		

P253 Home-care services: Husband/wife/cohabitant L161, C273

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	61	80.3	128	87.7	79.2
1 Mentioned	15	19.7	18	12.3	20.8
Total	76	100.0	146	100.0	100.0
-6 No answer	6		6		
-5 Receive no home-care services	460		553		
-3 Living in an institution	37		143		
Sum	579		848		

P254 Home-care services: Someone else in the household L162, C274

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	73	96.1	142	97.3	97.7
1 Mentioned	3	3.9	4	2.7	2.3
Total	76	100.0	146	100.0	100.0
-6 No answer	6		6		
-5 Receive no home-care services	460		553		
-3 Living in an institution	37		143		
Sum	579		848		

P255	Dichotomised home-care services	C271, S194, Z427, Q72
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	LNU		All		All weighted
	N	%	N	%	%
1 Yes	76	14.2	146	20.9	13.8
2 No	460	85.8	553	79.1	86.2
Total	536	100.0	699	100.0	100.0
-6 No answer	6		6		
-3 Living in an institution	37		143		
Sum	579		848		

P256	Frequency of visits by home-care services	L163, C275, S195, Z428, cf. Q73
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How often do you or anyone in your household get help from the home-care services?

	LNU		All		All weighted
	N	%	N	%	%
1 Daily	45	60.0	102	70.8	60.8
2 Several times a week	5	6.7	8	5.6	6.5
3 Once a week	10	13.3	15	10.4	14.8
4 A few or several times a month	8	10.7	12	8.3	8.3
5 Less often	7	9.3	7	4.9	9.7
Total	75	100.0	144	100.0	100.0
-6 No answer	7		8		
-5 Receive no home-care services	460		553		
-3 Living in an institution	37		143		
Sum	579		848		

P257	Privately paid help	L164, C276, Z431
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Have you paid for help with housework, such as cleaning, during the last 12 months?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes, daily	2	0.4	2	0.3	0.1
2 Yes, several times a week	5	0.9	7	1.0	0.9
3 Yes, once a week	28	5.2	41	5.8	4.7
4 Yes, a few or several times a month	69	12.8	105	15.0	13.2
5 Less often	54	10.0	68	9.7	10.1
No, never	381	70.7	478	68.2	71.1
-6 No answer	3		4		
-3 Living in an institution	37		143		
Sum	579		848		

Help and social support from relatives and friends

Have you, over the last 12 months, received any help from relatives or friends (not living with you) with any of the following:

P258 Help from kin and kith: Repairs or maintenance C284, Z434, X772

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	140	26.2	201	29.0	26.4
2 No	394	73.8	492	71.0	73.6
Total	534	100.0	693	100.0	100.0
-6 No answer	8		12		
-3 Living in an institution	37		143		
Sum	579		848		

P259 Help from kin and kith: Gardening C285, Z435

(gardening, snow shovelling, etc.)

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	104	19.7	151	21.9	19.9
2 No	425	80.3	537	78.1	80.1
Total	529	100.0	688	100.0	100.0
-6 No answer	13		17		
-3 Living in an institution	37		143		
Sum	579		848		

P260 Help from kin and kith: Private economy C286, Z436

(paying the bills, taking care of insurance etc.)

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	96	16.9	262	31.6	16.6
2 No	473	83.1	568	68.4	83.4
Total	569	100.0	830	100.0	100.0
-6 No answer	10		18		
Sum	579		848		

P261	Help from kin and kith: Buying clothes/ other items	C287, Z437
	(clothes or other personal items)	

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	97	17.1	264	31.9	16.6
2 No	471	82.9	564	68.1	83.4
Total	568	100.0	828	100.0	100.0
-6 No answer	11		20		
Sum	579		848		

P262	Help from kin and kith: Getting rides	C288, Z438
	(e.g., to the doctor/pharmacy/hairdresser/bank)	

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	149	26.2	307	37.0	26.5
2 No	420	73.8	522	63.0	73.5
Total	569	100.0	829	100.0	100.0
-6 No answer	10		19		
Sum	579		848		

**If yes to any of the questions P258-P262,
who is it that normally helps you?**

Several answers possible.

P263	Help from kins: Non cohabiting partner
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	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	280	94.6	491	94.6	93.7
1 Mentioned	16	5.4	28	5.4	6.3
Total	296	100.0	519	100.0	100.0
-6 No answer	0		0		
-5 No help received	283		329		
Sum	579		848		

P264 Help from kins: Daughter

C289

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	205	69.3	379	73.0	71.2
1 Mentioned	91	30.7	140	27.0	28.8
Total	296	100.0	519	100.0	100.0
-6 No answer	0		0		
-5 No help received	283		329		
Sum	579		848		

P265 Help from kins: Son

C290

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	206	69.6	388	74.8	69.1
1 Mentioned	90	30.4	131	25.2	30.9
Total	296	100.0	519	100.0	100.0
-6 No answer	0		0		
-5 No help received	283		329		
Sum	579		848		

P266 Help from kins: Other female relative

C291

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	248	83.8	384	74.0	83.0
1 Mentioned	48	16.2	135	26.0	17.0
Total	296	100.0	519	100.0	100.0
-6 No answer	0		0		
-5 No help received	283		329		
Sum	579		848		

P267 Help from kins: Other male relative

C292

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	248	83.8	396	76.3	82.9
1 Mentioned	48	16.2	123	23.7	17.1
Total	296	100.0	519	100.0	100.0
-6 No answer	0		0		
-5 No help received	283		329		
Sum	579		848		

P268	Help from kins: Other person	C293
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	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	216	73.0	420	80.9	72.5
1 Mentioned	80	27.0	99	19.1	27.5
Total	296	100.0	519	100.0	100.0
-6 No answer	0		0		
-5 No help received	283		329		
Sum	579		848		

P269	Help from kins: Not specified	C294
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No source of help mentioned

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	292	98.6	514	99.0	98.6
1 Mentioned	4	1.4	5	1.0	1.4
Total	296	100.0	519	100.0	100.0
-6 No answer	0		0		
-5 No help received	283		329		
Sum	579		848		

Providing help to partner or relative

P270	Helping spouse with personal care	L181, C295, S196, Z447
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To those cohabiting in ordinary housing or service flat: Do you help your wife/husband/cohabitant with personal care such as bathing/showering, dressing, getting into/out of bed and/or supervision?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	27	8.8	31	8.7	8.4
2 No	280	91.2	327	91.3	91.6
Total	307	100.0	358	100.0	100.0
-6 No answer	3		3		
-5 Not married/cohabiting	232		344		
-3 Living in an institution	37		143		
Sum	579		848		

P271**Helping older relative with personal care/other tasks**

L182, S197

To those cohabiting in ordinary housing or service flat: Do you help an older relative (not living with you) with personal care, household tasks or supervision, on a regular basis?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes, daily	2	0.4	2	0.3	0.4
2 Yes, several times a week	4	0.7	4	0.6	0.8
3 Yes, once a week	6	1.1	6	0.9	1.1
4 Yes, a few or several times a month	5	0.9	5	0.7	1.0
5 Less often	3	0.6	4	0.6	0.5
6 No	515	96.3	676	97.0	96.3
Total	535	100.0	697	100.0	100.0
-6 No answer	7		8		
-3 Living in an institution	37		143		
Sum	579		848		

Economic resources

P272	Ability to raise money	L189, C297, S198, Z449, Q116, X748, Y574, U576, cf. V602, cf. W375
	If a situation suddenly arose where you had to raise 15.000 SEK in a week, would you be able to manage it?	

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	538	94.2	779	93.6	94.0
2 No	33	5.8	53	6.4	6.0
Total	571	100.0	832	100.0	100.0
-6 No answer	8		16		
Sum	579		848		

P273	Ways of raising money	L190, C298, S199-S203, Z450-Z454, cf. Q117a-e, X749, Y575, U577, cf. V602, cf. W375
	If answering yes on ability to raise money: In what way?	

	LNU		All		All weighted
	N	%	N	%	%
1 Withdrawal from own bank account or similar	512	95.3	741	95.5	95.3
2 Loan from a family member	10	1.9	18	2.3	1.9
3 Loan from other relatives or friends	4	0.7	4	0.5	0.8
4 Bank loan or equivalent	6	1.1	6	0.8	1.1
5 Other way	5	0.9	7	0.9	0.9
Total	537	100.0	776	100.0	100.0
-6 No answer	9		19		
-5 Not able to raise money	33		53		
Sum	579		848		

P274	Financial difficulties	L192, C299, Z456, Q118, X754, Y584
	Have you at any time over the last 12 months had difficulties managing your current expenses for food, rent, bills, etc.?	

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	8	1.4	11	1.3	1.5
2 No	568	98.6	831	98.7	98.5
Total	576	100.0	842	100.0	100.0
-6 No answer	3		6		
Sum	579		848		

**If answering yes on financial difficulties:
How did you manage these difficulties?
By...**

Several answers possible

P275 Borrowing money from relatives or friends L193, C300,
Z457, Q119a

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	2	25.0	4	36.4	24.7
2 No	6	75.0	7	63.6	75.3
Total	8	100.0	11	100.0	100.0
-6 No answer	3		6		
-5 No financial difficulty	568		831		
Sum	579		848		

P276 Requesting social allowance, public assistance L194, Z458,
Q119b

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	1	12.5	1	9.1	12.1
2 No	7	87.5	10	90.9	87.9
Total	8	100.0	11	100.0	100.0
-6 No answer	3		6		
-5 No financial difficulty	568		831		
Sum	579		848		

P277 Cutting down on food L195, C301, Z459,
Q119c

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	0	0	0	0	0
2 No	8	100.0	11	100.0	100.0
Total	8	100.0	11	100.0	100.0
-6 No answer	3		6		
-5 No financial difficulty	568		831		
Sum	579		848		

P278 Not paying the rent on timeL196, C302, Z460,
Q119d

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	0	0	0	0	0
2 No	8	100.0	11	100.0	100.0
Total	8	100.0	11	100.0	100.0
-6 No answer	3		6		
-5 No financial difficulty	568		831		
Sum	579		848		

P279 Not paying other bills on timeL197, C303, Z461, Q119e

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	0	0	0	0	0
2 No	8	100.0	11	100.0	100.0
Total	8	100.0	11	100.0	100.0
-6 No answer	3		6		
-5 No financial difficulty	568		831		
Sum	579		848		

P280 Other wayL198, C304, Z462

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	4	0.7	4	0.5	0.7
2 No	572	99.3	838	99.5	99.3
Total	576	100.0	842	100.0	100.0
-6 No answer	3		6		
-5 No financial difficulty	568		831		
Sum	579		848		

Financial support

P281 Given financial support outside own household C306, S205, Z463

Have you over the last 12 months, given any financial support or gifts totalling 7,000 SEK or more to anyone outside your household?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	154	27.0	209	25.1	26.7
2 No	416	73.0	624	74.9	73.3
Total	570	100.0	833	100.0	100.0
-6 No answer	9		15		
Sum	579		848		

To whom have you given financial support outside your own household?

Several answers possible.

A detailed description for each child is presented in the chapter 'Children-background, financial transfers and help'

P282 Gave financial support to: Daughter(s) C307, S206, cf. Z464

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	91	59.1	123	58.9	59.4
1 Mentioned	63	40.9	86	41.1	40.6
Total	154	100.0	209	100.0	100.0
-6 No answer	9		15		
-5 Did not give financial support	416		624		
Sum	579		848		

P283 Gave financial support to: Son(s) C308, S207, cf. Z465

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	102	66.2	142	67.9	67.0
1 Mentioned	52	33.8	67	32.1	33.0
Total	154	100.0	209	100.0	100.0
-6 No answer	9		15		
-5 Did not give financial support	416		624		
Sum	579		848		

P284	Gave financial support to: Grandchild	C309, S208, cf. Z466
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	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	66	42.9	92	44.0	43.4
1 Mentioned	88	57.1	117	56.0	56.6
Total	154	100.0	209	100.0	100.0
-6 No answer	9		15		
-5 Did not give financial support	416		624		
Sum	579		848		

P285	Gave financial support to: Other person	C310, S209, cf. Z467
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	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	137	89.0	187	89.5	88.6
1 Mentioned	17	11.0	22	10.5	11.4
Total	154	100.0	209	100.0	100.0
-6 No answer	9		15		
-5 Did not give financial support	416		624		
Sum	579		848		

P286	Gave financial support to: Charity organisation	C311
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	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	107	69.5	145	69.4	69.8
1 Mentioned	47	30.5	64	30.6	30.2
Total	154	100.0	209	100.0	100.0
-6 No answer	9		15		
-5 Did not give financial support	416		624		
Sum	579		848		

P287	Gave financial support to: Not specified	C312, S210, S211
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	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	151	98.1	206	98.6	98.3
1 Mentioned	3	1.9	3	1.4	1.7
Total	154	100.0	209	100.0	100.0
-6 No answer	9		15		
-5 Did not give financial support	416		624		
Sum	579		848		

Gave how much to whom?

Several answers possible.

A detailed description for each child is presented in the chapter 'Children-background, financial transfer and help.

P288

Gave how much to: Any daughter

C313, cf. Z464

	LNU		All		All weighted
	N	%	N	%	%
0 Sum not specified	1	1.6	2	2.3	2.1
1 1-5,000 SEK	21	33.3	30	34.9	35.7
2 5,001-10,000 SEK	16	25.4	22	25.6	23.3
3 10,001-50,000 SEK	14	22.2	15	17.4	20.0
4 50,001-100,000 SEK	6	9.5	9	10.5	9.7
5 100,001 SEK-	5	7.9	8	9.3	9.3
Total	63	100.0	86	100.0	100.0
-7 Gave to someone other than a daughter	91		123		
-6 No answer	9		15		
-5 Did not give financial support	416		624		
Sum	579		848		

P289

Gave how much to: Any son

C314, cf. Z465

	LNU		All		All weighted
	N	%	N	%	%
0 Sum not specified	4	7.7	5	7.5	7.9
1 1-5,000 SEK	15	28.8	21	31.3	30.3
2 5,001-10,000 SEK	13	25.0	16	23.9	23.1
3 10,001-50,000 SEK	8	15.4	9	13.4	14.8
4 50,001-100,000 SEK	4	7.7	6	9.0	8.7
5 100,001 SEK-	8	15.4	10	14.9	15.2
Total	52	100.0	67	100.0	100.0
-7 Gave to someone other than a son	102		142		
-6 No answer	9		15		
-5 Did not give financial support	416		624		
Sum	579		848		

P290**Gave how much to: Grandchild**

C315, cf. Z466

	LNU		All		All weighted
	N	%	N	%	%
0 Sum not specified	3	3.4	6	5.1	28.7
1 1-5,000 SEK	26	29.5	33	28.2	33.1
2 5,001-10,000 SEK	30	34.1	42	35.9	25.0
3 10,001-50,000 SEK	21	23.9	25	21.4	6.1
4 50,001-100,000 SEK	5	5.7	7	6.0	3.6
5 100,001 SEK-	3	3.4	4	3.4	3.4
Total	88	100.0	117	100.0	100.0
-7 Gave to someone other than grandchild/grandchildren	66		92		
-6 No answer	9		15		
-5 Did not give financial support	416		624		
Sum	579		848		

P291**Gave how much to: Other person**

C316, cf. Z467

	LNU		All		All weighted
	N	%	N	%	%
0 Sum not specified	0	0	1	4.8	3.3
1 1-5,000 SEK	4	25.0	4	19.0	24.5
2 5,001-10,000 SEK	7	43.8	7	33.3	36.9
3 10,001-50,000 SEK	3	18.8	6	28.6	19.7
4 50,001-100,000 SEK	1	6.3	1	4.8	6.1
5 100,001 SEK-	1	6.3	2	9.5	9.4
Total	16	100.0	21	100.0	100.0
-7 Gave to someone other than "other person"	137		187		
-6 No answer	10		16		
-5 Did not give financial support	416		624		
Sum	579		848		

P292 Gave how much to: Charity organisation

	LNU		All		All weighted
	N	%	N	%	%
0 Sum not specified	1	2.1	4	6.3	3.3
1 1-5,000 SEK	20	42.6	26	40.6	40.7
2 5,001-10,000 SEK	19	40.4	23	35.9	38.3
3 10,001-50,000 SEK	7	14.9	11	17.2	17.7
4 50,001-100,000 SEK	0	0	0	0	0
5 100,001 SEK-	0	0	0	0	0
Total	47	100.0	64	100.0	100.0
-7 Gave to someone other than charitable organization	107		145		
-6 No answer	9		15		
-5 Did not give financial support	416		624		
Sum	579		848		

P293 Received financial support

C317, Z469

Have you over the last 12 months, taken any financial support or gifts totalling 7,000sek or more to anyone outside your household?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	9	1.6	11	1.3	1.4
2 No	562	98.4	828	98.7	98.6
Total	571	100.0	839	100.0	100.0
-6 No answer	8		9		
Sum	579		848		

From whom outside your own household have you received financial support?

Several answers possible.

A detailed description for each child is presented in the chapter
'Children-background, financial transfer and help'

P294 Received financial support from: Any daughter C318, Z470

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	5	55.6	7	63.6	54.5
1 Mentioned	4	44.4	4	36.4	45.5
Total	9	100.0	11	100.0	100.0
-6 No answer	8		9		
-5 Did not receive financial support	562		828		
Sum	579		848		

P295 Received financial support from: Any son C319, Z471

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	3	33.3	4	36.4	40.0
1 Mentioned	6	66.7	7	63.6	60.0
Total	9	100.0	11	100.0	100.0
-6 No answer	8		9		
-5 Did not give financial support	562		828		
Sum	579		848		

P296 Received financial support from: Grandchild Z472

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	8	88.9	10	90.9	94.3
1 Mentioned	1	11.1	1	9.1	5.7
Total	9	100.0	11	100.0	100.0
-6 No answer	8		9		
-5 Did not receive financial support	562		828		
Sum	579		848		

P297	Received financial support from: Other person	C320, Z473
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	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	8	88.9	10	90.9	94.3
1 Mentioned	1	11.1	1	9.1	5.7
Total	9	100.0	11	100.0	100.0
-6 No answer	8		9		
-5 Did not receive financial support	562		828		
Sum	579		848		

P298	Received financial support from: Charitable organization
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	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	9	100.0	11	100.0	100.0
1 Mentioned	0	0	0	0	0
Total	9	100.0	11	100.0	100.0
-6 No answer	8		9		
-5 Did not receive financial support	562		828		
Sum	579		848		

P299	Received financial support from: Not specified
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	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	9	100.0	11	100.0	100.0
1 Mentioned	0	0	0	0	0
Total	9	100.0	11	100.0	100.0
-6 No answer	8		9		
-5 Did not receive financial support	562		828		
Sum	579		848		

Received how much from whom?

Several answers possible.

A detailed description for each child is presented in the chapter 'Children-background, financial transfer and help.

P300

Received how much from: Any daughter

C321

	LNU		All		All weighted
	N	%	N	%	%
0 Sum not specified	1	25.0	1	25.0	29.1
1 1-5,000 SEK	1	25.0	1	25.0	12.6
2 5,001-10,000 SEK	2	50.0	2	50.0	58.3
3 10,001-50,000 SEK	0	0	0	0	0
4 50,001-100,000 SEK	0	0	0	0	0
5 100,001 SEK-	0	0	0	0	0
Total	4	100.0		100.0	100.0
-7 Received from someone other than a daughter	5		7		
-6 No answer	8		9		
-5 Did not receive financial support	562		828		
Sum	579		848		

P301

Received how much from: Any son

C322

	LNU		All		All weighted
	N	%	N	%	%
0 Sum not specified	1	16.7	1	14.3	22.1
1 1-5,000 SEK	3	50.0	3	42.9	37.1
2 5,001-10,000 SEK	1	16.7	1	14.3	18.0
3 10,001-50,000 SEK	1	16.7	2	28.6	22.8
4 50,001-100,000 SEK	0	0	0	0	0
5 100,001 SEK-	0	0	0	0	0
Total	6	100.0	7	100.0	100.0
-7 Received from someone other than a son	3		4		
-6 No answer	8		9		
-5 Did not receive financial support	562		828		
Sum	579		848		

P302 Received how much from: Grandchild

	LNU		All		All weighted
	N	%	N	%	%
0 Sum not specified	0	0	0	0	0
1 1-5,000 SEK	1	100.0	1	100.0	100.0
2 5,001-10,000 SEK	0	0	0	0	0
3 10,001-50,000 SEK	0	0	0	0	0
4 50,001-100,000 SEK	0	0	0	0	0
5 100,001 SEK-	0	0	0	0	0
Total	1	100.0		100.0	100.0
-7 Received from someone other than a grandchild	8		10		
-6 No answer	8		9		
-5 Did not receive financial support	562		828		
Sum	579		848		

P303 Received how much from: Other person

C323

	LNU		All		All weighted
	N	%	N	%	%
0 Sum not specified	0	0	0	0	0
1 1-5,000 SEK	0	0	0	0	0
2 5,001-10,000 SEK	0	0	0	0	0
3 10,001-50,000 SEK	1	100.0	1	100.0	100.0
4 50,001-100,000 SEK	0	0	0	0	0
5 100,001 SEK-	0	0	0	0	0
Total	1	100.0	1	100.0	100.0
-7 Received from someone other than "other person"	8		10		
-6 No answer	8		9		
-5 Did not receive financial support	562		828		
Sum	579		848		

Social support

P304 Help if you are ill

L183, C324, X775, Y614,
U699

Sometimes you need help and support from someone.
Do you have a relative or close friend who is willing to
help if you are ill?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	544	96.3	794	95.8	95.8
2 No	21	3.7	35	4.2	4.2
Total	565	100.0	829	100.0	100.0
-6 No answer	14		19		
Sum	579		848		

P305 Someone to keep you company

L184, C325, X776, Y615,
U700

Sometimes you need help and support from someone.
Do you have a relative or close friend who is willing to
help if you want company?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	530	93.3	764	91.8	93.3
2 No	38	6.7	68	8.2	6.7
Total	568	100.0	832	100.0	100.0
-6 No answer	11		16		
Sum	579		848		

P306 Someone to talk to

L185, C326, S46, Z150,
Q26dic, X777, Y616,
U701

Sometimes you need help and support from someone.
Do you have a relative or close friend who can help you
if you need someone to talk to about your personal
problems?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	521	92.4	757	91.8	92.3
2 No	43	7.6	68	8.2	7.7
Total	564	100.0	825	100.0	100.0
-6 No answer	15		23		
Sum	579		848		

P307**Borrow money**

L186, C327, X778

Sometimes you need help and support from someone.
Do you have a relative or close friend who is willing to
help if you need to borrow 14 000 SEK?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	484	90.8	697	90.3	90.2
2 No	49	9.2	75	9.7	9.8
Total	533	100.0	772	100.0	100.0
-6 No answer	46		76		
Sum	579		848		

P308**Help to choose, change or complain about
eldercare**

L187, C328

Sometimes you need help and support from someone. Do you
have a relative or close friend who can help you if you need to
choose, change or complain about eldercare?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	501	89.1	745	90.4	89.3
2 No	61	10.9	79	9.6	10.7
Total	562	100.0	824	100.0	100.0
-6 No answer	17		24		
Sum	579		848		

P309**How often do you feel that you lack
companionship?**

	LNU		All		All weighted
	N	%	N	%	%
1 Often	40	7.9	63	10.0	7.6
2 Some of the time	139	27.4	182	28.8	27.3
3 Hardly ever	136	26.8	164	25.9	27.0
4 Never	193	38.0	224	35.4	38.1
Total	508	100.0	633	100.0	100.0
-6 No answer	4		12		
-2 Indirect interview	67		203		
Sum	579		848		

P310 How often do you feel left out?

	LNU		All		All weighted
	N	%	N	%	%
1 Often	16	3.2	26	4.2	3.4
2 Some of the time	68	13.6	86	13.9	13.1
3 Hardly ever	138	27.7	171	27.6	27.6
4 Never	277	55.5	337	54.4	55.8
Total	499	100.0	620	100.0	100.0
-6 No answer	13		25		
-2 Indirect interview	67		203		
Sum	579		848		

P311 How often do you feel isolated?

	LNU		All		All weighted
	N	%	N	%	%
1 Often	27	5.3	38	6.0	4.8
2 Some of the time	59	11.6	79	12.5	11.2
3 Hardly ever	96	18.9	121	19.1	19.1
4 Never	325	64.1	394	62.3	64.8
Total	507	100.0	632	100.0	100.0
-6 No answer	5		13		
-2 Indirect interview	67		203		
Sum	579		848		

P312 How often do you feel lonely?

	LNU		All		All weighted
	N	%	N	%	%
1 Often	36	7.1	56	8.9	6.8
2 Some of the time	109	21.5	146	23.1	21.8
3 Hardly ever	101	19.9	127	20.1	19.8
4 Never	261	51.5	303	47.9	51.6
Total	507	100.0	632	100.0	100.0
-6 No answer	5		13		
-2 Indirect interview	67		203		
Sum	579		848		

Activities, leisure time and political participation

Activities

Which of the following leisure time activities do you usually do?

Please note that the response alternatives to the questions about activities in the 2021 survey have been adapted to reflect the circumstances during the COVID-19 pandemic. They are therefore not completely comparable to previous year's response alternatives.

P313	Outdoor activities	C330, cf. S212-S213, cf. Z475-Z476, cf. Q120a, cf. X786, cf. Y596-Y597, cf. U621-U622, cf. V646-V647, cf. W472-W473
	(fishing, hunting, picking berries/mushrooms)	

	LNU		All		All weighted
	N	%	N	%	%
1 No, not usually	238	41.3	465	55.2	39.7
2 No, because of the pandemic	4	0.7	5	0.6	0.8
3 Yes, sometimes	115	20.0	130	15.4	20.5
4 Yes, often	219	38.0	242	28.7	39.0
Total	576	100.0	842	100.0	100.0
-6 No answer	3		6		
Sum	579		848		

P314	Going on walks/Nordic walking	C346, S220, Z483, Q120h
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	LNU		All		All weighted
	N	%	N	%	%
1 No, not usually	139	24.1	298	35.4	23.6
2 No, because of the pandemic	2	0.3	4	0.5	0.4
3 Yes, sometimes	107	18.5	153	18.2	18.5
4 Yes, often	329	57.0	387	46.0	57.5
Total	577	100.0	842	100.0	100.0
-6 No answer	2		6		
Sum	579		848		

P315	Cultural activities	L203, C331, S215, Z478, Q120c, cf. X788-X789, cf. Y599-Y600, cf. U624-U625, cf. V649-V650, cf. W475-W476
	(going to the movies, theatre, concerts, museums, exhibitions)	

	LNU		All		All weighted
	N	%	N	%	%
1 No, not usually	274	47.4	503	59.7	47.8
2 No, because of the pandemic	170	29.4	181	21.5	28.9
3 Yes, sometimes	126	21.8	149	17.7	21.9
4 Yes, often	8	1.4	10	1.2	1.5
Total	578	100.0	843	100.0	100.0
-6 No answer	1		5		
Sum	579		848		

P316	Eating out at restaurants	L204, C332, S216, Z479, Q120d, X790, Y601, U626, V651, W477
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	LNU		All		All weighted
	N	%	N	%	%
1 No, not usually	200	34.7	395	46.9	35.2
2 No, because of the pandemic	97	16.8	105	12.5	16.2
3 Yes, sometimes	240	41.6	298	35.3	41.7
4 Yes, often	40	6.9	45	5.3	6.9
Total	577	100.0	843	100.0	100.0
-6 No answer	2		5		
Sum	579		848		

P317	Reading books	C333, S218, Z481, Q120f, X796, Y603, U628, V653
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	LNU		All		All weighted
	N	%	N	%	%
1 No, not usually	173	30.0	333	39.6	30.9
2 No, because of the pandemic	1	0.2	1	0.1	0.2
3 Yes, sometimes	123	21.4	157	18.7	20.7
4 Yes, often	279	48.4	350	41.6	48.3
Total	576	100.0	841	100.0	100.0
-6 No answer	3		7		
Sum	579		848		

P318 Reading newspapersC334, S219, Z482, Q120g

	LNU		All		All weighted
	N	%	N	%	%
1 No, not usually	76	13.2	160	19.0	12.5
2 No, because of the pandemic	1	0.2	1	0.1	0.2
3 Yes, sometimes	41	7.1	65	7.7	7.5
4 Yes, often	458	79.5	614	73.1	79.8
Total	576	100.0	840	100.0	100.0
-6 No answer	3		8		
Sum	579		848		

P319 Playing gamesC335

	LNU		All		All weighted
	N	%	N	%	%
1 No, not usually	390	67.7	598	71.2	67.9
2 No, because of the pandemic	29	5.0	32	3.8	4.8
3 Yes, sometimes	111	19.3	144	17.1	18.9
4 Yes, often	46	8.0	66	7.9	8.4
Total	576	100.0	840	100.0	100.0
-6 No answer	3		8		
Sum	579		848		

P320 Helping family membersL205, C338,
Z484, Q120i(with babysitting or other small favours)

	LNU		All		All weighted
	N	%	N	%	%
1 No, not usually	386	67.0	633	75.4	66.0
2 No, because of the pandemic	27	4.7	28	3.3	4.7
3 Yes, sometimes	131	22.7	144	17.2	23.8
4 Yes, often	32	5.6	34	4.1	5.5
Total	576	100.0	839	100.0	100.0
-6 No answer	3		9		
Sum	579		848		

P321 Visiting relativesL207, C339, S221, Z485,
X792, Y604, U632, V657,
W483

	LNU		All		All weighted
	N	%	N	%	%
1 No, not usually	176	30.5	355	42.2	30.9
2 No, because of the pandemic	104	18.0	110	13.1	17.4
3 Yes, sometimes	233	40.4	304	36.1	41.1
4 Yes, often	64	11.1	73	8.7	10.6
Total	577	100.0	842	100.0	100.0
-6 No answer	2		6		
Sum	579		848		

P322 Having relatives over to visitL208, C340, S222, Z486,
X793, Y605, U633, V658,
W485

	LNU		All		All weighted
	N	%	N	%	%
1 No, not usually	150	26.1	258	30.7	25.8
2 No, because of the pandemic	110	19.1	121	14.4	18.2
3 Yes, sometimes	256	44.5	364	43.3	45.5
4 Yes, often	59	10.3	97	11.5	10.5
Total	575	100.0	840	100.0	100.0
-6 No answer	4		8		
Sum	579		848		

P323 Socialising with relatives outside the homeL209

	LNU		All		All weighted
	N	%	N	%	%
1 No, not usually	212	36.8	391	46.5	37.5
2 No, because of the pandemic	69	12.0	75	8.9	11.4
3 Yes, sometimes	244	42.4	312	37.1	42.5
4 Yes, often	51	8.9	62	7.4	8.6
Total	576	100.0	840	100.0	100.0
-6 No answer	3		8		
Sum	579		848		

P324 Visiting friendsL210, C341, S223, Z487,
Q120j, X794, Y606,
U634, V659, W484

	LNU		All		All weighted
	N	%	N	%	%
1 No, not usually	122	21.1	301	35.7	21.0
2 No, because of the pandemic	124	21.5	134	15.9	20.8
3 Yes, sometimes	251	43.4	317	37.6	44.1
4 Yes, often	81	14.0	91	10.8	14.0
Total	578	100.0	843	100.0	100.0
-6 No answer	1		5		
Sum	579		848		

P325 Having friends over to visitL211, C342, S224, Z488,
Q120k, X795, Y607,
U635, V660, W486

	LNU		All		All weighted
	N	%	N	%	%
1 No, not usually	97	16.8	224	26.6	16.8
2 No, because of the pandemic	125	21.7	138	16.4	20.7
3 Yes, sometimes	272	47.2	374	44.5	48.5
4 Yes, often	82	14.2	105	12.5	14.0
Total	576	100.0	841	100.0	100.0
-6 No answer	3		7		
Sum	579		848		

P326 Socialising with friends outside the home

L212

	LNU		All		All weighted
	N	%	N	%	%
1 No, not usually	147	25.5	336	39.9	26.0
2 No, because of the pandemic	87	15.1	99	11.8	14.4
3 Yes, sometimes	271	47.0	322	38.2	47.1
4 Yes, often	72	12.5	85	10.1	12.6
Total	577	100.0	842	100.0	100.0
-6 No answer	2		6		
Sum	579		848		

P327 Study circles or coursesC343, S225, Z489, Q120l,
X797, Y608, U636, V661,
W487

	LNU		All		All weighted
	N	%	N	%	%
1 No, not usually	443	76.8	697	82.9	76.5
2 No, because of the pandemic	74	12.8	75	8.9	12.8
3 Yes, sometimes	43	7.5	49	5.8	7.5
4 Yes, often	17	2.9	20	2.4	3.1
Total	577	100.0	841	100.0	100.0
-6 No answer	2		7		
Sum	579		848		

P328 Voluntary work for an association

	LNU		All		All weighted
	N	%	N	%	%
1 No, not usually	409	71.1	663	78.9	71.0
2 No, because of the pandemic	33	5.7	33	3.9	5.4
3 Yes, sometimes	74	12.9	78	9.3	12.8
4 Yes, often	59	10.3	66	7.9	10.8
Total	575	100.0	840	100.0	100.0
-6 No answer	4		8		
Sum	579		848		

P329 Hobby activities(e.g. knitting, sewing, carpentry, painting, stamp
collecting)C344, S227, Z492,
Q120p, X799, Y612,
U640, V665, W490

	LNU		All		All weighted
	N	%	N	%	%
1 No, not usually	306	53.1	530	63.1	52.4
2 No, because of the pandemic	7	1.2	7	0.8	1.2
3 Yes, sometimes	121	21.0	143	17.0	21.3
4 Yes, often	142	24.7	160	19.0	25.2
Total	576	100.0	840	100.0	100.0
-6 No answer	3		8		
Sum	579		848		

P330**Exercising, sports or outdoor activities**

L213

Do you do any exercising, outdoor activities, or sports, such as going for long walks? If yes, how often?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes, daily	129	22.4	161	19.1	22.3
2 Yes, several times/week	127	22.0	144	17.1	22.0
3 Yes, approx..1 time/week	34	5.9	45	5.3	6.5
4 Yes, 1-3 times/month	15	2.6	20	2.4	2.5
5 Yes, but less often	33	5.7	36	4.3	5.7
6 No	239	41.4	436	51.8	41.0
Total	577	100.0	842	100.0	100.0
-6 No answer	2		6		
Sum	579		848		

P331**Change in exercise activities during pandemic**

Since the start of the COVID-19 pandemic, has there been any change in how often you do any exercising, outdoor activities, or sports?

	LNU		All		All weighted
	N	%	N	%	%
1 I exercise much more	6	1.1	8	1.0	1.1
2 I exercise more	19	3.3	25	3.0	3.6
3 No change	435	76.3	658	79.3	76.1
4 I exercise less	73	12.8	88	10.6	12.8
5 I exercise much less	37	6.5	51	6.1	6.5
Total	570	100.0	830	100.0	100.0
-6 No answer	9		18		
Sum	579		848		

Internet use

P332 Frequency of internet use

cf. L214, cf. C336

How often do you use the internet?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes, daily	251	43.5	282	33.4	44.0
2 Yes, several times per week	68	11.8	80	9.5	11.9
3 Yes, approx. 1 time per week	19	3.3	21	2.5	3.0
4 Yes, 1-3 times per month	8	1.4	11	1.3	1.4
5 Yes, but less often	13	2.3	16	1.9	2.1
6 No	218	37.8	435	51.5	37.5
Total	577	100.0	845	100.0	100.0
-6 No answer	2		3		
Sum	579		848		

If using the internet (response alternatives 1-5 on P332): For what purpose(s)?

Several answers possible.

P333 Internet use: Read/watch/listen to news

	LNU		All		All weighted
	N	%	N	%	%
0 Mentioned	105	29.2	121	29.5	29.2
1 Not mentioned	254	70.8	289	70.5	70.8
Total	359	100.0	410	100.0	100.0
-6 No answer	2		3		
-5 Does not use internet	218		435		
Sum	579		848		

P334 Internet use: Information on health and lifestyle

cf. L215

	LNU		All		All weighted
	N	%	N	%	%
0 Mentioned	186	51.8	221	53.9	51.9
1 Not mentioned	173	48.2	189	46.1	48.1
Total	359	100.0	410	100.0	100.0
-6 No answer	2		3		
-5 Does not use internet	218		435		
Sum	579		848		

P335 Internet use: Information on healthcare

cf. L215

	LNU		All		All weighted
	N	%	N	%	%
0 Mentioned	234	65.2	273	66.6	65.2
1 Not mentioned	125	34.8	137	33.4	34.8
Total	359	100.0	410	100.0	100.0
-6 No answer	2		3		
-5 Does not use internet	218		435		
Sum	579		848		

P336 Internet use: Seek other information

cf. L215

	LNU		All		All weighted
	N	%	N	%	%
0 Mentioned	81	22.6	101	24.6	21.9
1 Not mentioned	278	77.4	309	75.4	78.1
Total	359	100.0	410	100.0	100.0
-6 No answer	2		3		
-5 Does not use internet	218		435		
Sum	579		848		

P337 Internet use: Order items/goods/services

L216

	LNU		All		All weighted
	N	%	N	%	%
0 Mentioned	208	57.9	243	59.3	56.8
1 Not mentioned	151	42.1	167	40.7	43.2
Total	359	100.0	410	100.0	100.0
-6 No answer	2		3		
-5 Does not use internet	218		435		
Sum	579		848		

P338 Internet use: Banking services

L217

	LNU		All		All weighted
	N	%	N	%	%
0 Mentioned	72	20.1	88	21.5	19.0
1 Not mentioned	287	79.9	322	78.5	81.0
Total	359	100.0	410	100.0	100.0
-6 No answer	2		3		
-5 Does not use internet	218		435		
Sum	579		848		

P339**Internet use: Keep in touch**

L128

(Keep in touch with relatives and friends, e.g. through e-mail, Skype, Facebook)

	LNU		All		All weighted
	N	%	N	%	%
0 Mentioned	105	29.2	131	32.0	29.4
1 Not mentioned	254	70.8	279	68.0	70.6
Total	359	100.0	410	100.0	100.0
-6 No answer	2		3		
-5 Does not use internet	218		435		
Sum	579		848		

P340**Internet use: Creating own content**

	LNU		All		All weighted
	N	%	N	%	%
0 Mentioned	327	91.1	378	92.2	91.4
1 Not mentioned	32	8.9	32	7.8	8.6
Total	359	100.0	410	100.0	100.0
-6 No answer	2		3		
-5 Does not use internet	218		435		
Sum	579		848		

P341**Internet use: Entertainment**

L219

(Amusements such as games or watching movies)

	LNU		All		All weighted
	N	%	N	%	%
0 Mentioned	195	54.3	233	56.8	54.8
1 Not mentioned	164	45.7	177	43.2	45.2
Total	359	100.0	410	100.0	100.0
-6 No answer	2		3		
-5 Does not use internet	218		435		
Sum	579		848		

P342**Internet use: Not specified**

	LNU		All		All weighted
	N	%	N	%	%
0 Mentioned	358	99.7	409	99.8	99.7
1 Not mentioned	1	0.3	1	0.2	0.3
Total	359	100.0	410	100.0	100.0
-6 No answer	2		3		
-5 Does not use internet	218		435		
Sum	579		848		

P343 Internet use: Change during the pandemic

Since the start of the COVID-19 pandemic, has there been any change in your use of internet?

	LNU		All		All weighted
	N	%	N	%	%
1 I use the internet much more	15	4.2	18	4.4	4.4
2 I use the internet more	84	23.5	88	21.6	23.7
3 No change	251	70.3	293	71.8	69.9
4 I use the internet less	7	2.0	8	2.0	2.0
5 I use the internet much less	0	0	1	0.2	0.0
Total	357	100.0	408	100.0	100.0
-6 No answer	4		5		
-5 Does not use internet	218		435		
Sum	579		848		

Member of an organisation

Are you member of an association or organisation?

If yes, which of the following organisations are you a member of?

Several answers possible.

P344 Member of organisation: PRO/SPF

C350, cf. Z495-Z496,
cf. Q121a-Q121b

(organisation for retired people)

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	343	59.2	535	63.1	59.4
1 Mentioned	236	40.8	313	36.9	40.6
Sum	579	100.0	848	100.0	100.0

P345 Member of organisation: Political party

C351, Z497, Q121c, X806,
Y623, U654, V671, W494

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	550	95.0	802	94.6	94.8
1 Mentioned	29	5.0	46	5.4	5.2
Sum	579	100.0	848	100.0	100.0

P346 **Member of organisation: Religious association** C352, Z498, Q121d

(other than passive membership in the state church)

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	508	87.7	755	89.0	88.1
1 Mentioned	71	12.3	93	11.0	11.9
Sum	579	100.0	848	100.0	100.0

P347 **Member of organisation: Patient association**

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	558	96.4	820	96.7	96.5
1 Mentioned	21	3.6	28	3.3	3.5
Sum	579	100.0	848	100.0	100.0

P348 **Member of organisation:
Voluntary aid organisation**

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	536	92.6	782	92.2	92.0
1 Mentioned	43	7.4	66	7.8	8.0
Sum	579	100.0	848	100.0	100.0

P349 **Member of organisation: Interest group**

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	494	85.3	732	86.3	85.3
1 Mentioned	85	14.7	116	13.7	14.7
Sum	579	100.0	848	100.0	100.0

P350 **Member of organisation:
Cultural/local history society**

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	470	81.2	711	83.8	80.8
1 Mentioned	109	18.8	137	16.2	19.2
Sum	579	100.0	848	100.0	100.0

P351 Member of organisation: Sports association

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	513	88.6	773	91.2	88.7
1 Mentioned	66	11.4	75	8.8	11.3
Sum	579	100.0	848	100.0	100.0

P352 Member of organisation: Other

cf. C354, cf. Z499, cf. X810,
cf. Y629, cf. U670, cf. V683,
cf. W500

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	529	91.4	789	93.0	91.2
1 Mentioned	50	8.6	59	7.0	8.8
Sum	579	100.0	848	100.0	100.0

P353 Not a member of an organisation

cf. C349

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	391	67.5	525	61.9	66.7
1 Mentioned	188	32.5	323	38.1	33.3
Sum	579	100.0	848	100.0	100.0

P354 Frequency of organisational activity participation

C355, Z500, Q122, X811,
Y630

How often do you participate in activities with this or these organisations? (*religious services should not be included*)

	LNU		All		All weighted
	N	%	N	%	%
1 Never or almost never	104	27.4	194	38.0	28.2
2 A few times a year	107	28.2	123	24.1	27.3
3 Once a month	102	26.9	116	22.7	26.5
4 Once a week	43	11.3	49	9.6	11.7
5 Several times a week	23	6.1	28	5.5	6.2
Total	379	100.0	510	100.0	100.0
-6 No answer	12		15		
-5 IP is not a member of an organisation	188		323		
Sum	579		848		

Political participation

P355 **Voting** L220, C356, Z503, Q125, cf. X809, cf. Y627, cf. U659, cf. V673, cf. W523

Did you vote in the 2018 elections?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	524	91.4	724	87.7	91.7
2 No	49	8.6	102	12.3	8.3
Total	573	100.0	826	100.0	100.0
-6 No answer	6		22		
Sum	579		848		

P356 **Letter of appeal: Able to write yourself** L221, C357, Z504, cf. polind, cf. X819, cf. Y638, cf. U678, cf. V689, cf. W506

Would you be able to write a letter yourself to appeal a decision made by a public authority?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	306	54.4	364	44.2	54.1
2 No	257	45.6	460	55.8	45.9
Total	563	100.0	824	100.0	100.0
-6 No answer	16		24		
Sum	579		848		

P357 **Letter of appeal: Help with writing** L222, C358, Z505, cf. polind, cf. X819, cf. Y638, cf. U678, cf. V689, cf. W506

Do you know anyone who could help you write such a letter?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	214	85.9	397	88.4	85.8
2 No	35	14.1	52	11.6	14.2
Total	249	100.0	449	100.0	100.0
-6 No answer	24		35		
-5 Do not need help with writing a letter	306		364		
Sum	579		848		

P358**Letter of appeal: Knows where to
turn for help**L223, C359, Z506, cf. polind,
cf. X820, cf. Y639Do you know where to turn to get help with writing
a letter of appeal?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes	8	24.2	9	18.0	24.2
2 No	25	75.8	41	82.0	75.8
Total	33	100.0	50	100.0	100.0
-6 No answer	26		37		
-5 Do not need help with writing a letter or knows someone who can help	520		761		
Sum	579		848		

Subjective evaluations

P359

Estimation of conditions

L227, C360, cf. S235,
cf. Z512, cf. Q129, cf. X832,
cf. Y647, cf. U702

I have asked you a number of questions about your living conditions. Now I would like to ask you a few questions regarding how you see life and yourself as a person.

I want to ask you how satisfied you are on a scale from zero to ten. Zero means that you feel completely dissatisfied. Ten means that you feel completely satisfied. Five is in the middle of the scale and means that you are neither satisfied nor dissatisfied.

So, I would like to ask you: Thinking about your own life and personal circumstances, how satisfied are you with your life as a whole (today)?

		LNU		All		All weighted
		N	%	N	%	%
0	Completely dissatisfied	4	0.7	10	1.2	0.8
1		5	0.9	10	1.2	0.8
2		5	0.9	9	1.1	0.8
3		3	0.5	12	1.5	0.6
4		6	1.1	15	1.8	0.7
5	Neither satisfied nor dissatisfied	81	14.3	129	15.8	14.3
6		21	3.7	39	4.8	4.1
7		74	13.1	103	12.6	13.2
8		114	20.2	169	20.6	20.3
9		95	16.8	113	13.8	16.6
10	Completely satisfied	157	27.8	210	25.6	27.8
Total		565	100.0	819	100.0	100.0
-6	No answer	14		29		
Sum		579		848		

P360

Loneliness

L226, C362, S237, Z514,
cf. Q131

Are you ever bothered by feelings of loneliness?

		LNU		All		All weighted
		N	%	N	%	%
1	Nearly always	12	2.1	26	3.1	2.2
2	Often	46	8.1	94	11.3	8.1
3	Seldom	132	23.1	205	24.7	23.1
4	Almost never	381	66.7	505	60.8	66.6
Total		571	100.0	830	100.0	100.0
-6	No answer	8		18		
Sum		579		848		

P361 Loneliness during pandemic

How much have you been bothered by feelings of loneliness during the COVID-19 pandemic compared to previously?

	LNU		All		All weighted
	N	%	N	%	%
1 More than before	193	33.7	282	33.9	33.4
2 Less than before	15	2.6	22	2.6	2.8
3 No difference	365	63.7	527	63.4	63.7
Total	573	100.0	831	100.0	100.0
-6 No answer	6		17		
Sum	579		848		

COVID-19

P362 Vaccinated against COVID-19

Are you vaccinated against COVID-19?

	LNU		All		All weighted
	N	%	N	%	%
1 Yes, once	1	0.2	1	0.2	0.2
2 Yes, twice	501	98.2	627	98.0	98.1
3 No, but I will	2	0.4	2	0.3	0.4
4 No, and I will not	6	1.2	10	1.6	1.3
Total	510	100.0	640	100.0	100.0
-2 Indirect interview	67		203		
-6 No answer	2		5		
Sum	579		848		

P363 Understand information on COVID-19 restrictions

If you think about the information about COVID-19 recommendations/restrictions that you have taken part of, how hard or easy has that been to understand?

	LNU		All		All weighted
	N	%	N	%	%
1 Very easy	158	31.6	189	30.3	32.3
2 Easy	296	59.2	373	59.8	58.1
3 Somewhat difficult	32	6.4	41	6.6	6.7
4 Difficult	14	2.8	21	3.4	3.0
Total	500	100.0	624	100.0	100.0
-2 Indirect interview	67		203		
-6 No answer	12		21		
Sum	579		848		

P364 Follow COVID-19 restrictions

To what extent have you followed the authorities' COVID-19 recommendations/restrictions?

	LNU		All		All weighted
	N	%	N	%	%
1 To a large extent	311	62.4	378	62.5	62.8
2 To somewhat large extent	172	34.5	203	33.6	33.9
3 To a somewhat small extent	10	2.0	15	2.5	1.9
4 To small extent	5	1.0	9	1.5	1.4
Total	498	100.0	605	100.0	100.0
-3 Living in an institution	11		35		
-2 Indirect interview	67		203		
-6 No answer	3		5		
Sum	579		848		

COVID-19 restrictions

There are many reasons why one does not follow the COVID-19 recommendations/restrictions. Why have you followed the authorities' recommendations/restrictions to a somewhat small or small extent?

P365 Restrictions: Caring responsibilities

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	15	100.0	24	100.0	100.0
1 Mentioned	0	0	0	0	0
Total	15	100.0	24	100.0	100.0
-2 Indirect interview	67		203		
-3 Living in an institution	11		35		
-5 Followed COVID-19 restrictions to a large/somewhat large extent	483		581		
-6 No answer	3		5		
Sum	579		848		

P366 Restrictions: Need to help at home

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	15	100.0	23	95.8	99.8
1 Mentioned	0	0	1	4.2	0.2
Total	15	100.0	24	100.0	100.0
-2 Indirect interview	67		203		
-3 Living in an institution	11		35		
-5 Followed COVID-19 restrictions to a large/somewhat large extent	483		581		
-6 No answer	3		5		
Sum	579		848		

P367 Restrictions: Need to use public transport

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	13	86.7	21	87.5	84.7
1 Mentioned	2	13.3	3	12.5	15.3
Total	15	100.0	24	100.0	100.0
-2 Indirect interview	67		203		
-3 Living in an institution	11		35		
-5 Followed COVID-19 restrictions to a large/somewhat large extent	483		581		
-6 No answer	3		5		
Sum	579		848		

P368 Restrictions: Need to buy food/do errands

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	9	60.0	15	62.5	60.6
1 Mentioned	6	40.0	9	37.5	39.4
Total	15	100.0	24	100.0	100.0
-2 Indirect interview	67		203		
-3 Living in an institution	11		35		
-5 Followed COVID-19 restrictions to a large/somewhat large extent	483		581		
-6 No answer	3		5		
Sum	579		848		

P369 Restrictions: Not relevant where I live

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	10	66.7	16	66.7	70.3
1 Mentioned	5	33.3	8	33.3	29.7
Total	15	100.0	24	100.0	100.0
-2 Indirect interview	67		203		
-3 Living in an institution	11		35		
-5 Followed COVID-19 restrictions to a large/somewhat large extent	483		581		
-6 No answer	3		5		
Sum	579		848		

P370 Restrictions: Unreasonable/unjust/bad

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	14	93.3	22	91.7	93.5
1 Mentioned	1	6.7	2	8.3	6.5
Total	15	100.0	24	100.0	100.0
-2 Indirect interview	67		203		
-3 Living in an institution	11		35		
-5 Followed COVID-19 restrictions to a large/somewhat large extent	483		581		
-6 No answer	3		5		
Sum	579		848		

P371 Restrictions: Other reasons

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	11	73.3	17	70.8	73.4
1 Mentioned	4	26.7	7	29.2	26.6
Total	15	100.0	24	100.0	100.0
-2 Indirect interview	67		203		
-3 Living in an institution	11		35		
-5 Followed COVID-19 restrictions to a large/somewhat large extent	483		581		
-6 No answer	3		5		
Sum	579		848		

P372 Restrictions: No reason mentioned

	LNU		All		All weighted
	N	%	N	%	%
0 Not mentioned	14	93.3	21	87.5	89.6
1 Mentioned	1	6.7	3	12.5	10.4
Total	15	100.0	24	100.0	100.0
-2 Indirect interview	67		203		
-3 Living in an institution	11		35		
-5 Followed COVID-19 restrictions to a large/somewhat large extent	483		581		
-6 No answer	3		5		
Sum	579		848		

Weight variables

P373 Sample Weight 1

In SWEOLD 2021, an additional random sample of older adults aged 85+ were included in the survey. Sampling weights have been created by dividing the number of persons in the total population with the number of persons in the sample, by sex and birth cohort. (Ages 100+ are not oversampled and have the same weight as the youngest age group). These sampling weights were then scaled down by dividing them by the highest weight, resulting in a variable with 1.0 as the maximum value for both men and women.

In STATA the weight variable should be included as [pw=weight] when possible and [aw=weight] in other instances. Note that in combined datasets that use both the national sample and additional datasets (such as SWEOLD Dalarna and/or SWEOLD Stockholm), the respective combined weight variable should be used instead of P373.

	Sample weight value	LNU		All	
		N	%	N	%
Women born 1911-1921	0.0223	1	0.2	43	5.1
Men born 1911-1921	0.005	0	0	44	5.2
Women born 1922-1925	0.109	4	0.7	48	5.7
Men born 1922-1925	0.035	4	0.7	54	6.4
Women born 1926-1930	0.433	30	5.2	56	6.6
Men born 1926-1930	0.212	11	1.9	47	5.5
Women born 1931-1935	0.815	55	9.5	58	6.8
Men born 1931-1935	0.538	33	5.7	57	6.7
Women born 1936-1940,1941-1944; Men born 1936-1940,1941-1944	1.000	441	76.2	441	52.0
	Sum	579	100.0	848	100.0

Children – background, financial transfers and help

Variable label	Variable name
Background variables	
Gender (Child 1)	P1001
Birthyear (Child 1)	P1002
Type of children: Is he/she your...(Child 1)	P1003
Civil status (Child 1)	P1004
Employment status (Child 1)	P1005
NYK (Child 1)	P1006
SEI (Child 1)	P1007
Social class (Child 1)	P1008
Distance (Child 1): How far away from you does he/she live?	P1009
Spending time (Child 1)	P1010
Change in time spent with child 1	P1011
Telephone contact (Child 1)	P1012
Change in telephone contact (Child 1)	P1013
Closeness (Child 1)	P1014
Conflicts (Child 1)	P1015
Grandchildren (Child 1)	P1016
Financial transfers variables	
Gave financial support to child 1	P1017
Gave how much to child 1	P1018
Gave to child of child 1	P1019
Received financial support from child 1	P1020
Received how much from child 1	P1021
Received from child of child 1	P1022
Help variables	
Help – Buying food (Child 1)	P1023
Help – Housecleaning (Child 1)	P1024
Help – ADL (Child 1)	P1025
Help – Miscellaneous * (Child 1)	P1026
Child 2	P2001-P2026
Child 3	P3001-P3026
Child 4	P4001-P4026
Child 5	P5001-P5026
Child 6	P6001-P6026
Child 7	P7001-P7026
Child 8	P8001-P8026

* Help – Miscellaneous includes getting help with any of the following:

- Repairs or maintenance
- Gardening, snow shovelling, etc.
- Private economy (paying the bills, taking care of insurance etc.)
- Buying clothes or other personal items
- Getting rides (e.g. to the doctor/pharmacy/hairdresser/bank)

Appendix. The questionnaire in Swedish.

The following appendix presents the questions that have been used as the basis for variables in the SWEOLD 2021 database as well as the code book.

The design of the code book largely follows the design used in the original questionnaire.

In the SWEOLD 2021 field work the interviews were carried out by telephone call to the participant's home or the institutions where they live and were based on a structured questionnaire. The interviewers used telephone-assisted personal interviewing (CATI). Thus, no paper questionnaires were used by the interviewer.

UNDERSÖKNINGEN OM ÄLDRE PERSONERS LEVNADSVILLKOR 2020

SWEOLD

Intervjuperson(IP)-INFORMATION

..... Unikt ID

..... Anställningsnummer

1 ☐ Man

2 ☐ Kvinna

..... Födelseår 19XX

..... IP:s bostadslän

I. Typ av intervju 1

1 ☐ Telefonintervju

2 ☐ Inte möjligt att genomföra en intervju → ANLEDNING TILL ATT DIREKT ELLER INDIREKT INTERVJU INTE HAR GENOMFÖRTS

II. Typ av intervju 2

1 ☐ Direkt intervju

2 ☐ Indirekt intervju

3 ☐ Blandad direkt/indirekt intervju

Direkt intervju genomförs helt med IP. Indirekt intervju genomförs helt med en annan person såsom anhörig. Blandad intervju/indirekt intervju avser en intervju där både IP och en annan person besvarat frågorna.

Om IP under intervjun måste överlåta samtalet till en annan person, ska intervjutyp ändras från "direkt intervju" till "blandad intervju", glöm inte att också ändra fråga I (relation) och II (anledning till blandad intervju).

III. Om indirekt eller blandad intervju ange relation till IP

1 ☐ Maka/Make/Sammanboende

2 ☐ Dotter (anteckna namn på dottern)

3 ☐ Son (anteckna namn på sonen)

4 ☐ Annan släkting

5 ☐ Granne/God vän

6 ☐ Särbo

7 ☐ Hemsjukvårdare eller personal vid institution/sjukhus

8 ☐ Annan

IV. Anledning till indirekt eller blandad intervju. IP är...

(flera anledningar kan anges)

- 1 ☐ Demenssjuk
- 2 ☐ Förvirrad och glömsk (men ej demenssjuk)
- 3 ☐ Mycket svag/ängslig/orolig
- 4 ☐ Vill ha stöd
- 5 ☐ Hörselproblem
- 6 ☐ Behöver tolk
- 7 ☐ Annan anledning, ange vad

V. Anteckna hur IP normalt bor

- 1 ☐ IP bor i vanligt hus (villa, rad- eller kedjehus, lägenhet)
- 2 ☐ IP bor i seniorboende, 55+, trygghetsboende etc. (ej biståndsbeslut)
- 3 ☐ IP bor i servicehus/särskilt boende (med biståndsbeslut, t ex: servicelägenhet, ålderdomshem, sjukhem, gruppboende, vård- och omsorgsboende)
- 4 ☐ Om oklart, ange namn och adress på boendet (inklusive våningsplan, avdelning och lägenhetsnummer):

.....

Intervjudatum

.....

Klockan är när intervjun börjar
Timme

.....

Minut

Introduktion: Undersökningen om äldre personers levnadsvillkor handlar om en mängd olika aspekter av ditt liv. Därför kommer jag att ställa frågor om bland annat din hälsa, vad du gör och hur du klarar din vardag. Vi kommer också att göra några tester av minnet och din fysiska funktionsförmåga.

FAMILJ

1. Bor du ensam?

If V=3 skip

1 ☐ Ja → gå till fråga 2

2 ☐ Nej

1.1 Hur många andra personer bor du med?

Samtliga personer som faktiskt bor i bostaden skall tas med. Du ska inte räkna med dig själv.

_____ Antal personer

1.2 Vem eller vilka andra personer bor du tillsammans med?

Flera svar kan anges.

1 ☐ Äkta man/hustru/sammanboende

2 ☐ Barn/svärdotter/svärson

3 ☐ Syskon

4 ☐ Annan

2. Vilket är ditt nuvarande civilstånd? Är du...

"Ogift" innefattar aldrig tidigare gift och aldrig tidigare sammanboende (under en längre tid).

1 ☐ Ogift → gå till fråga 4

2 ☐ Gift/sammanboende → gå till fråga 5

3 ☐ Frånskild/tidigare sammanboende

4 ☐ Änka/änkling

3. Vilket år blev du änka/änkling/frånskild?

Om IP har svårt att komma ihåg vilket år skilsmässan/separationen var eller när hen blev änka/änkling skriv ner årtiondet. Exempelvis om IP blev änka/änkling på 50-talet, skriv 195X

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4. Är du särbo?

Den vedertagna definitionen lyder "två personer som är i ett äktenskapsliknande förhållande men inte bor i samma hushåll".

Hoppa över om fråga 2=2 (gift/sammanboende)

1 ☐ Ja

2 ☐ Nej

BARN

5. Har du eller har du haft några barn?

Här ska IP även räkna med adoptiv- och styvbarn samt avlidna barn.

Även fosterbarn tas med om IP jämställer dem med egna barn.

1 ☐ Ja

2 ☐ Nej → gå till fråga 7

5.1 Hur många barn som lever nu har du sammanlagt?

Frågan avser endast antal barn som är i livet idag. Här ska IP även räkna med adoptiv- och styvbarn, samt även fosterbarn tas med om hen jämställer dem med egna barn.

_____ Antal barn

Om IP har 1 barn:

Nu ska jag ställa några frågor om ditt barn.

Om IP har 2 eller fler barn:

Nu ska jag ställa några frågor om vart och ett av dina barn. Vi börjar med det äldsta barnet.

Fråga 5c	Om IP har svårt att komma ihåg födelseår, försök få fram årtiondet. Exempelvis om barnet är fött på 50-talet, skriv 195X.
Fråga 5f	Försök att få fram så precisa uppgifter som möjligt. Allmänna beteckningar som tjänsteman, ingenjör, officer, sekreterare, montör eller liknande räcker inte. Om IP svarar något sådant måste du be om precisering. Vid uppgifter som kamrer, direktör, avdelningsföreståndare, eller liknande, försök få en uppgift om företagets storlek. Det är alltid fördelaktigt med en uppgift om arbetsgivaren, t.ex. kamrer vid större affärsbank, direktör i mindre trävarufirma etc. Om egen företagare, ange både det och en yrkesbeteckning t.ex. egen företagare, järnhandlare eller egen företagare, arkitekt. Om jordbrukare eller företagare men även ett annat arbete vid sidan om jordbruket eller företaget, ange detta och om möjligt vilken sysselsättning som kan betraktas som den huvudsakliga. T. ex. Huvudsysselsättning jordbrukare, men även anställd som skogsarbetare eller huvudsysselsättning arkitekt anställd vid kommunens stadsplane kontor men även egen arkitektbyrå som bisyssla. Om IP svarar att barnet eller barnen inte arbetar, fråga efter tidigare huvudsakligt yrke.
Fråga 5g	Läs upp svarsalternativen. Har IP svårt att uppskatta avståndet till respektive barn, anteckna bostadsortens namn och ev. Län.
Fråga 5h	Med träffas avser man träffas och umgås, inte tillfällen då man stöter på varandra utan att ha för avsikt att ses
Fråga 5j	Avser när IP och respektive barn talar i telefon/epost/sms:ar/chattar eller liknande kontakt, inte när ev. maka/make gör det
Fråga 5m	Om II = 2 hoppa över
Fråga 5n	Om II = 2 hoppa över

FRÅGA 5a -- 5h	BARN 1	BARN 2	BARN 3						
a) Kön	1 ☐ Son 2 ☐ Dotter	1 ☐ Son 2 ☐ Dotter	1 ☐ Son 2 ☐ Dotter						
b) Anteckna barnets namn (förnamn räcker)									
c) Anteckna barnets födelseår:	<table border="1"><tr><td></td><td></td></tr></table>			<table border="1"><tr><td></td><td></td></tr></table>			<table border="1"><tr><td></td><td></td></tr></table>		
d) Är hon/han ditt ... 1 ☐ Biologiska barn 2 ☐ Adoptivbarn 3 ☐ Maka/Makes/Sambos barn 4 ☐ Annat (t.ex. fosterbarn) 5 ☐ Avliden → gå till fråga 5o	1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐	1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐	1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐						
e) Vilket är hennes/hans huvudsakliga sysselsättning för närvarande? 1 ☐ Anställd 2 ☐ Egen företagare/jordbrukare 3 ☐ Arbetslös 4 ☐ Pensionär 5 ☐ Studerande	1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐	1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐	1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐						
f) Vad har hon/han för huvudsakligt yrke/befattning Om barnet inte arbetar ange tidigare huvudsakligt yrke.									
g) Hur långt bort bor hon/han från dig? Är det... 1 ☐ Mindre än 2 km 2 ☐ Inom 3 km – 2 mil 3 ☐ Inom 3 – 10 mil 4 ☐ Inom 11 – 30 mil 5 ☐ Längre bort än 30 mil 6 ☐ Samma hushåll	1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐	1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐	1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐						

BARN 4	BARN 5	BARN 6	BARN 7	BARN 8
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1 ☐ Son 2 ☐ Dotter 	1 ☐ Son 2 ☐ Dotter 	1 ☐ Son 2 ☐ Dotter 	1 ☐ Son 2 ☐ Dotter 	1 ☐ Son 2 ☐ Dotter
1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐	1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐	1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐	1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐	1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐
1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐	1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐	1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐	1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐	1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐
.....				
1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐	1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐	1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐	1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐	1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐

FRÅGA 5h -- 5k	BARN 1	BARN 2	BARN 3
h) Hur ofta brukar du träffa och vara tillsammans med henne/honom? Träffas ni... 1 ☐ Dagligen 2 ☐ Flera gånger i veckan 3 ☐ Någon gång i veckan 4 ☐ Någon gång i månaden 5 ☐ Någon gång i kvartalet 6 ☐ Mer sällan eller aldrig	1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐	1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐	1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐
i) Sedan pandemins start har det skett någon förändrig i hur ofta du träffar detta barn? 1 ☐ Nej, ingen skillnad (träffas lika lite eller mycket som tidigare) 2 ☐ Träffas mer 3 ☐ Träffas mindre	1 ☐ 2 ☐ 3 ☐	1 ☐ 2 ☐ 3 ☐	1 ☐ 2 ☐ 3 ☐
j) Hur ofta brukar du ha kontakt per telefon, e-post, SMS, chatta eller annan liknande kontakt med henne/honom? 1 ☐ Dagligen 2 ☐ Flera gånger i veckan 3 ☐ Någon gång i veckan 4 ☐ Någon gång i månaden 5 ☐ Någon gång i kvartalet 6 ☐ Mer sällan eller aldrig	1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐	1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐	1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐
k) Sedan pandemins start har det skett någon förändrig i hur ofta du pratas vid med detta barn? 1 ☐ Nej, ingen skillnad (pratas vid lika lite eller mycket som tidigare) 2 ☐ Pratas vid mer 3 ☐ Pratas vid mindre	1 ☐ 2 ☐ 3 ☐	1 ☐ 2 ☐ 3 ☐	1 ☐ 2 ☐ 3 ☐

BARN 4	BARN 5	BARN 6	BARN 7	BARN 8
1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐	1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐	1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐	1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐	1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐
1 ☐ 2 ☐ 3 ☐	1 ☐ 2 ☐ 3 ☐	1 ☐ 2 ☐ 3 ☐	1 ☐ 2 ☐ 3 ☐	1 ☐ 2 ☐ 3 ☐
1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐	1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐	1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐	1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐	1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐
1 ☐ 2 ☐ 3 ☐	1 ☐ 2 ☐ 3 ☐	1 ☐ 2 ☐ 3 ☐	1 ☐ 2 ☐ 3 ☐	1 ☐ 2 ☐ 3 ☐

5l – 5o	Barn 1	Barn 2	Barn 3
l) Är hon/han ensamstående eller gift/sammanboende? 1 ☐ Ensamstående 2 ☐ Gift/sammanboende	1 ☐ 2 ☐	1 ☐ 2 ☐	1 ☐ 2 ☐
m) I stort sett, hur nära känner du att du står detta barn? 1 ☐ Inte nära alls 2 ☐ Ganska nära 3 ☐ Mycket nära	1 ☐ 2 ☐ 3 ☐	1 ☐ 2 ☐ 3 ☐	1 ☐ 2 ☐ 3 ☐
n) I stort sett, hur mycket konflikter eller slitningar tycker du att det finns mellan dig och detta barn? 1 ☐ Ganska mycket eller mycket 2 ☐ En del 3 ☐ Inga alls	1 ☐ 2 ☐ 3 ☐	1 ☐ 2 ☐ 3 ☐	1 ☐ 2 ☐ 3 ☐
o) Har han/hon barn? 1 ☐ Ja 2 ☐ Nej	1 ☐ 2 ☐	1 ☐ 2 ☐	1 ☐ 2 ☐

Barn 4	Barn 5	Barn 6	Barn 7	Barn 8
1 ☐ 2 ☐	1 ☐ 2 ☐	1 ☐ 2 ☐	1 ☐ 2 ☐	1 ☐ 2 ☐
1 ☐ 2 ☐ 3 ☐	1 ☐ 2 ☐ 3 ☐	1 ☐ 2 ☐ 3 ☐	1 ☐ 2 ☐ 3 ☐	1 ☐ 2 ☐ 3 ☐
1 ☐ 2 ☐ 3 ☐	1 ☐ 2 ☐ 3 ☐	1 ☐ 2 ☐ 3 ☐	1 ☐ 2 ☐ 3 ☐	1 ☐ 2 ☐ 3 ☐
1 ☐ 2 ☐	1 ☐ 2 ☐	1 ☐ 2 ☐	1 ☐ 2 ☐	1 ☐ 2 ☐

Om IP har fler barn: Kommande frågor handlar om ditt nästa barn i åldersordning.

Ställ samtliga barnfrågor igen.

6. Har du barnbarn och/eller barnbarnsbarn?

1 ☐ Ja

2 ☐ Nej → gå till fråga 7

6.1 Hur ofta brukar du träffa och vara tillsammans med någon av dina barnbarn och barnbarnsbarn? Är det...

Avser umgänget med samtliga barnbarn och barnbarnsbarn. Ange hur ofta IP träffar ett eller flera barnbarn och/eller barnbarnsbarn, det vill säga har IP 7 barnbarn och träffar ett av dem varje dag så blir det dagligen. Har IP 7 barnbarn och träffar alla samma dag en gång om året så blir det mer sällan.

1 ☐ Dagligen

2 ☐ Flera gånger i veckan

3 ☐ Någon gång i veckan

4 ☐ Någon gång i månaden

5 ☐ Någon gång i kvartalet

6 ☐ Mer sällan eller aldrig

6.1.2 Sedan pandemins start har det skett några förändringar i hur ofta du träffar dina barnbarn och barnbarnsbarn?

- 1 ☐ Nej, ingen skillnad
- 2 ☐ Träffas mer
- 3 ☐ Träffas mindre

6.2 Hur ofta brukar du ha kontakt per telefon, e-post, SMS, chatta eller annan liknande kontakt med någon av dina barnbarn och barnbarnsbarn?

Är det...

Avser kontakt med samtliga barnbarn och barnbarnsbarn. Ange hur ofta IP har kontakt med ett eller flera barnbarn och/eller barnbarnsbarn, det vill säga har IP 7 barnbarn och har kontakt med ett av dem varje dag så blir det dagligen. Har IP 7 barnbarn och har kontakt med alla samma dag en gång om året så blir det mer sällan.

- 1 ☐ Dagligen
- 2 ☐ Flera gånger i veckan
- 3 ☐ Någon gång i veckan
- 4 ☐ Någon gång i månaden
- 5 ☐ Någon gång i kvartalet
- 6 ☐ Mer sällan eller aldrig

6.2.1 Sedan pandemins start har det skett några förändringar i hur ofta du har kontakt med dina barnbarn och barnbarnsbarn?

- 1 ☐ Nej, ingen skillnad
- 2 ☐ Pratas vid mer
- 3 ☐ Pratas vid mindre

NÄRMILJÖ OCH RÖRLIGHET

Nu följer några frågor om din närmiljö, det område du rör dig inom i ditt dagliga liv och om du behöver hjälp eller använder hjälpmedel.

7. Hur ofta brukar du lämna din bostad och vara utomhus?

- 1 ☐ Dagligen
- 2 ☐ Flera gånger i veckan
- 3 ☐ Någon gång i veckan
- 4 ☐ Någon gång i månaden
- 5 ☐ Någon gång i kvartalet
- 6 ☐ Mer sällan eller aldrig

8. Hur ofta brukar du lämna ditt närområde?

- 1 ☐ Dagligen
- 2 ☐ Flera gånger i veckan
- 3 ☐ Någon gång i veckan
- 4 ☐ Någon gång i månaden
- 5 ☐ Någon gång i kvartalet
- 6 ☐ Mer sällan eller aldrig

9. Har det skett någon förändring i dina rörelsemönster sedan coronapandemin startade?

- 1 ☐ Nej, ingen skillnad
- 2 ☐ Ja, jag går ut/reser mindre
- 3 ☐ Ja, jag går ut/reser mer

Om svarar "Ja, jag går ut/reser mindre":

9.1 Varför går du ut/reser mindre nu?

Fler svar kan anges

- 1 ☐ Oro för att bli smittad av coronaviruset
- 2 ☐ För att följa restriktionerna
- 3 ☐ Försämrad funktionsförmåga (t.ex. rörlighet, balans eller kognition)
- 4 ☐ Svårighet att få färdtjänst
- 5 ☐ Aktiviteter jag brukade gå på är inställda
- 6 ☐ Färre kollektivtrafikturer
- 7 ☐ Annat, ange vad: _____

10. Använder du något hjälpmedel när du tar dig fram utomhus?

Om IP använder flera hjälpmedel, ange det som används mest.

- 1 ☐ Nej, går aldrig ut → gå till fråga 12
- 2 ☐ Nej, klarar mig utan hjälpmedel
- 3 ☐ Ja, med käpp(ar), bock(ar), krycka kryckor
- 4 ☐ Ja, med rollator
- 5 ☐ Ja, rullstol
- 6 ☐ Ja, annat: _____

11. Brukar du få hjälp av någon annan person när du tar dig fram utomhus?

Även tillsyn räknas som hjälp. Många med till exempel demens behöver tillsyn av någon, trots att de klarar sig utan hjälpmedel.

- 1 ☐ Ja, alltid
- 2 ☐ Ja, ibland
- 3 ☐ Nej, klarar mig själv

12. Använder du något hjälpmedel när du tar dig fram inomhus?

Om IP använder flera hjälpmedel, ange det som används mest.

- 1 ☐ Nej, sängbunden
- 2 ☐ Nej, klarar mig utan hjälpmedel
- 3 ☐ Ja, med käpp(ar), bock(ar), krycka kryckor
- 4 ☐ Ja, med rollator
- 5 ☐ Ja, rullstol
- 6 ☐ Ja, annat: _____

13. Behöver du hjälp av någon annan person när du tar dig fram inomhus?

Även tillsyn räknas som hjälp. Många med till exempel demens behöver tillsyn av någon, trots att de klarar sig utan hjälpmedel.

- 1 ☐ Ja, alltid
- 2 ☐ Ja, ibland
- 3 ☐ Nej, klarar mig själv

Nu ska jag ställa några frågor som handlar om hur enkelt det är för dig att ta dig till olika platser när du vill eller behöver det. Svara hur enkelt det är även om du just nu inte har något behov av att gå dit.

14. Hur enkelt är det för dig att ta dig till...?

If V=3 or 4 skip

	Mycket lätt	Ganska lätt	Ganska svårt	Mycket svårt
a) Närmaste bank/ uttagningsautomat	1 ☐	2 ☐	3 ☐	4 ☐
b) Närmaste mataffär	1 ☐	2 ☐	3 ☐	4 ☐
c) En vårdcentral/husläkare	1 ☐	2 ☐	3 ☐	4 ☐
d) Närmaste apotek	1 ☐	2 ☐	3 ☐	4 ☐

15. Nu kommer jag säga några påståenden som rör ditt närområde, det vill säga inom 20 minuters gångavstånd eller inom 1,5km från din bostad.

If II = 2 skip

	Stämmer helt	Stämmer ganska bra	Stämmer ganska dåligt	Stämmer inte alls
a) De flesta personer i området går att lita på	1 ☐	2 ☐	3 ☐	4 ☐
b) Många personer i området känner sig rädda för att gå ut på kvällen	1 ☐	2 ☐	3 ☐	4 ☐
c) Jag känner mig hemma i detta område	1 ☐	2 ☐	3 ☐	4 ☐

HÄLSA

Nu kommer jag att fråga om din hälsa.

16. Först vill jag fråga lite mer allmänt om hur du mår. Hur bedömer du ditt allmänna hälsotillstånd? Är det gott, dåligt eller något däremellan?

Frågan avser att ge ett sammanfattande mått på hur IP bedömer sitt hälsotillstånd. Det är en övergripande bedömning, inga detaljer.

- 1 ☐ Gott
- 2 ☐ Dåligt
- 3 ☐ Något däremellan

17. Har du själv, eller någon du känner haft covid-19/corona?

Fler svar kan anges.

- 1 ☐ Ja, jag själv → fråga 17.1
- 2 ☐ Ja, anhörig → fråga 17.2
- 3 ☐ Nej

Om ja, jag själv

17.1 Hade du lätta eller svåra besvär?

- 1 ☐ Lätta besvär
- 2 ☐ Svåra besvär

Om ja, anhörig

17.2 Hade din anhöriga lätta eller svåra besvär?

- 1 ☐ Lätta besvär
- 2 ☐ Svåra besvär

Fråga 18-24 avser mer stadigvarande förhållanden och inte besvär som klart är tillfälliga. Om IP frågar så gäller det både med och/eller utan hjälpmedel.

	Ja	Nej
18. Kan du promenera 100 meter någorlunda raskt utan besvär?	1 ☐	2 ☐ → fråga 20
19. Kan du springa 100 meter utan större besvär?	1 ☐	2 ☐
20. Kan du gå uppför och nedför trappor utan besvär?	1 ☐	2 ☐
21. Kan du resa dig från en köksstol, utan att använda armstöd, utan besvär?	1 ☐	2 ☐
22. Kan du lyfta och bära en 5-kilos matkasse?	1 ☐	2 ☐

23. Hur lång är du?

IPs nuvarande längd i upprätt tillstånd ska anges. Om IP svarar att längden gällde förr är det också okej bara vi får en längd.

..... (cm)

24. Hur mycket väger du?

Om IP är osäker eller inte kan svara, så försök ändå få ett ungefärligt svar.

..... (kg)

25. Kan du stå utan stöd?

- 1 ☐ Ja
- 2 ☐ Nej, men kan sitta
- 3 ☐ Nej, är sängbunden eller motsvarande

MEDICIN

26. Har du tagit några mediciner de senaste 14 dagarna?

Frågan avser både receptfria och receptbelagda mediciner. Att kunna sköta sina mediciner innebär att medicinerna tas i rätt tid och dos, samt att de administreras/intas enligt anvisning.

- 1 ☐ Ja
- 2 ☐ Nej
- 8 ☐ Vet ej

26.1. Klarar du att själv sköta dina mediciner?

- 1 ☐ Ja, helt själv (med eller utan dosett)
- 2 ☐ Ja, om någon laddar dosetten
- 3 ☐ Ja, med ApoDos
- 4 ☐ Nej

SJUKDOMAR OCH BESVÄR

Nu kommer jag att ställa några frågor om vanliga sjukdomar och besvär.

27. Har du under de senaste 12 månaderna haft någon av följande sjukdomar eller besvär?

Gå igenom punkt för punkt. Vid ja-svar: fråga om lätta eller svåra besvär.

Nej	Ja, lätta	Ja, svåra	
1 ☐	2 ☐	3 ☐	a) Smärtor eller värk i bröstet
1 ☐	2 ☐	3 ☐	b) Värk i skuldror eller axlar
1 ☐	2 ☐	3 ☐	c) Hjärtsvaghet
1 ☐	2 ☐	3 ☐	d) Arytmi/hjärtrytmrubbningar
1 ☐	2 ☐	3 ☐	e) Högt blodtryck
1 ☐	2 ☐	3 ☐	f) Ryggsmärtor, ryggvärk, höftsmärtor, ischias
1 ☐	2 ☐	3 ☐	g) Värk/smärtor i händer eller armbågar
1 ☐	2 ☐	3 ☐	h) Värk/smärtor i ben eller knän
1 ☐	2 ☐	3 ☐	i) Allmän trötthet
1 ☐	2 ☐	3 ☐	j) Sömnbesvär
1 ☐	2 ☐	3 ☐	k) Nervösa besvär (ängslan, oro, ångest)
1 ☐	2 ☐	3 ☐	l) Depression, djup nedstämdhet
1 ☐	2 ☐	3 ☐	m) Psykisk sjukdom
1 ☐	2 ☐	3 ☐	n) Yrsel
1 ☐	2 ☐	3 ☐	o) Andfåddhet
1 ☐	2 ☐	3 ☐	p) Avmagring
1 ☐	2 ☐	3 ☐	q) Sockersjuka, diabetes
1 ☐	2 ☐	3 ☐	r) Urininkontinens (urinläckage)
1 ☐	2 ☐	3 ☐	s) Urinvägsinfektion
1 ☐	2 ☐	3 ☐	t) Underlivsbesvär (Kvinnor: smärtor, framfall, klåda m.m., Män: prostata m.m.)
1 ☐	2 ☐	3 ☐	u) Synbesvär/ögonsjukdom (som inte påtagligt avhjälpas av glasögon)
1 ☐	2 ☐	3 ☐	v) Hörselnedsättning
1 ☐	2 ☐	3 ☐	x) Propp i hjärtat, hjärtinfarkt
1 ☐	2 ☐	3 ☐	y) Hjärnblödning, stroke
1 ☐	2 ☐	3 ☐	z) Elakartad tumör, cancer, kräfta
1 ☐	2 ☐	3 ☐	å) Demenssjukdom

28. Har du haft någon annan sjukdom eller besvär under de senaste 12 månaderna, som inte kommit med på listan?

- 1 ☐ Ja
2 ☐ Nej → fråga 29

28.1 Vad?

Lätt	Svår	Sjukdom/Besvär
1 ☐	2 ☐	
1 ☐	2 ☐	
1 ☐	2 ☐	
1 ☐	2 ☐	

29. Har du ramlat någon gång under de senaste 12 månaderna?

- 1 ☐ Ja, en gång
2 ☐ Ja, mer än en gång
3 ☐ Nej → fråga 30

Om ja

29.1 Blev du inlagd på sjukhus till följd att du ramlat?

- 1 ☐ Ja, en gång
2 ☐ Ja, mer än en gång
3 ☐ Nej

Nu kommer jag ställa några frågor hur du har känt dig under den senaste veckan

GDS Geriatrisk depressionsskala. GDS mäter psykiskt välbefinnande.

If II = 2 skip 30-33

	Ja	Nej
30. Är du i grund och botten nöjd med ditt liv?	1 ☐	2 ☐
31. Tycker du att ditt liv känns tomt?	1 ☐	2 ☐
32. Är du rädd att något skall hända dig?	1 ☐	2 ☐
33. Känner du dig oftast glad och nöjd?	1 ☐	2 ☐

Nu kommer några frågor om hörsel och syn

34. Kan du utan svårighet höra vad som sägs i ett samtal mellan flera personer?

- 1 ☐ Ja, utan hörapparat
- 2 ☐ Ja, med hörapparat
- 3 ☐ Nej

35. Kan du utan svårighet höra vad som sägs i ett samtal med en annan person?

- 1 ☐ Ja, utan hörapparat
- 2 ☐ Ja, med hörapparat
- 3 ☐ Nej

36. Kan du utan svårigheter läsa en tidning?

- 1 ☐ Ja, med eller utan glasögon
- 2 ☐ Ja, med synhjälpmedel (såsom förstoringsglas, platta, förstoringsmaskin)
- 3 ☐ Nej, har vissa svårigheter
- 4 ☐ Nej, inte alls

VÅRDUTNYTTJANDE

Nu kommer vi in på ett avsnitt som handlar om vårdutnyttjande, men först kommer några påståenden om du kan hitta och använda information som har med hälsa och sjukdomar att göra, om du behöver det.

If II = 2 skip 37-41

	Stämmer inte alls	Stämmer dåligt	Stämmer delvis	Stämmer bra	Stämmer precis
37. Jag kan hämta information från fler olika informationskällor såsom, tidningar, internet, böcker, hälso- och sjukvården, familj och vänner m.m.	1 ☐	2 ☐	3 ☐	4 ☐	5 ☐
38. Jag kan välja ut just den information som jag behöver från en mängd informationskällor	1 ☐	2 ☐	3 ☐	4 ☐	5 ☐
39. Jag kan förstå informationen och dela med mig av den till andra	1 ☐	2 ☐	3 ☐	4 ☐	5 ☐
40. Jag kan bedöma om informationen är trovärdig	1 ☐	2 ☐	3 ☐	4 ☐	5 ☐
41. Jag kan med hjälp av informationen planera och avgöra vad jag behöver göra för att förbättra min hälsa	1 ☐	2 ☐	3 ☐	4 ☐	5 ☐

42. Har du under de senaste 12 månaderna sökt läkare för egna sjukdomar eller besvär?

Flera svar kan anges

- 1 ☐ Ja, besökt läkare på vårdcentral
- 2 ☐ Ja, besökts av läkare från vårdcentral
- 3 ☐ Ja, via nätdoktor (exempelvis KRY, doktor.se, mindoktor.se och liknande)
- 4 ☐ Annan läkare (specialist- eller sjukhusvård)
- 5 ☐ Nej

43. Har du någon gång under de senaste 12 månaderna besökt eller besökts av sjuksköterska, distriktssköterska, eller dylikt?

Besöket ska ha avsett egna besvär.

- 1 ☐ Ja
- 2 ☐ Nej

44. Har du någon gång under de senaste 12 månaderna avstått från att besöka läkare trots att du haft behov av detta?

- 1 ☐ Ja
2 ☐ Nej → gå till fråga 45

44.1 Avstod du från att söka läkarvård på grund av
Flera svar kan anges.

- 1 ☐ Svårigheter att betala patientavgiften?
2 ☐ Svårigheter att få tid/vård?
3 ☐ Svårigheter att ta sig till läkare?
4 ☐ Väntar ut eller sköter besvären själv?
5 ☐ Brist på förtroende för läkare?
6 ☐ Oro över att bli smittad av corona?
7 ☐ Vill ej belasta sjukvården under coronapandemin?
8 ☐ Andra skäl, nämligen

45. Har du besökt någon tandläkare under de senaste 12 månaderna?

- 1 ☐ Ja
2 ☐ Nej

46. Har du någon gång under de senaste 12 månaderna avstått från att besöka tandläkare trots att du haft behov av detta?

- 1 ☐ Ja
2 ☐ Nej → gå till fråga 47

46.1 Avstod du från att söka tandläkare på grund av...
Flera svar kan anges

- 1 ☐ Svårigheter att betala patientavgiften?
2 ☐ Svårigheter att ta sig till tandläkaren?
3 ☐ Kan inte sitta/sätta sig i behandlingsstolen?
4 ☐ Tandläkarskräck/brist på förtroende för tandläkare?
5 ☐ För trött, orkar inte?
6 ☐ Oro över att bli smittad av covid-19/corona?
7 ☐ Annan orsak, nämligen

47. Vilken av följande beskrivningar stämmer bäst på dina tänder?

För att snabba på svaret kan du säga att alternativen 3-5 är för dem som bara har egna tänder, medan alternativen 1-2 är för övriga.

Om IP tvekar mellan alternativen 4 och 5 kan du säga att 4 är för de fall då man haft många fel men lagat dem, t.ex. lagningar i de flesta kindtänderna eller någon rotfyllning, jacketkrona eller guldbygga. Alternativ 5 är för de fall då man inte har haft några fel eller småfel som lagats allt eftersom.

Om IP har stifttänder, markera det alternativ som passar bäst

- 1 ☐ Inga tänder eller bara tandrester → gå till fråga 48
- 2 ☐ Helprotes (lösgom) eller delprotes
- 3 ☐ Egna tänder i dåligt skick: många saknas etc. → gå till fråga 48
- 4 ☐ Egna tänder: många lagningar eller fasta bryggor eller implantat → gå till fråga 48
- 5 ☐ Egna tänder i gott skick: inga eller få lagningar → gå till fråga 48

47.1 Fungerar de avtagbara tandproteserna bra eller har du besvär med dem?

- 1 ☐ Fungerar bra
- 2 ☐ Har besvär med dem

HÄLSOBETEENDEN

48. Röker du eller har du rökt?

Som rökare räknas alla som röker 1 cigarett (2 pipstopp, ½ cigarr) i genomsnitt per dag. Tillfällighetsrökare räknas alltså inte om de röker mindre än 7 cigaretter (eller motsvarande antal stopp, cigarrer) per vecka eller 30 per månad. Om IP röker pipa eller cigarrer skall **du** räkna om konsumtion till cigaretter enligt schablonen inom parantes

- 1 ☐ Ja, men mindre än 10 cigaretter per dag eller motsvarande
- 2 ☐ Ja, 10 cigaretter eller fler per dag eller motsvarande
- 3 ☐ Har slutat
- 4 ☐ Nej, har aldrig rökt → gå till fråga 49

48.1 Hur många år har du rökt sammanlagt?

..... Antal år

49. Hur ofta brukar du dricka vin, starköl eller sprit?

- 1 ☐ Nästan varje dag (minst 5 dagar/vecka)
- 2 ☐ Några gånger per vecka (3-4 ggr/v)
- 3 ☐ Någon gång per vecka (1-2 ggr/v)
- 4 ☐ 2-3 gånger per månad
- 5 ☐ En gång per månad
- 6 ☐ 1-6 gånger per år
- 7 ☐ Aldrig → gå till fråga 52

50. Hur många glas dricker du en typisk dag då du dricker alkohol?

Med ett glas menas en starköl, ett glas vin, 4 cl sprit eller motsvarande.

..... Antal glas

Med ett glas menas:



51. Hur ofta dricker du 5 glas eller fler vid samma tillfälle?

- 1 ☐ Nästan varje dag (minst 5 dagar/vecka)
- 2 ☐ Några gånger per vecka (3-4 ggr/v)
- 3 ☐ Någon gång per vecka (1-2 ggr/v)
- 4 ☐ 2-3 gånger per månad

- 5 ☐ En gång per månad
- 6 ☐ 1-6 gånger per år
- 7 ☐ Aldrig

52. Hur ofta brukar du ha med färska grönsaker i kosten?

- 1 ☐ Varje mål
- 2 ☐ Åtminstone ett mål om dagen
- 3 ☐ Nästan varje dag
- 4 ☐ Någon gång i vecka
- 5 ☐ Nästan aldrig

53. Hur ofta äter du lagad mat?

- 1 ☐ Åtminstone en gång om dagen
- 2 ☐ 4-6 dagar i veckan
- 3 ☐ 1-3 dagar i veckan
- 4 ☐ Någon gång i månaden
- 5 ☐ Nästan aldrig

53.1 Har det skett någon förändring i hur ofta du äter lagad mat sedan pandemin började?

- 1 ☐ Nej, ingen skillnad
- 2 ☐ Ja, jag äter lagad mat oftare
- 3 ☐ Ja, jag äter lagad mat mer sällan

MINNESÖVNINGAR

Nu ska vi göra några minnesövningar.

Om fråga II = 2, hoppa → fråga 61

Följande frågor avser olika typer av minnesövningar

54. Jag kommer först att nämna tre föremål som jag vill att du lägger på minnet: Nyckel, tandborste, lampa. Kan du vara snäll att repetera?

Säg varje ord sakta och tydligt. Repetera orden max 5 gånger.

- 1 ☐ Ja, IP klarade repetitionen
2 ☐ Nej, IP klarade inte repetitionen

Ge inga ledtrådar. Om IP svarar fel, kryssa för "fel", ställ inte frågan igen.

IP får titta i sin kalender/almanacka om hon/han frågar efter detta.

Om IP svarar fel, men rättar sig själv på en gång, kryssa för "rätt".

Om IP svarar fel, men får hjälp av någon annan och svarar rätt, kryssa för "fel".

Försök att inte informera IP om svaret är rätt eller fel, fortsätt bara till nästa fråga. Förklara att någon annan sedan kommer att bedöma svaren.

Om IP inte svarar på några frågor, notera detta.

- | | Rätt | Fel |
|--|----------------------------|----------------------------|
| 55. Vilken veckodag är det idag? | 1 ☐ | 2 ☐ |
| 56. Vilket år är det nu? | 1 ☐ | 2 ☐ |
| 57. Vilken månad har vi nu? | 1 ☐ | 2 ☐ |
| 58. Vad är dagens datum? | 1 ☐ | 2 ☐ |
| Om IP svarar gårdagens eller morgondagens datum, kryssa här. | | 3 ☐ |
| 59. Vilket land befinner vi oss i? | 1 ☐ | 2 ☐ |

60. Kan du upprepa de tre föremål jag nämnde nyss?

Ge inga ledtrådar. Ordningen på orden spelar ingen roll.

Som undantag kan man här, för artighets skull, berätta för IP vilket/-a ord hon/han glömt.

Men endast efter att de orden kryssats i som "fel".

- | | Ja | Nej |
|------------|----------------------------|----------------------------|
| Nyckel | 1 ☐ | 2 ☐ |
| Tandborste | 1 ☐ | 2 ☐ |
| Lampa | 1 ☐ | 2 ☐ |

61. Utgå från talet 100 och dra ifrån sju (7). Fortsätt sedan att dra ifrån sju (7) från det tal du får.

Skriv upp det som IP säger, rätta inte. Fortsätt utifrån det sista talet, oavsett om det är korrekt, tills IP svarat 5 gånger.

.....

Svar 1

.....

Svar 2

.....

Svar 3

.....

Svar 4

.....

Svar 5

Fyll i 888 om IP inte kan svara

ATT KLARA SIN VARDAG

Nu följer ett antal frågor om vardagliga hushållssysslor och personlig omvårdnad.

Frågeupplägget "Brukar du göra själv...", "Vem brukar hjälpa dig..." och "Skulle du klara om nödvändigt...", är till för att fånga in exempelvis en person som skulle klara av att laga mat om de var tvungna, men som har någon annan som gör det.

Hjälpmedel får användas vid alla aktiviteter och räknas inte som hjälp.

Hemtjänst omfattar kommunal hemtjänst, privatiserad "kommunal" hemtjänst och hemsjukvård. Med privat köpt hjälp avses hjälp som man betalar för ur egen ficka och som inte administreras genom kommunen.

Om V=3 eller 4 → fråga 65

62. Brukar du köpa mat själv?

- 1 ☐ Ja, helt själv → gå till fråga 63
- 2 ☐ Ja, med hjälp
- 3 ☐ Nej, inte alls
- 4 ☐ Nej, på grund av coronapandemin

62.1 Vem/vilka brukar hjälpa dig med att köpa mat?

Flera svar kan anges.

- 1 ☐ Maka/make/sammanboende
- 2 ☐ Dotter/döttrar (ange namn):
- 3 ☐ Son/söner (ange namn):
- 4 ☐ Annan kvinnlig släkting
- 5 ☐ Annan manlig släkting
- 6 ☐ Annan person
- 7 ☐ Hemtjänsten
- 8 ☐ Privat köpt hjälp (Även "plustjänster" från hemtjänst, RUT-tjänster etc.)

62.2 Skulle du kunna klara matinköp själv?

- 1 ☐ Ja
- 2 ☐ Nej

63. Brukar du laga mat själv?

Att kunna laga mat innebär att kunna klara sig i köket och tillreda maten.

- 1 ☐ Ja, helt själv → fråga 64
- 2 ☐ Ja, med hjälp
- 3 ☐ Nej, inte alls

63.2 Skulle du kunna klara av matlagningen själv?

- 1 ☐ Ja
- 2 ☐ Nej

64. Brukar du sköta städningen själv?

Städning innebär vanliga städjobb såsom att dammsuga, damma osv. Storstädning, t.ex. vid lägenhetsflytt, och fönstertvätt räknas inte. Städningens kvalitet avgör IP själv.

- 1 ☐ Ja, helt själv → gå till fråga 65
- 2 ☐ Ja, med hjälp
- 3 ☐ Nej, inte alls

64.1 Vem/vilka brukar hjälpa dig med städningen?

Flera svar kan anges.

- 1 ☐ Maka/make/sammanboende
- 2 ☐ Dotter/döttrar (ange namn):
- 3 ☐ Son/söner (ange namn):
- 4 ☐ Annan kvinnlig släkting
- 5 ☐ Annan manlig släkting
- 6 ☐ Annan person
- 7 ☐ Hemtjänsten
- 8 ☐ Privat köpt hjälp (Även "plustjänster" från hemtjänst, RUT-tjänster etc.)

64.2 Skulle du kunna sköta städningen själv?

- 1 ☐ Ja
- 2 ☐ Nej

Nu följer några frågor om personliga göromål. "Helt själv" i följande frågor innebär att du kan utföra nedanstående utan hjälp och tillsyn av annan person. Hjälpmedel får användas.

Fråga 66	IP klarar sig helt själv om hon/han kan ta sig till tvättplatsen och tvätta hela kroppen själv. Om IP får hjälp med att skrubba ryggen, att ta sig i och ur badkaret eller får tillsyn ska "Ja, med hjälp" markeras.
Fråga 67	"Helt själv" innebär att IP kan skära köttet, bre brödet och öppna matförpackningar. Om IP är på sjukhus ska personalen kunna lämna matbrickan utan att hjälpa IP att äta. "Med hjälp" innebär att IP får hjälp med att skära, bre osv. "Inte alls" innebär att IP inte kan föra maten själv från tallriken till munnen. Inkluderar sondmatning och näringsdropp.
Fråga 68	"Helt själv" innebär att IP tar sig till toaletten, ordnar kläderna och torkar sig. Använder IP blöja även dagtid, markera "Nej, inte alls".
Fråga 69	"Helt själv" innebär att IP kan ta fram kläderna och klä på sig utan tillsyn. Hjälpmedel får användas. Har IP protes eller korsett som hon/han inte kan sätta på sig själv, kryssa för "Ja, med hjälp" och anteckna.
Fråga 70	"Helt själv" innebär att IP kommer i och ur sängen utan hjälp eller tillsyn. Hjälpmedel eller speciella sängar får användas.
Fråga 71	Att kunna klippa tånaglarna kräver att man har god syn, handstyrka och att man kan nå tårna.

	Ja, helt själv	Ja, med hjälp	Nej
65. Kan du bada/duscha?	1 ☐	2 ☐	3 ☐
66. Kan du tvätta håret/huvudet?	1 ☐	2 ☐	3 ☐
67. Kan du äta?	1 ☐	2 ☐	3 ☐
68. Kan du gå på toaletten?	1 ☐	2 ☐	3 ☐
69. Kan du klä av och på dig?	1 ☐	2 ☐	3 ☐
70. Kan du stiga upp och lägga dig?	1 ☐	2 ☐	3 ☐
71. Kan du klippa tånaglarna?	1 ☐	2 ☐	3 ☐

Till dem som svarat Ja med hjälp eller Nej på någon av frågorna om personliga göromål:

72. Vem eller vilka är det som brukar hjälpa dig?

Flera svar kan anges

- 1 ☐ Maka/make/sammanboende
- 2 ☐ Dotter (ange namn):
- 3 ☐ Son (ange namn):
- 4 ☐ Annan kvinnlig släkting

- 5 ☐ Annan manlig släkting
- 6 ☐ Annan person
- 7 ☐ Hemtjänsten eller personal på särskilt boende
- 8 ☐ Privat köpt hjälp (Även "plustjänster" från hemtjänst, RUT-tjänsteretc.)
- 9 ☐ Vårdcentral

72.1 Hur ofta får du hjälp med personliga göromål?

- 1 ☐ Dagligen
- 2 ☐ Flera gånger i veckan
- 3 ☐ En gång i veckan
- 4 ☐ Någon eller några gånger i månaden
- 5 ☐ Mer sällan

73. Har du eller NÅGON ANNAN i ditt hushåll under de senaste 12 månaderna fått någon hjälp med hushållssysslor eller personlig omvårdnad från hemtjänsten?

Om V=3 eller 4 → fråga 75

Färdtjänst eller larm ska inte räknas in. Flera svar kan anges.

- 1 ☐ Ja, jag själv
- 2 ☐ Ja, maka/make/sammanboende
- 3 ☐ Ja, någon annan i hushållet
- 4 ☐ Nej → fråga 78

73.1 Hur ofta får du/ni hjälp från hemtjänsten?

- 1 ☐ Dagligen
- 2 ☐ Flera gånger i veckan
- 3 ☐ En gång i veckan
- 4 ☐ Någon eller några gånger i månaden
- 5 ☐ Mer sällan

74. Har du/ni under de senaste 12 månaderna köpt någon hjälp med hushållssysslor, såsom städning, tvätt och/eller hemkörning av varor?

Med köpt hjälp avses hjälp som man betalar för ur egen ficka och som inte avser t.ex. hemtjänstinsatser som administreras genom kommunen.

- 1 ☐ Ja, dagligen
- 2 ☐ Ja, flera gånger i veckan
- 3 ☐ Ja, en gång i veckan
- 4 ☐ Ja, någon eller några gånger i månaden
- 5 ☐ Ja, mer sällan
- 6 ☐ Nej

75. Har du under de 12 senaste månaderna fått hjälp från anhöriga eller vänner som inte bor med dig med något av dessa aktiviteter/göromål:

Fråga a & b only if V=1 or 2

	Ja	Nej
a) Reparationer, underhåll eller hantverk	1 ☐	2 ☐
b) Trädgårdsskötsel, snöskottning eller liknande	1 ☐	2 ☐
c) Hushållsekonomi (betala räkningar, sköta försäkringar m.m.)	1 ☐	2 ☐
d) Inköp av kläder eller andra personliga saker	1 ☐	2 ☐
e) Skjuts (t.ex. till läkare, apotek, frisör, post eller bank)	1 ☐	2 ☐

Om ja på någon av ovanstående.

75.1 Vem eller vilka är det som brukar hjälpa dig?

Flera svar kan anges.

- 1 ☐ Särbo eller maka/make som jag inte bor med
- 2 ☐ Dotter (ange namn):
- 3 ☐ Son (ange namn):
- 4 ☐ Annan kvinnlig släkting
- 5 ☐ Annan manlig släkting
- 6 ☐ Annan person

76. Hjälper du regelbundet din maka/make/sammanboende med personlig omvårdnad såsom bad, påklädning, sänggående eller tillsyn?

Om fråga 2 = 1 skippa och V=3 eller 4 skippa

- 1 ☐ Ja
- 2 ☐ Nej
- 3 ☐ Ej gift/sammanboende

77. Hjälper du regelbundet någon äldre anhörig (som inte bor med dig) med personlig omvårdnad, hushållssysslor eller tillsyn?

Skippa om V=3 eller 4

- 1 ☐ Ja, dagligen
- 2 ☐ Ja, flera gånger i veckan
- 3 ☐ Ja, en gång i veckan
- 4 ☐ Ja, någon eller några gånger i månaden
- 5 ☐ Ja, mer sällan
- 6 ☐ Nej

EKONOMISKA RESURSER

Nu kommer vi till ett avsnitt rörande ekonomi.

78. Om du plötsligt hamnade i en situation där du på en vecka måste skaffa fram 16.000 kr, skulle du kunna klara det?

- 1 ☐ Ja
2 ☐ Nej → gå till fråga 79

78.1 På vilket sätt?

Med "Uttag från eget bankkonto eller liknande" menas även t.ex. kontokredit, försäljning av aktier, fondandelar eller motsvarande.

- 1 ☐ Uttag från eget bankkonto eller liknande
2 ☐ Lån från annan familjemedlem
3 ☐ Lån från andra släktingar eller vänner
4 ☐ Lån i bank eller liknande
5 ☐ Annat sätt

79. Har det under de senaste 12 månaderna hänt att du haft svårigheter att klara de löpande utgifterna för mat, hyra, räkningar m.m.?

Gäller IP:s egen uppfattning av vad som menas med svårigheter att klara de löpande utgifterna. Försök inte påverka IP utan avvakta lugnt ett svar så att du kan markera Ja eller Nej. Om det uppstår diskussion om vad som menas med frågan, kan du säga att det gäller sådana svårigheter som tvingat IP att låna eller söka bidrag.

- 1 ☐ Ja
2 ☐ Nej → gå till fråga 80

79.1 Hur har du klarat dessa svårigheter? Genom att...

Flera svar kan anges.

	Ja	Nej
Låna från släkt eller vänner	1 ☐	2 ☐
Begära socialbidrag	1 ☐	2 ☐
Dra in på maten	1 ☐	2 ☐
Låta bli att betala hyran i tid	1 ☐	2 ☐
Låta bli att betala andra räkningar i tid	1 ☐	2 ☐

Något annat sätt?

80. Har du under de senaste 12 månaderna givit ekonomiskt stöd eller gåvor för sammanlagt 7 000 kr eller mer till någon/några utanför ditt hushåll (detta inkluderar även familjemedlemmar som inte bor med dig)?

Detta inkluderar gåvor, presenter, pengar, och annat som kan ses som ekonomiskt stöd. Arv ska inte inkluderas

- 1 ☐ Ja
 2 ☐ Nej → gå till fråga 81

80.1 Till vem eller vilka? Kan du ange ungefärligt värde?

Fler svar kan anges.

Börja med att fråga vem IP har givit ekonomiskt stöd till och sedan summan.

Om IP har givit ekonomiskt stöd till barnbarn, notera samlad summa för alla barnbarn.
 Gå sedan till fråga 80.2 och notera vilket av IPs barn var föräldrar till alla barnbarn som fick ekonomiskt stöd.

Relation

1. Döttrar (anteckna namn)
2. Söner (anteckna namn)
3. Barnbarn → gå via fråga 80.2
4. Annan person
5. Vålgörenhetsorganisation

Summa

1. 1 – 5 000 kr
2. 5 001 – 10 000 kr
3. 10 001 – 50 000 kr
4. 50 001 – 100 000 kr
5. 100 001 + kr

Relation	Namn (endast på Barn)	Summa
☐		☐
☐		☐
☐		☐
☐		☐
☐		☐
☐		☐
☐		☐
☐		☐
☐		☐
☐		☐

80.2 Vem/vilka av dina barn är föräldrar till dessa barnbarn?

.....

.....

.....

81. Har du under de senaste 12 månaderna tagit emot ekonomiskt stöd eller gåvor för sammanlagt 7 000 kr eller mer från någon/några utanför ditt hushåll?

Detta inkluderar gåvor, presenter, pengar, och annat som kan ses som ekonomiskt stöd. Om IP tagit emot ett arv under de senaste 12 månaderna ska det inte tas upp.

- 1 ☐ Ja
2 ☐ Nej → gå till fråga 82

81.1 Från vem eller vilka? Kan du ange ungefärligt värde?

Börja med att fråga vem IP har fått ekonomiskt stöd från och sedan summan.

Om IP har tagit emot ekonomiskt stöd från barnbarn, notera samlad summa för alla barnbarn. Gå sedan till fråga 81.2 och notera vilket av IPs barn var föräldrar till alla barnbarn som gav ekonomiskt stöd.

Relation

1. Döttrar (anteckna namn)
2. Söner (anteckna namn)
3. Barnbarn → gå via fråga 81.2
4. Annan person
5. Vålgörenhetsorganisation

Summa

1. 1 – 5 000 kr
2. 5 001 – 10 000 kr
3. 10 001 – 50 000 kr
4. 50 001 – 100 000 kr
5. 100 001 + kr

Relation	Namn (endast på Barn)	Summa
☐		☐
☐		☐
☐		☐
☐		☐
☐		☐
☐		☐
☐		☐

81.2 Vem/vilka av dina barn är föräldrar till dessa barnbarn?

.....

.....

.....

SOCIALT STÖD

82. Ibland behöver man hjälp och stöd av någon. Har du någon anhörig eller nära vän som ställer upp..

Med anhörig menas också den närmaste familjen som exempelvis maka/make.

Tänk på att detta är en hypotetisk fråga, dvs. även om du har pengar eller inte har behov av äldreomsorg har du ändå någon som ställer upp....?

	Ja	Nej
a) om du blir sjuk?	1 ☐	2 ☐
b) om du vill ha sällskap?	1 ☐	2 ☐
c) om du behöver prata med någon om personliga bekymmer?	1 ☐	2 ☐
d) om du behöver ett lån på 16 000 kr?	1 ☐	2 ☐
e) om du behöver välja, byta eller framföra klagomål på exempelvis äldreomsorgen, sjukvård eller elbolag?	1 ☐	2 ☐

Skip 83-86 if II = 2

	Ofta	Ibland	Nästan aldrig	Aldrig
83. Hur ofta känner du att du saknar sällskap?	1 ☐	2 ☐	3 ☐	4 ☐
84. Hur ofta känner du dig utanför?	1 ☐	2 ☐	3 ☐	4 ☐
85. Hur ofta känner du dig isolerad?	1 ☐	2 ☐	3 ☐	4 ☐
86. Hur ofta känner du dig ensam?	1 ☐	2 ☐	3 ☐	4 ☐

AKTIVITETER, FRITID OCH POLITISKT DELTAGANDE

Nu ska vi prata om aktiviteter och deltagande i samhället

87. Brukar du göra något av följande?

Läs upp aktiviteterna en i taget. Gå igenom punkt för punkt. Vid Ja-svar, fråga om IP gör det någon gång eller ofta.

Om det uppstår diskussion om vad som skall vara gränsen mellan någon gång eller ofta kan 10 gånger per år eller färre kodas som någon gång. Denna gräns passar inte bra för alla aktiviteterna men det är enklast att dra den där för samtliga. Om man sprider ut aktiviteterna över hela året motsvarar den gränsen ungefär en gång per månad.

Barnen ska inte räknas in bland släktingar.

	Inte vanligtvis	Nej på grund av Corona	Ja, någon gång	Ja, ofta
a) Utomhusaktivitet, t.ex. trädgårdskötsel, fiska, jaga, plocka bär eller svamp	1 ☐	2 ☐	3 ☐	4 ☐
b) Gå promenader eller stavgång	1 ☐	2 ☐	3 ☐	4 ☐
c) Gå på bio, teater, konserter, museer, utställningar	1 ☐	2 ☐	3 ☐	4 ☐
d) Gå på restaurang	1 ☐	2 ☐	3 ☐	4 ☐
e) Läsa/lyssna på böcker	1 ☐	2 ☐	3 ☐	4 ☐
f) Läsa dagstidningar	1 ☐	2 ☐	3 ☐	4 ☐
g) Sällskapsspel, t.ex. kortspel, bridge och bingo	1 ☐	2 ☐	3 ☐	4 ☐
j) Hjälpa andra familjemedlemmar med att passa barn eller andra småtjänster	1 ☐	2 ☐	3 ☐	4 ☐
k) Besöka släktingar	1 ☐	2 ☐	3 ☐	4 ☐
l) Ha släktingar på besök	1 ☐	2 ☐	3 ☐	4 ☐
m) Umgås med släktingar utanför hemmet	1 ☐	2 ☐	3 ☐	4 ☐
n) Besöka vänner och bekanta	1 ☐	2 ☐	3 ☐	4 ☐
o) Ha vänner och bekanta på besök	1 ☐	2 ☐	3 ☐	4 ☐
p) Umgås med vänner och bekanta utanför hemmet	1 ☐	2 ☐	3 ☐	4 ☐
q) Delta i studiecirkelar eller kurser	1 ☐	2 ☐	3 ☐	4 ☐

- | | | | | |
|--|----------------------------|----------------------------|----------------------------|----------------------------|
| r) Frivilligt obetalt arbete för någon förening | 1 ☐ | 2 ☐ | 3 ☐ | 4 ☐ |
| t) Syssla med hobbyverksamhet t.ex. sticka, sy, snickra, måla, samla frimärken eller liknande | 1 ☐ | 2 ☐ | 3 ☐ | 4 ☐ |

88. Utövar du någon motions-, friluftsför- eller idrottsaktivitet, t ex långpromenader? Om ja, hur ofta?

- 1 ☐ Ja, dagligen
- 2 ☐ Ja, flera ggr/vecka
- 3 ☐ Ja, ca en gång/vecka
- 4 ☐ Ja, 1-3 ggr/månad
- 5 ☐ Ja, men mer sällan
- 6 ☐ Nej

88.1 Har dina motions-, friluftsför- eller idrottsaktiviteter förändrats under pandemin?

- 1 ☐ Jag motionerar mycket mer
- 2 ☐ Jag motionerar mer
- 3 ☐ Ingen förändring
- 4 ☐ Jag motionerar mindre
- 5 ☐ Jag motionerar mycket mindre

89. Använder du internet?

Avser exempelvis smartphones, surfplattor och datorer. Frågan avser internetanvändande och inte datoranvändande. Vid Ja-svar måste du också ställa en följdfråga: Till vad?

- 1 ☐ Ja, dagligen
- 2 ☐ Ja, flera ggr/vecka
- 3 ☐ Ja, ca en gång/vecka
- 4 ☐ Ja, 1-3 ggr/månad
- 5 ☐ Ja, men mer sällan
- 6 ☐ Nej → gå till fråga 90

89.1 Till vad?

Flera svar kan anges

- 1 ☐ Nyheter: läsa tidningen, lyssna på radionyheter
- 2 ☐ Söka information kring frågor om hälsa (hälsa, livsstil, sjukdomar, medicin)
- 3 ☐ Söka information om vård och omsorg (vårdcentral, sjukhus, äldreomsorg)
- 4 ☐ Söka annan information
- 5 ☐ Beställa varor eller tjänster
- 6 ☐ Banktjänster eller dylikt

- 7 ☐ Hålla kontakt med anhöriga och vänner via t. ex. mejl, Skype, Facebook, Instagram, chatt
- 8 ☐ Självt skapa innehåll (blogga, twittra, "yrkesprofil" på sociala medier)
- 9 ☐ Nöjen som t ex se på film, spel som pussel och patiens, etc.

89.2 Har ditt internetanvändande förändrats under pandemin?

- 1 ☐ Jag använder internet mycket mer
- 2 ☐ Jag använder internet mer
- 3 ☐ Ingen förändring
- 4 ☐ Jag använder internet mindre
- 5 ☐ Jag använder internet mycket mindre

90. Tillhör du någon förening eller organisation?

Flera svar möjliga.

- 1 ☐ Pensionärsorganisation t.ex. PRO/SPF
(Pensionärernas riksorganisation/Sveriges Pensionärsförbund)
- 2 ☐ Politiskt parti
- 3 ☐ Frikyrka eller religiös sammanslutning
(enbart passivt medlem i Svenska kyrkan räknas inte)
- 4 ☐ Anhörig- eller patientförening
- 5 ☐ Hjälporganisation
- 6 ☐ Intresseorganisation t.ex. bostadsförening, facklig organisation
(ej pensionärsorganisation)
- 7 ☐ Kulturförening, t.ex. teaterförening, musiksällskap, hembygdsförening
- 8 ☐ Idrottsförening
- 9 ☐ Annan/andra organisationer, vilken/vilka, ange också vilken typ av organisation:

.....
10 ☐ Nej → gå till fråga 91

90.1. Hur ofta deltar du i någon sådan föreningsaktivitet, på ett ungefär?

Om IP är med i flera föreningar, summera aktiviteterna.

- 1 ☐ Aldrig eller nästan aldrig
- 2 ☐ Någon gång eller några gånger per år
- 3 ☐ Någon gång i månaden
- 4 ☐ Någon gång i veckan
- 5 ☐ Flera gånger i veckan

91. Röstade du i valet 2018?

Gäller riksdags-, landsting- och/eller kommunalvalen i Sverige hösten 2018.
Är IP ej svensk medborgare och röstade enbart i kommunalvalet kodar du Ja.

- 1 ☐ Ja

2 ☐ Nej

92. Skulle du kunna åta dig att själv författa en skrivelse och överklaga ett beslut av en myndighet?

Här gäller det om IP på egen hand skulle kunna författa en skrivelse och lämna in till en myndighet.

1 ☐ Ja → gå till fråga 95

2 ☐ Nej

93. Känner du någon person som du vet att du skulle kunna få hjälp av i ett sådant fall?

1 ☐ Ja → gå till fråga 95

2 ☐ Nej

94. Vet du vart man kan vända sig för att få hjälp i sådana situationer?

1 ☐ Ja

2 ☐ Nej

BEDÖMNINGAR OCH PERSONLIGHET

Jag har ställt en mängd frågor om dina levnadsförhållanden. Nu skulle jag vilja ställa några frågor som handlar om hur du ser på dig själv och ditt liv.

Dessa frågor avser IP:s egen värdering hur hon/han ser på sig själv och sitt liv. Frågorna avviker därmed en del från de övriga i formuläret. Frågorna skall bland annat användas för analyser av skillnader i hälsa mellan olika människor, beroende på personliga egenskaper.

Jag vill fråga dig hur nöjd du är med ditt liv på en skala från noll till tio. Noll betyder att du känner dig mycket missnöjd. Tio betyder att du känner dig mycket nöjd. Fem är i mitten av skalan och betyder att du varken känner dig nöjd eller missnöjd.

95. Då vill jag fråga dig: På det hela taget, hur nöjd är du med ditt liv (idag)?

Frågan avser IP:s egen värdering av hur nöjd hon/han är med sitt liv idag

- | | | | |
|----|--------------------------|--------|----------------------------|
| 0 | ☐ | 0 | Mycket missnöjd |
| 1 | ☐ | 1 | |
| 2 | ☐ | 2 | |
| 3 | ☐ | 3 | |
| 4 | ☐ | 4 | |
| 5 | ☐ | 5 | Varken nöjd eller missnöjd |
| 6 | ☐ | 6 | |
| 7 | ☐ | 7 | |
| 8 | ☐ | 8 | |
| 9 | ☐ | 9 | |
| 10 | ☐ | 10 | Mycket nöjd |
| | | | |
| 98 | ☐ | Vet ej | |

96. Händer det att du besväras av ensamhet?

Frågan avser känslan av ensamhet. Känsla av ensamhet kan uppkomma även om personen har sällskap/är bland andra människor.

- 1 ☐ Nästan alltid
- 2 ☐ Ofta
- 3 ☐ Sällan
- 4 ☐ Nästan aldrig

97. I vilken utsträckning har du under pandemin besvärats av ensamhet jämfört med tidigare?

- 1 ☐ Mer än tidigare
- 2 ☐ Mindre än tidigare
- 3 ☐ Ingen skillnad mot tidigare

CORONAFRÅGOR

If II = 2 skip this section

98. Har du vaccinerat dig mot covid-19?

- 1 ☐ Ja, en gång (första dosen)
- 2 ☐ Ja, två gånger (första och andra dosen)
- 3 ☐ Nej, men kommer att göra det
- 4 ☐ Nej, och kommer inte att göra det

99. Om du tänker på den information kring rekommendationer som du har tagit del av, hur lätt eller svår har den varit att förstå?

- 1 ☐ Mycket lätt
- 2 ☐ Lätt
- 3 ☐ Svår
- 4 ☐ Ganska svår

100. I vilken utsträckning har du följt myndigheternas rekommendationer gällande covid-19/corona?

If V=3 skip

- 1 ☐ Stor utsträckning
- 2 ☐ Ganska stor utsträckning
- 3 ☐ Ganska liten utsträckning
- 4 ☐ Liten utsträckning

101. Det finns många anledningar till varför man inte följer rekommendationerna. Vad beror det på att du i liten utsträckning har följt myndigheternas rekommendationer?

If V=3 skip

Flera svar kan anges.

- 1 ☐ Mitt ansvar för omvårdnad av anhörig/vän utanför mitt hushåll (kan ej hålla fysiskt avstånd)
- 2 ☐ Behöver hjälp med vardagssysslor i hemmet (kan ej hålla fysiskt avstånd)
- 3 ☐ Behov av att åka kollektivtrafik (t.ex. vid besök på vårdinrättning) (beroende av kollektivtrafik)
- 4 ☐ Måste själv sköta inköp av mat etc. (kan ej undvika butiker)
- 5 ☐ Inte känts aktuellt där jag bor
- 6 ☐ Tycker att rekommendationerna har varit orimliga/orättvisa/dåliga
- 7 ☐ Annan orsak, ange vad: _____

AVSLUT

Om någon fråga i formuläret har blivit överhoppad eller det på annat sätt finns oklarheter, kan det hända att jag eller de som bearbetar materialet tar förnyad kontakt med dig för komplettering av intervjun, ev. per telefon.

Jag hoppas att du inte har någonting emot det?

- 1 ☐ Tillåter att bli kontaktad igen
- 2 ☐ Vill inte bli kontaktad igen

Namn och telefonnummer till den som kan tillåta att bli kontaktad igen.

.....

..... Tid när intervjun avslutats

ÖVRIGT

Har du något ytterligare som du vill framföra eller fråga om, är du välkommen att skriva det här. Du kan också kontakta oss per telefon, brev eller e-post. Samtliga adresser och telefonnummer hittar du i det bifogade brevet.

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TACK FÖR DIN MEDVERKAN!

BILAGA TILL FORMULÄRET

Följande frågor ställdes endast till extraurvalet. Anledningen till detta beror på att personerna i extraurvalet aldrig tidigare varit med i levnadsnivåundersökningen där frågor om utbildning och barndomsförhållanden ställs.

SÄRSKILDA FRÅGOR TILL PERSONER FRÅN EXTRAURVALET

1. Hur många år har din sammanlagda skol- och yrkesutbildning på heltid varit?

Från första klass och uppåt. Deltidsutbildning räknas om till motsvarande tid på heltid. Om IP själv tar upp lärlingstid - räkna med den. Om IP aldrig har gått i skolan, ange 0.

.....

Antal år

2. Vilken är din högsta avslutade utbildning?

Avser t.ex. folkhögskola, yrkesutbildning på speciella skolor, internutbildningar, högskola eller universitet.

- 1 ☐ Folk- eller grundskola enbart
- 2 ☐ Yrkesutbildning utöver folk-/grundskola (t.ex. yrkeslinje på gymn.)
- 3 ☐ Realexamen, 2-årig social/ekon/tekn på gymnasiet
- 4 ☐ Studentexamen, 3-4 årig teoretisk gymnasieutbildning
- 5 ☐ Högskoleutbildning (t.ex. folk-/grundskolelärare, fritidspedagog)
- 6 ☐ Universitetsexamen (t.ex. civilingenjör, ekonom, fil.kand, tandläkare)

3. Vad har du haft för HUVUDSAKLIGT yrke eller sysselsättning under din yrkesverksamma tid? (Vad var det för befattning?)

Om IP svarar hemmafru eller pensionär. Ange detta och om möjligt tidigare yrke.

Försök att få fram så precisa uppgifter som möjligt. Allmänna beteckningar som tjänsteman, ingenjör, officer, sekreterare, montör eller liknande räcker inte. Om IP svarar något sådant måste du be om precisering.

Vid uppgifter som kamrer, direktör, avdelningsföreståndare, eller liknande, försök få en uppgift om företagets storlek. Det är alltid fördelaktigt med en uppgift om arbetsgivaren, t.ex. kamrer vid större affärsbank, direktör i mindre trävarufirma etc.

Om egen företagare, ange både det och en yrkesbeteckning t.ex. egen företagare, järnhandlare eller egen företagare, arkitekt.

Om jordbrukare eller företagare men även ett annat arbete vid sidan om jordbruket eller företaget, ange detta och om möjligt vilken sysselsättning som kan betraktas som den huvudsakliga. T. ex. Huvudsysselsättning jordbrukare, men även anställd som skogsarbetare eller huvudsysselsättning arkitekt anställd vid kommunens stadsplanekontor men även egen arkitektbyrå som bisyssla

.....

3.1 Markera om egen företagare eller jordbrukare.

- 1 ☐ Egen företagare
- 2 ☐ Jordbrukare
- 3 ☐ Inget av dessa → gå till fråga 4

3.1.1 Hur många anställda hade du?

- 1 ☐ Utan anställda
- 2 ☐ 1-9 anställda
- 3 ☐ 10-19 anställda
- 4 ☐ 20 eller fler anställda

Om jordbrukare.

3.1.2 Hur stort jordbruk?

- 1 ☐ Småbruk = Mindre än 10 ha åker och inte mer än 100 ha skog
- 2 ☐ Vanligt jordbruk = Minst 10 ha åker eller mer än 100 ha skog
- 3 ☐ Storjordbruk = Minst 100 ha åker eller mer än 400 ha skog

4. Vad har/hade din make/maka/sammanboende för HUVUDSAKLIGT yrke eller sysselsättning under sin yrkesverksamma tid? (Vad var det för befattning?)

If main question 2=1 skip

Om IP svarar hemmafru eller pensionär. Ange detta och om möjligt tidigare yrke.

Försök att få fram så precisa uppgifter som möjligt. Allmänna beteckningar som tjänsteman, ingenjör, officer, sekreterare, montör eller liknande räcker inte. Om IP svarar något sådant måste du be om precisering.

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Om egen företagare, ange både det och en yrkesbeteckning t.ex. egen företagare, järnhandlare eller egen företagare, arkitekt.

Om jordbrukare eller företagare men även ett annat arbete vid sidan om jordbruket eller företaget, ange detta och om möjligt vilken sysselsättning som kan betraktas som den huvudsakliga. T. ex. Huvudsysselsättning jordbrukare, men även anställd som skogsarbetare eller huvudsysselsättning arkitekt anställd vid kommunens stadsplanekontor men även egen arkitektbyrå som bisyssla

4.1 Markera om egen företagare eller jordbrukare.

- 1 ☐ Egen företagare
- 2 ☐ Jordbrukare
- 3 ☐ Inget av dessa → gå till fråga 6

4.1.1 Hur många anställda hade han/hon?

- 1 ☐ Utan anställda
- 2 ☐ 1-9 anställda
- 3 ☐ 10-19 anställda
- 4 ☐ 20 eller fler anställda

Om jordbrukare.

4.1.2 Hur stort jordbruk?

- 1 ☐ Småbruk = Mindre än 10 ha åker och inte mer än 100 ha skog
- 2 ☐ Vanligt jordbruk = Minst 10 ha åker eller mer än 100 ha skog
- 3 ☐ Storjordbruk = Minst 100 ha åker eller mer än 400 ha skog

SÄRSKILDA FRÅGOR TILL PERSONER I STOCKHOLMSURVALET

Som avslutning på intervjun kommer jag att ställa några frågor särskilt till dig som bor i Stockholms län. Dessa frågor har vi tagit fram i samarbete med lokala experter och handlar om områden som är av särskilt intresse för regionen.

Jag börjar med några frågor om din boendemiljö. Först några frågor om temperaturen inomhus där du bor.

1. Händer det att det är för varmt inne under sommarhalvåret?

- 1 ☐ Ja
- 2 ☐ Nej → gå till fråga 2

Om ja.

1.1 Hur ofta?

- 1 ☐ Dagligen
- 2 ☐ Minst en gång per vecka
- 3 ☐ Mer sällan

2. Händer det att det är för kallt under vinterhalvåret?

- 1 ☐ Ja
- 2 ☐ Nej → gå till fråga 3

Om ja.

2.1 Hur ofta?

- 1 ☐ Dagligen
- 2 ☐ Minst en gång per vecka
- 3 ☐ Mer sällan

3. Under sommarhalvåret, hur ofta brukar du besöka någon park eller grönområde? (Tänk även på sjöar, vattendrag och hav).

- 1 ☐ Varje dag
- 2 ☐ Någon/några gånger per vecka
- 3 ☐ Någon/några gånger per säsong
- 4 ☐ Aldrig

4. Under vinterhalvåret, hur ofta brukar du besöka någon park eller grönområde? (Tänk även på sjöar, vattendrag och hav)

- 1 ☐ Varje dag
- 2 ☐ Någon/några gånger per vecka
- 3 ☐ Någon/några gånger per säsong
- 4 ☐ Aldrig

5. Om du tänker på de senaste 12 månaderna har du störts av trafikbuller?

- 1 ☐ Ja
- 2 ☐ Nej → gå till fråga 6

Om ja.

5.1 Hur mycket?

- 1 ☐ Väldigt mycket
- 2 ☐ Mycket
- 3 ☐ Måttligt
- 4 ☐ Ganska lite

5.2. Den här störningen från trafikbuller hur har den varit?

Har det till exempel varit svårt att föra samtal eller höra vad de säger på TV?

- 1 ☐ Ja
- 2 ☐ Nej, aldrig → gå vidare till 5.4

5.3 Om ja, hur ofta?

- 1 ☐ Dagligen
- 2 ☐ Varje vecka året om
- 3 ☐ Varje vecka delar av året
- 4 ☐ Mer sällan

5.4 Har den gjort det svårt att sova?

- 1 ☐ Ja
- 2 ☐ Nej, aldrig – gå vidare till fråga 6

Om ja.

5.5 Om ja, hur ofta?

- 1 ☐ Dagligen
- 2 ☐ Varje vecka året om
- 3 ☐ Varje vecka delar av året
- 4 ☐ Mer sällan

Vi har tidigare under intervjun talat lite om hur du mår psykologiskt, nu kommer jag att komplettera de frågorna med några ytterligare frågor.

6. Hur ofta har du saker att se fram emot i ditt liv?

- 1 ☐ Väldigt sällan
- 2 ☐ Ganska sällan
- 3 ☐ Ganska ofta
- 4 ☐ Väldigt ofta

7. Under de senaste två veckorna, hur ofta har du tänkt tanken på att ta ditt liv, även om du egentligen inte skulle göra det?

- 1 ☐ Väldigt sällan
- 2 ☐ Ganska sällan
- 3 ☐ Ganska ofta
- 4 ☐ Väldigt ofta

8. Under de senaste två veckorna, hur ofta har du kommit till en punkt där du allvarligt övervägt att ta ditt liv eller till och med planerat hur du skulle gå tillväga för att göra det?

- 1 ☐ Väldigt sällan
- 2 ☐ Ganska sällan
- 3 ☐ Ganska ofta
- 4 ☐ Väldigt ofta

Som avslutning kommer jag att ställa några frågor om den sexuella hälsan. Den sexuella hälsan handlar bland annat om intimitet, nära relationer, sexualitet och lust. Den sexuella hälsan varierar ofta genom livet och kan påverkas negativt av exempelvis stress, nedstämdhet och relationsproblem eller av fysiska besvär. Vi skulle vilja veta lite mer om hur det ser ut för dig, och därför kommer jag nu att ställa några frågor om din sexuella hälsa.

9. Har du varit sexuellt aktivt de senaste 12 månaderna? *Med sex menas inte enbart penetration utan även smeksex, beröring, oralsex, onani, etc. Det kan vara med en själv eller med en partner.*

- 1 ☐ Ja
- 2 ☐ Nej

10. Hur har du upplevt ditt sexliv de senaste 12 månaderna?

- 1 ☐ I stort sett nöjd
- 2 ☐ I stort sett missnöjd

11. Har du under de senaste 12 månaderna upplevt något av följande som ett problem? Har du...

- | | Ja | Nej |
|----------------------------------|----------------------------|----------------------------|
| a) Saknat sexlust | 1 ☐ | 2 ☐ |
| b) Saknat njutning av att ha sex | 1 ☐ | 2 ☐ |

- | | | |
|--|----------------------------|----------------------------|
| c) Saknat en sexpartner | 1 ☐ | 2 ☐ |
| d) Haft svårt att hitta en privat plats att ha sex på | 1 ☐ | 2 ☐ |
| e) Haft hälsoproblem eller fysiska problem som har påverkat mitt sexliv (t.ex. torra slemhinnor, erektionsproblem, rörelseproblem, smärta) | 1 ☐ | 2 ☐ |
| f) Upplevt oro eller ångest till den grad att det har påverkat sexlivet negativt | 1 ☐ | 2 ☐ |

12. Har du fått frågor om din sexuella hälsa eller sexliv när du har varit i kontakt med hälso- och sjukvården? *(Om respondenten undrar över tidsperiod menas senaste 5 åren ungefär)*

- 1 ☐ Ja
 2 ☐ Nej, men har varit i behov av det
 3 ☐ Nej, och har inte varit i behov av det

SÄRSKILDA FRÅGOR TILL PERSONER I DALARNAURVALET

Som avslutning på intervjun kommer jag att ställa några frågor särskilt till dig som bor i Dalarnas län.

1. I stort sett, hur nära känner du att du står maka/make/sambo/särbo?

If 2=2 or 4=1

- 1 ☐ Inte nära alls
- 2 ☐ Ganska nära
- 3 ☐ Mycket nära

2. I stort sett, hur mycket konflikter eller slitningar tycker du att det finns mellan dig och din maka/make/sambo?

If 2=2 or 4=1

- 1 ☐ Ganska mycket eller mycket
- 2 ☐ En del
- 3 ☐ Inga alls

3. Har du någon vän utanför familjen?

- 1 ☐ Ja
- 2 ☐ Nej → 4

3.1 Om du tänker på din närmaste vän utanför familjen i stort sett, hur nära känner du att du står denna person?

- 1 ☐ Inte nära alls
- 2 ☐ Ganska nära
- 3 ☐ Mycket nära

3.2 I stort sett, hur mycket konflikter eller slitningar tycker du att det finns mellan dig och din denna person?

- 1 ☐ Ganska mycket eller mycket
- 2 ☐ En del
- 3 ☐ Inga alls

4. Hur viktigt är det för dig att umgås med andra?

- 1 ☐ Mycket viktigt
- 2 ☐ Ganska viktigt
- 3 ☐ Varken viktigt eller oviktigt
- 4 ☐ Ganska oviktigt
- 5 ☐ Helt oviktigt

5. Hur viktigt är det för dig att ha nära relationer?

- 1 ☐ Mycket viktigt

- 2 ☐ Ganska viktigt
- 3 ☐ Varken viktigt eller oviktigt
- 4 ☐ Ganska oviktigt
- 5 ☐ Helt oviktigt

6. Använder du något/några hjälpmedel som du fått förskrivet från kommunen eller regionen/landstinget?

Ett förskrivet hjälpmedel är ett hjälpmedel som t.ex. en arbetsterapeut, logoped, audionom eller en synpedagog har bedömt att du har behov av och provat ut till dig.
Flera svarsalternativ möjliga

Hjälpmedel för att bättre kunna:

- 1 ☐ Se och läsa (t.ex. markeringskäppar, talsyntes, talboksspelare, hjälpmedel för punktskrift) (glasögon är inte ett förskrivet hjälpmedel)
- 2 ☐ Höra (t.ex. hörselapparat, hörslinga)
- 3 ☐ Kommuniera (t.ex. samtalsapparater, röstförstärkare, symboltavla)
- 4 ☐ Sitta eller ligga (t.ex. duschstol, toalettförhöjare, höj- och sänkbar säng)
- 5 ☐ Sköta toalettbestyr (t.ex. inkontinensskydd, kateter, stomipåse)
- 6 ☐ Komma ihåg saker (t.ex. planeringssystem, klocka, hjälpmedel för minnesstöd, spisvakt)
- 7 ☐ Nej, jag har inget hjälpmedel som jag fått förskrivet från kommun eller landsting

ANLEDNING TILL ATT DIREKT ELLER INDIREKT INTERVJU INTE HAR GENOMFÖRTS

1. Vet du var IP befinner sig?

- 1 ☐ Ja
- 2 ☐ Nej

2. Orsak till att ingen intervju kunnat genomföras?

- 1 ☐ IP avliden → avsluta
- 2 ☐ IP vägrar → fråga 3
- 3 ☐ Personal/anhörig vägrar → fråga 3
- 4 ☐ IP har flyttat till annan ort
- 5 ☐ Annat, nämligen: _____ → fråga 3

2.1 IP:s nya adress:

Adress _____
 Postadress _____
 Telnummer _____

3. Är IP på institution?

- 1 ☐ Ja
- 2 ☐ Nej → fråga 5
- 3 ☐ Vet inte → fråga 5

4. Institutionen

Typ av institution: _____
Institutionens namn: _____
Adress: _____
Postadress: _____
Telnummer: _____

IP bosatt på institutionen sedan: _____

5. Finns det någon nära anhörig?

- 1 ☐ Ja
- 2 ☐ Nej → fråga 7
- 3 ☐ Vet inte → fråga 7

6. Närmast anhörig:

Personens relation till IP: _____
Namn: _____
Adress: _____
Postadress: _____
Telnummer: _____

7. IPs rörlighet?

- 1 ☐ Uppe
- 2 ☐ Rullstol
- 3 ☐ Sängliggande
- 4 ☐ Vet inte

8. IPs status

- 1 ☐ Medvetslös
- 2 ☐ Helt dement
- 3 ☐ Delvis dement
- 4 ☐ Mycket svag
- 5 ☐ Annat: _____
- 6 ☐ Vet inte

INTERVJUARENS BEDÖMNING VID DIREKT INTERVJU

Om det är oklart hur IP:s boende ska kategoriseras, anteckna här namnet och adressen på huset/institutionen:

9. IP:s hörsel?

- 1 ☐ Inga problem - normal samtalston räckte
2 ☐ Vissa problem - fick höja rösten
3 ☐ Stora problem - IP hade överhuvudtaget svårt att höra

10. Använde IP hörapparat vid intervjun?

- 1 ☐ Ja
2 ☐ Nej

11. IP:s talförmåga?

- 1 ☐ Inga problem - lätt att förstå
2 ☐ Vissa problem – svårt att förstå/fick fråga om
3 ☐ Stora problem - IP hade överhuvudtaget svårt att prata

12. Verkade IP förvirrad?

- 1 ☐ Nej, inga problem
2 ☐ Mestadels klar, dock stunder av förvirring. Inga större problem att genomföra intervjun
3 ☐ Ja, mestadels förvirrad. Stora problem att genomföra intervjun.

13. Hur bedömer du tillförlitligheten i IP:s svar?

- 1 ☐ Hög generellt sett
2 ☐ Låg tillförlitlighet på vissa avsnitt/frågor. Ange vilka: _____
3 ☐ Låg generellt sett

Fråga 14	Var någon annan närvarande vid intervjun? 1 ☐ Nej 2 ☐ Maka/make/sammanboende 3 ☐ Dotter 4 ☐ Son 5 ☐ Annan släkting 6 ☐ God vän/granne 7 ☐ Hemsjukvårdare eller personal vid institution/sjukhus
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	8 ☐ Ja, annan: _____
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TACK FÖR DIN MEDVERKAN!
